

Materia Magica

Draja Mickaharic

Materia Magica

A Compendium of many of the
Various Materials used in the
Practice of Practical Magic.
With some examples of their
use.

Compiled By

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**Lulu, Inc. Raleigh, NC
USA**

First Published in 2010
By Lulu Press, Inc.
3101 Hillsborough Street
Raleigh, NC 27607

www.Lulu.com

Lulu, Inc.
800 Aviation Parkway
Morrisville, NC 27560

Voice 919-459-5858

Fax 919-459-5867

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ISBN : 978 – 0 – 557 – 38675 – 8

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Printed in the United States of America

Preface

Dedicated to my Former Students,
As I am no longer teaching

With a special kind word to
Dr. Eoghan Ballard, PhD
Who I first met as a young boy,
and who has grown into a serious
scholar of Magic and Folklore.

§

AN IMPORTANT PRELIMINARY NOTE:

Many of the Latin Binomials, which identify the specific plant scientifically, have been obtained from 'J. M. Nickell's Botanical Ready Reference'. The numbers alongside most of these plants refer to paragraphs in this book. This 1880's handbook, 'Especially Designed for Druggists and Physicians' has become a standard in the magical community, and through its reprinting in 1972 and 1976, it has become very well known to later generations of both herbalists and magicians. I am especially happy to see that it is still in print, now sold by the Enos Publishing Company of Banning California.

The scientific community keeps changing their minds concerning the proper Latin Binomials, and as a result, these binomials may not be the binomials used scientifically today. However, as no one can keep up with the continually changing minds of the confused masters of intellectual science, these are the binomials most used among serious magicians. It is for this reason I have included them in this work.

D. M.

I should also add, that most of the healing uses of herbs, as mentioned herein have been abandoned because they have been found not to work. Please avoid trying to medicate yourself with herbs, see a physician, his products will work better and faster to heal what ails you.

ACKNOWLEDGEMENTS

In all fields we stand on the shoulders of those who have gone before us. I owe any success I have had to my teachers, as well as what I have learned through my own experience. It is from these sources this, and all of my other books have been written.

Draja Mickaharic

I should like to add that anyone finding this book useful should also purchase Ms. Catherine Yronwode's excellent "Hoodoo Herb and Root Magic." Despite the fact that our opinions differ in a few places, her book is an excellent guide to the practice of the most popular form of American folk magic. I refer to it constantly, and if you are a serious worker, I am sure you will as well.

DM

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AB RA The words mean 'Of Ra.' Ra was the name of an Egyptian Deity. I know of no product of this kind, which would have a correct formula from ancient Egyptian times.

ABSINTHE (Artemisia Absinthium) A delightful liquor, often thought to be toxic if made one's sole beverage. Said to reduce the inhibitions. See Wormwood.

ABRAMELIN Incense and Oil. Supposedly taken from the well known "Book of the Sacred Magic of Abramelin the Mage." As there are several versions of this book, there are quite probably several versions of the oil and incense. I should be suspicious of any product carrying this label that was not sold in conjunction with a reference to the book. I suggest re-searching the oil in the version of the book you are using and making your own oil.

ACACIA FLOWERS [Acacia Vera] [#24] {Pseudo Acacia} Flowers Gum Resin Called Egyptian Thorn, it is the source of Gum Arabic, often burned for protection. Acacia was

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considered sacred to the Egyptian god RA. The Acacia tree was once called the "Tree of Life."

Used as an incense for protection, for blessing, and occasionally, for gaining astral power. This last use is very doubtful in my opinion. The powder may also be used as glue.

The herb itself is an initiatory symbol of resurrection, and eternal life, especially as found in Freemasonry, as well as in ceremonial Magical Lodges with a Masonic base, or bias, such as the Golden Dawn, and its many offshoots.

ACONITE [Aconitum Napellus] [#54] See Wolfsbane. A toxic narcotic, not recommended for use.

ADAM AND EVE ROOT [Aplectrum Hyemale]

[#216] (Adan Y Eva) Putty root, often used as a love charm, when made up in pairs by a root worker. One is given to each of the lovers, to be carried by them. The supposedly male root is named the Adam root; the supposedly female root the Eve root.

Ruled by Venus, the roots may be used singly for attaining desires, by praying over it and placing it somewhere near the desire to be attained, or near a symbol of it. It is best used for this purpose in purchasing land or a desired house, if there is any real possibility of the desire actually being attained. The root should be prayed over, and placed, or buried, on the property desired.

The prepared Incense, Oil, Bath Salt, Water, and Perfume, as found in most occult stores are of little value. As the binding spell, connecting two lovers, is one of Venus and Saturn, the herbal blend of Artisima and Comfrey, or other herbs of these qualities, in an Alcohol and Copal base would do as well for the foundation of these products as anything else. The spell must always be prayed over, naming the two names of the people to be bound together. The best incense for this purpose would be Copal Gum Resin. The best water for this purpose would be a mixed tea of Dandelion flowers and Gardenia flowers. This mix-

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ture would not have a strong scent, but it would be magically effective.

ADDERS MOUTH (Stellaria Media) [#2225]

Chickweed, which see. To stop slander, pray over the whole plant and cast it on the slanderers doorstep. An excellent remedial tonic may be made from chickweed, while the fresh leaves are a good addition to salads.

AESCULAPIUS Oil and Water Named for the

Greek Deity of Healing. This oil is used in the sick room and for healing spells. Green colored Glycerin with any healing herb specific to the patient's condition may be used as an oil in this case. In the water a tea of hearts ease, with some carnation perfume added would be appropriate.

AFRICAN GINGER (Zingiber Officinale) [#2463]

Ginger, which see. A curse breaker, hex breaker, and blood purifier, it stops Hexes and Curses. The tea cures sore throats. It heats the system, and is good for those suffering from chills. It is a specific for motion sickness. The tea is a warming agent and a systemic tonic. The root is used as a charm under the pillow to cure sore throats, but I prefer the tea.

AFRICAN Ju Ju POWDER (Ju Ju Africano) This is a generic name for any powders made in accordance with any of the African Ju Ju Practices. It is not one specific powder, although it is often thought to be. In West Africa, Ju Ju is a generic name covering any one of a wide variety of both initiatory and non-initiatory Christian, Pagan, or Islamic, magical and magico - religious practices.

AFRICAN VODOO (Vu Du Africano) Powder, Oil, Incense, and water.

This is another generic name that has been applied to the products from a specific set of magico - religious practices. While

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this name could cover anything in this book, there is no one specific powder that is used for such work. The correct name for this rather complex and complete magical religious practice of African origin is Voudon. Voudon is as much of a religion as is the Lutheran Church, Roman Catholicism, or any other religion. It is much maligned by the ignorant.

AGAG AGAR White Powder (Gracilaria Lichenoides)

[#1097] Ceylon Moss The extract gum is used as a bacteriological culture medium and a glue. It is infrequently used as incense in magical operations.

AGARBATTI CHANDAN INCENSE This is a Hindu phrase that means "Religiously Pure Sandalwood Incense." Again, this is often thought to be a special magical incense, which it is not.

AGRIMONY [Agrimonia Eupatoria] [#83] In a bath, or in a homeopathic dilution of the flower, it can be used to release fears from people. It may also be burned as an incense, to release a fear or terror vibration from a place where a (usually violent) death, crime, or other tragedy, has occurred. The herb is also burned in rituals to reverse evil spells and to free someone from negative work of all kinds.

Known as liver wort, as are many plants of the genus Hepatica. It was used in former times to treat diseases of the liver. It is an astringent, and its tea settles the stomach. Also known as cocklebur, or stickwort, it is usually not a welcome plant when it is found in the garden.

In negative magic it may be used to induce fears in others.

AGUE WEED (Ague Root) [Aletris Farinosa]

[#95] Unicorn Root. Ground to a powder, and prayed over, it is to be sprinkled in the path of an enemy, to cause them to become confused and hesitant, (or at least uncertain) in their actions.

A

May also be used in a cleansing by another, or it may be carried on the person, to break a hex that may have been laid on the person. It may also be burned as an incense, to break hexes, or to stop hexes from being placed. In this case it is used in a fumigation of the person. Magically, it is used to confuse people, or to remove confusion from them, this last is its use in a cleansing. Best as a powder, or a tea from the powder.

It is also made into a bitter tonic that is used for female complaints.

AJO MACHO Male Garlic A powder made from garlic. The prepared ground garlic powder from the grocery store will work very well here. The powder is used as an incense in fumigation, as well as an ingredient in a number of other incenses. Garlic in any form is discouraging to negative influences. There is also a St. Ajo, or St. Garlic, who is appealed to in prayers.

AL ANIMA SOLA (The Lonely Soul) Incense This may be of two kinds:

n incense made of privet and wormwood used to help spirits cross over to the realms of death.

It may also be an incense used to summon a negative spiritual force known as 'The Lonely Soul' who preys on those who are weak, driving them into despair, depression, and even eventual suicide. I personally consider this force too dangerous to work with, as it has a very evil reputation.

ALGIERS FAST LUCK (Suerte Rapido) Perfume

Considered to be one of the better lottery and gambling perfumes. I use powdered nutmeg and red pepper in an alcoholic perfume diluent for this product. The perfume was once a commercial product, like Algiers Powder, which was made in Algiers Louisiana (Across the Mississippi river from New Orleans) in the pre civil war - ante bellum - south.

ALEHOOF (Nepeta Glechoma) [#1576] Ground Ivy

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The leaves are used as a stimulant and a tonic. It aids in the relief of pain. It helps to dispel melancholy when distilled in wine. It is used, along with other herbs, in the relief of female problems. Ruled by Venus, it is useful in lead colic. The tea is said to purge lead and other heavy metals from the system.

ALFALFA (*Medicago Sativa*) [# none] Herb and Seed

Taken as a tea, it may be used to assist in reducing minor heart problems. Over a long term, it is a blood purifier, but it is not recommended, as garlic is much better, and works much faster, for the same complaint.

The herb is high in mineral content, as well as vitamin K, and enzymes that assist in food assimilation. It aids in the elimination of body poisons, and relieves constipation naturally. It is useful in relation to arthritis, rheumatism, neuralgia, anemia, skin problems, and hardening of the arteries. It may be taken in tablet form, in a tea, or better, eaten fresh in salads.

Magically, it may be burned, and the ashes saved to keep poverty away. There is a specific ritual for this, in which some of the ashes are marked on the body of the person. This ritual must be done by a magician priest, or by one who has the moral authority to perform it. You should be careful you are not transferring your economic status to the person you are assisting should you decide you can perform this ritual.

The dried plant, placed on display in the home, is used to keep poverty out of the house. The spell is more effective.

ALKANET ROOT Used for drawing luck and money.

ALL HEAL ROOT [*Valeriana Officinalis*] [#2388]

Valerian (which see) Burned as an incense in the sick room. Or made as a tea, to be used as a sick room sprinkle. Homeopathically it is used as a medicinal, to promote general healing.

I have found it better in promoting an accurate diagnosis of the true condition. In this respect it is like homeopathic Sulfur, (30x and above). Valerian should not be used internally

A

except under the direction of a physician or licensed healer, as it can be toxic to the astral system. (See HEAL ALL as well)

ALL NIGHT LONG OIL An Oil used to dull the

sensation of the male sexual organ, so the man using it could copulate with a woman for a much longer time. There are several of these products available at any good drugstore. The man using one of these products should wear a condom so he does not dull the sensitivity of his partner's vagina.

ALL SPICE (*Pimenta Officinalis*) (*Eugenia Pimenta*) [#948] (*Espicia*) Oil, Incense The unripe fruit is harvested to make the spice. The grocery store spice is used as an incense ingredient to promote communications.

The oil used is usually safflower oil, with powdered all spice in it. There is an essential oil of allspice, but it is not usually used, as it is too strong for most people.

ALMOND (*Almendra*) Oil Pure Almond oil is available at health food stores, and is used for making up all kinds of preparations, from massage oils to love oils. It is highly recommended for both uses.

Almond oil is probably the best ingredient to use in making up love oils. It takes a magical charge very well, and holds the charge for a long time without diminishing. However, like most love affairs, the oil does become rancid in time.

Almonds are used in European magic for spells of lust and seduction. In Hindu Indian magic they are used to promote chastity.

ALOE, CAPE Gum resin (*Aloe Spicata*) [#114] It is used as an incense ingredient.

ALOE Aloe Vera [#81] The primary herb of Islam, it is one of the best known healing herbs. It is an excellent antiseptic for the treatment of cuts and scrapes.

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of the spouse to keep them from disporting themselves sexually with someone else.

BLACK HAW TREE (*Viburnum Prunifolium*)

[#2422] The leaves are used as a tea, the bark of the root as a tonic. The powder of the root bark is also used as a casting powder, with indifferent results.

BLACK MUSTARD SEED [#2157] Used like Peony Seeds or Jumby Beans, to cause disturbances and problems in a place. It is prayed over and cast on the floor in the place to be troubled. See Mustard.

BLACK POWDER (*Polvo Negro*) Made from ebony wood powder. In some cases carbon black is added to make it even darker. The material is used as an incense and in an oil, both to lay curses and to remove them. It acts as a booster to other cursing materials, but may also be used to remove curses from other people. Straight ebony powder will work as well as anything else for curse breaking.

BLACK WALNUT (*Juglans Nigra*) [#1252] See Walnut
The Bark is used as an astringent, and to stop hexes. The tea, made from the nut, is an effective potent for cleansing the astral body of the after effects of a sexual relationship. It provides both a cleansing effect and a purifying effect.

B

BLADDERWRACK (*Fucus Versiculosus*) [#1017]

Carried for protection while traveling, especially while traveling by water. It is often used to give someone a bladder or urinary infection. The powder is prayed over, and a mound of it, say at least a quarter teaspoon, is put near a toilet they regularly use. This spell is said to take about two months to cause the victim to develop symptoms of a urinary infection. It is also said to be able to cause mental derangement in a person.

Known as Sea Wrack, it yields Kelp, a treatment in obesity.

BLESSED OIL Used to anoint people following a spiritual cleansing, or at any other time. Made from Lotus root powder, Orris root powder and Olive oil. Let it stand for a while before use.

BLESSED POWDER Sprinkled around a room to cleanse and purify it. This powder may be rubbed on the body for spiritual cleansing and carried in a charm bag for protection. Made from Lotus root flour, it makes an excellent cleansing medium when used by a spiritual worker for that purpose. It may be given to the people to use on themselves, in which case it should be diluted half and half with talc.

BLESSING POWDER (*Benediction Powder*) One of the best powders that may be used for blessing others is made

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place your hands on the head of the person being blessed and pray over them that they may be uncrossed and blessed.

Blessing powder used to un-hex or purify a room may be made from 100% Lotus root flour. It is sprinkled around the room, to purify it after the room has been spiritually cleansed. It may also be rubbed on the body of a person while praying for their elevation and spiritual protection.

BLESSED THISTLE [*Centaurea Benedicta*] [#558]

Used primarily as a good luck charm, it adsorbs negativity, although it usually has taken in its quota of negativity in a few days, or a week's, time. Used medicinally as an appetite stimulant, or as a general tonic.

BLESSING (Bendicion) Oil See above.

BLOOD INKS These are the inks theoretically used to write pacts with the devil, draw magical sigils, and for other magical purposes. I prefer Higgins drawing inks, as they have more colors available, and look nicer when the sigil is done. However, if you are into blood, you must first recognize that blood congeals quite fast, and if left out, it will draw flies. The best anti coagulant I know of is citric acid, known as sour salt, and available in the Kosher Foods section of your super market. Make up a saturated solution of citric acid with water. Add about three drops of the solution to every teaspoon of blood you are using. Stir it in, you may need to add more, watch the ink to be certain that it does not coagulate as you write out your pact or sigil.

Doves blood ink is best made from ripe poke berries. This makes a very long lasting ink, although it turns a kind of blood brown with age. Do not write on enamel coated paper with this ink, use parchment, ordinary paper, or papyrus.

You can also make a satisfactory blood ink from 'Blood Meal,' a fertilizer product found in your local garden supply store. Make up about a tablespoon of blood meal to a tablespoon of water, and thin to suit. This is probably the most

B

effective way to make and use blood inks, and also the least destructive to your happy household.

BLOOD ROOT (*Sanguinaria Canadensis*) [#2041]

Used to defeat hexes and spells. It is carried on the person in a red charm bag. It is put on windows or doorways to protect against curses and evil spirits. It may also be burned as an incense once a week. It becomes useless if burned more frequently.

As a protective, the powdered blood root is cast on the door of the dwelling of someone who you believe is working against you. It turns their spells back against them if it is prayed over for this purpose.

Used medically for coughs due to colds. A tonic and emetic.

Another more rare use is to make Diabolic Wine, a substitute for human blood in rituals of demonism or of a diabolic nature. A pinch of powdered blood root is added to any dark red wine, and mixed in well. The wine is then left overnight covered, with a red cloth. Before using, the wine is changed to blood, by praying the following over it three times, while charging it.

"You are not wine but blood. Living Blood, Scarlet Blood, Living Blood, flowing blood of Mine."

The ritual is then proceeded with, using the wine in place of any required animal or other blood.

BLUEBERRY LEAVES (*Vaccinium Frondosum*) [#2376]

The powder is said to cause strife and confusion when tossed in the path, or at the doorway, of an enemy. A cold overnight soaking tea of the leaves is also used for laying curses. It is poured out across the doorway of the enemy at night.

BLUE COHOSH (*Caulophyllum Thalictroides*) [#545]

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{Calouphyllum Thalic Troid} The root is used medicinally, and in root working. The root is also known as Yellow ginseng, and is worked for healing spells as well.

BLUESTONE Incense, Crystals, Copper Sulfate, (CuSO4) This is a toxic substance that can cause liver damage, eye and skin problems, and even death. Corrosive to the skin, it is not ever recommended for use. Despite the possibility of its causing all kinds of physical illnesses, it is a favorite powder in love and sex magic. For many years it was used by professional women in the south, particularly in New Orleans, for attracting customers. Burning the crystals as an incense produces hazardous toxic fumes, and is never recommended. I do not recommend that it ever be used, despite its long history of successful application.

BOLDO LEAVES (Pemis Boldus) [# none] The dried and crushed leaves are used in power spells. Whether or not they actually add any power to the spell is always open to question.

BONESET (Eupatorium Perfolaitum) [#962] Used to curse enemies with accidents resulting in broken bones. It is burned as an incense while the following spell is chanted:

I alone can break your bones,
You may no longer harm me.
Now the harm you do
Will return to you.
So Be It!

Medically, boneset has been used in the past in the form of a poultice, or as a plaster, to heal broken bones.

BORAGE Tops (Borago Officinalis) [#402] The plant has medicinal uses. The tea made from the tops of the plant is given to young boys to develop courage in them. Thus, Borage for Courage.

B

BOSS FIX POWDER This powder is used to reduce

threats to employment, and to reduce or eliminate difficulties on the job. It is to be sprinkled around the work place to improve the conditions of the work environment. This powder should be used in conjunction with cinnamon protection powder, as well as any other work that may be necessary in the specific circumstance. Often achieving a satisfactory resolution to work related problems may require a great deal of work, both on the work site and on the person involved.

Boss Fox powder is made from ground toasted Indian corn, and ground white eggshell. The two should be ground together into a fine powder in the mortar. The ground powder should sit for at least a week before being given to the person to use at their work site. The powder is used by scattering it on the floor around the persons work place.

BRIMSTONE Best known for its use in negative magic

Brimstone is actually hard natural sulfur ore. It is almost a rock like substance, but quite brittle. It's color, fresh from the mine, is a dark and impure looking yellow. Refined Flowers of Sulfur Powder has a bright yellow color. Except for the most critical magical work, they may be substituted one for the other.

BROOM (Cytisus Scoparius) [#834] Broom tops,

or Broom herb is an astral cleansing agent that removes negativity wherever it is applied. It is usually used as a tea to wash things, or as a sprinkle, to clear a home, or other area. It may also be used in a cleansing spiritual bath, where it is very effective indeed. The Broom plant is often referred to as the astral broom.

BROOM TOPS - Broom tops from the European broom plant, are used to make up a cleansing solution known as the 'astral broom.' The solution is made by soaking a hand full of broom tops in alcohol (extracted from Vodka) in the refrigerator for a week or so. Another handful of broom tops are steeped in boiling water until the water reaches room temperature. They

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are then both placed in the refrigerator for another week or so and the two are mixed together. A cup of this mixture in a gallon pail of water is the bathing solution. It is poured slowly over the person's head as they stand in a tub or shower. The newly cleaned person should air dry and dress in clean clothing.

BRUNO'S CURSE (Maldicion De Bruno) See Knot Weed

BUCHU Leaves (Barosma Crenulata (or Crenata))

[#351] Used in making a Spring Tonic.

BUCKEYE NUT (Horse Chestnut) (Aesculus Hippocastanum) [#75] (Castano) Often carried as a charm against arthritis and rheumatism. It can adsorb some of the pain of these afflictions from the person, as it accepts the pain vibration into the nut. Once the shell of the nut breaks however, it is overloaded and should be discarded. A salve made from it is also used for hemorrhoids. See Chestnut.

An incense is made from the nut as well. The skin of the chestnut is peeled off first, and the nuts are dried and then crushed. Then they are more fully dried, and powdered. The incense is burned both for luck and to send back an illness or a curse. Use infrequently, as it is easily over used.

BRYONY (Bryony Alba) [#420] White Bryony

Said to have been one of the primary healing herbs of the Rosicrucians. The root and berries are used medicinally, although they are considered toxic. The medicinal qualities are extracted by water or alcohol. Ruled by Mars, the peelings of the outer covering of the root are used as an incense in work done for Mars.

BUGLEWEED *Lycopus Virginicus* [#1411] It is a sedative, and a mild narcotic. Good for relief from a cough. This plant takes a magical charge well. The dried flowers make a delicate incense of Venus.

B

BURNING BUSH (*Euonymus Atropurpureus*) [#950]
Wahoo The seeds are a cathartic. The bark of the tree is the famous Wahoo Bark, used for removing malochia and minor hexes. The bark of the root is also used in a bath for this purpose.

BURDOCK ROOT (*Articum Majus* (or *Lappa*)) [#237]
The plant is used in medicine, the seeds are crushed and used in incense.

BUTTON SNAKE ROOT (*Erynigium Yuccifolium*)
[#931] The corn snake root. Also see *Liatris Spicata*, [#1338]
The true button Snakeroot, which is used in treating Bright's disease. The latter is added to spells for faster work, but it is not a very good expediter.

3

C

CACTUS FLOWERS (Cactus Grandiflowers) [#437]
Night Blooming Cereus, which see.

CALABAR BEANS (Physostigma Venosum) [#1712]
Ordeal bean The beans are **poison**, death occurring within an hour. Used as a sedative, as it depresses the central nervous system, thus used in epilepsy. Magically, the beans are used in the ritual of Suestro. This is known as the "Theft of the Soul," which it is not. It is a ritual for putting someone under the control of the magician.

CALAMUS (Acorus Calamus) [#60] Sweet Flag Used as a protective herb, especially in conjunction with other herbs.

Baths, sprays, and sprinkles, may be made of it alone. A broom made of Calamus herb may be used in cleansing of people. This is the "sweet cane broom," used in brushing negativity from people and places, in some of the full formal spiritual cleansings used to sweeten their lives. The tea is a remedy for upset stomach.

CALENDULA (Calendula Officinalis) See Marigold.

C

CAMOMILE [Anthemis Nobilis] [#205] {Matricaria Chamomilla} The flowers, in tea form, make a nervine, as well as a strong astral condenser, or an astral strengthener. The extract and success are used to strengthen the astral body and promote healing of wounds.

Used in warm compresses of a strong tea, and placed on the damaged skin, it promotes healing of the skin. Useful in cases of wrinkled skin, wind burned and sun exposed skin, and overly dry skin. The tea helps regulate the menses. Ruled by the Sun and Mercury.

Using the tea as a hand wash before gambling is a common practice.

Anthemis Nobilis is Roman Chamomile, which is more difficult to obtain.

CAMPBOR Gum [Laurus Camphora] [#1302] Used to gain prophetic dreams, to clear a ritual area, and for other purposes. It may be burned as an incense for these purposes. Natural gum camphor is one of the oldest incenses used by mankind. The leaves of the camphor tree are ruled by the Yoruba deities Chango and Eshu, thus they make an excellent bath for young pre pubescent boys.

CANADA SNAKE ROOT (Asarum Canadense) [#280]
Wild Ginger The root is used to relieve stomach disorders. It is used in incenses, to induce visions, and in love potions.

CANDLE OIL The generic name for an oil, or occasionally a powder, used to dress or prepare candles used in magical work. There is no special candle oil, unless it is kerosene or paraffin oil, which was used many years ago in the so called plumbers candle, an eighteenth and nineteenth century predecessor to the flashlight.

CARAWAY SEED (Carum Carui) [#510] Carried

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cinogen, especially when used with tobacco. The tea is often used as a curse breaker, for this use it should be sweetened with honey, not with sugar. It may also be used in a love charm, and for feminizing overly masculine women.

CAYENNE PEPPER [Capsicum Annuum] [#492]

(Chile, Pimenton) (Capsicum frutescens L.) The world's most popular spice, it is a true stimulant and the most pure Mars herb there is. Used for stomach and circulation problems. It should replace black pepper on the table if you desire to improve your digestion, and aid your general stomach and intestinal function.

The tea is useful for those who have stomach difficulties, but when beginning to use it, the tea must be made very mild, using less than an eighth teaspoon of Cayenne pepper to a quart of water. Those who enjoy spicier foods can gradually increase this dose to their taste. Stimulates the peripheral circulation. It is a primary healing agent for those who know how best to use it.

This pepper is rated in heat units. 90,000 heat units is a typical rating.

Magically, it is used whenever the martial influence of the 'Act Now' variety is required. It is especially used in works of disruption, hate, and revenge. Always adds heat to any situation. Best used in negative work, but also widely used in works of love and sexual passion.

CEDAR (Cedro) Wood Powder or Oil The material is primarily used for fumigating, to remove negative elementals and to strengthen positive elementals. Cedar sawdust to be used as an incense should have two or three drops of cedar oil added per cup full to strengthen it.

CEDAR OF LEBANON (Cedro de Libano) Oil and perfume. This oil is very similar to regular cedar wood oil as far as I can tell. The technical grade cedar wood oil is sufficiently

C

pure for all magical work. Cedar of Lebanon is also the name of a particular protective spell.

CEDRON SEED (Simaba Cedron) [#2150] Another general tonic. Of the "Spring Tonic" class.

CELERY SEED (Apium Graveolens) [#215] (Apio) A minor calmative, which acts directly on the astral body to remove stuck or difficult emotional forces.

In herbal healing, celery seed is always used in conjunction with another herb, as celery seed loosens the emotional detritus, but does not remove it. It is a good tonic for the liver and also aids in urinary problems. The root, and large quantities of the seed, are poisonous.

In magic it is used in spells, baths, charms, and incenses, as an expediter, promoting the rapid operation of the work. It is not as fast an expediter as some others, (The toxic red mercuric oxide is probably the fastest working expediter.) but celery seed does work well when used with herbal spells.

Celery Seed is not very good as an incense at all, when burned alone it is good in assisting concentration. Otherwise it should be burned with another, more specific, incense and some ground Orris Root to promote astral communication. In this case it expands the specific other incense, and increases its action. Celery seed is ruled by Mercury, but seems to respond to water and earth considerably better than to air and fire. Better used for positive than for negative work.

CELIANDINE (Chelidonium Majus) [#586] The plant was little used in medicine, and probably less used in magic.

CENTAURY (Sabbatia Angularis) [#2001] American Centaury - Medically used as a tonic, it is also used as an eye-wash to assist in gaining the astral sight.

CHAMOMILE Roman Camomile [Anthemis Nobilis]

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[#205] Ruled by the Sun in Leo, it is the emblem of sweetness and humility. Primarily a calmative, Chamomile strengthens the astral (non-physical) body, and assists in strengthening the connection between the astral and mental bodies. A strong tea in a bath is a good treatment for sunburn.

A mild nervine, it is an excellent before bedtime tea, as it prepares the body for sleep. It is often used in love spells, to enhance the astral force projected into it by the lover. As it can go both ways, it may be used to break pride in people. The wash, and a bath of the tea are often used as a gamblers charm. Used in gambling charms and other good luck spells as well, for much the same purpose.

Chamomile is one of the best materials known for adsorbing and holding the astral force. Chamomile tea, made from the whole plant, is one of the best astral condensers that there is. As a general tonic for the body, a solution may be used to treat bites, burns, skin abrasions, and so forth. The material takes a magical charge, or a prayer, very well indeed.

Chamomile success, compounded of the flowers of the plant, mashed, and steeped with pure ethyl alcohol, is used in making magic mirrors as well as enhancing the astral nature of other things. This is one of the reasons it finds such use in magical work.

CHAPPARAL Leaves {Also Creosote plant (Larrea Mexicana [#1294] The plant is an antiseptic. The flowering tops are used as a tonic tea, to improve and maintain good health. In some cases a tea made from the plant is useful for treating cancers.

CHARCOAL, From Vegetable Sources [NONE] Used to draw impurities out of the system. Charcoal capsules and tablets are available, but raw wood charcoal powder may be used for this purpose as well. Charcoal and ashes are infrequently combined for this purpose, but I have never learned

C

what the ashes are supposed to do that the charcoal does not actually do.

CHASE AWAY POWDER Used to remove jinxes and curses, this powder is finely powdered Mate herb, as is used in making Mate tea. This powder is usually used in the course of a full spiritual cleansing, and should be blown on the person from the hand of the person doing the cleansing.

For getting rid of people, see Goofer Dust.

CHERRY Blossoms [# ?] (Cerezo) A bath for increasing self confidence in people is made from these lovely but ephemeral flowers. The bark of the tree is another toxin that is occasionally used in healing. The essential oil of Cherry usually comes from artificial sources, but does have a nice scent.

CHESTNUT See Buckeye Nut [#75] The horse chestnut. The nuts are a narcotic.

CHEWING JOHN [?] The root is chewed and cast away to remove hexes or minor curses from a person. In powdered form, it may be burned as an incense for this same purpose.

Used in money drawing charms, it is placed in a chamois charm bag with three silver coins and prayed over to open opportunities for money to come to you. The charm bag should be carried on the person for at least a month, during which time opportunities will come to the wearer, who must be alert to take advantage of them.

The powdered root is one of the best commanding or compelling powders there is, as it inclines people to have sex with the one who places it on their body. It works in other areas as well, but its use in commanding sexual contact is where it is outstanding.

CHIA Seed (Salvia Hispanica) [#2027] Used in

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treating diseases of the eye, it maybe used magically against people to harm their vision.

CHICKWEED (*Stellaria Media*) [#2225] Used to relieve hives, and other skin rashes. Can be used in a bath for those who have skin problems that are manifesting as excessive itching. The fresh herb is a very healthy addition to green salads. It is also a general tonic for the immune system, especially when taken daily. It assists in preventing colds and other minor illnesses.

CHICORY (*Cichorium Intybus*) Succory [#612] The leaves are burned as an incense when ritually casting hexes. The herb is often mixed with coffee, or used alone as a beverage, particularly in the southern U.S. The ground herb is used in laying curses, both as an incense and as a casting powder. Its best magical use is as an incense.

CHILD SAINTS In the Roman Catholic Church there are any number of Child Saints. Those in various religious and magical practices appeal some of them for assistance.

One of the favorite Child Saints is El Nino de Atocha, supposedly a version of the Infant Jesus who fed six hundred Christian prisoners in Atocha Spain from a single basket of food, coming each night for six months. Those who are imprisoned or who have friends or relatives who are imprisoned appeal to him. He is usually asked to make their burden in prison lighter, and assure that they have an early release.

CHINESE Products of all kinds used by Chinese 'Ghost Workers' or other Chinese occult consultants have been unsuccessfully copied for the Botanica and Occult store market. If you speak Chinese you can obtain the originals in the Chinatowns of large cities. The chances you can use them as successfully as the Chinese Ghost worker are as slight as the chances you speak Chinese, (I don't.)

C

CHIVES Cebolleta (*Allium schoenoprasum* L.) The condiment is the flat hollow leaves of the plant. Magically, chives are surprisingly responsive to work. While they are not much used, the leaves have considerable ability as the carrier of a magical charge. The leaves may be used for all kinds of work where a casting powder of herbal origin is sought. They are very good for leading a potential lover into a seduction over the salad course.

CHUPAROSA (Hummingbird) A love and romance oil, and perfume, that is very popular in Mexico. It is made with the body of a Hummingbird placed in the bottle.

CHURCH Incense (*Inglesia*) A commercial incense made by the same manufacturers as those who make the well known Gloria Incense. Useful for general work and especially for devotional work. Like all Incenses used in the Roman Catholic Church, it is 51% frankincense, with other ingredients including Benzoin and Myrrh.

CHYPRE OIL - Oil Of Cypress, somewhat difficult to find. The pure oil is what is best used. A drop of the oil is rubbed into the hands before gambling. The oil is used to bring luck and financial gain. It is most effective in gambling when your hands come into contact with the gambling materials, as in dice, cards, and so on. Chypre is said to be the strongest money drawing oil there is. It is said that J. P. Morgan, the financier, had a special Oil of Chypre after shave lotion made up for him in a bay rum base by a pharmacist.

Chypre Money Powder is made by adding a few drops of oil of Chypre to about a cup of talc. The powder must be well mixed, and should be aged for about a week before use.

CINNAMON Bark, Powdered or Sticks [*Cinnamomum Zeylanicum*] [#639] Ceylon Cinnamon (Canela) Ruled by Mercury, specifically Mercury conjoined with Jupiter in Pisces.

Domain of Yemenya. Widely used in cooking, it is also used in stomach disorders. Said to be an aphrodisiac for women, the tea expels gas and reduces nausea. It is good to alleviate mild cases of Type 2 diabetes, but see your physician about this.

Often used as a love potion in a tea. Burned before a voodoo ceremony to make the room sacred. It has been used for purification, protection, blessing, and prosperity as well. Magically it imparts a mercurial influence in incense mixtures. It is used to change a person's luck, to improve communications, and to calm a restless nature.

It may be used as incense, in a bath, in powders, oils, or as a sprinkle, or a wash. The bath is used to help resolve problems, stop quarrels or dissension. It may also be used to improve income, all depending on the prayer made over the tea. A dab of cinnamon placed on the breast bone (Sternum) in the morning will keep you protected from envy and jealousy all through your workday.

The money Cinnamon Bath is made of one cup of Cinnamon tea to 4 cups of Parsley tea. The teas are mixed and the liquid is divided into five parts. The five parts are then prayed over in the name of the person who the baths are to assist. The person must take the five baths on five separate days, praying for financial improvement while in the tub. They are to immerse themselves five to seven times, and stay in the tub for six to eight minutes.

Cinnamon is used as extensively in magic as it is in cooking and baking.

CINNAMON PROTECTION POWDER This powder will protect the wearer against light cases of malochia, as well as any non-specific vibrations of envy and jealousy that the person may draw to them. The powder is recommended for daily wear at work, as that is the place that most of these negative vibrations seem to originate.

Ground pure cinnamon a quarter teaspoon, Talc four ounces by volume.

The two ingredients are placed in a bottle and mixed together well, shaking the bottle for between five to fifteen minutes. A small amount of the cinnamon protection powder is placed on the index finger and applied to the sternum after bathing, but before dressing each morning. The utility of this powder may be increased by adding a pinch of powdered clove, or a pinch of fine iron powder. Adding more than a pinch of these will be of no additional benefit, as the only desire of the additive is to strengthen the vibration of the cinnamon. You should avoid using too much of this powder on yourself. A small amount on the sternum will work as well as using so much you smell like a gum drop.

CINQUEFOIL [*Potentilla Canadensis*] [#1808] Also known as five finger grass, this herb is used in charms for improving both speech and confidence in people. It is carried in a charm bag for this purpose. It may also be used in a bath, for the same ends. A bath of Cinquefoil is always recommended before going to an employment interview.

Cinquefoil may also be used to make people speak their minds, by writing the name of the person on a piece of paper and placing Cinquefoil over it. The paper is then prayed over for the effect desired. It is an excellent communications stimulator, and may be used for that purpose. However, it may occasionally make people talk too much. Medically, the tea is a good mouthwash, and is also used as a bath in cases of the night sweats.

CLARY (*Salvia Selarea*) [#2033] Clary Sage An aid in promoting menstruation, it should never be taken by pregnant women as it may cause an abortion. It is said to be an aphrodisiac. Ruled by the Moon.

CLEAVER'S HERB (*Galium Aparine*) [#1027] Used in making farmers cheese occasionally. It is a gentle laxative and cools the human physical system in contradiction to red pepper, which heats the system.

Magically, it may be used to cool a romance by making a tea and pouring a cup of the charged solution into the bath water of the amorous one. This is a good bath to use to quiet young love, if it is used before things get out of hand.

CLOVER [*Trifolium* _] (_ *Pratense* usually supplied)

[#2333 2334] Red clover tea is used as a heart and blood tonic, and infrequently in love spells. White clover (2334) is used to defeat curses, and cleanse people of negativity.

Neither of the clovers are particularly strong in their effect, having about the same power as the four leafed clover to bring luck. As a plant, it is far better for animals than for mankind.

Red Clover is used as a sprinkle to make a house cleaning more potent. The clover blossoms are soaked in apple cider vinegar for seven days, the solution becomes the sprinkle, which is used after the home is cleansed. This sprinkle makes unfamiliar and unwelcome spirits leave the place.

White Clover mixed with Blue Vervain and Broom tops is used as an uncrossing incense in fumigation's.

CLOVES (*Clavos*) [*Caryophyllus Aromaticus*] [#517]

Ruled by the Sun, Jupiter, and Mercury. In the domain of Ogun. Clove tea, as a gargle, is a good mouthwash, it relieves nausea and promotes health of the teeth and gums. The oil is used to relieve toothaches, rheumatism, and muscle cramps. Powdered clove is mixed with powdered chicory and cinquefoil in about equal quantities to make an incense used to increase mediumship.

The whole clove is used in protective spells. Nine whole cloves are used in a charm bag for vitality. The same charm may be made for protection, depending on the prayer made over it. In an incense it sharpens the tone of the other ingredients. A bath of a tea of powdered cloves is very protective. A Pompadour made with whole cloves, placed stem first into an orange, will act protectively and beneficially toward the one who made it and keeps it with their clothing.

In Indonesia spiritual cleansings are often performed by blowing the smoke of clove cigarettes on the body of the person being cleaned.

CLUB MOSS (*Lycopodium Selago*) [#1406] Fir The

Club Moss Plant was one of the Sacred herbs of the Druids. This herb was supposedly picked by someone who had been specially purified. A herb of purification. The powder of the spores is used as a flash powder for dramatic effects in some occult rituals.

COCONUT (*Coco*) The oil and milk of the coconut both have a place in magical work. Used in feeding the head, (Eleda) the milk of the coconut may be purchased at Asian stores. Powdered coconut is also available, it may be used to stop negative magic by spreading it around the place where the negative magic is practiced, or where the spell has been laid.

COD LIVER OIL From the codfish, not from a plant

source. Used to decrease blood pressure, as well as being used as a laxative. It works to oppose autointoxication, through encouraging regularity of the elimination function. Occasionally used as a base in magical oils.

COFFEE (*Coffea Arabica*) [#685] (Cafe) There are a

variety of uses for coffee in magical practice. The best known is the coffee bath, for strengthening the etheric sheath.

This bath is taken by placing three to six cups of coffee in a tub of water and soaking in it for eight to ten minutes. An exception to most spiritual baths, you may use soap and bath oil in this bath without diluting the effects of the bath.

Liquid coffee may be used to strengthen the non physical component of anything upon which it is wiped, washed or soaked. It becomes a good thing to wipe furniture with after washing it with a vibe remover, such as ammonia water, as it can restore the damage that has been done to the furniture's astral and etheric body.

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Coffee chaff, the husk of the coffee bean, is used as an incense ingredient in working with invisible forces. It is useful to add some to the myrrh incense used in summoning to visible appearance. Doing so adds stability to the appearance of the shade, which is usually quite unstable.

Fresh ground coffee is used as a body rub to remove long standing, or even karmic, negativity from people. This must be done carefully, as the person doing it must have the moral authority to remove the negativity.

To solve or resolve problems, place a brief description of the problem in some ground coffee. Hide the package (of coffee and the problem) away in a dark place. In a week or so the problem will disappear.

Aside from the uses of brewed coffee, the perfume and oil, made from the essential oil, are also useful in magic. Coffee powder, the roasted and ground bean, is used magically in the espresso grind and in Turkish coffee, which is even more finely ground. The latter is the best to use in incenses, either used alone, or blended with other ingredients.

COLA NUTS KOLA NUTS (Cola Acuminata) [#687]

The Goona Nut, (Source of Goona Goona?) Used in IFA Divination in Yoruba land, from whence comes the demand for them among followers of the Yoruba Orisha based practices. The nut itself is a stimulant and a nervine.

COLORS The outside of temples and churches are usually painted white, to reflect any negative influences away from them. Red is said to invigorate the spirits of the dead, so it is often used to paint séance rooms. Black is said to adsorb negative and other non-physical influences.

In addition, there is an entire study of the psychology of colors, indicating how people react to them. This is something worth studying by those who consult or counsel others.

COLTSFOOT (Tussilago Farfara) [#2348] Good for

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the relief of coughs, it is ruled by Venus. The leaves are used in a tea.

COMFREY Leaves and Root [Symphytum Officinale]

[#2253] Best known for healing broken bones, the root of this herb of Saturn is often used in ointments for healing skin, and for providing relief from itching. A well-known tonic, and cough remedy as well. Medically, it is also used to clear up bloody urine. It is good for wounds, strains, and sprains. The tea is used as a sprinkle to improve business. Used in charm bags for safe journeys. The tea of the root is often used as a charm for protection. The leaves are used to add stability to herbal spells.

COMMANDING (Dominarte) CONTROLLING (Con

trolando) COMPELLING (Apremiante) Oils, Powders, Perfumes. The purpose of these products is to allow the person using them to gain control over another person and make them do what the controller wants them to do. There are any numbers of other names for these products, but they all are made with the same end in mind. Ruling Powders, King Maker products, and Bend Over products are a few of these alternative names. There is no effective Incense for this purpose. The powders usually have a herbal base, and occasionally is consist entirely of the herbal material. The products are made from a commanding herb, such as High John the Conqueror, Devil's Shoe String, Cubeb berries, or Calamus Root. The Oil is usually the herb, or the herbal powder in an oil, usually mineral oil. The perfume is usually the powder or herb in a convenient perfume base. The products are usually applied directly to the person to be controlled. The secret to using any of these products is that they must be prayed over individually, for each person to be controlled, and for each use.

CONCENTRATION (Concentration) Incense, Oil,

Perfume The best incense for this purpose is Alum, which has very little odor at all. Any product with the vibration of Saturn may be used for gaining these ends, whichever is selected, it

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must be prayed over for the best results. The best oil base for making the oil is mineral oil.

CONDURANGO Bark (Marsdenia Condurango)

[NOT #290] Eagle Vine. Considered to be a cancer remedy as Condurango Blanco. I would put more faith in my physician than this supposed remedy.

CONFUSION POWDER Made from crab shell powder

and peppermint leaf powder. Apply to the person or their trace to confuse their mind. It can be used to make a person mentally dwell on the past, or on an experience in their past, which the magician selects by forming a thought form of the experience during the prayer over the spell.

CONQUERING GLORY (Conquistar Gloria) Incense

Burned in a ritual used to overcome obstacles in the path to success. The powder of the ground incense may be sprinkled on the hands and feet of the person each morning for a specific number of days afterwards.

This incense is also used in fumigation's for overcoming timidity. The incense is made of equal parts of Pomegranate bark, cherry bark, and Benzoin, with other herbs added as required in the specific case. When the incense is to be used as a sprinkling or anointing powder, a bit of gold leaf is often added.

CONSECRATION OIL (Fuerza Consagrado) An oil

usually used for consecrating ritual instruments, the ritual area, and other things. Ordinary cooking oils, Olive, Canola, Sunflower, etc., are often used for this purpose. The consecration is effected by the prayer made over the oil. Using the oil and powder mixture listed under blessing oil or anointing oil may result in a better oil.

CORAL ROOT (Corallorhiza Odortorhiza) [#731]

C

Crawley Root A sedative useful in releasing nervous tension and cramps. Ruled by the Moon.

CORIANDER Seeds (Culantro) [Coriandrum

Sativum] [#739] The plant is ruled by Mars. Another spice used as a love potion. Once again, it is to be prayed over and mixed in with the victim's food or drink. In Arabia, the ground seeds are often added to Coffee as a flavoring agent, and an aphrodisiac. They are also added to wine for the same purpose. The leaves are used in salads and sauces.

A stomach tonic, as well as being beneficial for the heart. The fruit is ruled by Venus, it is used in sachets and incenses. In India it is used as an offering to the deities of the Hindu pantheon. Magically the seeds are an astral stabilizer, and should be used whenever another ingredient in the spell 'goes both ways' to prevent the switching that might otherwise occur.

Those who suffer from migraine headaches carry the seeds in charm bags.

CORN FLOWER (Centaurea Cyanus) [#561] The Blue

Centaury The best possible sprinkle for the kitchen of a home. It is a good sprinkle to use both inside and outside of the home as well, as it aids in bringing peace and harmony to a marriage. Keeping cornflowers in the kitchen is said to keep food in the kitchen.

It was the favorite flower of the famous German Chancellor Bismarck, and worn by his followers and supporters as an act of rebellion when the 'Iron Chancellor' was dismissed as first minister of Germany.

CORNSILK (Tassels of Zee Maze) The tea is a

specific for urinary and bladder complaints. Two or three cups a day will usually clear up the complaint in a week or two.

CORRESPONDENCE The doctrine of correspondences is the belief that things of one nature have a relationship to things of another nature. Thus the astrological sign Aries corre-

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sponds to Red, as they both correspond to the planet Mars, which rules Aries. Some example correspondences follow:

Aries, red, Myrrh, black pepper, ginger
Taurus, green, oak moss, patchouli & Ylang Ylang.
Gemini, yellow, lavender, lemongrass, peppermint.
Cancer, blue, Melissa (true lemon balm), chamomile
and yarrow.
Leo, orange, frankincense, bay, lime, & neroli.
Virgo, yellow / green, sandalwood, clary sage, and
cypress.
Libra, peach, rose, Orris, and vanilla.
Scorpio, purple, basil, pennyroyal, and thyme.
Sagittarius, burgundy, clove, nutmeg, and hyssop.
Capricorn, forest green, Benzoin, tonka and vetivert.
Aquarius, metallic gold, spikenard, lemon verbena and
anise
Pisces, cobalt blue, cardamom, Palma Rosa, and
Jasmine.

I would like to thank Mr. Edmond H. Wollmann, a Professional member of the American Federation of Astrologers for providing this useful list.

COTTON ROOT BARK (Algod on) (Gossypium

Herbaceum) [#1096] The tea of the bark is used as an abortifacient.

COTTON SEED The tea of the seed in a bath is

supposed to attract men to the woman who bathes in it. Formerly it was used in love spells, and by professional women to draw customers. The seeds are also supposed to restore male potency.

COUCH GRASS (Triticum Repens) Witch Grass

C

Dog Grass [#2340] The root is a diuretic and a laxative. The powdered dried root is used as an incense in love rituals.

COUMARIN HERB POWDER [Unknown] One of the Love herbs used in potions, incenses, and sachets.

COURAGE (Valor) Bath, Water To make the weak

brave and self confident. The best magical technique for this is the cherry blossom bath, made from a pint of cherry blossoms and a quart of hot water. Steep the cherry blossoms in the water until the water reaches room temperature. Bathe for eight minutes with at least five immersions.

Failing this, or in addition to it, a mouthwash made of cinquefoil tea will at least let the person speak up for themselves.

COURT CASE A large number of spells have to do

with success in a law court. The kind of people who are best acquainted with these spells may be judged by the fact that most of them are for criminal cases. One for a civil case, used to gain a favorable judgment is to hold seven Guinea peppers in your mouth when you enter the court room. Then flick them up near the judge's bench just as your case is called. It inclines the judge to favor your cause.

COURTING POWDER Used to gain a relationship

with another person. It is not a lust powder, nor is it a controlling powder. This powder only breaks down barriers to friendship and personal relationships. A teaspoon of clove and a teaspoon of Allspice added to a cup of talc make the powder. The person using it should apply some to the person whose acquaintance they wish to make, and to their own sternum.

This powder is also useful for salesmen going on sales calls. It tends to make people react favorably to them.

COWSLIP FLOWERS (Primula Veris) [#1822]

Cowslip Primrose A tonic, sedative and antispasmodic.

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CRAMP BARK (*Viburnum Opulus*) [#2421] An

anti spasmodic, good for all cases of cramps and muscular spasms. Used in crossing rituals to place a hex on someone to variable effect.

CRANBERRY [*Vaccinium Oxycoccos*] [#2378]

The primary dietary treatment for kidney and emotional problems of all kinds. Cranberry juice and sauce are very useful in cleansing the emotional or astral body of emotional blockages.

As a preventative, it is best taken as Cranberry sauce, served with chicken that has been cooked with Tarragon. This gives the Cranberry its best effect, as the Chicken and Tarragon combine to assist in the astral healing process.

The extract of Cranberry may be taken whenever there is a severe emotional difficulty to be worked through. However, using too much Cranberry can add Oxalic acid to the system. Thus, caution must be used when adding cranberry to the diet. Use moderation, rather than excess.

CRAWLEY ROOT (*Corallorhiza Odontorhiza*) [#731]

Dragon's Claw It is a diaphoretic and a sedative. It is excellent in the relief of fevers, cramps and night sweats. (See Coral Root)

CROSSING (*Cruzando*) Oil, Incense, Powder

Crossing mixtures are used to lay jinxes or curses, or to place people in a crossed condition, where they have difficulties with their life. The cattail head, or candle makes an effective crossing powder, when it is prayed over for the effect desired, using the name of the person it is to affect.

Useful crossing oil may be made of mineral oil and the ground powder of the cattail head. A bit of asafetida may be added to make the oil complete. The oil should be placed on a bit of cotton and prayed over for the person, with the desired curse spoken in the prayer. The oiled part of the cotton is applied to the one who is to be the victim, or placed somewhere

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they will accept it. The one doing this should avoid touching the oil.

An excellent, but quite dangerous, crossing incense may be made from flowers of sulfur and copper sulfate, ground together in the mortar. The odor is toxic and quite unpleasant and it must be burned out of doors for the best results. The trace of the person may be suspended over this incense as it burns, allowing the trace to be thoroughly fumigated by these toxic fumes. I do not recommend this incense for use, as it is too likely to rebound on the user.

CROWN OF SUCCESS INCENSE (*Corona de Exito*)

Benzoin, Lotus, Frankincense, used with a simple ritual prayer will push aside those who hinder your rise to success. It will help stop evil talk and slander, and stop bad vibrations or the envy of your co-workers from affecting you.

Light three white candles in trinity (An equilateral triangle) and burn the incense in the center. Make a sincere prayer for freeing yourself from any negative influence that hinders your success in the world.

CRUCIBLE OF COURAGE (*Crisol de Valor*) A ritual giving people the courage to face difficult situations. The oil is used to anoint purple candles, which are burned with a mention of the particular difficult, frightening, or dangerous situation the person is facing. Millet seed is ground in some sesame oil to make the anointing oil for the candle. The incense is finely ground tobacco powder, like snuff, with a small bit of honey added, burned on charcoal.,

CUBEB Seed (BERRIES) [*Cubeba officinalis*]

[#1734] {*Piper Cubeba*} Java Berries A pungent, aromatic, spicy flavored seed, usually picked when unripe. It is used both medicinally and in cooking. Used medically as a mild stimulant and Stomachic.

In magic it is used for its blessing and protective influence, in the same manner as Guinea pepper, with which it is occa-

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sionally confused. Used in love potions, incense, sachets and charm bags. Although cubeb smells better than guinea peppers, they are less effective magically as an incense. They may be boiled to impart a pleasant fragrance to the home. The seeds originate in the South Pacific, being exported from Java and the surrounding areas. Often used in commanding or controlling spells, they have some excellent abilities here, but not enough to be as useful as Hi John the Conqueror (Jalap). They are better in love spells than in strictly controlling work.

CUCUMBER (Echinocystis Lobata) [# ?] (Cucurbita Aurantia) [#793] The seeds are a natural Psychedelic. The peeled seedless fruit is rich in Potassium, and is often used in weight loss diets.

CUMMIN Seed (Cumino) (Cuminum Cyminum L.) [#798] Curry Powder Burned as incense to insure fidelity, and to break curses. For peace in the home the seeds should be soaked in water for nine days, and the water used as a sprinkle in the home. The effect of the incense is doubtful. Ruled by Venus it is used in love potions. Its best use is to form and hold relationships, thus it is used when a marriage or a family spell is required, rather than just a love or lust spell. A Veterinary drug.

CUPID (Cupido) Another love perfume, this one is made of gum mastic and copal in alcohol, with the scent of your choice added.

CYCLAMEN [# ?] Known as the Love plant, it is said to promote a lasting marriage if the living plant is kept in the bedroom.

CYPRESS See Chypre The oil is used for financial increase. The wood is used in making magic wands. Supposedly one of the best money oils there is.



D

DAFFODIL (Narcissus Pseudo Narcissus) [#1558]

The bulb is used in black magic as a sedative and a mental paralyzer. It is used in a controlling spell similar to the Santeria spell of Suestro.

DAMASK ROSE INCENSE Same as Rose Incense.

DAMBALAH The Male principle of the Universal Life Force in the Voudon religious practice.

DAMIANA LEAVES [Turnera Aphrodisiaca]

[#2347] A herb specifically used to improve the sexual function in both men and women. It is quite valuable in clearing away both mental and physical sexual difficulties. Very cleansing to the aura, especially freeing the aura of sexual problems or imbalances. It should be taken by any man past forty as a daily dietary supplement, along with Saw Palmetto to assist in maintaining the health of their sexual organs, as it both balances the female hormones and, assists in preventing male prostate difficulties. A slight stimulant, when first taken. Long-term users, especially those who use it for more than six months,

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find that it is strengthening to the reproductive organs in both sexes. (#2347 *Turnera Diffusa* is a natural psychedelic.) Used magically both as an aphrodisiac and as a good luck and love charm.

A domestic good luck charm involves placing some *Damania* herb in wine, and letting it sit for some time, say three or four hours. The wine is then sprinkled outside the front and back doors of the house. This is said to prevent domestic discord. Another version says that it will cause a wandering lover to return, if it is done for twenty-one consecutive days.

DAMNATION POWDER This powder is used magically to lay potent curses. The following ingredients are ground to a fine powder in the mortar:

Three parts of Ferric Ammonium Sulfate, one part red Iron Oxide, one part of Brimstone (Or flowers of Sulfur) and a half part of *Asafetida*.

The powder is prayed over and either placed on the person to be cursed, or placed where the person will walk over the powder. It may also be sprinkled on a burning negative incense while the name of the person to be cursed is repeated nine times and the prayer of the curse is being read aloud. The odor of this incense is strong, as is the vibration that it places in the room. You will probably wish to do this out of doors.

DANDELION Leaves and Root [*Taraxicum Dens leonis*] [#2265] Used as a blood cleanser and a mild diuretic. It is also used as a stomachic, and in stimulating the liver. Helps eliminate skin diseases.

The root may be carried to make wishes come true. (Sew in a charm bag and wear around the neck.) The tea is supposedly used to induce clairvoyance. The tea is sprinkled on the floor of meeting rooms to make people more harmonious. The juice of the crushed plant is used in head washings, supposedly to make the person become more social. The leaves, especially fresh leaves, are used in salads; and infrequently in food offerings to the Orisha and Voudon Loa.

D

DATURA See Jimson Weed [#845] A narcotic, and poison. The fumes of the leaves are used in treating asthma. The salve of the leaves is used as a burn ointment.

DEER'S TONGUE Leaves Oil (*Liatris Odoratissima*) [#1336] **Vanilla Leaf** The leaves are used in medicine, the oil in massage, perfumery, and in giving blessings and laying curses. May be used to produce disruptive changes in the astral realms. Works well for changing people's minds. May be used to make people speak freely of things they should not talk of at all.

DEMONS Just as all religion have their saints, and holy men, if only the founder of the denomination, all religions have their demons as well. This is generally referred to as Goetic magic, and is a field of magic all its own. The worship of these demonic forces is known as demonolatry.

DERECHO The payment made when entering a graveyard, taking dirt from a grave, or leaving a graveyard. The payment must be made to the 'Owner of the Cemetery,' who is viewed as the spiritual force that makes it possible for you to leave with no more spirits around you than you came with. This payment is usually a number of pennies, or a cigar. It is dependent on the specifics of the particular initiatory religious or magical practice.

DEVIL (*Diablo*) An incense that is supposedly used to contact the various demons of Hell. Made from Sulfur and *Asafetida*, which has been mixed together and allowed to stand for a month or so.

Myrrh may be added to bring these demons closer to the person, or even to allow them to be summoned to visible appearance. Use the incense liberally, as it usually requires several tries to conjure up most of these demonic forces.

DEVIL MASTER INCENSE Used to gain psychic

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power over those of the opposite sex the person desires. It is a lust incense, not a love or relationship incense. Colchicum root and Vervain make the incense. Use it to fumigate a trace of the person, while making a prayer for domination over them.

DEVIL'S CLAW (Harpango Procumbens) [Unknown] Arthritis Root The secondary root, or tuber, is usually preferred. It is used as a systematic general physical tonic, and is added to other tonics as a strengthener.

DEVIL'S SHOESTRING (Colodon Diabalo) [Tephrosia Virginiana] [#2276] The Hoary Pea or Goat's Rue. Used in magic to gain worldly, or material, power over another person, it is used magically for its persistence in effect.

One of the most famous Hoodoo or Voodoo roots, Devil's Shoestring is carried for luck in gambling, for protection, for overcoming others, and for many other things. You may prepare small pieces of the root, and carry them in a red charm bag along with other herbs. It is also scattered around the room for the same purpose.

Power over others is usually accomplished through the well-known devils shoestring spell. Camphor, pieces of Devil's Shoestring herb, and Whiskey are placed in a small bottle and mixed well. The mixture is then prayed over. The magician rubs the finished solution on their hands. The person who contacts the magician's hands then becomes obedient to the magicians desires.

The oil is made with a piece of the root in a bottle of mineral oil. It must sit for some time, usually several months for the oil to acquire any power from the root.

The perfume (Scenta De Diablo) is made from several pieces of the Devils Shoestring root placed in a bottle of alcohol and steeped for a month or more. Alcoholic perfume diluant is better if you really wish to use this as a perfume. The completed perfume has almost no scent, but it will give you a commanding vibration.

D

DEVIL'S SNUFF POWDER Used to keep people from interfering in your affairs, and out of your business. It may be placed on your body, or among your private possessions, but it must be prayed over asking for what you want for the best effect. The powder is made of:

One ounce devil's stinging leaf, ground to a fine powder, one ounce red (Capsicum) pepper. This powder is usually diluted 100:1 with Talcum powder,. If you dilute the powder, mix it well and let it set for at least a week or so before using it. Only a bit of the powder is ever required.

DIGITALIS (Foxglove) A regulated narcotic, it is used to tone the heart. Famous as one of the plants that modern medicine learned about from rural herbal healers, it is now quite difficult to obtain.

DILL (Eneldo) Seed Leaves (Weed) [Anethum Graveolens] [#192] A nervine, it is used in love potions. The leaves are used as a salad garnish. A tea of the seeds assists in curing hiccups. The seeds are steeped in strong hot wine to make the love potion. It may also be used to counteract negative magic. The seed is used magically to 'put the spirit to sleep' when negative work is to be done on the person.

Supposedly adding a few of the seeds to bath water will make people feel drawn to you. My tendency would be to make up a regular spiritual bath of the seeds

DIRT AS MAGICAL POWDERS Many dirt's have gained a reputed power of their own, as we may see in the case of the well-known graveyard dirt (which see). There are some other dirt's, or earth's, also used as powders. Below are listed the more popular of these dirt's.

Earth (or dirt) from four street corners, (Or in another case, from seven street corners) Used in Santeria and other African based spiritual practices. If the dirt's are from the corners of

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four streets in the same city, they may be used to make someone move to that city.

Earth of El Monte or dirt collected from a mountain top.

Earth of the Forest, collected from the deep forest, it should be a deep rich black soil. Used in fertility and crop spells.

Earth of the Plaines, collected far from any group of trees, and from a lonely place, this earth is dedicated to "The Lonely Soul," and may be used in prayers dedicated to this dangerous spiritual force. (This is not 'The Lost Soul,' it is a different, but equally dangerous, spiritual force.

Earth (or dust) from four banks, used in money spells.

Earth (or dust) from a prison. Also earth or dirt taken from four jails, used in court spells.

Earth (or dust) from a place of women. This dirt is usually taken from a convent or the dormitory of a woman's school. Considering its usual magical use, it should probably be taken from a brothel.

Earth from an Indian cemetery, supposedly very powerful stuff indeed.

Also see Goofer Dust, Powders of the Dead, Graveyard Dust.

DITTANY OF CRETE (Origanum Dictamnus)

[#1617] Medically used to promote a speedy childbirth, like Pennyroyal. It should not be taken by pregnant women, as it may cause an abortion.

It is still another herb to be mixed with food or drink to kindle love. Formerly used as an incense, where it assists in material manifestation. It is presently hard to find.

DIVINE (Divino) Benzoin will assist a reader in reading for someone. Make it up in an alcoholic form, or with perfume diluant, and annoint the temples before doing a reading.

DIVINATION In magic the process of the diagnosis of a person's supposed difficulty.

D

Divination has been well known throughout all human history, as but one example, Reginald Scott in his 1584 'Discoverie of Witchcraft' describes one process of divination with the bible as: 'Popish priests ... do practice with a Psalter and keie (key) fastened upon the 49th psalm to discover a thief. And when the names of the suspected persons are orderlie put into the pipe of the keie, at the reading of the words of the psalm ... the book will wagge and fall out of the fingers of him that didst hold it, and he whose name remained in the keie must be the theefe.'

This form of divination is known as Bibliomancy, there are several chapters and verses of the bible at which the key may be placed to produce this result.

All spiritual practitioners must be expert in at least one form of divination, as well as being able to read the auric field around a person.

DOGS MERCURY (Mercurialis Perennis) [#1484]
Ruled by Mercury, this herb is a deadly poison.

DOGWOOD BARK (Piscidia Erythrina) [#1740]

Jamaica Dogwood An acrid sedative and narcotic. Used as a fish poison.

DOGWOOD BARK (Cornus Florida) [#746]

Virginia Dogwood The bark and twigs are used as a palo (Palo Emborrachador) It confuses spirits of the dead, and thus makes an excellent sprinkle in water or alcohol. Used in baths, washes, and as a blow powder. Used in charms to work against another person without their knowledge.

Used in cleansings to remove spirit influences. The twigs are used as palos to confuse people, usually prior to Suestro. A tea made of the flowers makes a fair tonic for female complaints.

DONG QUAI (?) [#?] Primarily used for

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women's problems, it has a very long history of this use in the orient, where Ginseng is generally used as a food supplement for men, and Dong Quai is used for women.

The herb has a beneficial effect on the female reproductive system, in particular it stimulates and balances the flow of the female hormones. Chinese Ghost workers, when dealing with what they refer to as grandmother ghosts also use a cup of the tea as an offering to the 'Grandmother Ghost' as refreshment when the Ghost worker is speaking with them.

DOUBLE ACTION (Doble Accion or Doble Efecto)

An expediter added to spells to make them work faster. Usually the toxic red Mercuric Oxide, which works best. Toxic yellow mercuric oxide or toxic white mercuric oxide is also used for this purpose. These mercury compounds must be used carefully if at all. A little of them goes a long ways. Do not use them in any incense, as the fumes are toxic, just as the compounds are toxic to the skin. I do not recommend their use under any circumstances.

DOVES BLOOD INK A permanent red ink, best

made from crushed poke berries. Used for writing spells of love, affection, and desire.

DRAGONS BLOOD Gum Resin (Calamus Draco)

[#454] (Sangre de Dragon) An astringent, the solid reed of gum resin is pulverized and used in making bath salts and incense. The powder of the reed is an excellent banishing incense. It may be used to draw all kinds of negative influences from a person. The incense must be used outside, or at least in a room with the windows open. It can transfer negativity from one person to another if it is burned in a closed or confined space. The fumes drive off forces that need to dissipate. For this reason the oil, made from dragon's blood powder and mineral oil, must not ever be used for candle anointing.

D

Dragons blood oil may be used as an anointing oil on a person who has been jinxed or crossed. They should be anointed with a prayer of blessing, preferably after a full spiritual cleansing. The powder is supposed to draw good luck when carried.

The dragons blood reed is also used as a paint to draw sigils and symbols in ceremonial magic. It is also supposed to be used as a charm against impotency, by placing it under the bed. I doubt this use.

DREAM PILLOWS These are small pillows stuffed

with Mullein herb leaves. They are used to promote dreaming in those who wish to learn from their dreams.

DROPWORT (Oenathe Phellandrium) [#1595]

Water Fennel This narcotic plant has been used in treating lung ailments.

DULSE (Rhodymenia Palmata) [#1934] This

seaweed is used in wind and water spells, as well as in love potions.

DUME (Or Doom) Incense An incense used for

gaining revenge on your enemies. Used in a "Doom" ritual in which three black candles are burned in trinity (An equilateral triangle). The incense, which is burned in the center of the triangle, contains a pinch of graveyard dirt, a teaspoon of millet seed, a teaspoon of sesame seeds, and a pinch of sea salt.

DUME means 'Death Unto My Enemies.'

5

E

EARTH ALCOHOL (Alcohol Mundo) Used for gaining favors from the elementals. This is 151 proof alcohol to which has been added either some herb or shavings of a palo. The herb used, or the palo shavings, have been selected signifying the intent desired. They have been prayed over by the person making this alcohol, for whatever it is they desire. Once prepared, the alcohol is given to the earth elementals. This is more of a ritual than a product.

EASY LIFE (Vida Facil) This is a perfume made with Jasmine available in an oil, bath or water that is used to calm out a person's life. They should take three baths of this kind, over three days, and then wear the perfume for about six weeks. This is appropriate when someone's life becomes too difficult for him or her to deal with. However, it is only a temporary solution.

ECHINACEA (Echinacea Purpurea) [#?] Missouri Snake Root Often called the herbalist's antibiotic; Echinacea is useful in treating all kinds of minor infections. It increases the

E

functions of the natural immune system, and is good to use for reducing any inflammatory or swelling disabilities. Used in cases of colds, flu, infections, and similar difficulties that are not chronic. Used as a supplement to maintain good health in the cold and flu season, it should be taken daily every other week.

EGYPTIAN BODY This is an incense made of Natron, Frankincense, and Honey, which is used as a memorial for the dead. Frankincense three parts, Honey two parts, and Natron one part. The mixture should digest for at least three months before it is used, to be certain that the components are blended together. It has what can best be described as a distinctive odor, so do not use very much of it.

ELCAMPANE [Inula Helenium] [# 1221] Mix the dried powder of the root with Vervain and Mistletoe berries to make the ancient true love powder.

Used medically for lung congestion. This is another love powder that is supposed to be added to the beloved's food or drink. Ruled by Mercury.

ELDER Berry Flowers, Leaves and Roots (Sambucus Nigra) [?] The flowers leaves and roots are used in cases of nasal congestion. Ruled by Venus, it is used to bless or curse as a blow powder. The berries are powdered and used as a protective in the corners of the house. Discouraging to negative spirit forces in the home.

ELEPHANT (Alephante) Oil This is an oil sold to be used to anoint those small plastic elephants that are used as charms. It is just a clear mineral oil as far as I can tell. The oil is also sold to be used for other things.

ELM Bark To stop slander. - Write the name of the one who is slandering you on a piece of elm bark and place it in a small cardboard or wood box. Bury the box somewhere it is unlikely to be disturbed.

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ENCHANTMENT (Encantamiento) Vervain (Which

see) is known as the enchanters herb. It has a long reputation of being the magician's best aid and steady friend. The herb takes a prayer and holds it well. It will go both ways in response to a serious prayer.

ENCHANTERS NIGHTSHADE (Circaea Lutetianiana)

[#640] This herb is used exclusively for occult purposes, as it is considered to be Circe's plant. As such is used in all manner of spells and rituals.

ENDING OIL An oil used to end or terminate

things, usually made from Van Van oil.

The following ending ritual is a common one: Write out the condition to be ended briefly on a piece of paper. Put the paper on a white plate, now make three crosses on the plate with red food coloring. Wash the crosses off of the plate with the ending oil, while praying that the condition of situation be ended. make certain that the crosses dissolve into the oil. Save the oil, which now has the coloring in it. Put the plate and the paper into the garbage. You may now use the oil to bring an end to the condition in any way you wish.

EPHEDRA (Ephedra Sinica) (or equisetina) The

stems are used for the relief of asthma and hay fever. The domestic herb is Ephedra Nevadensis.

ERYNGIUM (Eryngium Maritimum) Sea Holly

[#929] The root is used. Aids in suppressed menstruation and in urinary disorders. Used in some love potions, it is ruled by the Moon.

EUCALYPTUS Leaves (Eucalyptus Globulus)

[#944] Used for sore throats, bacterial infections of the lungs, and as a flea and fly repellent. Used as a healing herb, it keeps

E

astral negativity under control. An antiseptic herb, the tea is a cleansing sprinkle.

It is said to be protective, but I have no experience of its protective qualities. The bath is calming and healing, as well as mildly cleansing. The leaves are often put into the pillows of those who wish to avoid illness.

EUPHORBIA (Euphorbia Hirta) [# ?] {Euphorbia

Pilulifera} Also known as asthma weed, it is a remedy for coughs, bronchial or pulmonary disorders, and paroxysmal asthma. (Euphorbia Ipecacuanha) [#973] The bark of the root is an emetic, known as Wild Ipecac. Used in Dropsy. Used as a casting powder, but it does not take a magical charge very well at all.

EVE OIL A powerful aphrodisiac, made of the woman's

own sexual fluids which are added to the perfume of her choice. The perfume is then ritually worked by the spiritual practitioner or magician, and returned to the woman. The woman must use it sparingly and with great care.

EVENING PRIMROSE (Oenothera Biennis)

[#1596] The bark and leaves are used in relieving asthma and whooping cough. An astringent and sedative. The oil is good for postmenopausal women to stabilize their hormonal level.

EVIL EYE (Mal Ojo or Mal de Ojo - Malochia)

Perfume oil made in the name of the person who is to use it to protect themselves from the evil eye. Usually bluish in color, made of mineral oil. The person places a bit of the oil on their hands each day for seven days to grant them protection from the evil eye. The protection, once gained, will last from six months to a year.

EYEBRIGHT [Euphrasia Officinalis] [#980]

Ruled by the Sun in Leo. In Christian lore it is the herb of the archangel Michael. The leaves are used as an eyewash, it is

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made into a tea and used twice daily to wash the eyes to strengthen them. Also recommended for both sinus and catarh. The medical dosage is a teaspoon of the herb to a half pint of boiling water. Brew covered for fifteen minutes then strain and drink.

Slightly astringent, it promotes cleansing. The herb tea specifically strengthens the cornea, or outer part of the eye, and thus assists in developing better vision. Eyebright is also used in developing the astral sight, by following the same practice of twice daily eye washings. Burned as an incense in the bedroom before sleeping it is said to increase the depth and truth of the sleepers dreams.

EXORCISM (Exorcismo) Oil, Incense, and Powder

Many of the products for exorcism are made up for the occasion. These are usually products that have a high vibration, and make haunting or possessing forces and negative spirits uncomfortable. For general exorcism work, Frankincense and Benzoin are good choices as incenses. Avoid using Myrrh, or any incenses containing Myrrh for exorcisms, as it strengthens any astral force involved. The best powders and oils for exorcism are those listed under blessing or anointing.

EXPEDITERS Elemental mercury, and the oxides

of mercury are used extensively in magic as expediters. Red mercuric oxide is actually the best of the mercuric expediters, however all of the mercuric oxides are as toxic as mercury itself. There are several vegetable expediters, celery seed being the most effective one. So-called fern seed, the spores of the king or giant fern, and lycopodium powder are also excellent expediters.

Because mercury and its oxides are a slow cumulative poison, they should not be used. Cinnabar, the ore from which mercury is extracted, is also toxic. There is no way around it, the safe magician will not use either mercury or its ores as expediters in practicing magic.

6

F

FANTASY (Fantasia) Another love oil. Most of the ordinary botanica and occult store oils fit this description, as they contain little in them that can do what they say they will do.

FAST LUCK (Suerte Rapido) Oil, Perfume, Powder

Cinnamon powder, Vanilla bean powder, and powdered wintergreen, the oil is best in a plant oil base. Almond oil probably being the best choice. The oil may be diluted in a perfume oil medium, or the aged powder may be added to a favorite perfume. Not a compelling oil, this increases the attraction people feel toward the person wearing it. The powder is to be applied to the sternum.

FAST LUCK (Suerte Rapido) Oil, Incense, Powder,

Sprinkle, and Floor Wash Used when fast luck, or a sudden change of the atmosphere is needed. This may be any lightening compound, or mixture, such as the above, which may be applied to rid an area of negative vibrations.

However, when faced with this problem, a heavy thought form eliminator incense should be used as soon as possible, to rid the area of the heavier thoughts. Then the entire place

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should be physically cleaned and worked on spiritually. Mint and rum compounds are often used as fast luck compounds, especially in floor washes. If you really want to change the vibration of the place, the more thorough work is much better, as it has longer lasting results. Once you have it cleaned out, to put a new vibration in, use the powder or oil above with a floor wash made of Alkanet root tea added to the wash water.

FAST SCRUBBING INCENSE MIXTURE Used to astrally scrub negative vibrations from a place, quickly and efficiently. Made from brown sugar, dried egg yoke, and a pinch of table salt. Burn the mixture on charcoal, and carry it throughout the place to be scrubbed astrally. It works much better than it smells.

FAST SUCCESS (Exito Rapido) Water, Oil, Perfume

A blend or mixture of honeysuckle perfume and cinquefoil with mint herbs in water, oil, or perfume diluent. In the case of the water or perfume, the herbs are left in the bottle, while the perfume often has a honeysuckle flower in it.

FENNEL Seed [Anethum Foeniculum (Officinale)]

[#1003] {Foeniculum Vulgare} Young fennel shoots are often used as a vegetable. One of the nine sacred herbs of the early Saxons, it was believed to have the power to combat the nine causes of disease. Used as an aid to digestion. Often provided after meals in the middle east and in India, for this purpose.

The tea is a good eyewash, it also relieves the stomach of gas and acidity. Used to increase the menstrual flow. In Europe a sprig of the plant is carried to protect the person from witchcraft. It is also used in love potions, and as an aphrodisiac in wine or strong tea. Venus Rules this useful herb.

FENUGREEK Seed (Alholua) [Trigonella Foenum

Graecum L.] [#2336] One of mankind's oldest cultivated plants, it is used as a spice as well as a food stuff. One of the

F

constitutes of the Egyptian KUPHI or holy smoke used in fumigation's, and in embalming as an incense. The seed powder is used as a yellow dyestuff. The seeds are eaten either raw or boiled, often with honey. The powdered seeds themselves are used to restore the clouded mentation of an individual who is over stressed, or who suffers from 'brain fog.'

Used as a head wash, to strengthen the mentation process. The tea is also used as a stomachic, for settling the stomach and bringing the digestive process back to normal. The tea has a good effect on the throat and the bowels. Makes a good poultice for wounds or bites. Helps to clear mucous congestion. It is a component of almost all of the Voudon and other head washes used in various magico-religious initiations, where it is a specific for clearing the mentation process. Mercury Rules it, as might be expected.

FERN Ferns planted at the front door and windows of a house are supposed to protect the house from witchcraft. My grandmother was a firm believer in this practice, tending her ferns as well as her flowers.

FEVERFEW (Pyrethrum Parthenium) [#1864]

{Tanacetum Parthenium} A good general tonic. Relieves cold and flue symptoms. It is said to protect from sickness and accident when carried on the person.

FIERY COMMAND (Ardiente Orden) Incense This is actually a spell used to reinforce a commanding oil or other formulation which has been prepared for a person.

Three candles are burned in trinity, (In an equilateral triangle shape) around the oil, or other formulation, which has been placed in the center of the triangle. The material is commanded to serve the person who is to use it. Any incense suitable to the nature of the purpose of the product may be burned during this ritual. This is a way of powerfully extending the charge of the commanding oil or other product being prepared.

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FIERY WALL OF PROTECTION (Ardiente Padre de

Protection) This is a spell used to protect a person. This spell uses a small amount of gunpowder, and is usually worked by a spiritual practitioner on a person following a spiritual cleansing by the practitioner. The incense used is usually sage and tobacco, and the person is censured with it.

FIVE CIRCLE (Cinco Circulos) Incense, Oil Said to be

a psychic developer, it is to be used in the bedroom, and applied to the forehead before sleep. It is used only in small amounts. Made from Benzoin in a perfume oil diluent. The incense is straight benzoin, burned on charcoal.

FIVE FINGER GRASS (Mano Pondoroso) [Poten-

tilla Canadensis] [#1808] See Cinquefoil The tea is often used as a hand and head wash before performing Voodoo or Hoodoo rituals. As a head wash it should be used in conjunction with other herbs, usually including fenugreek. The head wash cleans away negative influences, as does the mouthwash and gargle made from this herb. Five-finger grass is placed in a red handkerchief and put at the head of the bed, under the mattress or tied on the bed frame, to ward off evil in the night.

Used in charm bags to assist people in getting their way. Opens communications, making the person who carries it speak more eloquently. It is not a commanding or compelling ingredient. The bath cleans negativity away from the person. To make someone speak his or her mind, place the herb on a piece of paper on which you have written the person's name and pray over it for the effect desired.

FISH BERRIES A toxic seed that is used to restore sexual potency in men. It is not very efficient in my opinion.

FIT ROOT (Monotropa Uniflora) [#1519] Ice Plant Anti spasmodic, nervine. Aids in the reduction of fevers.

F

FLAX Seed (Linum Usitatissimum) [#1364] Used

as a tea to increase the powers of divination. This supposed remedy is of dubious value. The seed has also been used mechanically, to clear the eyes of dirt or mucous. Used to cause fights between married couples. Add to other cursing ingredients in a tea, and sprinkle on their doorstep.

FLEABANE (Erigeron Canadense) [#919] An

astrigent tonic and diuretic, it is used for the removal of curses, as well as fleas.

FLORIDA WATER [Agua Florida] A commercial

product made by Lanman & Kemp Barclay & Co. of Westwood, NJ. This is the best known of the various Florida Waters. The water, actually a cologne, is spiritually cleansing, as it is repulsive to negative spiritual entities. It contains the essence of Kananga flowers, also known as Ylang Ylang, (which see) an oil originally used to hide the odor of paint drying.

FLOR de MUERTO (Flower of the dead) Marigold,

which see. It receives this name because a tea of marigold will strengthen the spirit of the human dead.

FLY (Mosca) Oil, Powder Used to make a person

feel very uncomfortable indeed. It is made from a collection of dried flies, and often other insects, which are ground up and prayed over for the purpose. The oil used is mineral oil. It should be applied to a trace of the person, which is then prayed over for the effect desired.

FLOOR WASHES The following floor washes are

used as indicated: For a residence: Rain water Creosote oil White sugar Cinnamon powder Parsley, (soak a bunch of Parsley in rain water, in the refrigerator, for three or four days. Strain it out before using. Mix up about a gallon of the solution and mop the floors of the house with it.

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For a place of Business: Rain Water, Creosote Oil, Mucha Gente Oil (Many People Oil), White sugar, Parsley, as above, Cinnamon, Jasmine oil, Ammonia, and Camphor. Used as above.

FOOLS PARSLEY (Aethusa Cynapium) [#77] Dog Poison In small quantities it is a stomach sedative. However, it must be used with great caution, as it is poison and a narcotic.

FOOT PRINT MAGIC More common among the African American Hoodoo community than among those who derived their magic from European sources, Footprint magic uses the footprint of someone as their magical 'trace.' In some cases the footprint itself may be 'worked' as in the following spell from the Lancaster, PA area.

To Keep a Trespasser off of Your Land.

Nail the trespasser's feet print with a large nail when you see them walking on your land. Say the following as you push the nail into the earth. "May your body come here no more, but your spirit remain to guard the crop that grows on this land until the body has been seven years dead!

FO TI TIENG (Hydrocotyle Asiaticus Minor) Herb taken as a general tonic, it has rejuvenation qualities, clearing the astral body. It is considered by some to be an aphrodisiac, but its primary function is clearing the astral body.

I have been told this is another herb with the new name applied. It is generally known as FO-TI, which is less expensive than Fo-Ti Tieng. In any event, my source for this herb has dried up, so it no longer matters what it is

FOR A MAN TO LOVE YOU This perfume and incense are used with a ritual to tie a man to a woman. It is a flowery orange blossom scent. The incense has orange zest and Myrrh in it.

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FORTUNE TELLER (Madama or Adivino) Used by those who read fortunes for others to assist them in seeing things more clearly. Tiger balm ointment rubbed sparingly on the temples and the third eye will assist in this effect.

FOUR HOT SPICES VINEGAR A Vinegar used to heat up a situation, or to add heat to someone's life. Made of apple cider vinegar, garlic, mustard, red pepper, and ground black pepper. It may be used to heat up the life of someone whose life is a bit slow by writing their name on a piece of paper with a pencil. Place the paper into a small bottle, add the vinegar to it, pray over this for what you want for the person, and close the bottle. Now bury the bottle in the ground somewhere.

FOUR THIEVES VINEGAR - FOUR THIEVES WINE

(Vinagrec de Quatro Rateros, or Cuarto Ladrones) This is actually an all heal, made from red wine, or red wine vinegar, and garlic. It has an interesting history, which is told below. Magically, it is used in a number of ways, the most predominate one is getting people out of your life. For this use, the name of the person you wish to rid yourself of is written on a piece of paper, and placed in a small bottle of the vinegar. The bottle is then thrown into a river with a prayer they leave your life.

The formula dates from the fifteenth century, possibly even before then, when it first came to light as a healing formula. When the bubonic plague raged through Europe in the 1400's, the number of people dying in a town in southern France so overwhelmed the gravediggers they called upon the municipal authorities for assistance. Four thieves, who had been jailed together, were released on the condition they assist in burying the dead. They served so well at their gruesome task that when the plague passed, they were later pardoned on the condition that they left town and never returned.

As they were being pardoned, one of the magistrates asked them how they had managed to appear to remain so healthy,

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even though they had been burying those who died of the plague. The thieves told the magistrate that they took bottles of cheap red wine, filled them with peeled garlic, and allowed them to stand for a few days, which caused the wine to begin to turn to vinegar. The thieves then drank a wineglass full with every meal. They continued to do this for the three or four months they had been engaged in burying the dead, and for some time afterwards.

Four Thieves Wine Is Made In The Following Way:

A bottle of Burgundy (red) wine is divided between two bottles, and both bottles are filled with peeled and occasionally crushed, garlic cloves. The bottles are placed in the refrigerator or the springhouse (Or the refrigerator) for a week or so. Two ounces of the wine, possibly on the way to becoming vinegar, are taken twice or three times each day.

During the 1917 flue epidemic my grandfather used this mixture on all of his family, including the infants. None of the family became ill, although there were several deaths in the rural neighborhood where he lived.

A wineglass full in the bathtub is a good precaution against malochia. It will only last until the next bath, which is no excuse for not bathing.

FOUR WINDS (Cuatro Vientos) Incense Used to dissipate something, as if you were blowing it to the four winds. This incense contains equal amounts of gum mastic, copal, and frankincense. The expediter for this incense is red pepper.

FOXGLOVE (Digitalis Purpurea) [#863] The leaves are used as a cardiac tonic. It must be used with caution as it has a cumulative effect, and an overdose can be fatal. A regulated narcotic, and poison, it was one of the ingredients of the witches flying ointments.

FRANKINCENSE (Boswellia Serrata) [#405] (In-

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cienso Olibano) Indian Olibanum, or male incense, it relates to the Sun. It is a natural gum resin product, extracted from the tree. One of mankind's oldest incenses, it has been burned as an offering to the gods for thousands of years. Another incense used extensively since ancient times in both religion and magic.

FRENCH LOVE POWDER A body powder of Talc with vanilla powder or perfume in it. The powder has a very good reputation among professional women, who have used it successfully for over a hundred years.

FRENCH OIL (Frances) This is actually an oil used in trade, but I have no idea what it is except that it is a clear oil of low viscosity.

FRIENDSHIP (Amistad) Incense, Oil - Try burning a little bit of cinnamon and coriander in your home before friends arrive. An oil of these herbs also works well in making friends and acquaintances.



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GALANGAL [Alpina Galanga] [#116] Chewing

High John (De Galingale) The root is used. The powder of the root is to be burned every night for fourteen nights before going to court. Save the ashes in a chamois skin bag, and take the bag to court with you. It makes for a more favorable verdict from judge or jury.

Used as incense in ritual and ceremonial magic, the root is also a well-known middle eastern and oriental seasoning. The root is sometimes carried as a good luck charm.

GALBANUM (Ferula Galbaniflua) [#997] Gum

Resin A stimulant and resolver used in the treatment of hysteria. Gum Galbanum is used in incenses as well, where it affects the mentation. See also Goats Rue, (Buron Galbanifera) [#422] Galega Officinalis.

GATHERING HERBS One of the reasons for finding the planet ruling an herb is to effectively time when it is to be gathered. According to the 17th century astrologer Richard Ball, ... : "It is also necessary that the Planet governing the herb you gather be the ruler of the day, as well as the ruler of the hour.

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For example: Suppose you gather herbs governed by the Moon, Monday being assigned her government, that day is most proper to gather her herbs in, having regard to the Hour she rules the same day, which is every Monday at Sunrise. The like you may observe of all the herbs gathered by the planets,"

Richard Ball, Astro - Physical Compendium, London 1697 (Ballantrae undated reprint Page 112.

An excellent traditional resource in this regard is Culpepper's herbal.

GARDENIA Oil, Perfume, Floor Wash, Water, Spray,

Sprinkle Used to improve a marriage or other sexual relationship. It has a very good reputation in this area. All of the above products are made from the (usually artificial) essential oil.

GARLIC (Ajo) [Allium Sativum L.] [#105] Ruled by

Mars in Aries. Garlic is the primary anti infection remedy and heart medicine of the European and Mediterranean herbalist. It is a direct blood purifier, working to reduce high blood pressure, as well as to remove impurities from the blood stream by strengthening the liver. The bad reaction that many people have to garlic is an indication of their need to purify their blood stream. Crushed and rubbed on the soles of the feet, it will reduce the highest fevers.

To keep money in the house, burn the skin covering garlic cloves in the kitchen fire, or on charcoal if you don't have an open fire in your kitchen.

As a bath, or head wash, garlic will remove stuck conditions, minor crossings, and mental blockages, from people. As a tea it assists the patient in recovering from any illness, but it is especially good for internal disorders, such as ulcers of the stomach, throat problems, and intestinal inflammations of any kind. It will also assist in conquering colds or the flu. It also increases the perspiration and urination. Three cloves of garlic a day is the usual dose recommended. This dose will guarantee you privacy if nothing else.

Garlic is the primary ingredient in four thieves' wine or vinegar. (Which See) It has to many uses in magic to mention. In general it is used to ward off evil and keep malefic forces away.

Garlic is also an ingredient in a number of incense formulas. Aligned with Mars in Aries, it removes heavy thought forms wherever it is burned. A blend of Garlic and Onion powders is often burned to clear areas of heavy negativity. Equal parts of Garlic, Dark Brown Sugar, and Coffee will remove the heaviest and most depressing astral thought forms from the place it is burned. For the purification of a house, an incense of peeled garlic cloves, Myrrh, Benzoin, Bay Leaves, and Brown sugar is burned. Garlic is so often used in folk magic and healing that there have been many books written exclusively about its use.

GENTIAN Root (Gentiana Lutea) [#1050] Also

called Baldmony. A calmative, and aid to digestion. It brings on menstruation, and should not be used by pregnant women. Ruled by Mars.

GERMICIDES The oils of Cinnamon, Clove, Garlic, Oregano, and Sage, all have germicidal properties.

GET AWAY POWDER To be sprinkled in the path

of anyone you wish to stop bothering you. The powder will turn people away on contact. Place a pinch of the powder on window ledges, and on the front doorstep to discourage people as well.

The powder is made from two parts flowers of Sulfur, one part Red Cayenne pepper powder, a pinch of Asafetida, and five parts of powdered Arrowroot. Pray over this powder, after mixing, and then let it sit for several days. Make the prayer again, as you apply the powder to where you wish to place it to discourage others.

GHOST MONEY [Hell money] In oriental practice,

especially among the Chinese, the departed are given 'Hell Money,' which is often physically spread around their grave site. Alternatively, it may be burned to them for their use in the other world. In some cases the offering of food and drink to the departed, along with this so-called 'Hell Money,' is made. The most active of these spirits of the departed are said to be 'hungry ghosts.' In hungering for their earthly experiences they find their greatest suffering.

GINGER Root (Jengibre) [Zingiber Officinale

Rose.] [#2463] Ruled by Mars. Ginger root is a primary body heater, stimulating the triple heater meridian of the acupuncturist. It may be taken either as candied ginger, ginger tea, or in the form of a ginger pack, or a poultice. As a tea it excites the digestive action and loosens mucus in the throat and the bronchial tract.

Ginger may be used to apply heat to any part of the body, as it quickly penetrates the entire physical system. Ingested as a food it quickly restores balance to a person who requires warmth, or a better energy flow. The tea and ginger jellies or candied ginger should be given to someone with low body temperature (Hypothermia) as soon as they can eat. It relieves upsets, gas, and general stomach discomfort.

Its most popular use is as an anti nausea medication for motion sickness. One gram of ginger powder will relieve nausea in 80% of the human population with no side effects at all. It is also useful to thin the blood, something that requires about five grams of the powder, per dose, in five doses, each day. This treatment is continued each day for several weeks until the proper clotting level (by test) is reached. It will assist in opening up blood flow to the minor capillaries of the body as well.

GINGER JELLIES

2 Oz Gelatin 4 1/3 Cup of granulated Sugar, 8 Oz Fresh Ginger, peeled, coarsely chopped. Powdered sugar for rolling the finished ginger candies in.

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Soften gelatin in two cups of water. Add sugar and allow to warm, stirring with spoon until sugar dissolves. Increase heat and bring to a boil. Add ginger. Reduce heat and boil steadily for fifteen minutes. Let stand for ten minutes, then pour through a strainer into a prepared oiled 8 inch square pan. Let sit for 24 hours. Cut ginger jelly into cubes, and roll in powdered confectioners sugar. Will keep in a plastic container for about two months.

Magically, ginger is a catalyst, when added to incenses it will enhance the effect of the incense, making it work more quickly. While it is almost always the smallest part of any spell by volume, it is an expediter and a catalyst that will assist in promoting the action of any incense, or herbal spell. It may be used in baths as well, along with other herbal ingredients.

Ginger, Crystallized - Sugar coated Ginger slices. Used primarily as a foodstuff. May be added to larger ritual bonfires to summon spirits to watch the ritual.

GINKO BILOBA [Salisburia Adiantifolia] [#2008]

A more recently popular herb, Ginko Biloba is used in Europe to treat, and gain remission from, Alzheimer's disease and senile dementia. It improves the body's peripheral blood circulation, especially the circulation of blood to the brain and small capillaries.

It aids by supplying nutrients to collagen in the joints, thus is effective in treating some arthritis and rheumatism problems. Because it improves the circulation of blood to the brain, it also assists in relieving anxiety and tension. Short term memory loss is frequently halted after a months use, as are the mood swings associated with senile dementia. This is another herb that must be continued on long term usage to have the best effect. The best results are found after a year's continual usage. Daily dose is 40 mg to 100 mg tablets of the extract, taken three times a day.

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The oil of the Ginko fruit is used in therapeutic massage lotions.

GINSENG [Panax Quinquefolia] [#1649] {Panax Ginseng} One of the most famous trade herbs of both ancient and modern times, Ginseng is taken to increase the body's natural energy.

It is a multi purpose herb, a gentle stimulant, that remains beneficial over many years of use. The Chinese call it the root of long life. It assists in supporting the bodies natural immune system, and has generally tonic benefits on the whole human constitution. It is useful in digestive disturbances, and for the promotion of the appetite. If taken when hot, as in a tea, it will promote perspiration. Used for lung and stomach troubles as well. It has a reputation as a male aphrodisiac, but is good for both men and women. Three to nine grams a day is the usual dose. The tonic is made from the root, macerate the root and steep in brandy for at least three weeks. Drink a wine glass full every night.

GLEDITSCHTA (Gleditschia Triacanthos) [#1073]

Honey Locust The sap contains sugar, cocaine, and atropine. Heavy use of this sap produces a stupor and the loss of reflex action. John the Baptist was said to have lived on this herb. (?)

GOATS MILK Particularly suited to those who are bedridden, or who have poor digestion. It is used to wash the sexual organs to add vigor to them. Used in treating arthritis and inflexibility of the arms and joints by applying it as a compress. It has a slightly higher fat content than cows milk.

GOAT'S RUE HERB (Tephrosia Virginiana) [#2276] Devils Shoestring, which see. Also see Galega Officinalis [#422] (Buron Galbanifera) the source of Gum Galbanum.

GOD FIRE An expediter made of crushed celery

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seed and any other relevant herbs, added to spells to hasten their operation. In rituals it is best burned on charcoal.

GODDESS (Diosa) Each of the many goddesses has their own incenses, attributes, offerings, and so forth. You must know these before you start making offerings or promises to any of them. It is possible to get into a lot of trouble by making the wrong offerings to a deity.

GOLD AND SILVER (Oro Y Plata) Oil Made with real gold and silver foil, along with other ingredients, this oil is used as a money drawing oil.

GOLDEN SEAL Root [*Hydrastis Canadensis*]

[#1177] Used in mouthwashes, and in many other ways, the root has an undeserved reputation for general healing. It is another tonic herb, of which there are a great many. It is a bacteriastatic herb, but not to any great extent. Ruled by the Sun, the root has the influence of Saturn. Best given in tea, it's most effective use is in making an eye ointment. It is sometimes used as a constituent of a prosperity incense. Used with Myrrh to strengthen the mucus membranes and heal ulcerated sores. Golden Seal tea is an excellent floor wash for business places.

GOLDTHREAD (*Coptis Trifolia*) [#729] Used as a mouthwash, and a tea for ulcers. The tea is good for healing canker sores.

GOOFER DUST A frequently used Hoodoo or Root

Working powder. The powder is used in many ways, primarily for cursing others. In some formulations it is only grave yard dirt, (Which see) in other formulations it is composed of grave yard dirt and a number of ingredients, often including snake skin or other parts of the snake. As these formulations are all local, there is no one agreed on composition for this material.

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Powdered spiders and other powdered dead insects are also added to make a 'goofer dust' formula, as are sulfur, red pepper, snail shells, and other ingredients. The powder is used to make people leave the user alone, or to make them leave a particular place, such as to make them leave home.

GOONA GOONA (Golona Golona) Incense Used

to create an atmosphere of trust and understanding in an area, thus bringing people closer together.

Made of the clear copal incense known as Palm or Pom incense. When the incense is burning, light a purple candle and make a prayer for the solution of any difficulty. It is often used for peaceful home prayers, and for solving any marital problems. For meetings, it should be burned before or while the meeting is in progress.

GOTU KOLA HERB [Unknown] [?] A specific

for increasing the clarity of the mental body and revitalizing the nervous system. Gotu Kola must not be taken within four hours of taking Vitamin C. It increases the circulation of blood to the brain, and is an excellent general tonic for the nervous system. It may increase the ability to learn in some people, especially those who have a blocked mentation. Long-term use is required for the best results.

GRAINS OF PARADISE [*Amomum Granum Paradisi*]

[#138] Guinea Peppers, a trade item in West Africa, from where the idea that they were a powerful magical spice came from. Also known as Paradise Seed.

Used in West African, and some South American, cooking they are usually a substitute for Black Pepper. As a love stimulant the grains are added to food and drink. They are also often carried in a red charm bag for luck, with or without other herbs. In some cases they are used to add power to the charm bags. Seven of the Grains of Paradise are steeped in boiling water and used to make a bath for men who are having trouble gaining the attentions of women.

The grains are used in the spell of the two saints, in which a picture of St. Peter is put at the front door, and a picture of St. Michael is put at the back door. Charm bags, containing grains of paradise are placed behind each of the two pictures, to guarantee success in the home. This is called feeding the saints. The charm bags of grains of paradise are replaced about every three months or so.

The peppers may be prayed over and cast upon the steps of a house to break up a home. They are often burned, to protect against conjure and hexes. They are fed to the saints for success, as explained above. To cause harm to an enemy: Scorch a rabbits foot in fire, and place it on a new piece of black cloth. Sprinkle it with Guinea Pepper and graveyard dirt. Place on top of this, face down, a photograph of the enemy, or a piece of parchment on which you have written the enemy's name, backward, in black ink. Fold up the parcel, and tie it with a piece of black twine or yarn. Now bore a hole on the west side of a tree on your enemies property, or as close to his home as possible. Hide your charm in this hole. As the sun goes down each day, your enemy will become weaker and weaker.

To Cause Death By Enchantment:

Place into a jar some vinegar, some Guinea Peppers, a wolf's heart, and the victim's name, which you have written on parchment paper with dragon's blood ink. At Midnight on a Friday Night, light a black candle for illumination and shake the jar thirteen times, while cursing your foe: ____ (Name of Enemy) ____,
I curse thee unceasingly,
May your bones break painfully,
May your mind wander aimlessly,
May your skin rot in agony,
May your heart die of jealousy,

Then bury the jar upside down in the nearest graveyard. Within thirteen days your enemy will perish or will vanish from your sight.

Guinea (Guinea) A series of products are made from the Guinea peppers described above. They are used for a variety of things, mostly for stimulating or starting things.

GRAPE (Vitis Vinifera) [#2440] Grapes are the fruit of the vine, or the fruit of the tree of life. They are symbols of the universal life force.

While the tea of grape vine bark is somewhat protective in baths, the vine itself is used in laying hexes and curses on others. Sun dried grapes are raisins, and are symbols of the Sun. Raisins are used in some ancient religious incense mixtures. (Usually along with honey, and sometimes Frankincense.)

The corkscrew like pieces of the grape vine may be used in love spells. They are dried, powdered, and put into food that the beloved is to eat. They have other uses in magic as well. The charcoal of the grape vine is also used in magic, especially in making magic powders. See Charcoal for their use in healing.

Grape leaf tea is used as a sprinkle to protect a home from hexes. Grape wine is used for this purpose in Temples.

GRAVE YARD DUST or DIRT (Polvo de Muerto, Polvo de Cemeterio) Graveyard dirt, Graveyard Mystic Powder, all of these are correctly made from dirt taken from a new grave, the grave of a lover, or a parent. The dirt is supposed to have some connection to the spirit of the person buried in the grave, but often does not have any connection to any spirit at all.

True graveyard dirt, or cemetery dirt, is just dirt taken from a cemetery. Unless you have taken the dirt yourself you have no real assurance of its provenance. Even then, the power of

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the dirt is of dubious value, unless you have tied a spirit to it for some purpose. This is not as easy a task as it sounds.

It usually involves giving the spirit whom you wish to tie to the earth an offering, usually of liquor, such as whiskey or rum. In some practices the location on the grave from which the dirt is taken is important as well. Some authorities say it must come from the head, others the feet. You can take your pick. Another reason to gather your own graveyard dirt!

Graveyard dirt may have other things added to it, to complete the spell such as herbs, feathers, snakeskin, or powdered bones. In the initiatory African Palo practice it is considered to be a very powerful material indeed. The Palero usually connects the spirit of a dead person to the graveyard dust they use.

GRINDELIA (*Grindelia Robusta* [#1103] or *Camporum* [?]) Gum Plant An expectorant and sedative as well as being excellent for the treatment of bronchial problems. Used in treating Asthma.

GROUND PINE (*Lycopodium Complantatum*) [#1404] A stimulant and diuretic. It strengthens the nerves and relieves aches and pains. Good in the treatment of rheumatism and female complaints. As it promotes menstruation, pregnant women should never take it.

GUARANA (*Paullinia Sorbilis*) [#1674] The extract of the seed is used, it is a nervine, a tonic, a slightly narcotic stimulant, and supposedly, an aphrodisiac. It is excellent in treating nervous headaches and fatigue. (var. is *P. Cupana*)

GUAR GUM Used to promote weight loss. The gum supposedly swells in the stomach to give a feeling of fullness. It is not recommended for this use.

Guar gum is also used as a mucilaginous agent, in mixtures of various kinds, such as Pembas, baths, and spells. It may be added to various magical body powders as a strong tea. The

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mixture is then dried and reground. This will make the powders adhere to the body better.

GULTA A region on the North Carolina Atlantic Ocean Seacoast which developed an African American 'root working' practice all its own. This area also produced the 'cake walk dance,' as African Americans were forbidden to dance rapidly there. Thus their dance pattern became a kind of shuffle. One of the more interesting places in America to visit.



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HAITIAN OILS Most of these oils, powders and so forth do not come from Haiti, they have only received that name because of the reputation of Haiti as a "Magic Island." Haitian Gamblers Oil for example is often just Red Palm oil, used as an anointing oil to end a streak of bad luck. A Haitian Hougon whom I spoke with had never heard of it, although he was familiar with the red palm oil, which he used in his cooking.

HAWTHORN BERRIES [Crataegus Coccinea] [#771] {Crataegus Oxycantha} Used as a tonic for the heart. The tea of the bark and leaves is also used in a floor wash, to purify the ritual area before some Voodoo ritual work. The tea is used to purify homes as a floor and wall wash. It has a good effect. The berries are edible.

HAS HANNA (Tiene Hanna) A gardenia essential oil based product used to hold a mate. Gardenia essential oil added to talc is effective for this purpose.

HAZELNUT (Corydalis Avellana [#761] or Corylus

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Americana [#760]) The Celtic nut of wisdom. Those who desire mental stability, calm, or insight into difficulties may use it. This is particularly beneficial for working with mundane worldly conditions, rather than theoretical or intellectual conditions of any kind.

HEAD WASHING COMPOUND In the Voudon practice part of the initiation is a formal head washing, which is to clear away all obscurity from the person whose head is being washed. Many other practices have the same format, although washing the head is not always done as a part of the initiation ritual. The following head washing blend may be used in head washings, to clear a person's mentation. The difference from the initiatory head washing is the intent, and what events precede and follows this head washing. This is not an initiation head washing.

- 1 teaspoon crushed Fenugreek seed
- 1/2 teaspoon Cinnamon powder
- 1 Oz. bunch of fresh Watercress, torn apart
- 1 Oz. bunch of fresh leafy (Italian) Parsley, torn apart
- 1 Oz. bunch of fresh Regular Parsley, torn apart
- 1 Oz. bunch of fresh Basil, torn apart
- 7 small Garlic Cloves, crushed
- 1 Oz. Bunch fresh Coriander herb, torn apart.

Add the above to a gallon of river water, and let set in the sun for 72 hours to a week. As the person's head is being washed the person doing the washing should pray for the person's spiritual elevation and mental clarity.

HEAL ALL (Collinsonia Canadensis) [#690] Also called Stone Root, and Self Heal, it is a stimulant and a good general tonic. It is also said to strengthen the heart, aid the memory, and clear away minor complaints. Used to improve the memory and clear the mind. The leaves are a vulnerary.

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Also (Prunella Vulgaris [#1828] (Prunella Officinalis) Self Heal The plant is an astringent, but I have not found it as useful as the one above.

Also Valeriana Officinalis [#2388] Valerian All Heal Heal All Herb As a tea it will improve the general health.

HEALING OIL Powder (Curando) Carnation essential oil in perfume oil diluent is particularly useful for nurses, as it keeps them from attracting any miasma of disease. The presence of carnations in the sick room has a cleansing effect, as does the use of carnation scented talc on the patient.

HEALTH OIL A green colored mineral oil used to annoint candles used for healing prayers. It should have a carnation scent.

HEARTSEASE (Viola Tricolor) [#2436] Pansy The plant is said to be a good general preventative for convulsions. It relieves congestion and has a mild laxative action. Ruled by Saturn, it is used in some love spells as a binder of the affections.

HEATHER Herb & Flowers (Erica Vulgaris) [#917] The plant is used as a charm, the flowers as an incense.

HEATHER OIL (BREZO) Heather blossoms or flowers are soaked in Sunflower seed oil for several weeks. The resulting oil has a nice perfume, and is used for vitalizing, as well as general massage and healing purposes.

HEAVY THOUGHT FORM ELIMINATOR An incense made of equal parts of finely ground coffee, garlic powder, and brown sugar. Burned on charcoal to get rid of heavy thought forms and depressing vibrations in the place where it is burned. Good for homes that are full of argument, to rid the place of the

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vibration of heavy emotion, depression, and sadness that remains.

HELLBORE American, White (Veratrum Viride)

[#2398] Also called Indian Poke Weed It is a narcotic sedative, but as it brings on the menses, it should never be taken by pregnant women.

HELLBORE, Black (Helleborous Niger) [#1137]

The root is a poison, a strong sedative, and sometimes was used in the witches 'flying ointment' of the middle ages.

HELL'S DELIGHT A Hexing oil used in laying strong curses. It is made from nine parts of ebony wood powder, one half-part gunpowder, three parts graveyard dirt, then mixed with as much mineral oil as desired. It should be thick, but not so thick as to become a paste. Black candles are dressed with this oil and burned to cause the victim harm. Use this oil with great caution, as the work can rebound on you.

HELONIAS Root (Helonias Dioica) [#1139]

Also known as Star Root, or False Unicorn Used in Root working as a power root.

HENBANE (Hyoscyamus Niger) [#1186] The

herb is a poisonous narcotic. It can cause insanity and should never be taken internally. Useful in some nervous and irritability conditions. It can alter the state of consciousness, destroying the mentation. An excellent sedative but great caution must be exercised. Used in the witches flying ointment of the middle ages.

HENNA [Lawsonia Intermis] [#1314] Used for

hair care since Egyptian times, when it was the foremost hair care product in the Mediterranean world. The ground or powdered leaf of a shrub like plant that grows in the Middle East. Henna is famed for its ability as a dye. Used for the protection

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of mediums. A bowl of water with a pinch of henna in it is used as protection in séances.

Because of its power, Henna is an ingredient in five element charms. A henna bath will restore psychic equilibrium, but the quantity of Henna must be sufficient that its dye action is not over much for the person who is bathing. It is infrequently used in magic as an incense. Adds stability to most incenses, when used in very small quantities. Henna is often combined with powdered ginger for enhancing the effects of incenses.

Henna is available in many varieties today; it should be used for hair care first, as it is not a great general-purpose incense. The ground root powder is a better incense, but it is the juice that is used as a dyestuff. Used internally and externally for afflictions of the skin.

Henna works well as a magical powder. It will accept a charge without difficulty, and it may be mixed with other powders as desired. It will act to influence thoughts, but not as strongly as High John the Conqueror.

The magical effect of Henna, which has been used cosmetically since prehistoric times, was one of the reasons why hair dressing was considered to be a sacred occupation, and was reserved for priestesses, or women who were candidates for the priesthood.

HEMLOCK The drink that killed Socrates? Not from the North American Hemlock tree. [Abies Canadensis #4] The Hemlock Spruce. This tree has leaves that may be used to produce an abortive tea, and a bark useful in tanning leather. It also produces a useful pitch or gum resin.

It is also useful for taming enemies, if you write the enemies name on a piece of paper and tie it to some of the tree bark. Now pray over the combination, and keep the bark and name hidden in a dark and damp place, to place a spell on the one named on the paper.

The fatal hemlock, Conium Maculatum [#703] is a poison narcotic sedative and anodyne. It is good in spasmodic or

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nervous conditions. An overdose produces paralysis and death. It was another toxic substance supposedly used in the witches flying ointments of the middle ages.

Water hemlock, Cicuta Douglassi, [# ?], or Cicuta Virosa, [#614] {Var. Cicuta Maculata}, in its European version, was supposedly another ingredient in these flying ointments. It should never be taken internally, as it causes death in a matter of minutes.

HEXING, Hexing is jinxing, or putting a minor curse on someone. There are no special Hex products that are not also Jinx or Curse products. Hex refers to witch in German. Thus a Hexenmeister is a 'witch master,' or someone who can undo the spells cast by a witch.

HIGH ALTAR (Altar Mayor) (Altar Alto) Used to attract good spirits to a blessed altar. The oil is made with olive oil, benzoin, camphor, frankincense, and myrrh. Allow it to sit for a month before using it for the best effect.

The best incense for this purpose is Church Incense with half as much extra Benzoin added to it.

HIGH JOHN THE CONQUEROR [Ipomaea Jalapa] [#1225] (Jalap) (Juan El Conquistador) The most popular of all of the Gulta root worker and Hoodoo roots. It is carried as a charm, and supposed to draw love. It is also carried for gambling luck, good health, and for money. Used as a major ingredient in many root working spells, it is one of the principle controlling, or commanding, herbs known. Medically, it is an energetic laxative, and must be used with great care.

When carried whole, it is usually kept in a red charm bags. It may be added to a special oil, which is to be rubbed on the hands before gambling. The oil is usually plain mineral oil with some colorant in it, in which pieces of the root have been kept a week or so, usually while exposed to the sunlight.

High John the Conqueror may be made into a water, or ground into a powder as well, but it is always used for control-

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ling people, or situations. The root often forms part of the Lucky Hand Charm, carried to attract good fortune.

The powder is rubbed on the hands for gambling, and on the body for blessings and protection. A useful money powder, and the most useful of all of the commanding powders.

HINDU GRASS OIL Lemon grass in either olive, or more likely, mineral oil. Used for protection. In India it is made from Lemon grass, and often with kerosene.

HINDU OIL Usually Van Van Oil. Used for Good luck.

HOG GUM Palo Conchino Astragalus Tragacantha [#318] The twigs are made into the Palo. The gum is an incense of dubious quality, but it is a viscous and useful gum.

HOLY HERB Pure European Vervain herb. This herb is used as an incense, a bath ingredient, a tea, and a sprinkle. Known as "Enchanters Herb" it has a very great number of uses in all kinds of magic. A bath of the herb is an excellent curse breaker.

HOLY THISTLE (Centaurea Benedicta) [#558] {Chicus Benedictus} Blessed Thistle. A protective tea is made from it and sprinkled around the outside of the house. It is also useful in blessing people.

Steeping the herb in Olive Oil for several weeks makes the Oil.

HONEY (Miel) Books have been written about the medicinal and magical uses of honey. It is the one food that cannot spoil, as it is antiseptic and will not support the growth of bacteria. Potassium deficiencies may be corrected by drinking a teaspoon of apple cider vinegar and two teaspoons of honey in a glass of warm water. This drink also good for reduc-

H

ing the mucous in the throat. Honey is better used for cooking than white sugar.

A useful floor wash may be made from a teaspoon of honey to a gallon of water. Dissolve the Honey in the water. This wash is used to wash away the effects of a curse or negativity after the cleansing has taken place. It is good to wash the front steps of a house, to attract beneficial influences.

HONEYSUCKLE (Madreselva) The plant is good in the garden, especially along fences. The power and perfume made from the essential oil are best used for business places to draw money to a person or place of business. The oil is a mental stimulant.

HOPS Flowers [Humulus Lupulus] [#1169] Used in making beer, it has a calming effect when used as a herb in baths. The tea of the flowers is usually added to other bath mixtures, but it may be used by itself. It may also be burned as an incense, but hops are usually more effective when used in a bath or sprinkle. A herb of Mars, it is used to induce sleep, when the flowers are placed in a pillow. Used medicinally in former times, it is now used only in making beer. Anti aphrodisiac, it is a relaxant and sedative hypnotic which often produces sleep. Sleeping on a pillow stuffed with hops will encourage a deep sleep. It can even cause a mental stupor. The tea should not be taken internally.

HOREHOUND [Marrubium Vulgare] [#1428] It is to be kept near the doorway of a home to keep troubles of all kinds away. A good general floor rinse if you can get it fresh, or find it growing near your home.

A hand full of leaves make the tea, and added to three gallons of water, it makes a good floor wash for placing generally good vibes into the home.

HORSEBANE (Oenathe Phellandrium) [#1595]

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A Water Hemlock. A narcotic that should be used very carefully, if at all.

HORSE CHESTNUT [#75] See Buckeye See

Chestnut - Used to adsorb pain of arthritis, or rheumatism, which it does with a certain degree of effectiveness. The nut is often carried by those who have arthritis or rheumatism. When the skin of the nut cracks, the nut should be discarded.

Ideally, the nut should be prayed over for this purpose before it is given to the person who is to use it. A bowl of these nuts may be used in the sick room as well. They should be washed in cool water every day to extend their ability to adsorb pain. Also see Buckeye and Chestnut.

HORSENETTLE (*Solanum Carolinense*) [#2177]

Excellent narcotic nervine, which has been found good for menstrual problems.

HORSE RADISH Rabano picante (*Cochleria ar-*

morica L.) [#680] The shredded white root stem of the plant is used as a condiment. The chopped new leaves are used as a garnish in salads in the summer. Used to heat up spells in which the emotions are a factor. Not very favorable for love spells, better for lust spells. Best used for spells where anger, lust, and other strong emotions are to be aroused.

HORSETAIL GRASS (*Erigeron Canadense*) [#919]

Also known as Shave Grass, it is used as a healing tea for its silica content. A better remedy is to use gelatin, even in the form of the sweetened desert product. The two have about the same effect in strengthening the nails, cartilage and the horned tissue of the body.

HOT FOOT POWDER Used to lay minor curses, it has the effect of giving the enemy a "Hot Foot." It may be used as a blow powder, or it may be applied directly to the

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body of the person to be cursed, or their trace. The mixed powder must sit seven days before being used, and prayed over both while being mixed, and for each specific use.

Made of one Tablespoon of Hot Chili Powder, One Tablespoon of Mustard Powder, One Tablespoon of Iron filings, One Tablespoon of Patchouli Herb Powder, and One Tablespoon of Ground Musk Root.

A considerably less complicated mixture is made from pure red pepper powder. It is placed on a trace of the enemy and prayed over for the effect desired. It does not last long, and is not really harmful to the person, but it will make them uncomfortable.

Another blend of Hot Foot Powder uses red pepper, black pepper and powdered sulfur. As with many of these formulas, there are any number of them to choose from. Take your pick.

HOUSE BLESSING INCENSE (*Benediction del Hogar*)

Made of Myrtle, Camphor and Nutmeg, this incense is used to fumigate the home. This is done before, or along with, any other work done to bless and protect the home.

For example, the windows and doors might be sealed with Holy Oil, but the house should be fumigated with House Blessing Incense first. This incense seals and protects the house from evil influences.

HOUSE DRESSING POWDER A corner powder

that is to be placed in all of the corners of the house. Discouraging to negative entities, it adds blessing and protection to the house, making people feel more at ease, and more at home.

This powder is made from a quarter ounce of Camphor, an ounce of Myrtle leaves well powdered, and an ounce of powdered Aloe Vera. Pray over it before use and put a pinch of the powder in all of the many corners of the house.

HOUSE LEEK Siempre Viva, or Prodigisa Sem-

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pervivum Tectorum [#2108] Ruled by Jupiter, Domain of Chango. Used in marriage spells, as the plant grows so does the marriage or the relationship. Medically, it is an astringent vulnary.

HUCKLEBERRY Whortleberry [Vaccinium Myrtillus] [#2377] The berries are used as a dye, as well as for bird feed. Make a tea of the sun dried berries, and sprinkle it around the premises to free the home from depression.

The dried berries are good to keep in the sick room to fight despair, hopelessness, and depression, in the patient. The leaves are burned in the bedroom before sleep, to promote true dreaming.

HUMAN MILK Used to promote marriages, as in the two milks charm, where the milk from a mother and daughter are used for this purpose. The different milks regularly consumed by humans include that of the buffalo, camel, cow, goat, horse, sheep, and reindeer. They all have different qualities.

HYDROPHILIA (Hydrophilia Spinosa) [NONE] A demulcent and diuretic. Often considered to be an aphrodisiac, I know not why.

HYSSOP [Hyssopus Officinalis] [#1197] Ruled by Jupiter in Cancer The sacred herb of Judaism, it is used in spiritual cleansing baths and sprinkles. These baths are especially useful for Jewish people who are confused about their religious place, or their religion. A blood regulator, it decreases the blood pressure, increasing the circulation. It kills body lice and helps break up mucus in the lungs and throat. It also expels worms. A decoction of the herb can remove the discoloration from black eyes.

From ancient times Hyssop has been used as an aspergillum for other sprinkles. The plant itself is used for protection against the evil eye. A sprig of hyssop is said to repel evil from wherever it is hung. The tea in a bath is purifying and removes

H

negative influences. The herb will also cut the grease of fatty dishes served at the table. Thus it is good to serve with roast lamb.

Hyssop tea dispels bad vibes when sprinkled around the home, or used as a floor wash. Taken internally, the tea is said to excite the passions. A tea of the herb is often used in purification, or lustral, baths taken before doing certain ritual work. It is often used in exorcisms and purification.

See Psalms 51:7, Exodus 12:22, John 19:29, and Hebrews 9:19, for biblical references to Hyssop.

9

I

IGNATIUS BEANS (*Strychnos Ignatia*) [#2234]

The seed is a bitter, poisonous, bean. Useful as a stimulant, and in the treatment of nervous disorders. Best medically in the Homeopathic dilution. The bean may be used as a protective charm, and can be made into a protective necklace for this purpose.

INDIAN ARROWOOD Same as Wahoo Bark, which see.

INDIAN BALM Same as Beth Root, which see.

INDIAN HEMP, BLACK (*Apocynum Canabium*) [#219]

Bitter tasting diuretic. It is not a narcotic.

INDIAN HEMP, FOREIGN (*Cannabis Indica*) [#486]

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The extract is a Narcotic, antispasmodic, anodyne.

COMMON HEMP (*Cannabis Sativa*) [NONE] Narcotic, used as above, do not confuse with Brazilian Jaborandi Root (*Pilocarpus Selloanus*) [NONE] which is also called Indian Hemp. It is a non-narcotic stimulant.

INDIAN INCENSE American Indians, or Native

Americans are said to have used Sage as their primary cleansing incense. Bundles of sage for smudging are available for this purpose.

INDIAN TOBACCO INCENSE (Tobacco Di Indio)

The commercial incense has little or no Tobacco in it. Plain Tobacco, crumbled from a cigar, or from a tobacco hand is more suitable for the purpose. The fumes have a protective martial vibration.

INDIGO ROOT Anil *Indigofera Anil* [#1217]

The source of Indigo dye, which comes from the root and leaves. The dye is used as an astral strengthener, to build strength in the aura of the people who bathe in it. The root will take and hold a magical charge with great clarity, so some of the root powder may be added to spells, to make their charge stronger. Strengthens the astral fabric. Best used as a bath or wash.

Also Baptisia Tinctoria #349 Wild Indigo Plant.

IRIS (*Iris Florentina*) [#1232] The Greek messenger of the Gods, the plant named after her is the source of Orris root, used in communications with the invisible realms. (See Orris)

Iris Powder is powdered Orris Root, and is used in blessing and protection work.

Iris Perfume Oil is made with Orris Root powder and Iris scent in a perfume base. It increases determination, communi-

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cation, and concentration. Good for wearing on the temples in meditation, especially for beginners.

IRISH MOSS (*Chondrus Crispus*) [#606] Also called Pearl Moss - or Carragreen - A nutrient. Used to control diarrhea, as well as being a cough remedy. It is considered a good luck plant, and is often placed about the house, and under the carpets, to attract good luck and fortune to the home.

IRON FILINGS Used to feed the Lodestone, this material may be purchased by the pound from scientific supply houses. Also known as Magnetic Sand, or Lodestone food, which see.

IRON WEED (*Veronia Fasciculata*, (Var. *Veronia Angustifolia*)) [#2408] The root is used as a bitter tonic. It is used magically to restore peace and harmony to a home, or a place that has been troubled, especially troubled by spirits. If it is prepared in a purple charm bag, it will be useful to assist in controlling others.

IVY [*Hedera Helix*] [#1122] A female plant, as contrasted with Holly, as a male plant. It is somewhat poisonous, but was used in medicine for many years non-the less.

The berries, known as Issue Peas, are an emetic and cathartic. The leaves are a stimulant and vulnary. The decoction tea of the leaves attacks the mentation, and can drive those who ingest it into a furry of madness. The herb is used magically as a protection against evil. The tea is also used to make people mad, but with only variable success, when applied to a trace or image of the victim.

10

J

JABORANDI (*Piper Reticulatum*) [#1739]
(Later: *Filocarpus Jaborandi*) An antidote for atropine. Useful for Psoriasis, and some types of deafness.

Infusion is made with one oz of leaves to one pt. of boiling water. The dose is a wineglass full, (two Oz.) or less, as needed.

JALAP Root Jalop Root See High John the Conqueror. Jalap powder is the powdered root.

JAMAICA BUSH POWDER Used to bring luck while either gambling or investing. Made from undiluted Jamaica bark powder, or Cinchona.

The Water, Jamaica Bush Water, is a tea of the powder used in baths for the same purpose.

JAMAICA GINGER WATER Steep about a cup of ginger sliced into quarter thick pieces in a gallon of boiling water. Allow the water to come to room temperature. The water may be used as an expediter to be added to baths and floor washes,

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about an ounce for baths and two or three ounces for floor washes. It may also be used as a wash or a bath for people who have the chills.

JAPANESE OIL JAPAN OIL (Japones) Japan Oil is an article of commerce used in the paint industry. As volatile oil, it is used in dissipating negative spiritual forces. Rubbing alcohol works as well, and is easier to find. The more volatile oils and fluids, such as Alcohol, Acetone, Paint Thinner (Mineral spirits), and so on must be handled with great care. They are a serious fire hazard.

JASMINE Flowers [Jasminum Officinale] [#1246] {Jasminum Odoratissimum} The oil is used as a calmate in a place where there is excess nervous energy, or mental tension. Add to love spells, and to baths, to calm excited or nervous people. A good relaxing bath when used by itself. Add to love incense when the person is nervous about doing the spell.

The tea of the flowers, or the extracted oil is used. Yellow Jasmine (Gelsensium Sempervirens [#1043]) is used as a calmate, but an overdose causes convulsions and gives symptoms of toxicity.

JERICO Flowers (?) (The Resurrection Plant) Used as a charm in the home or place of business.

JERUSALEM OAK (Chenopodium Anthelminticum) [#591] The fruit of this tree yields the Oil of Worm Seed. Used for hex and spell casting to annoy enemies.

JEZEBEL ROOT [# ?] Used in spells of influence and binding. A controlling powder. It should be held in the hand while cursing your enemy. Then place it in a jar half full of warm water, close the jar and put it away for three days. Throw the jar in a river while cursing your enemy again.

J

The water is made by boiling the root, and is used in a bath by women who wish to seduce a specific man.

JIMSON WEED [Datura Stramonium] [#845] A narcotic poisonous hallucinogenic weed. Ruled by Jupiter, the dried leaves are sprinkled to hide a trail, to conceal something, or to hide someone. Medically, the fumes have been used for treating asthma. This treatment is not recommended.

JINX REMOVING BATH (Remueve lo Malo, or Arasa con Todo) The best material for a curse or jinx breaking bath is Mate herb tea. Place a cup of the tea in a tub half full of water and stay in the tub for six or eight minutes. Air dry on leaving the tub.

JINX REMOVING FLOOR WASH Mate herb tea, as mentioned above, may be used diluted a cup of the tea to three gallon bucket of floor wash water.

Another jinx removing floor wash is made from equal parts of Yarrow herb and Aloe Vera. In some cases a perfume is added. This blend may also be used as an incense. It is a useful floor wash to remove the miasma of an illness from a place.

JINX REMOVING INCENSE Burned to ward off and protect from Jinxes, Hexes, and Curses, it is made from so called musk crystals. This material is often made available in a variety of colors, supposedly for different things. It is usually about 90% colored filler power, and about 10% so-called musk crystals.

JINX REMOVING POWDER (Inside Outside Powder) Usually used to protect against jinxes, or hexes. Placed around the walls of the house, the powder is usually made from powdered Winter's Bark herb, with a martial perfume and red coloring added to it.

JOB (Trabajo) Van van oil is used to help people

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find work. It should be prayed over for the person, not for the job they want. The person applies it to their temples and sternum when they go out looking for work.

JOB BREAKER (Quebra Trabajo) Used to make people lose their jobs, it is made from red (Capsicum) pepper in Van van oil. This also must be prayed over for the person, not for the job.

JOBS TEARS [Coix Lachryma] [#686] Carried for luck. Seven of the tears (seeds) are to be carried in the pocket for luck and general good fortune. For a specific wish, think clearly of what you wish, holding the seven seeds in the palm of your hand. Place the seeds in a charm bag one at a time. Then carry the bag with you for seven days, and your wish should come true.

JOHN'S BREAD Carob St Johns Bread (Ceratonia Siliqua) [#574] The pods are used, they are highly nutritional for both man and beast. Used by singers for the improvement of their voice.

JOY POWDER Another sexual stimulant and attraction powder. Usually prepared as a body powder, with the perfumes added and blended for the effect desired. Made of powdered dry pink rose petals, lilac, sweet pea oil, and musk, in a talc base.

JU JU Oil, Powder, etc. JuJu is the western African word covering all forms of magic, or psychic, power. There is no specific product for this purpose. This phrase could be used to cover all of the products in these pages.

JUNIPER BERRIES [Juniperus Communis] [#1257] The berries are a mild diuretic, little used. May be steeped in wine, and the wine taken daily for increasing the vi-

J

talidity. Used to increase male sexual potency, the berries are added to red wine and allowed to stand for several weeks. A wineglass full every night is the dose. (2 Oz) As a tea it is beneficially used for the eyes, as an aid to the memory, and for the brain. The ground berries are occasionally used as an incense.

JUPITER POWDER Used in efforts suitable to the planetary spirit of Jupiter, usually in rituals performed on Thursday. Made of equal parts of Cinnamon, Clove, and Nutmeg. This may also be used as a money powder, or as an incense.

11

K

KABALA POWDER An attraction powder used in solitary communion with spirits. This powder must be used only in solitude, as it is not suitable for group ceremonies. Used while burning a white candle. The powder is made of Wisteria and Oak Moss powders. This powder has nothing at all to do with the Jewish mystical Kabbalah. It had been named this only to give it some sort of authenticity.

KANANGA [Cananga Odorata] Ylang Ylang, which see.

KAVA KAVA ROOT [Piper Methysticum] [#1736]
The root is said to make an aphrodisiac tea when soaked in hot water. As it is also used in treating gout, this use is quite doubtful. Also said to be a general protection against harm, and to bring good luck if carried. Smells like lilac, it is often used in love charms and sachets.

K

KEEP AWAY EVIL (Contra Lo Malo) Incense

Frankincense and Benzoin, which have been aged together for three months make an excellent banishing incense for this purpose. Fumigate the person who has the problem, and allow them to adsorb the fumes of the incense into their aura.

KELP (Fucus Versiculosus) [#1017] Sea Wack,
when burned in the open air becomes Kelp. Used in food for its iodine content. Formerly used in rush beds, particularly in Ireland, supposedly to keep the sleeper from being psychically attacked at night.

KHUS KHUS [Andropogon Muricatus] Vettivert
[#178] Kus Kus The root is used to make the perfume. It is famous in the West Indies, where it is a popular charm. As a charm the root is carried in a red charm bag for love, luck, and general success.

Used in incense for its sandalwood like odor. The cold soaking tea is said to attract benevolent spirits when it is put in the bath water. The essence used for the tea is extracted by soaking in cold water for three days or more. This root apparently should not be boiled.

KINDLY SPIRIT POWDER Makes people feel sympathy for you and like you. Use in any ritual where you wish to overcome loneliness or gain a friendly shoulder to cry on. Made of Mace and Narcissus, with talc. Good for those who are overcome with self-pity.

KISS ME QUICK A party powder, worn when a one night stand or a quick romance is desired. Cherry blossoms for confidence, Rose Germanium oil for romance, Orris root powder for communications, and a bit of Myrrh to bring the desires to Manifestation. Age the mixture for at least two weeks, and add unscented Talc. Again, age for a month or so before use.

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KNOT WEED (*Polygonum Persicaria*) [#178]

Knot Grass Antiseptic, good for the treatment of cuts and bruises. A vulnary. Magically, it is used in binding spells and rituals.

Used in Bruno's curse, where a doll made with the herb stuffed or placed inside, and the name of the enemy pinned to it on the outside is beaten with a stick while the following is said:

"With this stick I beat you, and break you, and curse you. Oh Great Bruno, help me to rid myself of this person and the thought of him."

Then bury the doll on a Friday night, and leave without looking back at it's grave. (And just who is Bruno? Possibly Dr. Gordiano Bruno, who was burned by the Inquisition?)

KOLA (*Cola Acuminata*) [#687] Cola Nut Kola

Nut A stimulant, tonic, and nervine. Contains caffeine, and makes a good substitute for coffee. Used in making Cola drinks.

The nuts are used in divination in several African divination systems.

KUMARHOU (*Pomaderris Elliptica*) [?] A general

tonic and blood purifier. It is also good for the treatment of asthma, bronchitis and rheumatism. The infusion is made of a half Oz. of the herb to One pt. of boiling water. Dose is a wine-glass full (Two ounces) each day.

KYPHI Incense, Oil, Powder Made from the dried

petals of the Carnation, Lotus, and Germanium flowers. These should be ground together and allowed to rest for at least a week. The ground petals are burned as the incense, added to Olive or Sunflower Oil to make the Oil, and to Talc to make the powder.

K

These products are used as a banishing incense. A bit of cinnamon added to the oil makes it suitable for placing on the cash register every day to draw money to a place of business.

12

L

LAD'S LOVE (*Ledum Latifolium*) [#261]

Southernwood, which see. It is an aromatic and astringent. Ruled by Mercury, it is used in the same way as wormwood, except that its scent is far more pleasant.

LADY'S MANTLE (*Alchemilla Vulgaris*) [#92]

One of the best vulneraries, used for the treatment of wounds. An astringent, it stops bleeding and heals bruises, cuts, and inflammations. Infusion is One Oz. of the herb to One Pt. Boiling Water.

LADY'S SLIPPER Root (*Cypripedium Pubescens*)

[#830] An antispasmodic, nervine, and tonic that calms, relieves pains, and aids sleep. It is good in the relief of female problems. The inner bark is used. It is primarily a medical herb, known as the American Valerian. The tea is used as an anti Hysteric. Used for female complaints and hysteria. Taken in honey water. One drachm to One half pint of water.

Magically, it is used in baths, but to little effect.

L

LAUREL Leaves The kitchen Bay Leaf, which see.

Given to brides to wear to promote a long and happy marriage. Rubbed on the joints to prevent arthritis, to some slight healing effect. A hallucinogen.

LAVA The product of volcanic action, lava is another natural ingredient which has found a use in magical work. Lava that has erupted from a volcano and is collected as dust, usually far from the eruption, is used as a magical expediter. Lava that has flowed and stopped is used to bring things to a halt. The flowed lava is usually powdered for this purpose.

LAVENDER [*Lavandula Vera*] [#1311] {L

Officinalis} Ruled by Mercury, tending more to Mercury in Virgo than Mercury in Gemini. Burned with incense to bring peace to the home. Also said to assist in obtaining love and money. The dried flowers are used in sachets pertaining to love and peace. A mild stimulant, it helps headaches and prevents fainting. Aromatic, the flowers are used in pillows, linen sachets, etc. where it has a distinctly feminine vibration.

In Victorian England it was used as a wishing charm. Lavenbder blossoms placed under the pillow, were supposedly an indication that the wish would come true if the person dreamed of their wish that night.

Induces trances when used as a smoking mixture. Sprinkled on the head to keep the person chaste. As a wash it is said to bring harmony to the home. As an incense, it will assist in dispelling strife and tension. A tea of the leaves is used for nausea and minor stomach upsets.

LEEK *Allium Porrum* [#104] Vegetable food.

The bulb is used in Welsh and Irish Magic as a poppet for healing. The Whole Leek is prayed over and 'worked' in the name of the person to be healed.

LEMON BALM Leaves (*Melissa Officinalis*) [#1464]

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Balm The flowers are used in perfume making. The leaves make a tea used in sponging off the sick to rid them of any mi-asma remaining from an illness.

LEMONGRASS (Andropogon Citratus) [#177]

The oil is used in perfumes, it is a stimulant to the system. Used to relieve indigestion, heartburn, and help in reducing fevers. Also used in any love perfume or oil desired, as it has a fragrance that takes and radiates the magical intent charged onto it.

LEMON Whole, Peel, Spanish Oil (Citrus Limonum)

[#653] Ruled by the Sun and Leo. The peel yields Oil of Lemon, used in perfumery. The whole lemon is used in magic, as well as its parts. A Lemon cut into four pieces is said to bring bad luck on the person who cuts it. Lemons used in magic should always be cut either in half or in thirds. A drop or two of lemon juice in water makes a good eyewash. The Lemon is used to sour a person's life, all of the spells using this fruit are for bringing evil to others, or keeping them from doing evil to the spell worker.

To sour a life, cut into a lemon (Lengthwise) and place inside the name of the person whose life is to be soured, written on a piece of paper, folded in half with some red pepper placed inside the paper. Then wrap the lemon with black thread. Hold it in the icebox or freezer for seven days, then set it out where it will slowly rot.

LEMON VERBENA Leaves (Aloysia Triphylla)

[?] Used in spell casting to increase the power of the spell. Add to rituals for help and success. May also be used to break up lovers, and marriages, by casting it on their doorstep at night. (Pray over it for the effect desired first). Can be used in baths to promote psychic opening.

LICORICE ROOT Palo Dulce [Glycyrrhiza Glabra]

L

[#1077] Ruled by Mercury Sweetwood A perennial plant of the pea family, native to Europe. Helps soften people toward the one using it. Used in a variety of spells for this purpose. Used to calm nervous stomachs. It can be made into a tea, or the root itself may be chewed on. An ingredient of many love powders and potions. It may be sprinkled on the footprints of a lover to keep them faithful.

LIFE EVERLASTING (Gnaphalium Polycephalum)

[#1085] {Also G_ Dioicum} Flowers and Leaves The White Balsam A tea of this herb is supposed to preserve life if the following spell is spoken as it is drunk. "Chills and Ill, Pains and Banes, Do your fasting, and Life Everlasting."

This herb may be used to bring poverty on someone. A paper with their name and trace is wrapped around a twig of the weed. The paper is tied in place with three black ties and two red ties, alternating. It is then placed in the middle of a cross roads at midnight with the desired prayer.

LILLY Flowers All are ruled by the Moon. The

Calla Lilly [#1948] is a symbol of resurrection. The Lilly of the Valley (Convallaria Majalis) [#707] (Ruled by Mercury and the Moon) is a symbol of purity and humility. The Lilly is used for nervousness and heart trouble. It is a communicative perfume, encouraging relationships with others. The Day Lilly [#1140] is a symbol of coquetry. Some lily roots are used for treating gout, but other lily roots and flowers are poisonous.

LINDEN [Tilia Americana [#2316] or Europaea]

[#2317] Lime Keeps a lover faithful. Powder the bark or leaf and place a small dab of the powder on the beloved's forehead before retiring. Ruled by Jupiter.

Used medically to reduce, or to stabilize, heart conditions. The flowers are a nervine, useful in calming the mind. In a bath, linden tea promotes perspiration, and is cooling to the head. It is used as a tonic for restlessness and headache.

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LINSEED (Linseed Oil) [#1364] {Linum Usitatis simum} Burned in small quantities (A Drop or two on a hot charcoal) to attract divinatory powers. Make an equal limbed cross with the oil on each entrance to your home, and on all of your windows, to keep out evil spirits.

(? [Lippa Citriodora] (Aloysia Citriodora) [?]

Reduces fever and (acts as a sedative. Taste and smell resemble lemon.)

LIRO BLANCO White Lilly, which see.

LOBELIA (Lobelia Inflata) [#1374] A nervine and an anti spasmodic of great value. Excellent in the relief of Bronchial problems and asthma.

LODESTONE The natural magnetic iron rock as supposedly first found in Magnesia, a province of Greece. The Lodestones is used to draw things to someone, an example of sympathetic magic. In my own experience, I have found ceramic magnets to be at least as effective as natural lodestones. The use of the lodestone in magic is a field unto itself, as there are any number of folk spells using them. Lodestones were considered to be live minerals by many natural philosophers until the Englishman Gilbert wrote about them as natural magnets in the early and mid 1600's.

Preparing a magnetic lodestone to be a guardian or protective spirit of the house.

Take one lodestone, natural, not a painted one, and wash it in cold running water. Place the lodestone in a small glass container, something like a juice glass or the like. Hide it away in the dark place in the home where you will be keeping it for a day or so. Then take it out and place it in another glass. Feed it by pouring a shot or two of whiskey over it. Allow the lodestone to sit in the glass while you do the following.

L

Place symbols for some of the things you wish for in the house. For example, a silver dime for money, a (paper or plastic) heart for love, and so forth. Now place the lodestone back in it's glass home. Drink the remaining liquor in the second glass. Now sprinkle some 'magnetic sand' over the lodestone, about a half teaspoon full is plenty. Replace the lodestone in its dark closet, and repeat the feeding ritual every week.

LODESTONE FOOD The Lodestone charm is fed with

'Magnetic Sand' which is actually a very finely powdered pulverized iron. This product is also known as iron filings, and is available from scientific supply houses by the pound. Fairly good for using in charm bags, but Red Ocher (FeO₂) is my first choice for charm bags. The Lodestone charm must be fed either with iron filings or with other powdered iron.

LODESTONE OIL (Piedra Iman) An attraction oil

occasionally used to draw things to the user, or to break hexes and jinxes. It is made from magnetic sand or iron filings and mineral oil. A piece of lodestone is usually placed in the bottle. This oil must be exposed to the magnet, or magnetized, before it is used. I have found it to be ineffective for all but the weakest curses. However, it is quite popular.

LODESTONE POWDER A powder made from crushed

lodestones, or from crushed Alnico or ceramic magnets. Used as a powder, it is added to some baths. Also used as an attracting powder. A piece of lodestone is often put into the bottle of baths used to attract something to the user.

LOST AND AWAY POWDER Used to get rid of people

you don't want around you. It gets them to move from their residence, or even to leave a job. It may either be put on the person, or placed on their doorstep.

This powder is made from: Deer Horn shavings, 5 to 10 parts. Red Mercuric Oxide, (the Toxic Red precipitate of Mercury) 1 part,

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LOVAGE Root [Ligusticum Levisticum] [#1350]

The tea is used in a bath to assist the love life and to open the user, allowing them to become more sensitive to spiritual things. Ruled by the Sun in Taurus.

A bath of the ground root is supposed to open a person, and make them more loving, or to attract love to them. It is also supposed to be effective in winning court cases.

A marriage spell consists of splitting open a root and placing a piece of paper with the names of the two lovers inside. The root is tied back in place with three threads, one white, one green, and one red. The packet is buried along the foundation wall of the house in which the two lovers live, or couple. The intention of this spell is to provide permanent love between the two people. Used medically in the treatment of stomach disorders.

LOTUS [Nelumbium Luteum] [#1572] Used in

love spells, it is a symbol of human elevation and spiritual growth. Lotus seeds are used as a talisman, to insure good health and good fortune. They may be formed into a necklace for this purpose if desired.

Slices of the pod are used in divination. On a slice of Lotus root, yes is marked on one side, No on another. The root is tossed into the air, and the side showing once it comes down tells the answer to the question.

The stem and root are good fried and eaten, having an elevating effect on the person who eats it. The plant is water grown, and therefore connected with the unconscious mind. It was a symbol of lower Egypt, but it has been used to represent deity throughout the world. The tubers are narcotic and poisonous.

The Lotus Flower is the Fleur de Lys, which later became the emblem of France. In a different stylization it was the symbol of lower Egypt, and of the Hindu deities as well.

L

LOTUS (Loto) Oil, Perfume, Incense, Powder All

of these are usually made from the ground lotus root with Lotus essential oil used in the oil and perfume. The perfume often has some of the ground root in the bottle. Occasionally the powder of the dried Lotus flower is called for, which is more difficult to obtain.

These are all elevating and blessing products, and have a nice vibration. A Lotus bath may be made from Lotus root boiled in water. It has an elevating and clarifying effect on most people.

LOVE BREAKER OIL (Quebra Amor) Used to break up

a love affair, or destroy a marriage. The person concerned may use this himself or herself if they desire. This may also be used to rid you of the undesired attentions of another person. The oil is put on a trace of one of the parties to the separation and prayed over for the effect desired.

The oil is made from sulfur and crushed mistletoe berries in mineral oil. It may be used as an anointing oil with a black candle to get rid of a mate, forcing them to leave you.

LOVE DRAWING (Atrayente de Amor) Sweet pea, an

essential oil in a perfume diluent is better than anything else for attracting people to yourself. Once you meet the people you will have to concentrate your attention on those you wish to know. This perfume is quite effective for those who wish to meet people for casual relationships.

LOVE INCENSE An incense made from Rue, Musk,

Ambergris and Benzoin. A bit of iron powder or ocher is added to the finished product, which is then ground again in the mortar. When this incense is burned while you perform a suitable love ritual the force of the ritual is greatly amplified.

LOVE ME (Quiereme) Perfume Used to attract a

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marriage partner, this perfume contains a bit of orange extract. Household orange extract added to the favorite perfume is often used, but a better perfume is the following.

Orange extract, orange zest, Damania, and a bit of brown sugar and crushed Juniper berries. Use in a cottonseed oil base, for a high relationship, or in a peanut oil base for a low, primarily sexual, relationship. For catching a specific marital partner, add vervain and pray over the oil, asking for the partner using both names.

Another good oil to use to meet a marriage partner is Sweet Pea and Geranium oil in a perfume diluant base.

LOVE POWDER The best love powder for an established relationship is to put a bit of Ginger and a bit of Cardamom seed powders between the sheets of the marital bed. This adds a more exciting vibration to the bedroom, which may assist in spicing up a long lasting relationship. Too much of this powder, or too frequent use, may make sleep difficult.

LOVE AND SUCCESS OIL Assists in happiness in marriage and in life. This oil is used for anointing red and pink candles when praying for love, marriage or success in the relationship. It is made from Red Poppy and sandalwood in an Almond oil base.

LOVER'S INCENSE (Amantes) Used to increase a person's natural sexual magnetism. It makes the person seem more magnetic and sensual. Copal incense base with ground amber, used in a full body fumigation.

Opoponox Oil in winters bark, used in a fumigation in the bedroom while dressing, will work wonders if it is used before going out on a date.

LOW JOHN [Trillium Pendulum] [#2337] Same as Bethroot, Which see. Used to remove curses by chewing some of the root and spitting it out on the ground.

L

It is also known as Low John the Conqueror, as well as Trillium, or Cough Root. It is protective of other work being done, and is added to charm bags for that purpose. Also placed in a room, usually over the doorway, to make negative influences uncomfortable in the room. It is occasionally placed under a bed or sewn into a pillow for the same purpose. The carved root is used in pendulum divination, as the bob of the pendulum.

LUCKY HAND - Mojo Hand This is a charm bag that has been prepared by a Practitioner. There are a wide variety of them.

One, which is filled with a variety of herbs, usually includes Devils Shoestring, Cinquefoil, and John the Conqueror root. A silver coin is often included. It is then prayed over and fed with whiskey or rum. The person using it must feed their Lucky Hand with a few drops of rum or whiskey every week. It is to be carried on their person at all times. They rub their hands with it when they are calling on its luck bestowing power.

LUCKY LODESTONE (Suerte de Piedra Iman)

This is another charm made for the client by a practitioner. When it is made the client is given specific instructions concerning its use and care. Lodestones are always fed with iron filings, often with a liquor, either whiskey or rum, and sometimes with coins.

As these lodestones are always made for specific purposes in the individuals life, they often have wide variations in the details of their care and treatment.

LUCKY MYSTIC POWDER Used to attract good to the user, usually thorough dreams. Mullein leaf powder and Benzoin will accomplish this if the two are aged together for a week or more. Dilute by a third with Talc.

LUCKY SEVEN ROOT Protection against being

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hexed or crossed by an unknown enemy. This root is said to be especially good when used while gambling, or taking any other kind of risk. It is made of a whole Queen Elisabeth root. If it is being prepared for someone it should be ritually prayed over.

LUCKY SPIRIT POWDER A Hex breaking powder, made of ground garlic powder. To be put in the corners of the home.

LUNGWORT Leaves (Pulmonaria Officinalis)
[#1854] An excellent cough remedy.

13

M

MACE (Myristica Fragrans) [#1542] The outer covering of the nutmeg. A male herb of Jupiter, used both in magic, and as a spice ingredient. Magically, used in controlling incenses in matters of love and honor. It has a martial vibration that may be used for many things. Good in an incense.

MAGNETIC SAND Iron Filings, which see.

MAGNOLIA BARK (Magnolia Glauca) [#1425]

It makes a good tonic, and is also good for reducing fever and cold symptoms. The Magnolia flower is sometimes used in love charms.

MAGIC CARPET OIL An oil used for Astral projection.

Usually a hallucinatory surfactant. The standard witches 'flying ointment' of the middle ages contained poison hemlock, deadly nightshade, poplar leaves, wolf's bane, and soot. This is hardly anything to play with, and it is not recommended for use.

MAGUEY Sacred to the Yoruba Mother Goddess

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Yemaya It is used primarily for negative work. 'When Maguey falls into the river the turtles and fishes that live there must die.'

MAIDENHAIR (*Adiantum Pedatum*) [#69]

(*A Capillus Veneris*) An excellent aid in the relief of coughs and congestion. Ruled by Venus, it is used in love spells. Used to bring beauty and love into the life, it is used in charm bags for this purpose.

MALE FERN Root (*Aspidium Filix Mas*) [#303]

Buckhorn Brake The root is used in expelling tapeworms, and in magic for love spells. Is this a comment on love?

MALVA FLOWERS Black (*Malva Sylvestris*)

[#1434] The plant and flowers are used in healing. The flower petals are used in incense.

MANACA ROOT (*Brunfelsia Hopeana* ?) [?] It is

said to be one of the best remedies for rheumatism and arthritis. A doubtful remedy.

MANGO *Mangifera Indica* [#1435] The leaves

are used to purify the blood. A bath of the stewed and macerated leaves is used to assist a pregnant woman in childbirth. The entire fruit is edible and may be cooked for medicinal use.

MANDRAKE Root (*Atropa Mandragora*) [#328]

Much heard about, little seen, most of the mandrake sold by occult shops is a false product. The root may be made to grow into any shape desired, which is why it is so popular in image magic.

However, the same thing may be accomplished with many other roots. Mandrake has as many magical legends surrounding its use as the difficulty of obtaining any real mandrake root would permit.

M

Medically, the root was once used for hallucinations, delirium, or death. It is a narcotic poison, used as a pain reliever or anesthetic.

Mandrake Oil, Perfume Seldom made and seldom used. To be valid it must have a piece of true mandrake root in the bottle. Otherwise it is usually just colored mineral oil. Peanut oil would be a better choice, as it is a better match for the mandrake root. The oil may be used for either blessing, hexing or protecting. This oil works well with the elements, but not as well as sandalwood or cedar oils.

MANDRAKE (*Podophyllum Peltatum*) [#1764]

(American or False Mandrake) **May Apple** Medically, it is a good physic. Used in image magic, and in ritual magic incenses.

MANO PONDEROSO Five Finger Grass, or cinquefoil, which see.

MAN TRAP (*Trampa de Hombre*) **Perfume** Sweet pea and violet in a perfume oil base, with a bit of red sandalwood powder in the bottle.

MAPLE (*Acer Dasycarpum*) [#28] A decoction of the leaves and bark is said to strengthen the liver. Taking a bath in a tea made of the seeds is said to assist in astral projection. I seriously doubt both of these assertions.

MARIE LAVEAU PEACE WATER A very diluted perfumed water, containing about a drop of floral perfume to a quart of water. It is used as a home sprinkle for placing a good vibration in the home. What is actually placed in the home depends on the charge given by the prayer of the spiritual practitioner. This water is usually prepared and charged by the practitioner following a consultation. The name, and the often

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very fancy label on the bottle made it easier for the client to accept this water, and sprinkle it in their home.

MARIGOLD Flor de Muerto [Calendula Officinalis]

[#460] Ruled by the Sun. Used in love sachets, to attract love. Add marigold tea to the bath water for attaining love, and for drawing good things to yourself. Used for burns, insect bites and poisons. Several cups of the tea each day, up to ten, are suggested for those who have an ulcerous cancer.

The tea in a bath, or on a compress, strengthens the astral fabric. Used in the pillow or bed it makes the dreams more real, bringing the astral plane closer to the dreamer. A simple but excellent fluid condenser, a tea made from the flowers is a strong astral fortifier. It is used to make magic mirrors, and in a poultice for strengthening the individual in injury or illnesses. A few drops of the alcoholic tincture on a charm bag will keep the charm on 'target.'

Of great assistance in connecting the astral and physical planes. While the tea is a curative for some kinds of cancer, it will also be found useful for healing other conditions, used as either a poultice or a plaster. It is often used in a salve for its healing effects.

An excellent astral condenser, used magically in many ways, as a tea or an incense. The succus (an alcoholic tincture) is specifically used for coating magic mirrors.

MARJORAM Leaves Amraco [Origanum Marjo-

rana] [#1618] Majorana Hortensis Moench Ruled by Venus The dried herb and leaves of a bushy perennial of the mint family. Used as a sweeping herb to remove negativity, it is not very strong in this respect, but it does have some effect. Prized as a charm against witchcraft. Place some of the powdered herb in each corner of the rooms of a dwelling, and renew it each month. Best for producing positive changes in the home, it is not much good for most other matters. (Doing this is supposed to draw a husband, which seems not to happen.)

M

It may be added to food as a love potion after praying over it for the effect desired. Also used as a sweeping herb, to remove negativity from a room or any place where it is used as a sweeping compound.

Medically, it is used as an aid in cases of upset stomach.

MARAVILLA Marvel of Peru, which see.

MARVEL OF PERU Marvilla Marabilis Jalapa

[#1501] The root is a cathartic, and is used in magic in the same manner as Jalap Root. An alcoholic version is commercially available.

MASTER MICHAEL SCOTT'S PILLS He was the

Physician Royal and Astrologer to Frederic II, the Holy Roman Emperor. These pills were first prepared by him about 1220 AD. They have had a good reputation ever since, being supposedly for the preservation of youth and the prevention of the physical decadence that precede old age. 3 Oz. by weight of Hepatic Aloes 1 Oz. By weight of each of these: Bryony: Indian, Belleric and Emblic Myrobalans; Lemons; Mastic; Scammony; Hazel; Roses; Rhubarb.

They are to be mixed together in the juice of cabbages, and formed into pills of medium size. The dosage is to take four or five of these pills every day.

MASTERWORT (Heracleum Lanatum) [#1148]

It is good in the treatment of colds, flu, cramps, spasms, headaches, and nervous tension. The root and seed are used. The leaves of the herb in oil are used for treating neck pains with a physical cause.

Ruled by Mars, it is a herb of power, courage, and protection. It is used for this purpose in charm bags. The powder of the root is also used as a controlling incense in rituals.

MASTIC GUM From the mastich Tree [Pistacio

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Lentiscus] [#1741] Used as a purifying incense in Voodoo rituals. The gum is also used to fill cavities in the teeth.

Mastic may be burned alone, or with other incenses. It is one of the basic ingredients of many incenses, especially as a filler in some so called church incenses.

MATE Yerba Green Rompe Zaragüey [Ilex Paraguaiensis] [#1206] The tea removes astral negativity of all kinds from people, places or things. Very good when used as a bath or as a floor wash.

Used to remove influences of spirits of the dead, it is also used as a blow powder, being blown on the body of the person to be protected. See Yerba Mate.

MAYWEED (Anthemis Catula) [#1440] A good general tonic, and anti spasmodic. A nervine and for the relief of headache.

MEADOWSWEET (Spiraea Ulmaria) [#2214] Useful in the treatment of diarrhea. Used as an incense, it was sacred to the druids. Often strewn through the house to add a freshness to it.

MEDITATION (Meditacion) Oil This oil is used by those who meditate, to assist them in quieting the mind and calming themselves. The oil is made from Olive oil with Louts and Orrisroot powder. Iris (Orris) perfume oil may be added if desired.

MERCURY (Mercurio) OIL Supposedly to be applied to the forehead while doing readings. This oil is supposedly to be used to gain access to seeing into the future. It is often plain colored mineral oil with a drop of toxic elemental Mercury added to the bottle.

A better blend would be Walnut Oil with a little powdered Cinnamon, Celery seed, Mace, Clove, and Storax, in it.

M

MERCURY Metallic mercury, which is a very toxic heavy metal, and the oxides of Mercury, are often added to spells as expediters. Their purpose is to make spells work faster. All of these compounds of mercury are poisonous. While Red Mercuric Oxide (Polvo Rojo or red powder) has been proven to be the best expediter for most work, none of them are recommended for use. These substances directly attack the brain, causing a reduction of the mental function.

MESCAL BUTTONS (Lophophora Lewinii) [NONE]

Peyote A tonic is made from this fungus for use in Angina Pectoris and other cardiac conditions. It is a dangerous hallucinogenic and narcotic.

MILK THISTLE (Cnicus Lanceolata) [#672] The herb and extract are used to heal liver problems. Available as a standardized product for this purpose. (From Thysilyn in Germany.)

Also Silybum Marianum [#502] Carduus Marianus The Mary Thistle. A bitter tonic. Seeds and Herb are used.

MIMOSA MAGIC OIL Made from the powdered dried flowers of Mimosa, it is diluted with Sunflower seed oil and made into a body oil. It is to be applied to the whole body before going to sleep, to produce true dreams. It may be used to anoint blue and white candles that are burned together, with a prayer for either a true dream or a favorable change in the condition of life. A few drops may also be used in a bath. This oil is used successfully in "sleeping in the temple" as a way to change the conditions of the person's life.

MINT See Spearmint and Peppermint Herbs of Leo and Venus, sacred to various deities, according to the culture. Used as mental stimulants in teas. They are used for

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protection in most spells, probably because of the sharp smell and taste. Used in love spells to affect the beloved's mind.

MISTLETOE (Muerdago) (*Viscum Flavescens*)
[#2437] {*Viscum Album*} Called Heal All It is a parasite plant, living on other plants, and thus becomes the symbol of spirit, living on the body. It was a sacred herb to the ancient Druids of England, and thus much used by those who consider themselves Druids today.

Mistletoe is also a symbol of resurrection, and rebirth, as well as a symbol of death. The crushed berries as well as the leaves are used in magic. It is used as an incense, and as a sprinkle or wash. Used in love spells. Medically, it is used as a nervine. The Perfume has a gardenia scent, although it should have three to seven of the mistletoe berries in the bottle. The leaves do not make a very good incense, although the effect is there, the scent is lacking. Smell's like burning vegetables

MOJO This is an African word meaning Spell. Like Ju Ju, which applies to the entire range of African magical practices, MoJo can apply to any one of an infinite number of magical spells. Thus there are 'Mojo Bags,' and 'Mojo Charms' and some people say that their 'Mojo' is what protects them.

MONEY (Dinero) OIL A Green oil used to anoint the green candles used in money spells. The oil is often used as an incense in these spells by placing a few drops of the oil on hot charcoal as the candles are lit and the prayer made. A drop or two may also be used as a polish to clean and polish the cash register drawers in a business, for the purpose of drawing more money to them.

Money oil is made from cypress oil, honeysuckle, peppermint, and mineral oil. It should have about one or two drops of cedar wood oil for each eight ounces of Money Oil, to stabilize the elemental forces being worked with. This is a popular and highly successful oil.

M

MONEY DRAWING OIL (Niebla de Dinero) The best money drawing oil is made as in the formula above. Adding magnetic sand (Iron Filings) or Ocher (Iron Oxide) to the blended, aged and filtered oil product enhances its money drawing qualities. A lodestone or magnet is added to the bottle, and it is prayed over to draw money to the person it has been made for.

MONEY MIST (Niebla de Dinero) A sprinkle or spray of money drawing water. Made of the money oil given above, tap water and a bit of dish soap. Spray from a spray bottle to put the money vibe in the room.

MONEY POWDER Made from Cinnamon and Nutmeg diluted with talc. Benzoin may be added if desired.

MOTHERWORT [*Leonurus Cardiaca*] [#1326]
Lion's Ear A tea of the leaves is used in a bath for a more loving nature. Its presence in the front yard is said to protect all of the family from harm. Used for female disorders and to strengthen the heart. Ruled by Venus.

MUGWORT [*Artemisia Vulgaris*] [#273] Ruled by Venus Burned as an incense while crystal gazing, to increase psychic vision. It can cause prophetic dreams by placing the leaf powder in a red charm bag, which is kept under the pillow at night. Burned as an incense in the bedroom to promote dreaming. It is used in making the so-called dream pillows. It is burned with incense in spiritualist work, to encourage the spirits to speak.

Carried in a red charm bag to keep from tiring while traveling, it was first brought to the North America by the Pilgrims for this purpose. Once used instead of hops in beer making. It is used in Chinese Moxibustion, a treatment used in acupuncture. Medically, it is a good remedy for all female problems relating to the menstrual cycle.

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MULLEIN [*Verbascum Thapsus*] [#2401] Ruled by Saturn. The leaves are used as an incense in black magic rituals. It should be kept near the entryway to a house to bar witchcraft from entering the home. A fluid condenser for crystals. Used for casting spells on others. Mullein seeds from the candle take a nice magical charge and may be used as a casting powder all by themselves. It can be added to love spells as a domination powder. Medically, it is used for lung disorders. A cough syrup is made from the plant. Also excellent in cases of suppressed menstruation and cramps.

MURIA PUAMA (*Liriosma Ovata*) [NONE] A Brazilian herb, used for male sexual rejuvenation. A nerve stimulant, and supposedly an aphrodisiac and potency restorer for men. The root is steeped in brandy for at least two weeks. The dose is a wine glass, (Two Ounces) of the brandy every night.

MUSK CRYSTALS These are the crystallized extract of the odoriferous glands from the testicles of the Musk Ox of the Northern Tibetan Plains. Only the synthetic is available today at anything like a reasonable price.

MUSK LOVE POWDER Usually made by adding Hoyt's musk oil to talcum powder. Allow to sit for a week or more. Apply to the body after a bath, but use sparingly, as the scent is strong.

MUSTARD SEED Mostaza (Yellow, Black or Red) (*Sinapis Alba, Negra*) [#2154] The seed of a number of hardy adaptable annual herbs that thrive in temperate climates, the mustard seed is a symbol of faith in the Christian religion. (Matthew 13:31-32) Included in spells and charm bags as a token of faith. Supposedly protective, it is said to revive the spirits. May be used in negative magic as well.

(*Sinapis alba* L. White or Yellow Mustard) The black mustard seed (*Brassica Nigra* (L.) Koch.) and the brown mus-

M

tard seed (*Brassica Juncea* Coss & Czern) are used in magic to increase strife and dissent among people. Not a very good incense, it repulses cold and chill in the room. It is better used in charms, where it is effective in love spells. The mustard plaster is used in healing chest complaints by adding heat to the surface of the skin.

To make a tree barren, take dried rose buds and mustard seeds and grind them to a fine powder. Sprinkle the mixture around the trunk of the tree on the first evening of the full moon, and the tree will bear no fruit.

Often chewed for toothache, or used as a poultice or plaster for pain, to cure congested lungs, or to draw splinters. An old time remedy, still of some use.

(Black) (*Sinapis Nigra*) [#2157] Cast on the doorsteps of an enemy to cause strife in their life. Cast on the floor of a room to cause dissension in the room.

MYRRH Gum (*Commiphora Molmol*) [#?] An incense gum resin of plant origin (The Myrrh tree) that brings the astral realms closer to the physical realm. It is the oldest of the gum resin perfumes.

Myrrh is burned in a mixture with Frankincense, making up the most common "Church Incense." Myrrh is also used as an incense in love rituals, or in any other work where it is desired to lower the astral realms to the physical. This is not always a good thing for everyone to do, but many people use it for this purpose. This is why Myrrh is the incense of choice in summoning to visible appearance. It is widely used in magical and occult ritual work for this purpose.

An antiseptic, it is often used as a mouthwash, and to assist in healing minor sores or abscesses in the mouth. Myrrh has been used in medicine for its antiseptic qualities over the years. Myrrh and Golden Seal are the most common blend for a healing herbal mouthwash.

MYRTLE Leaves [*Myrtus Communis*] [#1550]

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{*Vaccinium Frondosum*} Ruled by Venus. The primary home blessing incense. Used for inspiration as an incense. Used to preserve youth and love. Myrtle tea was once prescribed to be taken every three days for this purpose. "Angle Water," made of cold steeped myrtle tea, orange water, and rose water, was once quite popular as a refreshing drink.

Inhaling the vapors of an infusion of Myrtle relieves the head pains caused by a severe cold. It can also be used as a soothing compress on the head. Used as a poultice for cuts, bruises, and scratches.

Myrtle leaves are an ingredient of one of the most popular House Blessing Incenses. When placed in the path of a loved one, it is supposed to guide their feet to your door. Myrtle is also known as bayberry, which see. It is also a popular magical "Blow Powder" which is used to rapidly change conditions in a person's life, depending the prayer made over it. Often used in love incenses.

14

N

NETTLE HERB Leaves and Root [*Urtica Dioica*]

[#2363] A mild diuretic. Used as a curse breaker, but there are many others that are more effective. May be used in binding rituals. The stinging hairs of the seed bulb are used in potions as an aphrodisiac. Ruled by Mars in Aries, it is a martial herb.

It may be used to separate two people without pain to them if you weave a mat of the herb, and place it under their door-mat. Sprinkle the powdered herb around your home, to remove any curses that may have been placed on you, or on your house.

It arrests bleeding, and is a good gargle for sore throat. Also good for healing burns. An excellent blood purifier. It can curdle milk without leaving a bad taste, which is useful in cheese and yogurt making. It is a blistering agent as well.

NEVER FORGET ME AND LOVE ME FOREVER

(*Quiereme Siempre*) A perfume that is used to make someone think about another, keeping thoughts of them in their mind. If

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you carefully wipe up the gum trace left by a snail as it walks over a clean windowpane you will have a gum that can accomplish this. Place the snail gum on a photograph of the person, and pray over it for this effect. You can also place the snail on the photograph and have the snail travel all over it. The prayer over the snail-slimes photograph is what accomplished the task.

NIGHT BLOOMING CEREUS (Cereus (or Cactus)

Grandiflorus) [#437] A cardiac stimulant, tonic and diuretic, as well as used for relieving nervous menstrual headaches. The flowers and stems are a sedative.

NIGHTSHADE, DEADLY (Atropa Belladonna) (See

Belladonna) [#327] A narcotic, sedative, and anti spasmodic. Valuable in the treatment of the eyes, as it dilates the pupil. Relieves pain, and aids circulation. Once given in small doses to protect from scarlet fever. A Poison, not suggested for use.

NINE MYSTERY OIL (Nueve Mistyerio) Used for

blessing people and overcoming difficulties. It may be added to water to make a room sprinkle, or used as a floor wash. Used to anoint candles for success or for a change of fortune. This oil is made of nine oils, Almond, Canola, Cotton Seed, Mineral, Olive, Peanut, Safflower, Sunflower, and Walnut in equal quantities. It is to be consecrated in the name of the nine mysteries of the Sacraments of the Roman Catholic Church.

NIRVANA INCENSE Used to heighten psychic powers

Often useful in spirit communications, and in some meditation sessions. Made of equal quantities of Benzoin and Copal gums, either used as mixed or diluted with equal quantities of Winters bark.

NO HEX POWDER An Unhexing powder used as a

N

blow powder and as a remedy for minor headaches and pains. It is not a medicinal powder. It may be put into the hair at the new Moon with a prayer that it keeps hexes away. This should be done ritually, as a candle burning ceremony, with an uncrossing incense burning when the prayer for protection is made. The powder is made from cornstarch, rice flour powder, and magnetic sand (Iron Filings). The No Hex ritual includes blowing a pinch of the powder to the four corners of the room, as well as placing a pinch of the powder in the hair. The ritual may be performed every month with good results.

A Jamaican Obeah man, who used to live in my neighborhood, had a regular ritual service using this powder with his clients every month. The ritual involved prayers for his clients for a good month, and prayers for their protection. He then applied this powder to their heads. The service was always well attended.

NUTGALL [Quercus Infectoria] [#1888] Also

known as the Mad Apple. It is the fruit of the Gall Oak. Added to incense in jinxing and hexing rituals. Will turn a person, or a life, sour.

NUTMEG Nuez Moscada (Myristica Moschata)

[#1542] (Myristica Fragrans Hoult.) Used primarily in money charms. As an incense it radiates heat energy into the room. One of the most powerful lucky talismans of the Voodoo or Hoodoo worker is the prepared gamblers nutmeg. The nut is also carried for prosperity, and for general good luck. It must be kept in charm bag and carried whenever you are gambling. Jupiter rules the nutmeg.

Powdered nutmeg, used in a tea, for a bath makes people more open to listening to you. The nutmeg bath is good to take before a job interview. Use a cup of tea in your bath. Nutmeg incense is good for opening communications in a room or area. Burn a quarter teaspoon on charcoal.

Medically, it is an aromatic and a stimulant. An aid to digestion if a few drops of the oil are taken on a lump of sugar. It is

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used to induce sleep by rubbing the oil on the temples. It has a mild hallucinogenic effect if taken in quantity. (1 or 2 tea-spoons).

NUX VOMICA (Strychnos Nux Vomica) [#2235]

The seeds are used. It acts on the cerebro-spinal system, and is a sleep inducing nervine when properly used. However, it is a deadly poison, and must be used with great care. In homeopathic dilution it is known as the corpse reviver, and is useful for many of the illnesses of modern life.

15

O

OBEAH Originally an African term referring generally to the cosmic power. Thus Baraka, or Universal Life Force. It is generally a Jamaican term, which has developed a range of meanings. It now refers to the folk magic practiced in Jamaica, and among African Americans and those in the Caribbean generally. It is equivalent to Hoodoo and Obeah, in that it refers to folk magic, not to any specific religion.

A Wanga, or Oanga, is a spell cast or a charm made by Obeah, just as a Mojo is a spell cast or a charm made by Hoodoo. These products have natural inherent power by virtue of their ingredients, and the combinations made of the ingredients to produce the charm. Thus they require no consecration or prayer, as is more common in European derived magical practice. However, prayer is often done to increase the effect of the charm.

OBEAH PERFUME OIL (So Called) An Oil used to anoint candles and people, add to the bath, and bless rooms or ritual fixtures. Also known as dressing oil, this is the most gen-

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eral-purpose oil there is, as it is useful for all positive ends. Contains about an ounce of finely powdered Frankincense, and about an eighth of a teaspoon of finely powdered sea salt in eight ounces of olive oil. Refrigerate after making the oil, and shake well before using. The scent used with this oil is usually a spicy scent. This oil does not come from the Obeah practice of Jamaica. It originated in New York City in the 1940's.

ORANGE OIL Available in a number of varieties.

'Portugal oil' is the sweet oil of the orange peel, as opposed to 'Bigarade,' which is bitter orange peel oil. Neroli is the orange flower essential oil, the product used in most magic spells that uses this oil. Petitgrain is the oil of the leaves of the Orange tree.

Orange oil is used to bring a relationship to the altar. Anointing three candles with the oil and burning them in a marital spell will usually convince the reluctant suitor to propose marriage.

ORRIS ROOT POWDER **IRIS POWDER** Finely

powdered Orris root is used as a condiment in Europe. It is also used in cleansing and love spells, but its greatest effect is to improve communications between people, as well as between the physical and astral worlds. This powder takes a charge very well, so it may be used in blessing, and in prayer.

The root is carried as a love charm.

Orris Oil and Perfume may be used to promote communication with the astral realms.

I have found that one of the best blessing powders is a mixture of ground Orris root and ground Lotus root powders. This powder in Olive oil makes an excellent blessing oil.

16

P

PAINT Powders and chalks of various kinds may be added to paint to influence the 'feeling' or 'vibration' of a room. Usually a teaspoon of the finely ground powder or chalk is added to each gallon of the paint used to coat the room or area to be influenced. A friend suggested adding various powders to the drywall compound used in new construction.

PAPYRUS A paper made of the Papyrus reeds grown in Egypt. A much better papyrus paper is available commercially today that is considerably better for writing spells and charms and for other magical work than the usual parchment paper that these sigils, charms and so forth are usually drawn on.

PASSION FLOWER (Flor de Pasion) Despite its name, this herb is a strong sedative. The Oil and the Perfume are all artificial.

PATCHOULI (Patchuli) The herb, Oil and Perfume

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are known for going both ways. Useful in either positive or negative magic, this favorite scent of the nineteen sixties should always be worn or used with care, as it can be charged and used against the wearer. It may be used both for love spells and for separations. Useful, but difficult to work with.

PEONY (Peonia) Peony seeds are the 'Jumby Beans' used to cause problems with people. Casting either whole or ground jumby beans around a room will cause dissension and trouble among the people in the room.

PEPPERMINT (Menta) A mental stimulant, the leaves and oil are used in any number of spells for this purpose.

PEARL MOSS - Used in protection spells. I find it not to be as effective as other spell ingredients.

PINE (Pino) If you have been using pine scented products in you home and are having problems, switch cleansers. Pine scent is not beneficial for everyone. In some cases, non-physical difficulties in the home may be traced to the use of pine scented cleansing products.

POWDER OF THE DEAD This powder is made by necromancers, and initiates of religious practices that work with the dead, from the scrapings of the skull (bone) of the deceased. Other material is added to this powder suitable to the work at hand. It is a formidable powder used for working magic of various kinds. The spirit of the deceased is added to the powder by vivification with alcohol. Alchemical alcohol is preferably, but not usually, used for this purpose.

Another powder of the dead, is made from scrapings of various other bones, thighbones, leg bones and foot bones (For mobility), Arm, finger and hand bones (For dexterity), along with the skull (For guidance). This powder may be made into a very protective powder, which may be used to keep spirits away

P

from a place or a location. It may also be added to paint to protect a room, or even an entire building.

Another 'powder of the dead' is made from the disintegrating remains of a body, to which scrapings of bones are often added.

One of the African 'Preservers Of Communal Morality' religious cults made a powder from the disintegrating remains of bodies of those who have died of smallpox. It was used to cause those whom the cult wished to kill to become infected with the disease.

17

Q

Q PERFUME Oil A stimulating perfume oil used for enticement and seduction by women. Capsicum and Moss rose added to any regular perfume oil will accomplice this quite nicely.

QUINCE SEED Supposedly protective, I have not found this to be particularly effective.

18

R

RECONCILIATION POWDER Myrtle and Gardenia perfume and flower powder added to talc will promote a reconciliation with a former lover. You must bear in mind that reconciliation always changes the relationship, and not always for the better.

REMOVING SPELLS To remove someone from your life use the four thieves vinegar spell, which see. To remove them from your neighborhood use deer horn shavings. To get rid of someone at a bar, put some of your nail filings in their drink.

ROOT WORK A form of African American Hoodoo,

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in which roots are used in performing magic. Chosen for their magical virtue, they are used to make charms of different kinds for various purposes. This is a primarily Christian magical practice, but religion is not a big part of the practice.

ROSE (Rosa) Incense, Oil, Powder, etc. All of these are usually made from artificial red rose oil, as pure Rose Otto, the natural essential oil of rose, is quite expensive. The stick rose incense is the best general-purpose incense that may be used, it has a nice calming effect, and as it only works on the positive side, it is discouraging to negative work. Rose is one of the most popular incense and perfume scents known to man.

ROSEMARY (Romero) Kitchen rosemary may be used to put a pleasant vibration in a room when burned on charcoal. Rosemary leaves may be crushed in the hand and made into a coarse powder for this general use. It is a good incense for the bedroom of homes as it has a calming vibration. Giving someone a sachet filled with Rosemary is supposed to ensure friendship. It is also supposed to improve the memory.

Medicinally, it is used as a tonic for strengthening and toning the muscles. Its best culinary use is as a seasoning for lamb.

RUE (Ruda) The Perfume and oil come from the essential oil. Rue Water is made from a tea, and is used for a bath for purification. Rue is the primary herb of Christianity, and is used in a bath to end religious confusion in Christians. The herb itself may be used in a tea to induce abortion.

19

S

SAFFRON (Azafran) This is an incense used by some ceremonial magicians in some rituals. The best incense is made from pure saffron, and is quite expensive. In practice it is usually diluted at least 100:1 with Bamba wood or another filler. In the worst case, it is just a yellow dyed wood flour.

SANDALWOOD INCENSE Usually available either in chips of the wood, or in powder form. It is sometimes available either in little balls, or as a paste. It is the most common stick incense there is. It has the property of feeding and delighting the elemental entities. The wood is occasionally available for use in making chests and cabinets.

SANDALWOOD POWDER Used as a blow powder in elemental magic, it is made from pure sandalwood powder of the kind used in incense. Most elemental spirits love this powder, as well as the fumes of the incense. Also known as Chandan Powder, the Hindi name for Sandalwood.

SARSAPARILLA The original soda fountain drink,

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the herb is used for headaches, general feelings of ache and pain, as well as for treating colds and fevers. I have two spells using this herb but as I have never been able to obtain any, I have no idea if they are effective.

SASSAFRAS Once one of North America's leading exports, as it was thought to be an All Heal. It is now a restricted drug, as the FDA says that it causes cancer. The tea is a nervine and a calmative. the incense of the root is used to calm nervous places. Good for calming children's play rooms, kindergartens and child care centers. It is not a banishing incense, but a general calmative. The powder of the root is the thickener used in Creole cooking, Gumbo File.

SATURN (Saturno) An incense made of Civet, Musk and Alum in a Yew or Ash wood powder base is very good for summoning this planetary spirit.

SEAL OF VENUS OIL (El Sello de Venus) The seal is to be engraved on a copper disk on the day and hour of Venus. The disk must be placed in the bottle of the oil, which is to be made from the essential oil of Artissima. Some of the plant should be in the bottle as well.

SEPARATION POWDER (Separacion) A powder used to break up any kind of relationship. Creates animosity, quarrels, and even fights between friends, lovers, business partners, and any others who are together. The use of this powder in a spell forces an eventual separation. It is made from equal parts of castor bean powder and pomegranate root powder, mixed well and aged a month or so. The expediter for this powder, to make it work even faster is Asafetida and Cattail head powder. I recommend that you judge the difficulty of the separation first, and then use the degree of strength desired immediately. This formula has been found to be quite effective in practice.

S

SEVEN DAY CANDLES, SEVEN WAY CANDLES

Found in grocery stores in Latino neighborhoods, as well as in Botanicas and occult stores, these candles are burned as offerings to Saints and Orisha whose pictures are often glued or painted on the candle. The seven-way candle has seven layers of different colored wax in it. They are to be burned one layer a day for seven days, using prayers appropriate to the color of the wax being burned.

SEVEN KNOB CANDLE SEVEN NEEDLE CANDLE

The seven-knob candle is made with seven large knobs of wax on the body of the candle. One knob is to be burned each day for seven days to complete a spell.

The Seven-needle candle is made from a regular dinner candle, divided into eight sections. Seven needles are heated one at a time and forced into the candle. Once the seven-needle candle is completed it is to be burned each day until a needle falls out, Then it is to be snuffed out. This candle is used with a variety of spells, most of which are of the wishing variety.

SILVER LEAF This is a plant whose leaf has a silver appearance, caused by a whitening of the leaf itself. Supposedly it is a good luck charm, but I have no idea what the plant actually is.

SHOE BLESSING POWDER I was asked to make this up for a lady who wanted to walk in safety through a particularly nasty business meeting. I made up a small amount of parsley, cinnamon and powdered iron filings, prayed over it for her, and gave the powder to her. She applied it to the inside of the shoes she was to wear to the meeting. She survived the meeting, although several of her associates lost their positions immediately following the meeting.

SHOESTRING ROOT POWDER Made from powdered

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Devils Shoestring, which see. This can be a powerful commanding powder. It must be fed with alcohol and charged with a prayer before use.

SNAKE OIL (Vibora) Used as a healing or a massage oil. This oil is rendered from snake fat. The best version of this oil is taken from a rainbow boa constrictor. It is quite expensive. The oil is also used to anoint candles. The oil is usually diluted or even replaced by mineral oil. The snake oil used in serious work should be at least 51% snake oil to be effective for it's purpose. It is very difficult to obtain the real product.

SNUFF POWDER Commercial snuff may be used as a blow powder to feed elemental spirits. It may also be used for laying hexes, for protecting a person, or for other work with the elemental forces. Some of the higher elemental spirits love this powdered tobacco product.

SOLOMON'S SPIRIT POWDER (Solomons Holy Spirit Powder) Made from pure ground Solomon's Seal herb. It is useful for working with mediums, as it may be used to restrict the quality of the spirit that is drawn to a medium.

SORTES SACRA The Sacred Way. This refers to the primrose path. While it is supposedly an expediter for other spells, it actually is another name for a magical path which has been used as the name of a product. The magical path is the western version of a sexual practice similar to the Indian Tantric Yoga. You will find it far easier to find a teacher of Tantric Yoga today than to find someone who will actually lead you down the primrose path, or on to the Sacred Way.

SPEARMINT (Menta Verde) Used in a number of spells like peppermint, which see. It is said to affect the mind, which it stimulates.

SPECIAL FAVORS OIL (Favor Especial) Used to at-

S

tract and work with friendly elementals and nature spirits. Made of Cedar wood powder and Sandalwood, in a base of Cedar oil or turpentine. Best used outside, as an anointing oil on a tree or stone, but it may be used inside if you are careful.

Please do not make the mistake of thinking you can command these elemental beings. For success in working with them you must work in harmony with them.

SPIDER QUEEN OIL A mineral oil based material that contains a dead spider. It is a power oil favored in Mexican Magical practices.

SPIKENARD - This was the herbal essence used to anoint Jesus Christ. It is used in love spells, and in many other forms of magic. The success of the root is an excellent astral condenser. The tea is a good astral condenser, but not as good as Marigold flowers. The perfume is used in Christian magic, where the saints are prayed to.

SPIRITS, ALCOHOLIC Aqua Vita means Water of life, it is at least 51% Ethyl Alcohol. (102 proof) Vodka is usually 80 to 100 proof. (40 to 50 % ethyl alcohol) The limit of alcohol that is reachable by distillation is about 90%. This is 180 proof, the practical limit of drinking alcohol. Rectified spirits is an alcohol that has been through another process following distillation. Rectified spirits are as close to pure alcohol as you can get.

Alchemical Alcohol is a triple distilled alcohol, usually made from Burgundy wine. It is between 80% and 90 % Ethyl Alcohol. The first distillation usually yields about 40 % alcohol. The second distillation yields about 75% alcohol. The third distillation yields about 90% or a bit less alcohol. With Alchemical Alcohol, it is the source and the process, rather than the proof of the alcohol, that gives it its great value in magical operations.

STREGA This is the name of an Italian witchcraft

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practice, and has no real relationship to any material product. Another case of a magical practice being used to name a series of product, like Sortes Sacra. There is a Strega Liquor however, which is a nice after dinner drink.

SUCCESS AND GOOD FORTUNE AT YOUR BUSINESS

(Truinfo en el Negocio) Incense, Perfume and Floor wash Mint, Honeysuckle, Parsley, and Cinnamon with a bit of Honey in it makes up the best floor wash, or rinse, for any business. It should be applied over a clean floor, something that seems to often be overlooked. You may add a couple of ounces of rum to the floor wash to make the effect stronger, but you should use this rinse only once a month. Pray over the bucket with the floor wash in it before using it.

Mint and Honeysuckle make the best business perfume, while Cinnamon and Frankincense make a good business incense. However you should use these incenses and perfumes lightly, or people will think you are too weird to do business with.

SWEET PEA (Guisante Dulce) Perfume, Powder, and Oil Made from the essential Oil. By its own nature it attracts people to the one wearing it. This makes the best attraction perfume and oil there is. A good bath powder for those who want to make a lot of friends. You must be selective as to the people it attracts to you.

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T

TAKING THE MEASURE (1) A rite practiced in witchcraft, which puts a trace of the member of the coven into the hands of the leader of the coven. Done in a variety of ways, it is not particularly dangerous to the person whose measure is being taken. (2) A Hoodoo spell used to 'tie the nature' of a man, preventing him from having sexual relations with another woman than the one who has 'Tied him,' or has 'Tied his nature.'

A very popular spell women often ask for.

TAMING POWDER (Amansar, Amansamiento, or Domesticado) The best product for taming others is made from the Palo Amansa Guapo which has been worked in accordance with the nature of the palo to tame others. An initiate must do this work, and such a product is very difficult to find.

TARRAGON This kitchen spice added to chicken improves both the flavor and the healing qualities of the meal.

TAR PERFUME OIL (Black Tar Oil) Cheaply made

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from roofing tar and Crisco oil. It is a thick black product that emulates the original. This is hardly a neat perfume, but it finds its uses in magic non-the less. The roofing tar may be used alone for almost as good a result. Used in a variety of spells besides cursing and blocking an enemy. Some people like this odor as a perfume, or as an incense.

The product may be used to 'smear the reputation' of someone by applying it to their business card.

TETRAGAMMATON The seventy-two letter name of God in Jewish Mysticism. There is no one incense or oil that matches the nature of this name, thus all of the commercial products using this name are not valid.

THYME Burn this kitchen spice as an incense in the home for health and luck.

TIBET This former place of mystery now has regular tourist excursions to show its sights to the world. A Chinese friend showed me a product called China Tibet Oil at a store in New York's Chinatown. The product was a healing massage oil for strains and sprains. There is no occult product named after Tibet that has any validity.

TIGER OIL (Tigre) A perfumed oil that supposedly awakens the psychic powers of the person to whom it is applied. Some people believe commercial 'Tiger Balm' massage compound will do the same thing.

TONKA BEAN OIL (Haba Tonka) Usually mineral oil with a tonka bean in the bottle. Used in luck and protection spells. Tonka beans are carried as good luck charms.

TRANQUIL (Tranquillo) Any minor sedative product, calming and relaxing the nervous system. Try using Camomile tea for this purpose.

T

TRANQUILLITY POWDER Used to overcome resistance, particularly nervous or mental resistance from others. It is particularly good for the hypnotist or the trance inducer to use in calming subjects prior to induction. It makes a fair incense, having about the same effect.

Made from Three parts Rose powder, One part Frankincense, Two parts Vetavert, One part Honeysuckle. Mix the ingredients together and allow them to sit for at least a day (24 hours) before using the powder.

TURQUOISE OIL Supposedly a healing oil. Usually Mineral oil put up in a bottle with a small piece of semi precious Turquoise stone in it. Sunflower oil is better for the purpose. May be used for anointing candles for healing rituals.

TWISTING POWDER This powder is made from the twisting tendrils of the grape vine. It takes an amazing charge, and will twist and tangle anything you place it on. It is especially useful in reversing spells that have been sent to someone. A Greek client recommended it to me many years ago, and I have used it successfully ever since. To get some of the tendrils, check your table grapes.

TYING THE NATURE A spell used to restrict or deny a man the use of his sexual function.

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U

UNCROSSING OIL (Discruza or Desenvolvimiento)

Used to remove all kinds of hexes, jinxes, and crossed conditions. No one oil will suit all cases, so this wonder product, like many others, does not really exist. A thorough spiritual cleansing is suggested if this product is needed.

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V

VALERIAN A calmativ tea, stronger than comfrey, and not as often recommended. Some people hallucinate from the fumes when it is burned as an incense.

VANILLA Made from cooking Vanilla, it is much used in love spells, both the essential oil and the imitation extract are useful in love and other spells. The grocery store vanilla, whether pure or artificial, is an alcoholic vanilla extract, and may be used to make a good love perfume. Also used to dress candles successfully, it takes a good charge magically.

At one time it was a favorite perfume of professional women.

VAN VAN OIL [New Orleans Style, Algiers Style, Southern Style, - they are all essentially the same product.] An all-purpose dressing oil for candles and charms, it is also used in scrub water to wash out a place, or in baths to clear a person.

VERVAIN (Verbena) The enchanters herb, useful

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as an incense, for making oils, waters, baths, and powders. This herb is useful in many ways, and every person interested in magical work should keep a little on hand. May be used in working with spirits, astral beings, or elementals for blessing, healing, cursing, and curing. Used in charm bags for both curing and protection.

VIOLET - Perfume oil, floor wash. Used to promote healing and bring money and health into the home. Carnation is better (and cheaper) for all of these tasks.

VOLADOR (Do Away With) Powdered Deer horn, it is added to mineral oil and used in spells forcing people to move, or at least to leave you alone. As a casting powder it has the same effect.

VOODOO Voudon (Vu Du) The Voodoo practice is a complete magical religious practice. The religion utilizes any number of powders, oils, waters, gums, waxes, soaps, and so forth. There is no generic product that suits the very complex religion, just as there is no one product that suits the entire Christian religion.

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W

WAR WATER (Agua de Guerra) All of the various 'War' products contain Iron Oxide, which is rust. War Water is made from rust and water. Magically, it is essentially the essence of Iron in Water. It may be made from artist's Red Ocher, which is pure Iron Oxide. (FeO_2)

In rural traditional practice, War Water is made from water taken from the rain barrel and old cut (iron) nails. The water is allowed to become cloudy with rust. The cloudier it is, the stronger it is said to be.

War water is used in conducting magical wars, as well as being used in protection from them. The primary use of war water is in laying curses and in other spells directed against people. It is also used to break these spells. It may be used in a bath or applied to the body. It may also be used by pouring it across the doorway of the enemy, or by placing it in their path. It is derived from European practice, where it originated in the 1500's as a medicinal tonic product, known as Iron water. It was used for treating Hysteria, which was considered a female complaint.

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See also the following listing.

WAR POWDER Iron Oxide, known as Mars Red, or

Ocher, are the main ingredient in this powder. Much depends on how it is made, and who makes it. It is frequently just rust that has been scraped from any rusty iron object. This powder is most often used for hexing and cursing an enemy. Thus it becomes a potent weapon in any magical war.

Write the name of your enemy on a piece of scrap paper and coat it with war powder. Fold the paper into a packet, folding the paper away from yourself each time you fold it. Seal the packet all around, with red sealing wax. Then cast the packet into a river while cursing the one whose name is written inside.

An excellent War powder is made from five parts of Mars Red (Ocher) powder and two parts of magnetic sand. (Iron Filings) the powder should be prayed over, and cast with a curse on the steps of the enemy's home at night.

WISHING POWDER Bay leaf powder or mullein

herb powder, usually diluted with Talc. It is used to make Wishes with.

WISTERIA Incense Made from the essential oil

and Winters Bark. Burn it at midnight to change your luck for the better. A midnight fumigation with Wisteria incense by a spiritual worker will have a very positive effect on the person who has had a string of bad luck. This fumigation should always follow a full spiritual cleansing.

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X

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25

Y

YLANG YLANG (Kananga) (Clang Ilang) [Cananga odorata] An oil used for many purposes from the paint industry to the plastics industry. You can buy the diluted version by the quart at some paint stores. It is used to conceal the odor of drying paint.

Grown in Indonesia and Jamaica, the oil is a constituent of 'Florida Water.'

Used ...' in treating excitable conditions, regulating the adrenaline flow, and relaxing the nervous system, resulting in a feeling of joy.'

YUZA YUZA OIL Used to summon spirits of the dead, usually for cursing others. Made of wormwood and asafetida in mineral oil. Allow it age for at least a week before using. Place a small equal limbed cross of the oil at the place where you wish the curse to be laid, then pray over it the curse you wish to lay. It may be used to lay particularly evil curses at a particular location.

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Z

ZORBA Named after the fictional Zorba the Greek, it is a Damania herbal extract in an alcoholic base that is given to men to improve their sexual potency. The commercial product is sold across the counter under this and several other brand names in Mexico.



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