unlocking the secrets

of a lost civilization

THE MAYAN PROPHECIES

ADRIAN G GILBERT

Co-author of

The Orion Mystery

& MAURICE M COTTERELL

The present world will end on 22 December 2012

SO PROPHESIED the Maya 5,000 years ago – the mysterious people whose ruined pyramids and temples in the depths of the Central American rainforests are alive with inscriptions that baffled scholars for centuries.

Who were the Maya? Where did they come from and why did they suddenly disappear? Will we suffer floods, volcanic eruptions and chaos in 2012?

In this thrilling and controversial book, Maurice Cotterell and Adrian Gilbert, co-author of the world bestseller *The Orion Mystery*, offer controversial answers that the establishment 'experts' refuse to accept. Decoding the complex Mayan astrological prophecies, they tell of the catastrophes to come in and after 2012 – and present the following shattering revelations:

- *the rise and fall of world ages and civilizations coincides with sun-spot cycles*
- *reduced sun-spot activity caused a decline in Mayan fertility and the sudden death of their civilization*
- *the Egyptians and the survivors of the flooding of Atlantis founded the ancient civilizations of Central America*

This revelatory and extraordinary book shows that we are standing on the threshold of a new world age. As we approach the new millennium we simply cannot afford to ignore its message.

UK £16.99
USA $24.95
Canada $33.99

The Mayan Prophecies

Adrian G Gilbert, widely known from the BBC documentary *The Great Pyramid—Gateway to the Stars*, is co-author of the bestseller *The Orion Mystery* and has also written and published a number of other books.

Maurice M Cotterell is an internationally acclaimed writer, engineer, and independent scientist who has appeared on television and in the press both nationally and internationally.

also by Adrian Gilbert

The Cosmic Wisdom Beyond Astrology
and with Robert Bauval
The Orion Mystery

also by Maurice Cotterell
Astrogenetics

The Mayan Prophecies

UNLOCKING THE SECRETS OF A LOST CIVILIZATION

Adrian Gilbert
and
Maurice Cotterell

ELEMENT
Shaftesbury, Dorset • Rockport, Massachusetts
Brisbane, Queensland

© Adrian Gilbert and Maurice Cotterell 1995

First published in Great Britain in 1995 by
Element Books Limited
Shaftesbury, Dorset SP7 8BP

Published in the USA in 1995 by
Element Books, Inc.
PO Box 830, Rockport, MA 01966

Published in Australia in 1995 by
Element Books Limited
for Jacaranda Wiley Limited
33 Park Road, Milton, Brisbane 4064

All rights reserved.
No part of this book may be reproduced or utilized
in any form or by any means, electronic or mechanical,
without prior permission in writing from the Publisher.

Cover illustration by Mark Topham
Cover design by Bridgewater Book Company
Text design by Roger Lightfoot
Typeset by WestKey Limited, Falmouth, Cornwall
Printed and bound in Great Britain by
Butler & Tanner Ltd, Frome and London

British Library Cataloguing in Publication
data available

Library of Congress Cataloging in Publication
data available

ISBN 1–85230–692–0

To the people of Mexico

and Past
Present
To come

Picture credits

Thanks must go to the sources below for permission to reproduce the following illustrations:

2, 3, 4 Karl Taube, *Aztec and Maya Myths*, British Museum Press, 1993; 5, 6 B Harrison, *Mysterious Regions*, ABC; 7, 8, 9 Sylvanus Griswold Morley, *An Introduction to Maya Hieroglyphs*, Dover Publications, NY; 10 Sandy Huff, *The Mayan Calendar Made Easy*, 1984; 11 Jeff Mayo and Hans Eysenck, London Institute of Psychiatry; 13 Moore (ed) *The Atlas of the Solar System*, Mitchell Beazley; 14 Maurice Cotterell, *Astrogenetics*; 15 Iain Nicholson, *The Sun*, Mitchell Beazley; 16, 18 Moore (ed), *The Atlas of the Solar System*, Mitchell Beazley; 19 Moore (ed), *The Atlas of the Solar System*, Mitchell Beazley; 20 © John Baldock; 35 John L Stephens, *Incidents of Travel in Yucatan*, Dover Publications; 42, 43 José Diaz Bolio, *Why the Rattlesnake in Mayan Civilization*;.48, 49, 50, 51, 52 Adrian Gilbert; 54 Pearson, *Climate and Evolution*, The Academic Press, 1978; 55, 56 Maurice Cotterell; 57 Iain Nicholson, *The Sun*, Mitchell Beazley; 58, 59 Ronald Pearson, *Climate and Evolution*, The Academic Press, 1978; 61 John White, *Pole Shift*, ARE Press; 62 Adrian Gilbert

Plates 2, 5, 9, 10, 11, 12, 16, 17, 18, 19, 27, 28, 29, 32, 38, 39, 40 © Deirdre Gilbert; 37 © Jim Henderson; 20, 21, 22, 22a, 23, 24 © Maurice Cotterell

Appendix illustrations: 1, 2, 3, 4, 6, 7, 8, 10, 11, 12, 13, 14, 15, 16, 17, 19, 20, 21, 22, 26, 27, 28, 29, 30, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 49, 58, 59, 60, 61, 62, 63, 64, 65, 66, 68, 71, 74, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86 © Maurice Cotterell; 9 Richard Knox, *The Book of Time*, David and Charles; 18 *The Sun* op. cit.; 24, 25 Price, Glickstein, Horton, Bailey, *The Principles of Psychology*, Rheinhart Winston, 1982; 32, 33 *The Atlas of the Solar System* op. cit.; 45 *Philips Universal Atlas*, Philip and Son; 46 *The Sun* op. cit.; 55, 56, 57 *An Introduction to Mayan Hieroglyphs* op. cit.; 67 after Hartung, Evan Hadingham, *Early Man and the Cosmos*, Heinemann; 47, 48, 69, 70, 80 Ronald Pearson, *Climate and Evolution*, The Academic Press, 1978; 70 H H Lamb, *Climate, Past, Present and Future*, Methuen & Co.; 72, 73 *Pole Shift* op. cit.

Appendix plates: 1, 2 after Hartung, Evan Hadingham, *Early Man and the Cosmos*, Heinemann; 3, 4, 5, 6, 7, 8, 9 © Maurice Cotterell

While every effort has been made to secure permissions, if there are any errors or oversights regarding copyright material, we apologize and will make suitable acknowledgement in any future edition.

Contents

	ACKNOWLEDGEMENTS	viii
	PROLOGUE	ix
1	The Mysterious Maya	1
2	Mayan Concepts of Time	25
3	A New Solar Astrology	40
4	Maurice Cotterell in Mexico	59
5	Land of the Rattlesnake	97
6	The New Fire, the Chacmools, and the Skull of Doom	128
7	Transatlantic Traditions	145
8	The Olmecs and Atlantis	159
9	The Sun, its Energy and Influences	178
10	The Atlantean Cataclysm	194
	NOTES	213
	APPENDICES	225
1	Astrogenetics	227
2a	Astrogenetics and the Twelve Astrological Types	228
2b	A Scientific Rationalization of Astrology	235
3	Solar Radiation and Hormone Production in Humans	244
4	The Sunspot Cycle	254
5	The Decline of the Maya	267
6	Catastrophe and Destruction	272
7	Maya Numbers and Counting Systems	275
8	The Amazing Lid of Palenque	308
	GLOSSARY	328
	BIBLIOGRAPHY	331
	INDEX	334

Acknowledgements

... Thanks to Michael Mann, Chairman of Element Books, who proposed we get together to write the book; to John Baldock, who seems to have grasped the essence of *The Mayan Prophecies* in a remarkably short time and seamlessly edited it; and to everyone else at Element, without whose contribution this book would never have come into print. Finally, thanks to my wife, Dee Gilbert, who offered enormous encouragement and support, and who took many of the photographs.

Adrian Gilbert

By way of acknowledgement let me thank all those who paved the way for this remarkable story, among them, Jeff Mayo and Dr Hans Eysenck for their early work on astrological dispersion and personality observations; James Van Allen and fellow engineers and scientists at NASA who in 1962 engineered the *Mariner II* spacecraft, which in turn detected the sectored structure of the solar wind; to astronomer Iain Nicolson for his behavioural observations of solar wind interaction with the Earth; to Dr A R Lieboff of Oakland University USA for his work on magnetic fields and mutations in cells; and to Dr Ross Adey, White House Medical Advisor USA, for his dedication and work on the effects of magnetic fields on living organisms. Finally, special thanks to my wife, Ann Cotterell, for her hard work, encouragement and support.

Maurice Cotterell

Prologue

On the morning of 12 September 1993 I was sitting in the kitchen of my colleague, Robert Bauval, discussing final changes to our forthcoming book *The Orion Mystery*. We had been working closely together on this project for nearly a year and had just attended a conference with all of our publishers' sales staff. Elated by the reception we had received and yet exhausted by lack of sleep, we were doing our best to unwind over the Sunday papers. As I flicked through one or other of them, my eye was almost immediately caught by an article written by a Michael Robotham. Over pictures of a crumbling palace, a pyramid and a horrifying sculpture of a bat god 'HE HAS SOLVED A CENTURIES-OLD MYSTERY' was written in capitals. Below the palace and above another picture, this one showing a man like Indiana Jones emerging from the jungle and holding a stone slab towards the camera, was a banner headline: 'THE MAN WHO BROKE THE CODE OF MAYA CARVING'. By now not a little intrigued as to what this was all about, I pulled up a chair and settled down to read the article.

It turned out that the palace and pyramid shown in the pictures are located in a remote area of southwest Mexico at a place called Palenque. This was one of a number of cities built by the Maya, a highly gifted people yet one whose civilization suddenly collapsed at some time in the 9th century AD. Though their descendants continue to farm the hills further to the north, Palenque and their other low-lying cities were abandoned to the jungle, to be lost under a canopy of fast-growing climbers and trees. The man in the picture, the one who had apparently broken the 'Maya code', was a certain Maurice Cotterell and the stone slab he was

holding out in front of him was a replica of a tomb lid found in the pyramid. I had heard before of this mysterious slab, the so-called 'Lid of Palenque', mainly connected with theories of gods from outer space. I was therefore somewhat surprised to discover that Cotterell was not putting forward any such wild speculations. His decoding of the lid seemed to be based on a much more scientific approach, analysing the lid in terms of Mayan mythology and certain ideas concerned with solar cycles. In the article he put forward a plausible case for why he thought the Mayan civilization had suddenly collapsed. This is something that is still a mystery, and his ideas seemed to be breaking new ground.

Reading the article I realized how little I knew about the Maya or indeed any of the pre-conquest civilizations of America. Like many other people I had, of course, seen documentaries concerning such mysteries as the Nazca lines of Peru but I did not have an overall picture of the succession of civilizations in Central America in the same way that I had for, say, Europe, Egypt or Mesopotamia. I had also not realized just how sophisticated the pyramids and temples of Mexico are. Having been to Egypt and visited the Great Pyramid, I tended to think of pyramids as either very large, geometrically simple buildings or collapsed rubble heaps. The pyramids of Mexico were different, more like Babylonian ziggurats or even Chinese pagodas than Egyptian pyramids. Yet like those of Egypt they were connected with a cult of the dead, and it now also seemed that they had some sort of symbolic significance linking them with a sky religion. This last connection I found particularly intriguing. Robert Bauval and I were on the point of publishing *The Orion Mystery*, presenting a new stellar theory for Egyptian pyramids. I was now keen to know if this man Cotterell could find similar connections with the Mexican pyramids. The newspaper article didn't go as far as to say this, but before putting down the paper I made a mental note to look into the matter when I had more time.

It was some months later, in May 1994, that I found myself driving down to Cornwall to meet Maurice Cotterell face to face for the first time. *The Orion Mystery* had been published the previous February accompanied by a BBC documentary entitled

The Great Pyramid—Gateway to the Stars featuring Robert Bauval and myself. Overnight the book had become a bestseller, in spite of strong opposition from some senior Egyptologists who were dismayed that we had effectively bypassed the slow-lane of academia. I had all but forgotten about the Lid of Palenque in the excitement surrounding both the launch of the book and the making of the documentary, when a mutual acquaintance showed me a digest of Cotterell's work. I was amazed at how wide-ranging and original his work was; he seemed to have researched not only Mexico and the Maya but many other subjects as well. I now had his telephone number and I decided to call him up. He was reluctant to say very much over the phone, but we arranged that I should come down for the weekend and spend as much time as needed to quietly go through this vast corpus of work. After driving down some narrow, winding, tree-lined lanes and passing through a narrow gate at right-angles to the steeply gradiented approach, I found myself standing before a quaint 18th-century farmhouse overlooking the River Tamar. I didn't have to knock, for Cotterell had heard my approach and opened the gate. It simply remained for us to introduce ourselves and to go inside for a cup of tea.

Maurice Cotterell is about 40 years old, though he looks somewhat younger. Lightly built and quick in speech and movements, his temperament is clearly mercurial. Clasping our cups of tea in our hands we immediately went upstairs to his office and, with the aid of a whiteboard and felt-tip pens, he set about explaining his theories to me. For some six hours he talked non-stop, occasionally rolling out a computer printout of a graph or demonstrating a point using a child's spinning top as a three-dimensional model. Yet as the hours rolled by it seemed like no time at all, so interesting and so novel were the facts he was presenting. Like a viewer engrossed in a movie plot, I wanted to hear more and yet was impatient to get to the end. At times our conversation would become deeply technical and I would be scratching my head trying to remember what I had learnt 25 years before concerning partial differentiation and wave mechanics. At other times we would be playing with acetate copies of the Lid of Palenque, laying them one on top of the other to produce bizarre images of gods

and dragons. His work had two sides to it—the one rational and 'scientific', the other intuitive and 'artistic'—yet the two blended together and had definite points of reference one to the other. The patterns revealed on the acetates were not without their own logic and neither was the science without its own strange beauty. The two aspects of his work were like the faces of a coin or the hemispheres of the brain; they were two, yet one and the same. Even though they appeared different, at the centre of both series of studies was the same overwhelming and somewhat frightening subject: humanity's total dependence on sun cycles. The subject is overwhelming in the sense that just as one cannot look directly into the sun without going blind, so the more one studies the subject of solar cycles the more one realizes how blind we are on planet Earth to the realities governing our existence. It is frightening simply because of our ignorance.

My head spinning like a top, we emerged from his office to eat the very fine supper of local salmon prepared by his wife Ann. Over wine and dessert we confirmed what we had already decided, that we would write a book together making these ideas available to as wide an audience as possible. Having co-authored *The Orion Mystery* I was well aware of how difficult it is to get a proper airing for radically different ideas that challenge the scientific orthodoxies of archaeology. It is all too easy for a professor to use his authority to silence all academic debate over theories with which he disagrees. I was therefore not surprised to hear that Cotterell, like Bauval with whom I had also worked, had run into a brick wall of opposition with the academic world. His ideas on sunspot cycles alone deserved proper attention, yet responsible academic journals refused to publish his articles largely, one suspects, because he isn't an acknowledged 'expert' in their narrow sense. Yet, looked at in a different way, as the originator of these theories and the only person who as far as we know has studied the subject in this way, he is the world expert. Who, one asks, is the scientist? Is it the professor with strings of letters after his name who actually does nothing but sit behind his desk, or the outsider who actually comes up with original ideas?

Cotterell's ideas are radical and they are bound to be controversial. Yet they have a coherency of their own. His studies of the Lid

of Palenque and sunspot cycles point to the need for a radical rethink not just about the history of Central America but our own possible fate. Today there is much fear over the thinning of the ozone layer, global warming, pollution, overpopulation and the exhausting of resources. But underneath this fear there is still a strong current of belief in the ability of modern civilization to ride the storm and overcome any temporary setbacks. Even those who believe such faith is unfounded and that we should do all we can to get back to a simpler lifestyle without the trappings of technological society have a view of humanity as somehow self-determined and self-determining. All our utopias presume that it is at least theoretically possible for humanity to live peacefully and in harmony with the planet—even if in practice we don't. Yet what if this is a fallacy? What if there are cosmic factors over which we do not have even a possibility of control? What if the rise and fall of civilization itself is governed, as Cotterell suggests, by the sun? Should we scoff, bury our heads in the sand or try to understand more about these influences?

The Maya were in possession of a complex and extremely accurate calendar. We are now able to decode at least some of their hieroglyphs, many of which turn out to be dates. What was of the greatest concern to the Maya was the sun and their belief in an apocalyptic future for humanity. It is easy to dismiss their concerns as simple superstitions but what if (as Cotterell's work would seem to suggest) they knew more about this subject than we do? We owe it both to ourselves and our children to do the best we can to resurrect this knowledge. At least then we may be prepared for global changes even if we cannot control them. This surely must be the responsible attitude of all true scientists, and I for one—though I take no credit for Maurice Cotterell's discoveries—want to know. We can but trust that you, the reader, feel the same way.

Adrian Gilbert

1

THE MYSTERIOUS MAYA

Lost in the jungles of Central America are the remains of a most mysterious people; the Maya. Who were they? Where did they come from? What message, if any, did they leave for our own times? These are some of the questions that have taxed explorers, scholars and writers for over 200 years since the ruins of their most famous city, Palenque,[1] were rediscovered in 1773. This amazing city, which is still not fully excavated and is constantly threatened by the encroaching jungle, is one of the wonders of the New World. Made out of resplendent white limestone and built with a perfection that would have done justice to Renaissance masons, its pyramids, temples and palaces continue to amaze all who see them. Yet it is only since the later part of the 20th century, as we have slowly deciphered the inscriptions that cover the walls of many of its most important buildings, that we have truly been able to appreciate this jewel.

The pattern that is emerging is of a people very different from ourselves. Unlike us the Maya had few personal possessions other than the bare necessities of life. They cultivated the earth using the simplest of tools to grow maize and a few other staples. Meanwhile their gorgeously attired rulers performed strange and

painful rituals on themselves to ensure the fertility of the land. It was a stratified society, in which both rulers and peasants knew their place, but there was one great difference between it and the sort of Dark Age societies that were their contemporaries in Europe at the time: they were expert astronomers. They believed that they were living in the fifth age of the sun: that prior to the creation of modern men there had been four previous races and four previous ages. These had all been destroyed in great cataclysms, leaving few survivors to tell the tale. According to Mayan chronology, the present age started on 12 August 3114 BC and is to end on AD 22 December 2012. At that time the Earth as we know it is again to be destroyed by catastrophic earthquakes.

Many books have been published about the Maya, yet nobody has, until this time, been able to explain their remarkable calendar or what led them to these particular dates. Whereas a great deal has been written about the mechanics of their calendar (as dealt with in detail in later chapters), their reasons for developing such complex systems of marking time as the 'Long Count' have until now remained obscure. It is only now, as their alarm-clock is about to ring, that we are at last able to see what it was that drove them. We are beginning to understand that they had knowledge vital not only for their own time but for the very survival of the human race in our own.

Their civilization may have been primitive by our standards—they had no running water but the babbling brooks, no cars or roads and certainly no electronic computers—but they were richly endowed in other respects. Recent researches show that they developed their psychic faculties in ways that we have not even suspected are possible.[2] Like the Aborigines of Australia they made active use of dreaming as a way of foretelling the future and of understanding the present. They also followed the planets and stars with uncanny accuracy even though they had no telescopes or modern instruments. Above all they were deeply religious, believing, like many mediaeval Christians, in the need for mortification of the flesh and self-sacrifice if they were to gain entry into heaven.[3]

From their early beginnings at the dawn of time, through a brief golden age between around AD 600–800, to a post-Classic period

lasting a few centuries more, they produced some of the world's greatest art. Then, as mysteriously as they had entered them, they disappeared from the pages of history. Because of some event, the nature of which is still unknown, their civilization collapsed and they abandoned their cities. A large part of the area where they had once lived, studied the stars and built fabulous pyramids, returned to jungle. As the Toltecs and later the Aztecs rose to power in the more northerly provinces surrounding present-day Mexico City, the surviving Maya retreated either to the hills in the south or to the plains of the Yucatan Peninsula in the north. The central area, which had been the site of their greatest flowering, was abandoned forever.

In 1511[4] the first of several Spanish expeditions landed in the Yucatan, trying without much success to find a source of gold. But by then even this peninsula, the last outpost of a hybrid Toltec-Mayan culture, had sunk into decadence. Though they were to abandon the conquest of Yucatan for the time being, the Spanish did learn of a much larger and better prey further to the north and west: the flourishing empire of the Aztecs. It would be a long time before anyone would again pay much attention to the lost knowledge of the Maya.

The Empire of Montezuma

The Aztecs were a warrior nation who arrived in the valley of Mexico during the 13th century AD (*see* Figure 1). Tradition states that they came from a place called Aztlan, believed to be in northern Mexico and from which the name Aztec is derived, though they called themselves Mexica. According to legends, which they related to later Spanish chroniclers, the Mexica were led to the valley of Mexico by a seer called Tenoch. He had been told in a dream that he and his people must continue their wandering until they came to a place that he would recognize when he saw an eagle fighting with a serpent. When they finally arrived in the Valley of Mexico, which at that time was still largely filled by a great lake, they discovered the surrounding land was already occupied by five other tribes. These peoples were naturally

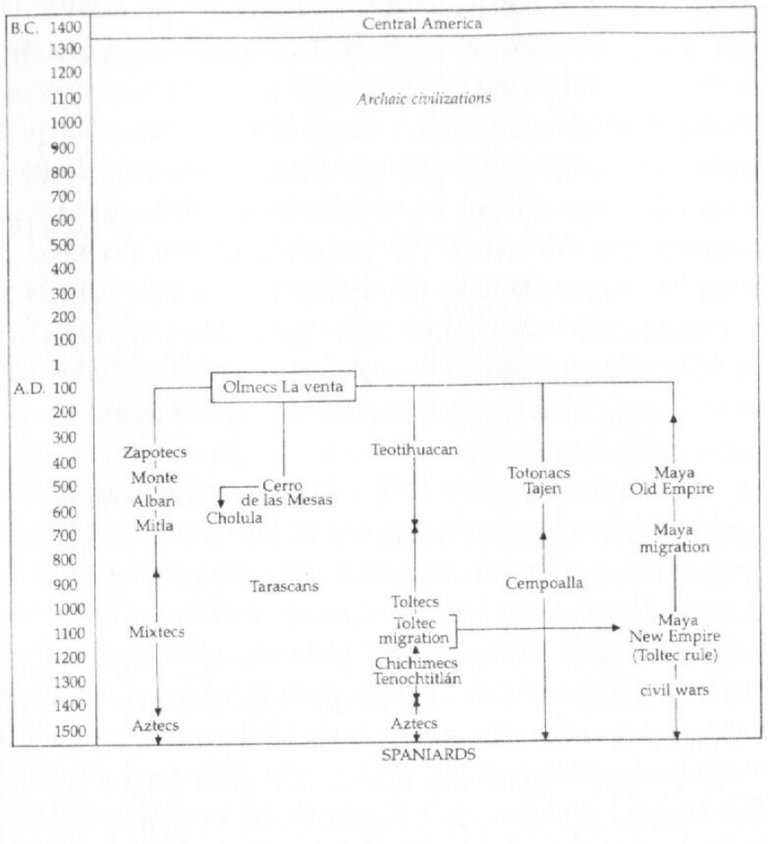


Figure 1 Accepted chronological table of the Indian empires of Central America

apprehensive at meeting the new arrivals and were not at all keen to give up their land. Conferring together they arrived at a solution to the problem: they would offer the Aztecs an uninhabited island in the middle of the lake, on which they could settle if they so pleased.

The offer of the island was a barbed gift, for the natives of the area knew that it was infested with poisonous snakes, which they hoped would take care of their Aztec problem for them. They were to be disappointed. When Tenoch and his followers went out to the island they saw the sign for which they had been seeking: a great eagle, grappling with a serpent in its beak, settled on a cactus. Delighted, he declared that this was the place that he had been told to look for in his dream. Nor were the Aztecs put off by the snakes, for where they came from these were considered to be a

great delicacy. Thanking the natives for providing them with not only a home but a well-stocked larder too, they there and then accepted the offer of the island and began building a new city, called Tenochtitlan after its founder.

Within a very short time the Aztecs became the dominant tribe in the Valley of Mexico, uniting with their neighbours to form a powerful nation with Tenochtitlan as its capital. They in turn were assimilated by the peoples of the Valley of Mexico, who taught them much about local religious beliefs, customs and attitudes. In the main these ideas derived from the earlier Toltecs, another warlike people who centuries earlier had ruled over much of Mexico and even parts of the Yucatan.

The Toltecs, whose capital had been at a place called Tula, 25 kilometres to the northwest of Tenochtitlan, were a bloodthirsty race. As part of their solar religion they carried out human sacrifices on a regular basis. Using obsidian[5] knives, they cut open their victims' chests and tore out their still-beating hearts as an offering to the sun god. They believed that by doing this they were feeding it with its favourite food, human life-force, which would ensure that the sun would keep on rising.

The Aztecs—to what would have been the horror of Tenoch had he lived to see it—adopted these superstitious beliefs and customs, and took them to absurd limits. Human sacrifice, and especially the removal of hearts, became the central mystery of their religion. It is estimated that, for the consecration of Tenochtitlan's main temple alone, some 20,000 victims were sacrificed. At least 50,000 unfortunates would perish in this way every year. To supply the voracious appetite of the sun for human hearts there was a whole warrior caste, organized into regiments, whose task it was to keep the priests supplied with fresh victims. The Aztecs encouraged rebellion amongst the subjects of their far-flung empire, for this gave them the excuse to send in their army and take prisoners.

Needless to say they were greatly feared and hated by all the neighbouring peoples of Mexico, who seethed with resentment and longed for the overthrow of the hated Aztecs. Their one hope lay in a half-forgotten legend that one day a god-king, a white man with a beard named Quetzalcoatl, would return from across the

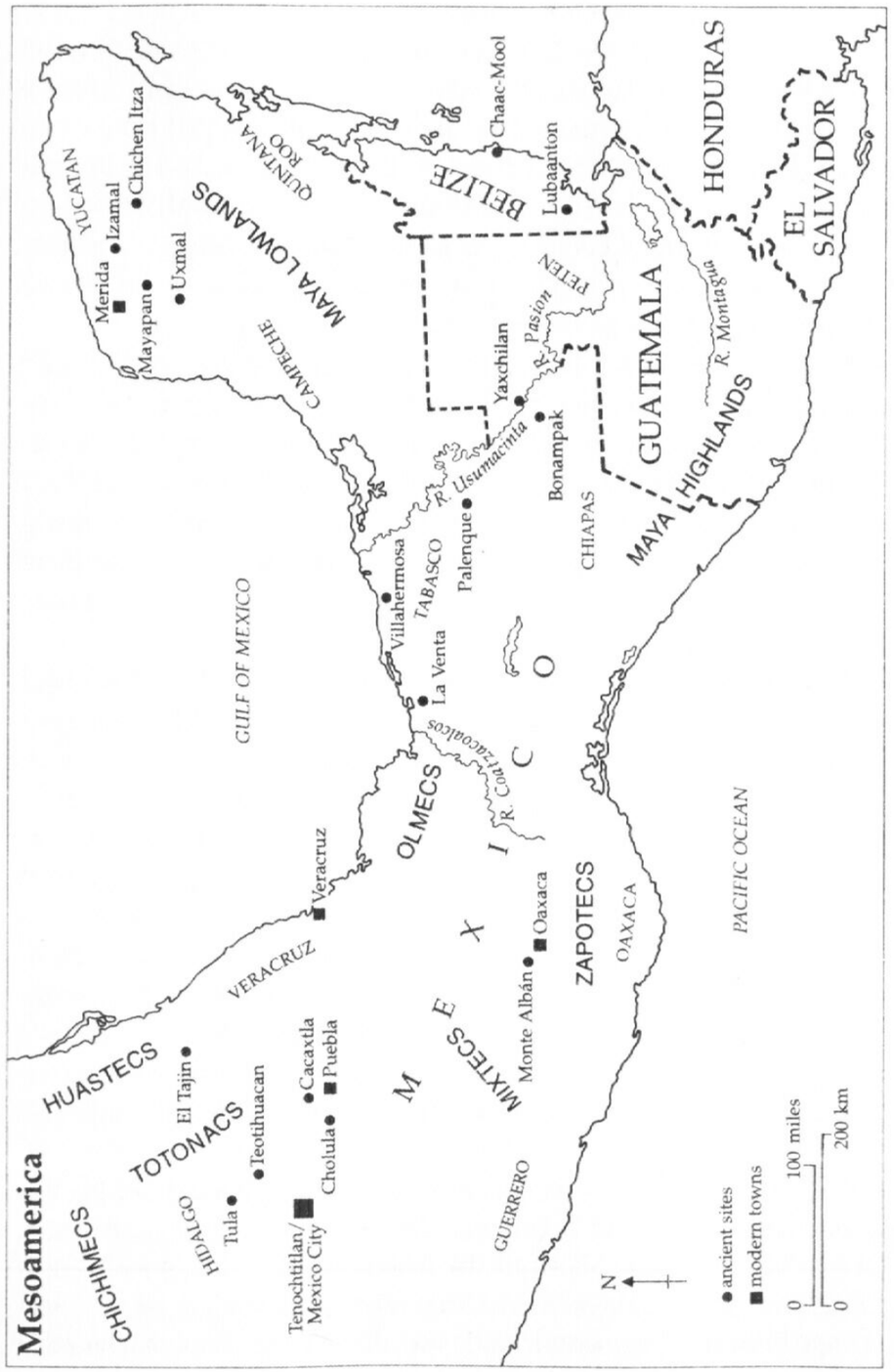


Figure 2 The territory of the Maya and neighbouring peoples

sea to free his people and reclaim his kingdom. Sword in hand, he would end Aztec dominance and usher in a new age of peace, prosperity and justice. As it had long ago been prophesied that Quetzalcoatl would return in a year named 1 Reed, it was with some trepidation that Montezuma II, King of the Aztecs, heard that men with beards and white faces had arrived in his kingdom in this very year.

The Conquest of Mexico

On 4 March 1519 Hernan Cortes, with 11 ships, 600 foot soldiers, 16 horses and some artillery landed on the coast of Mexico and immediately took possession of the town of Tabasco. Before going inland, he founded a new Spanish colony called Vera Cruz, promoted himself to the rank of Captain-General and then, so that there could be no possibility of retreat, burnt his ships. Hungry for gold and with new allies gathered from the native republic of Tlaxcala, he set out for the Aztec capital of Tenochtitlan. Thus began one of the most extraordinary adventures in the whole history of the world: for the Conquistadores were to destroy an empire of whose might they can have had little inkling when they first landed.

At first it was believed by both the Aztecs and their native enemies that the Spanish invader Cortes was indeed the god Quetzalcoatl,[6] whose return from the east had long been prophesied. God or not, Cortes came with a sword in his hand, and in a campaign lasting little more than two years he completely destroyed the Aztec empire. By 13 August 1521 Tenochtitlan was in his hands, Montezuma II was dead, and his successor, Cuahtemoc the last Emperor of the Aztecs, was his hostage.[7] Thus it was that one of the richest countries in the world, which had up until that time been totally unknown to Europeans, became a province of Spain.

When Cortes arrived in Tenochtitlan he was both amazed and appalled by what he saw. It was a large and vibrant metropolis with a culture all of its own. The city was built on the original island in the middle of the lake, and surrounding it was a network

of canals giving access to a myriad of other artificial islands. On these, crops were grown: mainly the maize, chilli peppers and beans that are still the staples of Mexico today.

The city was huge in comparison with those Cortes had left behind in Europe, by some estimates having a population of 200,000. Though most of the houses were made of wattle-and-daub, the nobility and priests lived in magnificent palaces of stone. There were also open areas of the city in which markets were held. Here, as in any other civilized habitation, the people traded goods and services in exchange for food. At the centre of the city was a temple complex including buildings shaped like step-pyramids.[8] These were covered with brightly coloured stucco and at first glance must have been quite resplendent. However, an appalling stench lingered over these towering monuments, for it was here that the priests carried out the bloody rituals that were part and parcel of the Aztec religion. After the still-beating hearts of victims had been torn out and offered to the sun, the dead bodies were hurled down the steps of the pyramid. It was reported by the Spanish—though this may be a calumny—that the Aztecs were cannibals, and that at least some of the victims of these barbarous rituals ended up in the cooking-pot.

Whatever the truth of this last report, there can be no doubting that the Spaniards were deeply shocked by these rituals and hardened their hearts against both the city and its people. As far as the Spanish were concerned, all Indians were devil worshippers and needed to be converted to Christianity—forcibly, if necessary. Having defeated the Aztecs and taken Cuahtemoc captive, Cortes ordered the wholesale destruction of their capital so that the memory of its Satanic past would be erased. Tenochtitlan was razed to the ground, its palaces and temples dynamited so that the stone could be used to build new churches and villas for the conquerors. Meanwhile the natives were reduced to serfdom and put to the arduous task of reconstruction. In a short time the population was decimated through overwork, disease and casual slaughter. Under threat of death, the people of Mexico were forced to convert to Catholicism and to give up their old gods. They were forbidden to write in their own language, and had now to learn Spanish. All written records from the old days that could be found

were destroyed. Idols and other large objects that could not easily be broken up, burnt or melted down were buried to remove their evil influence. Of the unspeakable acts of cruelty carried out by the Inquisition in the name of Christianity probably the less said the better. For rather like the Chinese who, following Mao's invasion of Tibet, set about robbing that country not only of its gold, silver and other precious metals but more importantly of its culture, so also did the Spaniards in Mexico. Fortunately there were one or two more enlightened individuals in the Church who did their best to record at least some of the native traditions before they perished completely.

Foremost among these was the Franciscan friar Bernardino de Sahagun. In 1529 he sailed to Mexico in the company of several Indians, who were being repatriated after having been paraded in Spain for the amusement of the court. From them he was able to learn Nahuatl,[9] their native language. He subsequently travelled throughout Mexico and during his long life acquired a vast store of folklore, which he recorded in 12 volumes. Seeking out the most learned of the surviving Indians and asking them to narrate the legends of their people as best they could remember, Sahagun was able to record much of their recent history prior to the conquest.

During the Spanish occupation, both Church and state actively discouraged scholars from publishing anything that might indicate that Mexico prior to the invasion of Cortes had any sort of civilization or history worth the title. It was Sahagun who discovered from his Indian friends that, on the contrary, prior to the Aztecs there had been an earlier race ruling the Valley of Mexico whom they referred to simply as 'Toltecs',[10] a name meaning 'artist' or 'builder', and which referred to their amazing skills in this respect. Their capital had been a fabled city called Tollan where, under the guidance of a divinely inspired leader called Quetzalcoatl,[11] they had developed their arts and crafts to a very high level. As I was later to discover, Quetzalcoatl was more than a folk-hero: he personified the goal and purposes of a very high and peaceable religion that at one time—long before the coming of the Spanish—held sway over most of Central America. Apparently the Toltecs were also skilled in astronomy, counting the days and keeping careful track of the movements

of the planets. This golden age ended when in around AD 950 Quetzalcoatl was obliged to move on eastwards after a feud. Thereafter the valley had been invaded by a succession of less civilized tribes from the north, the last of which were the Aztecs themselves.[12] The Aztecs had preserved some of the knowledge of the earlier Toltecs, but much had been lost including, it seemed, the city of Tollan itself.

Sahagun believed that there must indeed have been a great civilization in Mexico before the Aztecs, and that it must have been centred, prior to the building of Tollan, on the abandoned city of Teotihuacan. This site, some 40 miles to the north of Mexico City, contains the impressive pyramids of the Sun and Moon, at that time hidden under mountains of earth. The Aztecs had inherited the belief from the Toltecs that Quetzalcoatl, who was revered as a god, would one day return to rule his people. They also believed that it was at Teotihuacan that Quetzalcoatl had sacrificed certain gods in order to make the sun move through the sky. Their seers and prophets told them that he would return to this, his ancestral city, and overthrow the Aztec empire.

Curiously enough it was on the site of Teotihuacan that Cortes and his men fought a crucial battle against the hordes of Montezuma. As in the rest of America, native weapons proved no match for the firearms and armour of the Europeans. Even so, the Spaniards were heavily outnumbered and should have been overwhelmed. Surrounded by many thousands of spear-wielding Indians, the Spaniards made a desperate attack and killed their opponents' military commander, 'Snake Woman'. At this evil omen many of the natives panicked and fled the field, thereby enabling Cortes and his remaining men to escape to fight another day. A year later he returned with a much larger army and captured the Aztec capital of Tenochtitlan.

Out of the ashes of this destruction was to rise Mexico City, capital of New Spain, the richest of all the King of Spain's possessions. Soon it was attracting immigrants by the thousand, nearly all male and mainly adventurers, missionaries and merchants. Mexico City was rebuilt as a glittering capital in the European style. Other cities, such as Guadalajara, Veracruz and Acapulco were built, initiating a new world of prosperity for the

immigrants—though not for the indigenous Indians, who were treated very badly.

Sahagun researched deeply into this period of history and was shocked by the stories he heard. In his writings he toned down much of what the natives told him about the atrocities that followed the invasion, but even so he was not allowed to publish his work openly. His books were kept out of sight by an establishment that was trying to promote a positive image of the conquest. However, though his work was suppressed and eventually lost in its entirety, an incomplete copy of the manuscript did surface during the French invasion of Spain in 1808. This was eventually published in 1840.[13]

Travellers' tales

Very few foreigners, ie non-Spaniards, were allowed to enter Mexico prior to its gaining independence, and those who did get in were watched carefully. One of those who succeeded was a Neapolitan called Giovanni Careri. He arrived in Acapulco on the west coast in 1697 having endured a gruelling five-month cruise from Manila in the Philippines (then also a part of New Spain). Travelling extensively through the country, he was shocked to discover just how much of its wealth was in the hands of the Church. He did, however, make friends with a priest called Don Carlos de Sigüenza y Gongora, who had been expelled from the Jesuit order. He, having cultivated the friendship of the Indians, was in possession of a priceless collection of manuscripts and paintings that had escaped the mass burnings 150 years earlier. One of his friends was Don Juan de Alva, the son of a certain Fernando de Alva Cortes Ixtlilxochitl and a direct descendant of the kings of Texcoco. This Ixtlilxochitl was an educated man and had written the first-ever history of Mexico in Spanish. Sigüenza showed this to Careri, who was amazed to see that it spoke of an ancient Mexican calendar that had vanished at the time of the conquest. With the help of this calendar the Aztec priests had, so it was said, been able to keep an accurate chronology over very long periods of time. It was apparently based upon 52- and

104-year cycles, but also recorded solstices, equinoxes and the movements of the planet Venus.

Sigüenza had himself done much research into the chronology of ancient Mexico. As Professor of Mathematics at the University of Mexico and a keen astronomer, he was well qualified to carry out this research. Using the rare documents in his possession and making careful calculations for eclipses of the sun and moon as well as the movement of comets and other celestial bodies, he was able to reconstruct an Indian chronology. So accurate was this that he was even able to pin down specific dates, including the beginning of the Aztec empire and the founding of Tenochtitlan in 1325. He also concluded that before the rule of the legendary Toltecs there had been another race, the Olmecs[14] or 'rubber people', so called because they lived in the region of Mexico where rubber trees are indigenous. Sigüenza believed they had come from the mythical island of Atlantis, and that they were the race responsible for building the pyramids at Teotihuacan. He initiated Careri into this strange knowledge and the latter dutifully included the Atlantis theory as well as the material on the calendar in his own book, *Giro del Mondo*, which he wrote when he returned to Europe. It was just as well that Careri put pen to paper, for following Sigüenza's death the same year his priceless archive was either dispersed or destroyed by the Inquisition. His own manuscripts were acquired by the Jesuits, but these also were lost (they may still be buried in some library) when that order was itself thrown out of Mexico in 1767.

Because most Europeans were of the opinion that prior to the conquest the Mexican Indians were mere savages and hardly able to count to ten on their own fingers, Careri's report on the Aztec calendar in *Giro del Mondo* met with derision. His case was not helped by the fact that he was himself a poor mathematician and had not represented Sigüenza's arguments very well. However, he had at least recorded the idea of an Aztec Calendar Stone for posterity. Soon another explorer, who had read Careri, would arrive from Europe and more of Mexico's past would come to light.

Baron Friedrich Heinrich Alexander von Humboldt was a well-known figure in European literary and political circles, and a

friend of Goethe, Schiller and Metternich. He had narrowly missed going to Egypt with Napoleon and his *savants* because the ship on which he was to have travelled had sunk in a storm. Instead he went to America to see what adventures fortune might bring him there. In 1803 he and several friends arrived in Acapulco from Equador with many of the latest scientific instruments, including surveying equipment and telescopes. After carrying out various surveys of the locale, they set out for Mexico City, passing through the silver-mining region of Taxco on the way. Although a Protestant, Humboldt was well received by the viceroy who unexpectedly gave him access to the country's classified archives. After going through these, he turned his attention to whatever remaining antiquities the city had to offer. One of these was a huge stone sun-wheel which had been unearthed only some 12 years earlier. This had been carefully examined by a historian called Leon y Gama who had spent a lifetime studying ancient Mexican documents and who, like Sigüenza, was fluent in Nahuatl, the native language. He recognized the stone as the legendary Aztec calendar mentioned by Ixtlilxochitl and Sigüenza. However, when he published a pamphlet on his findings to this effect he was ridiculed by the Spanish clergy who insisted the stone was a sacrificial altar, its intricate design simply decorative (*see* Figure 3).

Figure 3 The Aztec Calendar Stone

Humboldt, seeing the stone still propped up against the west wall of the cathedral near to where it had been found, agreed with Leon y Gama. As an astronomer it was clear to him that the stone had a calendrical meaning. To his trained eye the stone was evidence that the Aztecs did indeed have advanced knowledge of astronomy and must have had a quite sophisticated system of mathematics. He not only confirmed Leon y Gama's opinion that the eight radiating triangles from the centre represented divisions of the day, but also saw that many of the symbols used by the Aztecs to denote their 18-day months were the same as those used in East Asia. He concluded that the two zodiacs must have had a common source.

Travelling on to New York, where he visited a brother Mason, Thomas Jefferson, Humboldt set about the task of producing several large folios on his travels through the Americas. These, when they were published, were to amaze his European contemporaries. It seemed that at last a respectable figure, a man of science and standing, was challenging the accepted consensus that, prior to the conquest, the Mexicans were out-and-out savages.

As well as exploiting the country's mineral wealth, the Europeans were keen to develop it agriculturally. Because most of the land was unfit for arable farming, cattle rearing was the most profitable method of making use of it. However, this meant dispossessing the Indians of their traditional small-holdings. The consequent growth of large ranches added further discomfort to the already impoverished rural Indians. There was plenty of cause for discontent, and the French Revolution of 1789, with its clarion call for Liberty, Equality and Fraternity, was indirectly to act as a catalyst for change in Mexico as well as France. When Napoleon deposed the King of Spain and placed his own brother on the throne, it led many to question the legality of Spain's continued hold over Mexico. To the north the Mexicans already had the example of the United States to show them that a colony could throw off its European masters, so it was not long before they too were in open revolt. The Spanish were thrown out, and a long period of strife—the stuff of a thousand spaghetti Westerns that was to last for over a century—began.

One side-effect of Mexican independence was that it became much easier for foreigners other than Spaniards to enter the country. As a result, a number of intrepid explorers, including an Englishman, William Bullock, paid the country a visit. He sailed for Veracruz from Liverpool in 1822, retracing Humboldt's footsteps back to Mexico City. Like Humboldt he was greatly impressed by the Aztec Calendar Stone, which he believed must once have been part of the roof of the great temple of Tenochtitlan, rather like the famous Egyptian Zodiac of Denderah, then only recently removed to the Bibliothèque Nationale in Paris.[15] Having taken plaster-casts of the stone, he turned his attention to another antiquity which had been dug up by Humboldt and then hastily reburied by the authorities as too horrible to look at.

This was a massive, nine-foot-high, twelve-ton statue of Coatlicue, the mother goddess of the Nahuatl pantheon (*see* Figure 4). Bullock was to record: 'I had the pleasure of seeing the resurrection of this horrible deity, before whom tens of thousands of human victims had been sacrificed in the religious and sanguinary fervour of its infatuated worshippers.' Hewn out of a single block of basalt, and vaguely human in shape, the idol was frightening in the extreme. Its head comprised two serpents' heads facing one another; its arms likewise were serpents, as was its writhing drapery, entwined with the wings of a vulture. Its feet were those of a jaguar, claws extended as though ready to seize its prey. Hanging above its huge, deformed breasts was a sculpted necklace consisting of skulls, hearts, and severed hands all held together by entrails. Strange and terrifying as it was, this image of the goddess of life and death, with its strange echoes of the Hindu deity Kali, was wonderfully crafted. Whoever executed this extraordinary piece of art was clearly a master of sculpture on a par with the best of ancient Egypt, Europe or the Far East. Bullock realized that there was a strange dichotomy here, for how could a society at the level of sophistication needed to have produced such a superb piece as this have been so incredibly savage? Why on earth would civilized people have wanted to sacrifice human beings by the thousand to satisfy the bloodlust of a lifeless piece of stone, however wonderfully carved? The Mexican authorities of the early 19th century had no answers to these questions, and

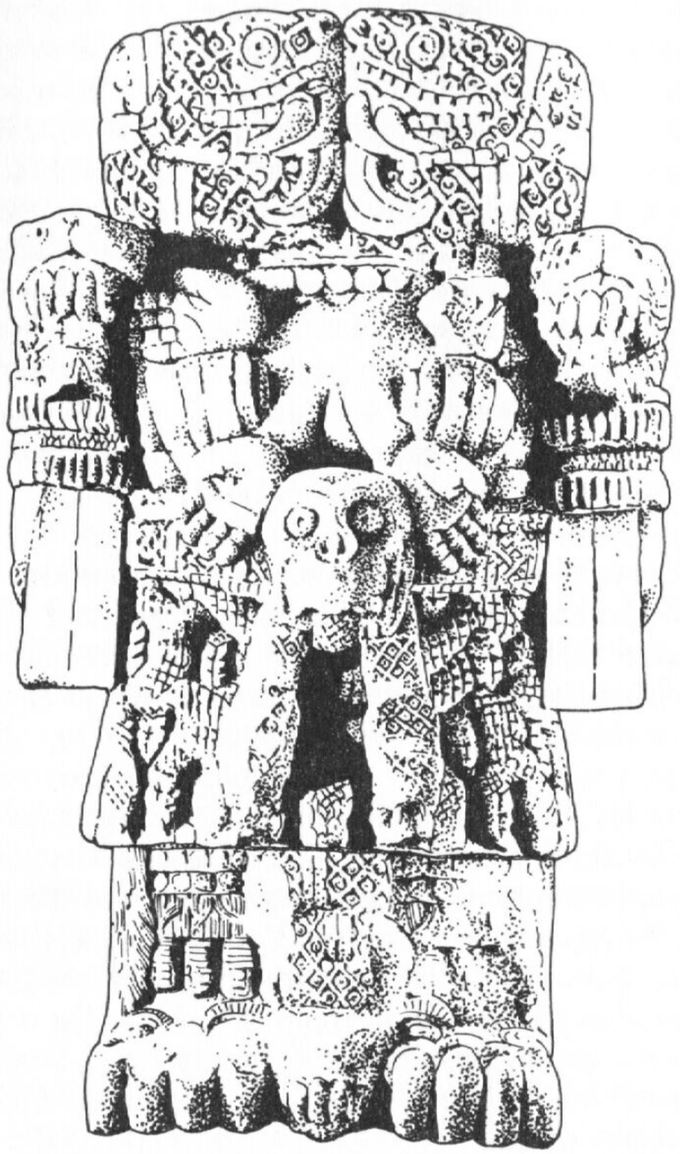


Figure 4 Coatlicue, the earth goddess

so, rather than be constantly reminded of such uncomfortable contradictions, they had the statue hastily reburied.

Bullock went on to visit Teotihuacan before returning to London with an exotic collection of flora and fauna to add to his plaster-casts of Coatlicue and the Calendar Stone, his models of the pyramids of Sun and Moon, and other trophies. These were

put on display in his redesigned 'Egyptian Room' in Piccadilly, the Calendar Stone being nicknamed 'Montezuma's watch' by the ever-inventive British press. Apart from a few rare manuscripts and Humboldt's expensive illustrated folios, these were the first Mexican antiquities to be brought back to Europe to be appreciated for what they were, and not just their silver or gold content. Bullock, a jeweller and merchant, had other motives, however, that were not entirely philanthropic. He used the money raised by his London exhibition to purchase a silver mine in Mexico.

Discovery of the Maya

Surprisingly, for over two centuries after Cortes' invasion neither intellectuals nor adventurers paid much attention to the south of the country. Perhaps because of the hot, pestilential climate but more likely because of its lack of obvious mineral resources, they preferred to go north, pressing up into Florida, Texas, New Mexico and California—all of which were colonized by the Spanish before being ceded to the emergent United States. As a result southern Mexico remains to this day more purely Indian than any other part of the country, retaining many of its traditions and having separatist tendencies. As recently as 1994 there was a rebellion in Chiapas State against the central government of Mexico. The city of San Cristobal de las Casas was occupied by 'Zapatista' guerrillas, so named after the Mexican hero and freedom fighter Emiliano Zapata. Many people died and it was with some difficulty that the insurrection was put down by the army, the whole event proving extremely embarrassing to a government anxious to impress the World Bank that Mexico is a safe place in which to invest.

The people who carried out this rebellion were Cholan Maya,[16] descendants of a nation that had once produced the greatest of all the pre-Columbian civilizations in America. Little was known of this amazing past until in 1773 a canon of the cathedral town of Ciudad Real in Chiapas, Friar Ordoñez, got wind of a rumour that hidden in the jungle was a whole abandoned city of amazing proportions. In true colonial spirit, he had his parishioners carry

him in a palanquin for nearly 70 miles to the presumed location of this lost city. There, completely overgrown with jungle vegetation, was a most astonishing sight, Palenque.

Overlooking the green floodplain of Usumacinta, this abandoned city with its pyramids, temples and palaces made of white limestone stands at the foot of a chain of low hills all covered in rain forest. Here brightly-coloured macaws and parrots fly over the treetops and the howl of monkeys can be heard in the distance. In this magnificent setting the Maya built their most impressive city, one which to this day contains many secrets and puzzles for archaeologists and historians alike. Father Ordoñez wrote of his findings in a monograph entitled *A History of the Creation of Heaven and Earth*. He attempted to explain the ruins, which he called the Great City of Serpents, in terms of local myths. He claimed that Palenque had been built by people who came from the Atlantic led by a man called Votan, whose symbol was the serpent.

This story of Votan had been contained in a Quiché Maya book burnt by the bishop of Chiapas, Nuñes de la Vega, in 1691. Fortunately the bishop had copied part of the book before committing it to the flames, and it was from this copy that Friar Ordoñez had obtained his story. According to the book, Votan had arrived in the Americas with a retinue of followers dressed in long robes. The natives had been friendly and submitted to his rule, the strangers marrying their daughters. Though he had burnt the original book, Bishop Nuñes was sufficiently interested in the story to take seriously a report in it that Votan had placed a secret treasure in a dark, subterranean house. Searching his whole diocese for this treasure he eventually found what he presumed was it, ordering its guardians to surrender what turned out to be no more than a few lidded clay jars, some green stones (probably jade) and some manuscripts. These last he promptly burnt in the marketplace along with Votan's book.

According to the copy that came into the hands of Friar Ordoñez, Votan made four trips backwards and forwards across the Atlantic to his old home called Valum Chivim. This the friar identified as the city of Tripoli in Phoenicia. The implication, then, was that Votan was a Phoenician sailor who had discovered the Americas perhaps two millennia or more before Columbus.

According to the legend, on at least one of his voyages back home Votan visited a great city where a temple was under construction that would reach to heaven, though it would be doomed to lead to a confusion of languages. Bishop Nuñes, writing in his own book *Constitutiones Diocesianos de Chiapas,* was sure that the city Votan must have visited was Babylon with its famous tower, given that the real tower of Babel was a ziggurat and that Babylon was the greatest city on Earth at the time of the sea-faring Phoenicians, this was a tempting idea. The ziggurats of Mesopotamia were stepped pyramids with crowning temples, and were very similar in design to the pyramids at Palenque, so this was not as fanciful a suggestion as it sounds.

Following Ordoñez's discovery, an official survey of the ruins was ordered and a captain of artillery, Don Antonio del Rio, was ordered to carry it out. He set teams of natives to work cutting back the jungle with machetes to reveal one extraordinary building after another. One of his assistants made drawings of the buildings and casts of the stucco reliefs, which were exceptionally beautiful. Del Rio thought the buildings might have been the work of the Romans and quoted other authorities who claimed that in ancient times North America had been visited by Egyptians, Greeks, Britons and others.

The report, sent back to Madrid, met with clerical opposition and was quietly buried in the archives. All was not quite lost, though, for a copy of it had been made and lodged in Guatemala City. This was edited by an Italian, Dr Paul Felix Cabrera, who in his own foreword concluded that Carthaginians must have gone to America before the First Punic War (264 BC) and interbred with native girls to produce the race of Olmecs. This amended version of del Rio's report eventually found its way to London and into the hands of a bookseller, Henry Berthoud. He had it translated and published it under the title *Description of the Ancient City Discovered Near Palenque*. This was the first published report on the ruins of Palenque, and as usual it took an outsider to get it into print.

In the years that followed, various other European adventurers made their way to Palenque to investigate the fabled ruins for themselves. Maximilien Waldeck, a former pupil of Jacques

David,[17] made fine engravings of the buildings. An American, John Stephens, and his English friend Frederick Catherwood, who had previously made sketches of rare antiquities in the Near East, set about measuring the temples and pyramids of Palenque. Working under the most appalling conditions, sick with malaria and under constant attack from ticks and flies, they made the first proper survey of the site. They were eventually to publish their findings along with many excellent illustrations in what was to become a bestseller of its time, *Incidents of Travel in Central America, Chiapas and Yucatan.*

Though Stephens and Catherwood had done much to bring Palenque and other ancient Mayan cities such as Copan, Quiché and Uxmal to the attention of the general public, without an understanding of the language of the Maya either written or spoken, their work could go only so far. What was needed was a scholar with the intellectual equipment to crack the code of the Maya language in the same way that Champollion had deciphered the Egyptian hieroglyphs.

Such a man was the Abbé Brasseur de Bourbourg. A Frenchman like Champollion, he set out for America in 1845, going first to New York before embarking for Mexico. There, through the influence of powerful friends, he was able to gain access to the archives of the viceroy and read for himself the history of the Aztecs by Ixtlilxochitl. He also made friends with a descendant of one of Montezuma's brothers, who taught him Nahuatl. Travelling all over the country in search of ancient texts, he was able to rescue a number of precious manuscripts then languishing in convents and libraries. Among these was the *Popol Vuh*, which he translated after first learning the local Mayan dialects of Cakchiquel and Quiché. This turned out to be one of the great epics of the world, a poetic Creation myth. Returning to Paris, he published it and then set to work on a much larger opus, his *Histoire des Nations Civilisées du Méxique et de l'Amérique Centrale*. By now he was well in with the Spanish authorities who allowed him access to their archives in Madrid. Here he found bishop Diego de Landa's original manuscript *Rélacion de las Cosas de Yucatan*. Because it contained drawings of the Mayan hieroglyphs relating to their calendar, he was able to decipher their language, at least in part.

Still in Madrid, he met up with a descendant of Hernan Cortes himself, a professor called Jean de Tro y Ortalano, who had in his possession a document (known as the *Troano Codex*) which had been in his family for generations. This 70-page document, later reunited with its other half, the 42-page *Cortesianus Codex*, and renamed the *Madrid Codex*, makes up the largest known surviving Mayan manuscript in the world. Perhaps naively Brasseur found support in this Mayan document for Atlantean myths that were talked of by the natives of Mesoamerica. He believed that a great island continent, Atlantis, had once extended from the Gulf of Mexico to the Canary Islands. The Maya, so he thought, were descended from survivors of a great cataclysm, or rather a series of cataclysms, which had engulfed that continent. He also put forward the revolutionary theory that civilization had begun in Atlantis and not in the Middle East as was generally supposed; that it was survivors of Atlantis who brought culture to Egypt as well as to Central America. These ideas were and still are not taken seriously by academics, but they did at least offer some explanation for certain puzzling similarities between Mayan and ancient Egyptian alphabets.

Other precious Mexican documents were copied and incorporated into nine oversized and lavishly illustrated volumes by another Englishman, Lord Kingsborough. He was convinced that the Maya were descended from the Lost Tribes of Israel,[18] and wrote long commentaries to this effect in his mammoth work. Interestingly, he produced an illustration from the *Codex Borgia* showing how the 20 day signs of the Mayan calendar (*see* Figure 3) corresponded to different parts of the human body, rather like mediaeval depictions of the 12 signs of the zodiac and their attributions. Commenting on this in his own book *Mysteries of the Mexican Pyramids* and for no apparent reason, Peter Tomkins[19] suggests this picture is connected with a theory that life-energy from the sun is diffused through the various planets to the glands in the human body over which they have control.

The first photographs of Mexican pyramids were taken by a Frenchman, Claude Charnay, working under the auspices of Napoleon III's Minister for Fine Arts, Viollet-le-Duc. Charnay later carried out excavations at Teotihuacan and made

papier-mâché mouldings of the reliefs at Palenque; these last were sent back to Paris. He had a rival in the field in the form of an Englishman employed by the colonial service, Alfred Maudsley. Maudsley's meticulous survey of Maya ruins and their hieroglyphic texts was eventually published in a 20-volume edition between 1889 and 1902.[20] With great difficulty he made plaster-of-Paris moulds of the Mayan stelae, which he sent back to England, where they were consigned to the basement of the Victoria and Albert Museum, South Kensington, London. Presumably they have been decaying there ever since.

The Lid of Palenque

As the 19th century gave way to the 20th, so the adventurers and travellers who had till then had the field to themselves were gradually superseded by a new breed of professional archaeologists. Though New World archaeology was, and still remains, a poor relation of the European and Middle Eastern science, the veil was slowly lifting from the cities of the Maya. Much of the jungle around Palenque was cut back, fully revealing its monuments for the first time since they had been abandoned more than a millennium before. The discovery of remains belonging to a culture earlier than the Mayans', and most especially of huge basalt heads, gave substance to the legend of the Olmecs as the earliest civilized race in Central America. Modern excavation techniques and a breakthrough in understanding of the Mayan calendar made it possible to date monuments with precision so that by the 1950s there was a recognized chronology for the rise and fall of Central American civilizations.

By that time various well-stocked tombs had been found by archaeologists at Palenque, sometimes intruded into temple platforms and even palaces. However, these were as nothing compared to the discovery made by a Mexican archaeologist, Alberto Ruz, in 1952.

Among the ruins at Palenque is a remarkable building known as the Temple of Inscriptions (*see* Plates 1 and 2). This building, which stands on top of a 65-metre-high stepped pyramid, has a

floor made out of large stone slabs. Ruz' attention was drawn to this floor when he noticed that one of these slabs had a double row of holes in its surface with removable stone stoppers. He decided these had been put there so that the stone could be lifted, which he then proceeded to do. On taking up the stone he discovered that underneath it was a rubble-filled staircase (*see* Plate 8). It took him four field seasons to clear this staircase, which changed direction halfway down, but at the bottom, at about the same level as the base of the pyramid, he found a chamber. Lying on the floor of this, underneath the rubble, were the skeletons of six young adults—almost certainly human sacrifices. At its far end was a passage, blocked by a large triangular slab (*see* Plate 7). On pulling this back the archaeologists were amazed to discover an intact tomb (*see* Plate 6).

The tomb chamber turned out to be quite large: 9 metres long and 7 metres high. Around its walls were stucco relief figures of men in very archaic costume that are now thought to represent the Nine Lords of the Night of Mayan theology. Lying on the floor were various objects, which seemed to have been placed there with a purpose: two jade figures and two beautifully moulded heads. However, what was of most immediate interest was the tomb itself. This was covered by a huge rectangular lid, intricately carved with highly stylized reliefs. Hauling back the lid, the researchers were stunned by what they found inside—a veritable treasure trove of Mayan artefacts. Covering the face of the now decayed corpse was an exquisite, mosaic jade mask (*see* Plate 3). The man in the tomb had jade and mother-of-pearl ear-spools, several necklaces of tubular jade beads, and jade rings on his fingers. A large jade was placed in each hand and another in his mouth—a very Chinese practice as well as Mayan and Aztec. Splendid as this treasure was—and the jade mask itself is the finest yet found—the more puzzling discovery was the lid of the coffin (*see* Plate 20).

The Lid of Palenque weighs some 5 tons and is too large to be removed from the tomb, where it resides to this day. It has received a great deal of attention from students and scholars anxious to interpret its mysterious designs. The most famous of these was the Swiss writer and extraterrestrialist, Erich von

Däniken. In his book *Chariots of the Gods* he put forward the hypothesis that the enigmatic figure in the centre of the lid represented a spaceman at the controls of his ship. Needless to say such a suggestion met with derision on the part of archaeologists working in the field. Though they were able to identify the man in the tomb as a highly respected king of Palenque called Sun Lord Pacal, who had died in AD 683 at the age of 80, there was nothing to suggest that he or anyone else in Mexico at that time had ever seen, still less controlled, a space ship! Like earlier theories linking the Mayans with Atlantis, ancient Egypt and the Lost Tribes of Israel, the god-is-a-Mayan-spaceman theories of von Däniken were consigned to the refuse-tip of fringe speculation. However, unwelcome as his ideas were to mainstream academia, they were in tune with the mood of the 1960s and his book became an international bestseller. Like it or not, Mexican archaeologists were faced with a public that was only too willing to go along with von Däniken's theories, and the Lid of Palenque became a totem representing all that he stood for. Little wonder then that they were on their guard when Maurice Cotterell was to come forward with another new yet controversial theory for the Lid on his visit to Mexico in 1992.

There is a great mystery surrounding the Maya and it is still unsolved. Where did they come from? Why did they build their monuments? How was it that they suddenly disappeared, leaving their fabulous cities to be consumed by the jungle? These are the pressing questions that have perplexed generations of explorers and visitors to Palenque and other Mayan cities. Archaeology has given us some of the answers, particularly in decoding the ancient Mayan calendar, but it has so far failed to explain the real motives of the Maya. In this it seems that the Lid is an important clue—and at last it seems that we are breaking its code.

2

MAYAN CONCEPTS OF TIME

Recovering the Mayan Calendar

That the wholesale destruction of ancient Mexico has done irreparable damage cannot be doubted. So many archives, monuments and even languages were lost during the early years of Spanish rule that there is probably much that we will never know about the culture of the ancient Maya. Even so, great strides have been taken over the last couple of centuries, and a great deal has been recovered from the ashes of history. The exploration and recording of Mayan ruins by dedicated amateurs such as Stephens, Maudsley and Charnay was only part of it. Of equal interest and of just as much importance has been the steady work of decipherment of the Mayan texts by other scholars. The first, and in many ways the most important of these was the colourful character, Charles Étienne Brasseur de Bourbourg. Now scorned by academics as something of a crank because of his belief in the former existence of Atlantis, he was in fact extremely clever. In his own time he was highly thought of in the best circles of European society, and was even employed by the French government of Napoleon III to write the text of a book on Yucatan. The engravings

to accompany Brasseur's text were to be supplied by Count Jean-Frederick Waldeck, who is also considered extremely suspect today on account of his 'diffusionist' opinions. He believed that the civilization of the Maya was not all home-grown, that knowledge had been brought to them from other lands by Chaldeans, Phoenicians and Hindus.

Waldeck must have been hardy for he spent a year studying and drawing the ruins at Palenque, including a period of four months living on site in a building still known as the House of the Count. There is no doubting that he was different: at the age of 100 he married a 17-year-old girl, attributing both his virility and longevity to a preparation of horse-radish that he consumed for six weeks every spring. He is also said to have died from a stroke after a pretty girl caught his eye as she walked down the street opposite the Paris café where he was sitting.

Though these stories continue to amuse his more starchy detractors, his published lithographs attract nothing but opprobrium for their obvious inaccuracies. His original working drawings, now contained in the Ayer Collection of the Newberry Library, Chicago, are of the highest quality, so it would seem more than likely that he embellished the finished lithographs to make them more appealing to a public that wanted the sort of romantic images contained in the famous *Description d'Egypte*.[1] He was not to know that later Mayanists would need scientifically accurate drawings to aid them in their attempts at deciphering Mayan texts. Even if he had, he would probably have replied that science was not his concern, he was an artist and more interested in capturing the spirit of what he saw.

Brasseur himself was born in France in 1814. He made an early career out of writing trashy novels before realizing, sometime in his late twenties, that if he was going to get anywhere in life he needed better connections. He accordingly entered the Church, not it seems out of any great religious feeling but rather as a method of self-advancement. In the 19th century an intelligent gentleman could, without too much difficulty, become an Abbé. This was a title which often had little to do with practising any kind of ministry yet still carried with it a certain religious cachet. It was especially suitable for men who wanted either to act as

tutors to the children of the nobility or, like Brasseur, to ferret around in church archives. As we have seen, he was particularly adept at this, and not only discovered the *Popol Vuh* but in 1862 brought to light both an edited edition of Bishop Landa's *Rélacion de las Cosas de Yucatan* and the important Mayan Codices then called the *Troano* and *Cortesianus* now joined together as the *Madrid Codex*. The third great Mayan codex, the *Dresden*, was available to him in the form of the massive Kingsborough edition which had been published between 1831 and 1838.

Using the information concerning the Maya contained in the *Rélacion* Brasseur set about decoding all three Codices. Prior to his recovery of Landa's book, the greatest barrier to interpreting authentic Maya writings was that nobody had a clue as to what their peculiar hieroglyphs meant. It was assumed that because the Maya and other Indians were 'primitives', they were incapable of expressing complex ideas in the form of writing. However, Landa's work was to turn out to be the Rosetta Stone[2] of Mayan archaeology—and one can just imagine Brasseur's excitement when he realized that this might be so. It was still only 41 years since another Frenchman, Jean François Champollion, had published his first decipherment of Egyptian hieroglyphs by analysing the Rosetta Stone and Brasseur must have been hopeful that he could make a similar coup. It was by this time well known that

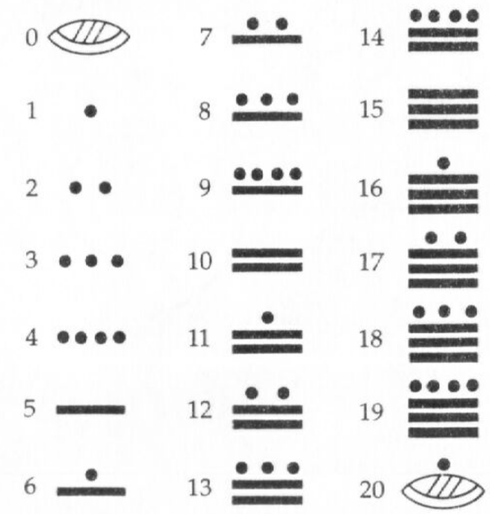


Figure 5 Mayan numbers

the Aztecs and Maya used two calendars, the first a repeating cycle of 260 days, called a *tzolkin*, and the second a 'vague year' of 365 days. Brasseur now found that in the *Rélacion* there was a table giving the names of the days in the *tzolkin*, of which there were 20, as well as those of the nineteen months in the vague year. However, there was more information than that, for alongside each name, written in Spanish, was the appropriate Mayan glyph. With excitement Brasseur realized that what he had before him was a calendrical lexicon, the key to Mayan time-keeping. He was now able to apply this to the texts contained in the Codices.

His first discovery—although unknown to him this had already been found out by another researcher, Constantine Rafinesque—was the way that the Maya used lines and dots to represent numbers. Individual digits up to 4 were represented by dots, and 5s were shown by lines. The number 6 was thus shown as a line with a dot, and 13 as two lines with three dots (*see* Figure 5).

2-MANIK, 67th day of the 260-day cycle which begins I-IMIX

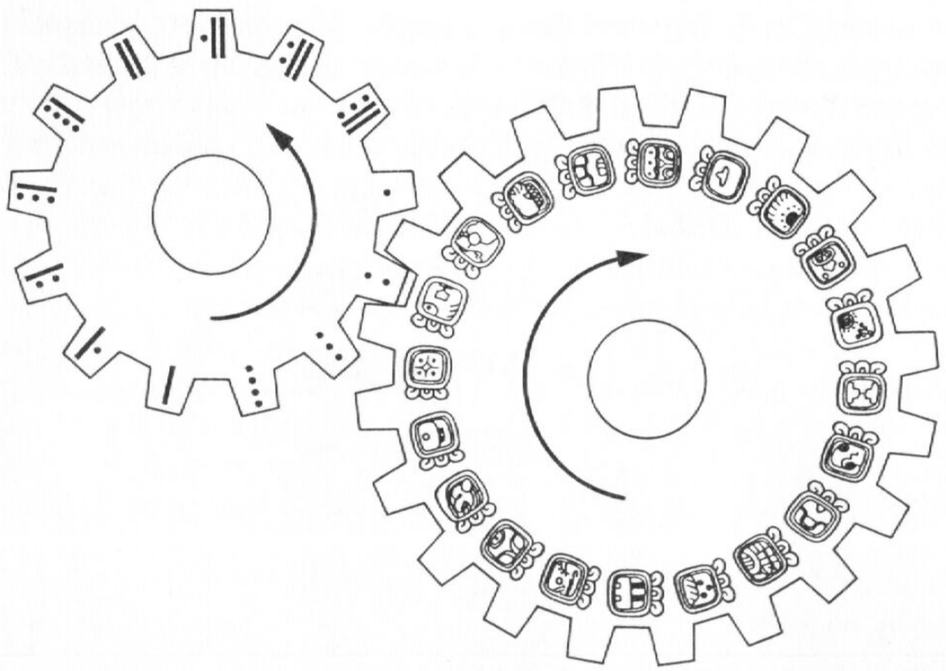
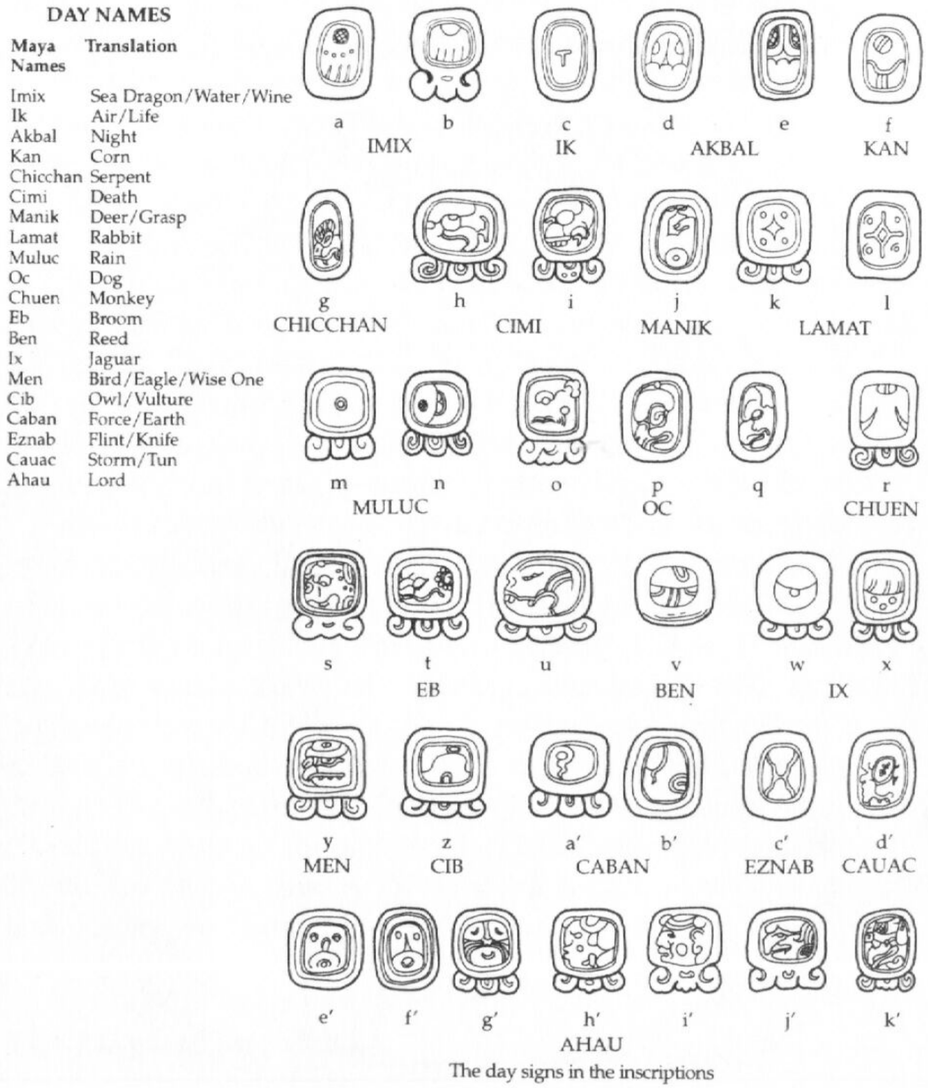


Figure 6 Calculating the 260-day cycle

The workings of the two calendars and their interactions are actually quite simple once a few basic concepts have been grasped. The use of the *tzolkin* is of very great antiquity and seems to go back to at least the time of the Olmecs[3]; it is still used for magical purposes by some of the more remote Mayan tribes even today. Based on the counting together of 20 day names with the numbers 1 to 13, the calculation is not done in the same sequential manner



The day signs in the inscriptions

Figure 7 Day names and symbols

as we count our Gregorian calendar with 30- or 31-day months, however, but by an entirely different method. An easy way to understand this is to imagine counting the number cycle against the names of our own months. We would begin 1 January as usual, but then instead of going on to 2 January, the next date would be 2 February. This would be followed by 3 March and so on up until 12 December, and then 13 January. The full cycle would be 156

(*see* Figure 7). Thus the cycle would go 1 Imix, 2 Ik, 3 Akbal ... 13 Ben, 1 Ix, 2 Men ... etc. The last day in the 260 count would be 13 Ahau, which would be followed by 1 Imix in the next count.

The entire cycle makes a wheel of its own (*see* Figure 8).

As has already been pointed out, the Maya also used a vague year, or *Haab*, of 365 days (ignoring the extra quarter day that gives rise to our leap years).[4] This year was composed of 360 days

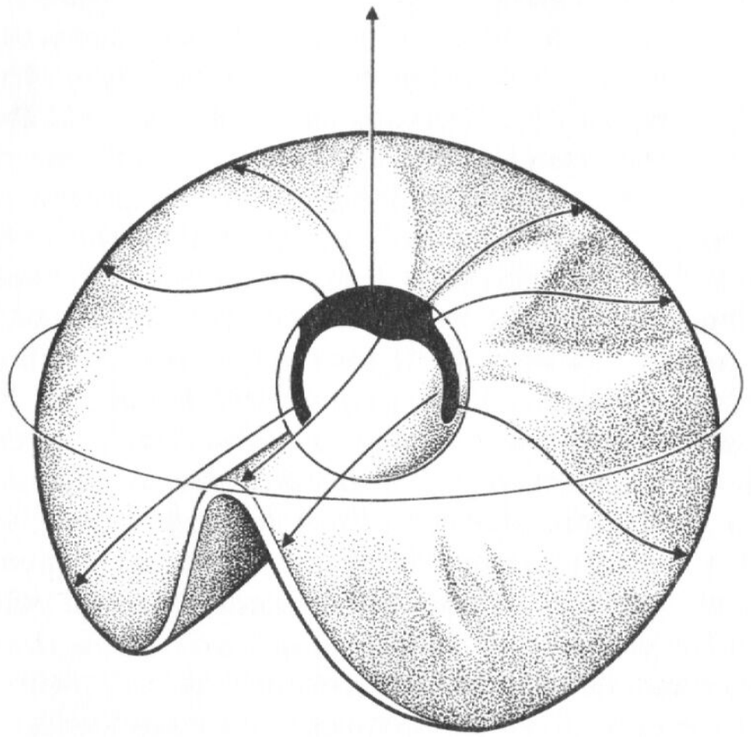


Figure 19 The sun's warped neutral sheet

that not enough was known of the true shape of the sun's magnetic field to construct a working model, and therefore his theories were invalid. However, since the data that Cotterell was working with and which he had used as the basis for his arguments had in fact come from them in the first place, this seemed a lame excuse. Of course the sun's field and the shape of the warped neutral sheet are more complex than the idealized forms given in textbooks, but one has to start somewhere and science is full of assumptions and simplifications without which no progress in knowledge could be made. If these journals were truly the open organs of modern research that they claimed to be, then surely they would want to present these new ideas to a wide audience and encourage the sort of debate that could lead to further elucidation. Reading their curt replies he couldn't help but wonder whether their real reason for rejecting his articles was nothing to do with his science but that he

wasn't an acknowledged astronomical academic. Undeterred, he pressed on with his researches, which now took on a new and unexpected direction.

Sunspots and the Maya

Cotterell had come a long way now from his initial studies of astrology and the solar wind. What had begun as a relatively simple theory concerning human behaviour had broadened out into a much larger study of the mechanics behind the sunspot cycle. He had had no idea at the start of all of his researches that this would be the outcome, but he now seemed to have stumbled upon something far more exciting, though perhaps rather worrying. To summarize, the time periods of the sun that seemed to matter were:

a) 87.4545 days (1 bit) = the period of time the sun's two magnetic fields take to come back to their starting positions relative to one another;

b) 8 bits = 699.64 days (1 microcycle);

c) 48 bits = 4197.81 days = 11.49299 years;

d) 781 bits = 68,302 days or 187 years (1 sunspot cycle);

e) 97 × 68,302 days = 18,139 years (1 complete cycle of the warped neutral sheet).

This last period and its subdivisions now interested him more and more. Breaking it down into its constituent parts he could see that there were five time periods included in it which corresponded with changes in polarity of the sun's magnetic field and the shifting of the warped neutral sheet. These were given by:

1) 19 × 187 years = 1,297,738 days
2) 20 × 187 years = 1,366,040 days
3) 19 × 187 years = 1,297,738 days
4) 19 × 187 years = 1,297,738 days
5) 20 × 187 years = 1,366,040 days

It was this last period of 1,366,040 days that was in Cotterell's mind when he first read about the Mayan super-number of 1,366,560 days recorded in the *Dresden Codex*. It seemed too similar

to be a coincidence. What is more, his division of the greater period of reversals of the sun's polarity seemed to mirror the Mayan conception of earlier ages. They, like his data, indicated that there had been four earlier ages before our own. It seemed that what they were indeed talking about was the shifting or reversal of the sun's magnetic field. Could this be the mechanism behind the collapse of one age and the start of another?

Reading further in a book called *Early Man and the Cosmos*,[16] he came across a curious reference to another Mayan number, 1,359,540. This 'lucky number', which is rather similar to that contained in the *Dresden*, refers to the inauguration date of the Temple of the Cross at Palenque.[17] Like the *Dresden* 'super-number' it can be divided by no fewer than seven calendrical or planetary cycles, indicating that it had more of a ritual than calendrical significance. Realizing that this could be an important clue to the connection between his own sunspot numbers and the Mayan calendar, he decided that he would go and investigate the matter for himself. Now in no doubt that he was on to something, he made the necessary arrangements and booked a trip to Mexico. It was to be a journey that would change his life.

4

MAURICE COTTERELL IN MEXICO

A Mexican adventure

Mexico City today is a thriving, bustling metropolis with a population that according to some estimates exceeds 25 million. This makes it the largest city in the world, more than double the size of London or New York, yet with a fraction of their infrastructure. It is still a city of contrasts, for though its centre is rapidly being transformed with shiny new skyscrapers, it is ringed round with squatter camps. To cope with the never-ending flood of poverty-stricken immigrants is impossible, even with the best will in the world. No sooner are amenities such as running water and electricity brought to one mushrooming shanty town than another appears on scrubland near by. As a result the city sprawls in all directions, as far as the eye can see. Arriving on a British Airways jet, Cotterell now found himself in the middle of all this hubbub, gasping for breath in the thin fume-laden air.

Anxious to see as much as he could in the short time available, he made his way to the old quarter, which is built on the original island of the Aztecs. Here, surrounding the main square or *zocalo*[1], are many Spanish buildings, including the presidential palace and

the cathedral. This last turned out to be a sad sight, for like most of the other old churches in the city it is steadily sinking into the ground.[2] It is only held up from collapsing by an internal network of scaffolding, which destroys any sense of beauty or grace it may once have enjoyed. The presidential palace with its famous murals by Diego Rivera[3] depicting the history of Mexico (*see* Plates 9, 10 and 11) was in a rather better condition. Made from the stones of demolished Aztec pyramids, it is one of the oldest of all the buildings in Mexico City but seemed to have withstood the ravages of time rather better than the ponderously heavy cathedral. Near by were the last remnants of Tenochtitlan, the base of the Templo Mayor, once the largest of the Aztec pyramids. Cotterell learnt that it was only in 1978 that the site was fully excavated, after a power company digging a cable ditch came across a huge altar stone.[4] The archaeologists in charge of the dig had been excited to discover that the Aztecs had reconstructed their temple many times, building each new pyramid on top of the previous. This was done because at the end of a Calendar Round of 52 years everything had to be renewed. Even the pyramids, it seemed, had to have a new skin when the calendar dictated it.

Cotterell next visited the *Museo de Antropologia*, the country's principal museum. This lies south-west of the *zocalo* at the end of the great *Avenida Paseo de la Reforma*, the main artery of the city. It is one of the world's great archaeological museums with a suitably elegant setting in the middle of Chapultepec Park. Opened only in 1964 in a splendid modern building, it houses a vast collection of pre-Columbian artefacts including the Aztec Calendar Stone and the statue of Coatlicue which so impressed Bullock. Different halls, arranged around an open and airy courtyard, are devoted to collections from the various pre-Columbian cultures. As well as sizeable collections of Olmec, Zapotec, Toltec and Mayan artefacts, there is a whole hall given over to the ancient city of Teotihuacan. In this room, along with many statues and pots, there is a full-scale reproduction of part of one of its most famous buildings, the Pyramid of Quetzalcoatl.

The next day he was to visit Teotihuacan itself. This site lies some 25 miles north-east of Mexico City and is a popular tourist destination because of its ready accessibility. First excavated around 1889

by the maverick archaeologist and leading *cientifico* Leopaldo Batres,[5] the ruins of Teotihuacan are both the largest and in many ways most enigmatic of all Mexico's archaeological sites. The city flourished throughout the classic period, at the time when the Maya built Palenque, and was abandoned, for reasons unknown, in about AD 750. In his dig, Batres found evidence that the city had been destroyed by a great fire. At first sight this suggested that it had met its end at the hands of invaders, for who else would have put it to the torch? Yet there was another curious anomaly: many of the buildings also showed evidence that they had been deliberately filled with rubble and buried so that even their roof timbers were still intact. It was as though they had been preserved in aspic. This in itself must have been an enormous task, involving the digging and transporting of tons of earth and rock with the sole purpose of burying an abandoned city. Yet there was no clear answer to why either the Teotihuacanos themselves or their supposed invaders should have done this. Batres could only suggest that it was done to protect the sacred sanctuaries from the eyes of the profane.

Teotihuacan today is still impressive to look at, if somewhat lacking in atmosphere. Arranged at regular intervals along the 42-metre-wide and four-kilometre-long Avenue of the Dead are 23 palaces and temples. But these are dwarfed by the massive Pyramid of the Moon that stands at the northern end of the avenue, and the even larger Pyramid of the Sun,[6] which lies just to its east and nearly halfway down the avenue. At the southern end of the avenue and on the same side of it as the Pyramid of the Sun lies a square containing the smaller Quetzalcoatl Pyramid. This building is remarkable, for like the Templo Mayor of Tenochtitlan it shows evidence of having been rebuilt several times, with layers like onion skins. This alone suggests that the idea of periodic renewal was not an Aztec invention but goes back to very much earlier times.

The death of the gods

Unfortunately, unlike the Maya, the Teotihuacanos have left us no written texts to explain the substance of their beliefs, though we

can glean some idea from the artistic representations of their gods. The Pyramid of Quetzalcoatl is particularly helpful in this respect because it carries a frieze showing alternating rows of sculptures of the feathered serpent god Quetzalcoatl[7] and the rain god Tlaloc. Clearly, then, these two were venerated in the Valley of Mexico long before the time of the Toltecs.

The true significance of the Pyramids of the Sun and Moon is also unknown. We only know them by these names because that is what the Aztecs called them. It was also they who gave the city its present name, Teotihuacan, meaning 'Place where the gods are born', for they had their own mythology associated with the site. The Aztecs believed that at the end of the previous age the gods gathered in darkness at Teotihuacan to decide which of them should become the new sun to light the world. According to one of their myths a rather arrogant god named Tecuciztecatl volunteered for the privilege, but the rest of the gods elected the more humble and elderly Nanahuatzin as a second contender. A great funeral pyre was built and Tecuciztecatl was invited to jump into it. When he couldn't pluck up the courage to sacrifice himself in this way, they then asked Nanahuatzin. He immediately ran and jumped into the flames. Seeing this, Tecuciztecatl found his nerve and he too threw himself upon the pyre, ashamed that he had been outdone by his humble rival. This was not the end, however, for phoenix-like they were both reborn: Nanahuatzin became the new sun god, Tonatiuh, and Tecuciztecatl became the moon.[8] Unfortunately, the sun would not move in the sky but hung motionless on the eastern horizon. Tonatiuh demanded the fealty and blood of the other gods before he would get to work travelling along the ecliptic. After some deliberation the other gods agreed and, one by one, gave themselves up to have their hearts removed by Quetzalcoatl. Fortified by this blood offering Tonatiuh became Nahui Ollin, the Sun of Motion.

The Aztecs used this story of the self-sacrificing gods, which they almost certainly inherited from the earlier Toltecs, to justify their own bloody religion. They reasoned that if the gods themselves had had to die to keep the sun moving in the sky, then humans had a duty to follow their example and make sure the sun god was kept properly fed.[9] The connection between this Aztec

myth and the site of Teotihuacan has never been explained, but it is possible that something did happen there that involved a great, fiery ritual. The evidence that the city was abandoned after being burnt is striking, and certainly for the Aztecs it became a sacred burial ground.

Mountain of the Bat god

Moving on from the Mexico City area, Cotterell flew to Oaxaca.[10] The Oaxaca Valley has a long history of settlement but was seized by the Aztecs only 40 years before the coming of Cortes. The Spanish colonial city that was built on the earlier Aztec ruins is in many ways the most attractive in the whole of Mexico. At an altitude of 1600 metres it has an agreeable climate, and when Cortes arrived he fell in love with the place and intended to retire there.[11] But what makes Oaxaca particularly interesting is not so much its old world charm as the nearby ruins of Monte Alban, the most breathtaking site in all of Mexico. Here, perched on a mountain top overlooking the Oaxaca Valley, was a ceremonial centre fit for the gods themselves.

Founded by Olmec immigrants perhaps around 800 BC, Monte Alban is a remarkable feat of engineering. First the mountaintop was artificially flattened—itself an enormous task—and then a huge area was laid out with ball-court,[12] tombs and other buildings. Then around 300 BC another people, the Zapotecs, entered the Oaxaca Valley. They took over Monte Alban, building pyramids, temples and tombs of their own. Like the Maya, the Zapotecs had a written language, though all that remains of this is a few inscriptions that will probably never be deciphered. Just as at Teotihuacan, the site was carefully abandoned by the Zapotecs, who buried their temples and pyramids. However, the site was later used by their rivals in the valley, the more militaristic Mixtecs. They emptied the Zapotec tombs and re-used them for their own dead. By the time the Aztecs arrived, Monte Alban was just a hilltop, its secrets preserved until Batres brought in the spades.

Years of work on the site have brought dividends. An intact

Mixtec burial tomb yielded a vast quantity of gold jewellery as well as many carved bones. In the Mexico Museum of Anthropology, Cotterell had seen one of the most important finds from Monte Alban, a curious mask of a bat god. He was now to see many ceramic representations of this same deity, who seemed to be the messenger of death.

Something else that caught Cotterell's attention was a famous group of sculptures known as The Dancers. These are a set of reliefs which depict figures in various postures and which, when they were first discovered, were thought to represent people dancing (*see* Plates 31 and 32). Today it is believed that they have a medical significance. The building in which they were found is one of the oldest at Monte Alban and is thought to have functioned as a hospital. Some of the sculptures would appear to represent patients with obvious abnormalities; others seem to be connected with aspects of fertility.

Moving on from Monte Alban, Cotterell next visited the Zapotec site of Mitla, some 40 kilometres down the road. This was entirely different, being built on relatively low-lying ground. Here the Zapotecs constructed a ritual centre that again served as a cemetery. This time, however, the buildings were decorated in a most extraordinary manner. Whereas the temples at Monte Alban were all of hewn stone, arranged in step-pyramid fashion with sloping sides, those at Mitla were rectangular boxes decorated with large panels of mosaic. These were of most intricate design, made out of small pieces of rock, all carefully ground into squares and diamonds, and fitted together without cement. There were around 15 different designs altogether, apparently signifying such things as the elements and the seasons. Once more it seemed that the rain god was important, for the favourite designs were a group of three that mostly occurred together and which are interpreted as symbolizing clouds, rain and lightning.

Leaving the Valley of Oaxaca behind, Cotterell now pressed on with his tour, flying eastwards to Villahermosa. From here it was only a bus ride to his most important destination: Pacal's jungle city of Palenque.

The Lost City

In many respects Palenque has changed considerably since its discovery by Father Ordoñez in 1773 and the publication of the classic *Incidents of Travel in Central America, Chiapas and Yucatan* by Stephens and Catherwood in 1843. Two things that have not, however, are the tropical heat and the mosquitoes. At the edge of the steaming jungle, the oppressive atmosphere still challenges all but the most intrepid of travellers. Perhaps this is one of the reasons why the site was abandoned by its builders, for in many other ways it is the most impressive pre-Hispanic city in the whole of the Americas. But the area in which it stands was not always jungle. Between AD 600 and 800, during what is now termed the Late Classic, it was densely populated. It was in fact one of a number of competing cities in the central region of Mayaland, its origins like its abandonment still something of a mystery. Although not very large—indeed it is considerably smaller than the famous Yucatan city of Chichen Itza that rose to prominence later on in the 10th century—it commands respect for the quality of its buildings. Most archaeologists and visitors alike agree that it is the most beautiful of all Mayan cities, combining aesthetic proportion with elaborate decoration. What we see today, though, is only a pale shadow of how it must once have looked, for when it was built the majority of the buildings were covered with brightly-coloured stucco friezes.[13] Only small portions of these have survived to the present day, so we have to rely on the etchings made by the early explorers, particularly Catherwood, to understand how they must formerly have looked.

Only a small part of Palenque has been fully excavated and many buildings away from the centre are still either wrapped in jungle creepers or buried under earth mounds. The large number of official, as opposed to domestic, buildings that have been found testify to its having been an important ceremonial centre. We can only guess at the sort of colourful rituals that were performed but, judging by the majesty of the buildings, they must have been elaborate. The man who seems to have been most responsible for building this magnificent city was of course Pacal,[14] who ascended to the throne at the age of 12 and was 80[15] when he died in AD 683.

Archaeologists are generally agreed that he had his burial crypt built for him beneath the Temple of Inscriptions, though the building was finished off by his son Chan Bahlum. If so, then Pacal was also responsible for the inscriptions that give the pyramid its present name. That the pyramid was designed from the outset to be a mortuary temple is clear from the fact that both the sarcophagus and lid are too large to be moved from their crypt. They must have been placed there before the pyramid, with its inscriptions, was built around them. This makes sense of course, for even assuming it would fit through the door of the crypt, who would want to go to all the trouble of having to carry a heavy sarcophagus up the outside of a pyramid only then to have to take it back down a narrow internal staircase? A small practical consideration, perhaps, but certainly one worth heeding.

Lord Pacal was clearly highly intelligent, and he must have been

Figure 20 Pacal grasping a serpent

initiated into whatever secret wisdom the Maya possessed. All the evidence gathered, both from his tomb and from other inscriptions at Palenque, suggests that during his lifetime he was regarded as little less than a god. After he died his pyramid was, at least for a time, a place of pilgrimage and the centre of some sort of ancestor cult. It was this pyramid even more than the Temple of the Cross that Cotterell now wanted to see.

After a long bus ride from Villahermosa he arrived in Palenque, and the next day he wasted no time in setting off for the archaeological site. Before him stood the magnificent Pyramid-Temple of Inscriptions. Pausing only to catch his breath, he scaled this edifice which till then he had been able only to imagine. Following in the footsteps of Alberto Ruz over 30 years earlier, he thereupon made his way down the internal staircase of the pyramid. It was a long way and unbearably humid, the limestone walls saturated with the perspiration of the thousands of visitors who had made the same journey before him. Halfway down, the staircase turned sharply to the right and led on to an antechamber where the skeletons of six sacrificial victims had been buried so that they could protect and accompany their master on his journey to the next world. Excited, Cotterell scrambled down the last few steps to where the triangular slab gave access to Pacal's tomb. Standing in the gloomy half-light he felt a shiver run down his spine as he peered into the crypt. There, still covering the now raided tomb of Pacal, was the great Lid of Palenque.

He had already seen many other pre-Columbian artefacts both at Monte Alban and in the National Museum of Anthropology at Mexico City, but nothing had prepared him for the eerie timelessness of this tomb. The great Lid, with its complex interlocking design, seemed to belong to another world—a place where logic and reason are turned upside down. A work of art, yes, but something more than this: a riddle. Now he understood why von Däniken and others had been so obsessed with this one antiquity, for like Pacal's jade mask, with its half-open lips and quizzical expression, it challenged the onlooker to probe into its mysteries while denying a straightforward answer. Seeing it now for the first time, something of its magic seemed to pass into him. Cotterell could no longer ignore it nor pretend it was just an inscribed stone

tablet: it was alive, and now he had to probe its secrets, almost as if it was a matter of destiny. Blinking as he returned into the light, he made his way carefully back down the outside of the pyramid. Around him were scattered the remains of other once noble buildings, while the sun above still blazed down, almost melting the very fibres of his sweat-sodden shirt. None of this seemed to matter any more; he could no longer worry about such things. In his core he had changed: a door had opened, one that beckoned him onwards to find out more concerning Pacal and his mysterious land of calendars.

Away from the monuments, in the village of Palenque, were the usual tourist stalls selling everything from leather goods to exact scaled-down replicas of the Lid. He bought one of these and then, hungrily searching for anything that might give him more information, he purchased every book that they had on the subject of the Maya. Laden down with all these trophies he made his way back to England via the post-Classic Mayan cities of Uxmal and Chichen Itza in the northern Yucatan. He was not to know it then but he was about to make an extraordinary discovery: Lord Pacal and his people were in possession of knowledge which we are only now just beginning to rediscover.

The Breaking of the Code

Back in England, Cotterell got down to the business of unravelling the mystery of the Maya. Closeting himself away, he immersed himself in the books he had brought back from Mexico, all the time looking for clues to the central enigmas of the Lid and the Mayan sacred number 1,366,560. Before he could go any further with this research, he had to get to grips with the Mayan calendar—or rather calendars, for they had more than one. As we have seen, the simplest of these was also used by the Aztecs, Zapotecs, Toltecs and others. It was based on the interaction of two cycles: a 'vague year' of 365 days and a 'sacred year' of 260 days. The use of the 260-day *tzolkin* is of very great antiquity. It seems to go back to at least the time of the Olmecs and is still used for magical purposes by some of the more remote Maya tribes right up to the present

day. Although its origins are obscure, it was clear to Cotterell that it was highly significant over and above any magical connotations that individual day names might carry, for the number 260 divided exactly into both his own number of 1,366,040 and the Mayan super-number of 1,366,560 days, the first 5254 times and the second 5256. This seemed significant. More importantly, while working at Cranfield Cotterell had made a vital discovery. In analysing the way that the sun's polar and equatorial magnetic fields interacted, he discovered that they came close together every 260 days. This seemed to bear out his suspicion that the Mayan numbering system was connected with solar magnetic cycles.

Cotterell was especially intrigued to learn how the Maya and others wove together their two cycles to the extent that each day was given two names, one based on its position in the *tzolkin* and the other stemming from the 365-day vague year, the combination relating to the Aztec Century: a period of either 52 vague years or 73 260-day counts, as appropriate.

For Cotterell this figure of 260 was later to become the vital key in breaking the code of the Mayan numbering system. Whereas other scholars had made the breakthrough that enabled the dates in Mayan inscriptions to be translated into dates in our own calendar, he felt there was still no satisfactory explanation *why* the Maya used cycles of 144,000, 7,200, 360 and 20 days duration. Furthermore, he reasoned, why would the Maya omit the important time period of 260 days from their inscriptions? And why did they, as he had discovered, attach such importance to the number 9? Cotterell now decided to insert the 'missing' 260-day figure into the cycle sequence. He then multiplied each cycle by 9, added the totals together, and arrived at a remarkable result—the Mayan magic number, which was virtually identical to his own sunspot figure of 1,366,040.

144,000		7,200		360		260		20		
9		9		9		9		9		
1,296,000	+	64,800	+	3,240	+	2,340	+	180	=	1,366,560

Cotterell felt that he had hit the jackpot, for it now seemed to him that the cycles of the Mayan numbering system were used to

draw attention to the importance of the 1,366,560-day cycle. Moreover, he believed that his theories about the sun's magnetic behaviour provided him with a unique understanding of the astronomical importance of the 260-day cycle, without which the Mayan numerical code could not have been broken.

Having mastered the intricacies of the basic calendar, he now turned his attention to the famous Aztec Calendar Stone, which he had also seen in Mexico City. Reading a pamphlet he had picked up in the Mexican Museum of Anthropology he learned that this stone celebrated the Aztec belief in former ages. At the centre of the wheel was the image of Tonatiuh, the sun god. He had his tongue poking out to symbolize the fact that he gives breath or life. To the Aztecs, Toltecs and others, however, the sun was not something that could be taken for granted, nor was it wholly benevolent. They believed that it needed constant human sacrifice to keep it moving, to make sure that it did not set permanently and bring to an end the fifth and last age.

Arranged around the face of the sun god were symbols representing the four previous ages. Each age had been under the rulership of a different god, and each had apparently ended in some sort of cataclysm. Wanting to know more about this, Cotterell turned to the late accounts given to Spanish friars by descendants of the survivors of Cortes' invasion. It was clear from these that much knowledge had been lost concerning the details of pre-Columbian beliefs on these matters, but enough had been recorded to give some indication of what this knowledge was all about. Turning first to the story as relayed in an anonymous manuscript from 1558 entitled *Leyenda de los soles*, seemingly derived from one or other of two earlier documents, the *Chimalpopoca Codex* and the *Cuauhtitlan Annals*, he was able to find evidence for a belief in time-cycles based on periods of 52 years—Aztec Centuries. This account gave precise details of time periods that were clearly of symbolic importance:

First Sun	*Nahui Ocelotl*	Duration, 676 years (52 × 13)
Second Sun	*Nahui Ehecatl*	Duration, 364 years (52 × 7)
Third Sun	*Nahui Quihahuitl*	Duration, 312 years (52 × 6)
Fourth Sun	*Nahui Atl*	Duration, 676 years (52 × 13)

According to this account, the second and third ages—or 'suns'—were of much shorter duration than the first and last. When they are added together, however, they give a period of 676 years, the same as the other two. What this implied was that these four suns were only three-quarters of a full cycle, and that a fifth age of 676 years would be needed to complete a full round of 52 × 52 years. Though interesting from a numerological point of view, this account did not seem to be based on real time periods or to have much to do with the Mayan magic number of 1,366,560 days. It rather seemed to emphasize the limitations of the Aztec calendar which could not go beyond the 52-year basic time division.

Turning to the *Vatico-Latin Codex*, Cotterell found a much fuller and at first more mysterious Aztec account of bygone ages:

- **First Sun**
  Matlactili. Duration 4008 years. Those who lived then ate maize and were giants. The sun was destroyed by water. It was called Apachiohualiztli (Flood—deluge), permanent rain. Men were turned into fish. Some say that only one couple, Nene and Tata, escaped, protected by an old tree living near the water. Others say that there were seven couples who hid in a cave until the waters went down. They repopulated the Earth and were gods in their own nations. The goddess who presided over this era was Chalchiuhtlicue ('The one with the Jade skirt'), wife of Tlaloc.

- **Second Sun**
  Ehecatl. Duration 4010 years. Those who lived then ate a wild fruit known as the Acotzintli. The sun was destroyed by Ehecatl (god of wind) and man was turned into a monkey in order to cling to trees to survive. This happened in the year One Dog (Ce Itzcuintli). One man and one woman standing on a rock were saved from this destruction. This time was called the Golden Age and was presided over by the god of wind.

- **Third Sun**
  Tleyquiyahuillo. Duration 4081 years. Men, the descendants of the couple who were saved from the second sun, ate a fruit

called Tzincoacoc. The world was destroyed by fire on the day Chicunahui Ollin. This age was given the name of Tzonchichiltic ('Red Head') and was presided over by the god of fire.

- **Fourth Sun**
  Tzontlilac. It began 5026 years ago. This age, in which Tula was founded, was called Tzontlilac ('Black Hair'). Men died of starvation after a rain of blood and fire.

This account put the ages in a different order, indicating that there was some uncertainty among the later Aztecs about what it really should be. Because this did seem to be a more reliable account, however, Cotterell decided to use it for his further researches. Thinking about this account, and particularly the role of the goddess Chalchiuhtlicue (('The one with) the jade skirt'), he suddenly recalled the Lid of Palenque. Might not the goddess Chalchiuhtlicue, or her Mayan equivalent,[16] be the figure represented at the centre of the Lid? No one had ever looked at this figure as representing a female before, but it seemed to fit. In descriptions of this goddess it was said that besides wearing a jade skirt she had a jade necklace from which hung a gold medallion. She was also said to hold a round lily leaf in her left hand and to have water flowing out of her feet. On the Lid all these details were present (*see* Figure 21). Here was a very female-looking figure with legs apart as though giving birth. She held what seemed to be a leaf, and flowing from her was what could be interpreted as streams of water. Round her neck were beads and again what seemed to be some sort of medallion. There was no doubt in Cotterell's mind: this was the image neither of a spaceman nor of a man falling backwards into an afterlife world—it was the goddess Chalchiuhtlicue!

Having made this discovery, he now began a systematic search of the Lid for evidence of other gods in the design. The first and most obvious was Ehecatl—god of wind and first-born of the gods. An aspect of Quetzalcoatl ('feathered serpent')—known to the Maya as Kukulcan—Ehecatl was usually depicted as a bird with a long tail. Looking at the Lid it was clear that the figure at the top was meant to be just such a bird, a quetzal, whose green

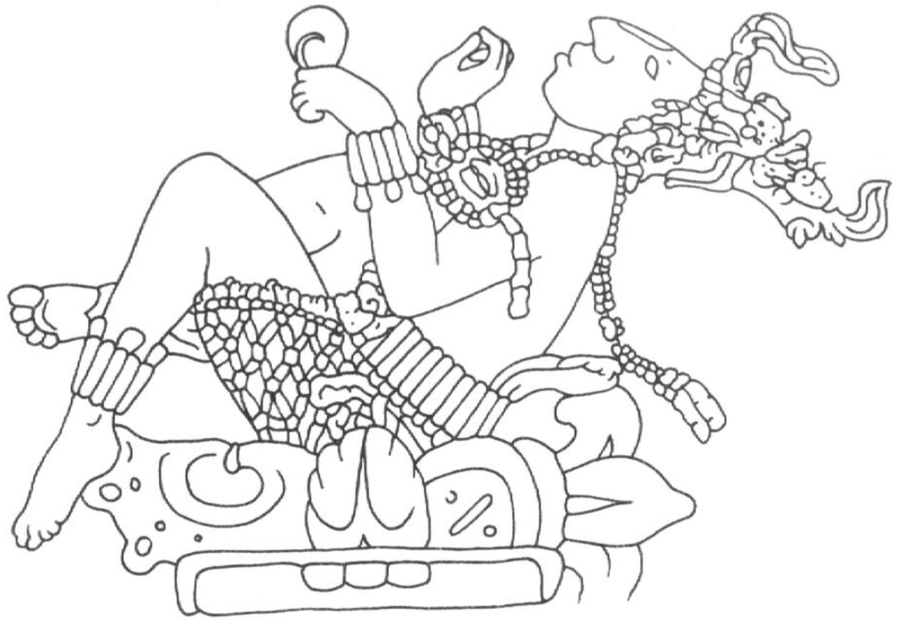


Figure 21 Chalchiuhtlicue, goddess of water

feathers were highly prized by both the Maya and the Aztecs (*see* Figure 22).

The other two gods of the ages were at first harder to find and required some lateral thinking. Then at last it came to him: look at the Lid from the other way round! Turning it upside down he could immediately identify them. First there was Chaac, the rain god, the Mayan equivalent of the Aztec Tlaloc. He could be seen at the bottom of the Lid with six long tusk-like teeth (*see* Figure 23).

Below or above him (depending on how you looked at the Lid)

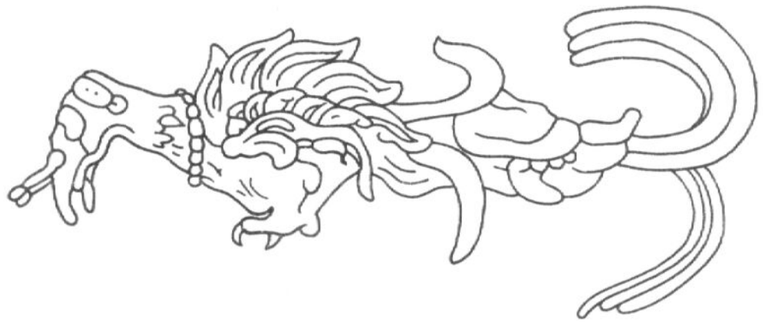


Figure 22 Ehecatl, god of wind

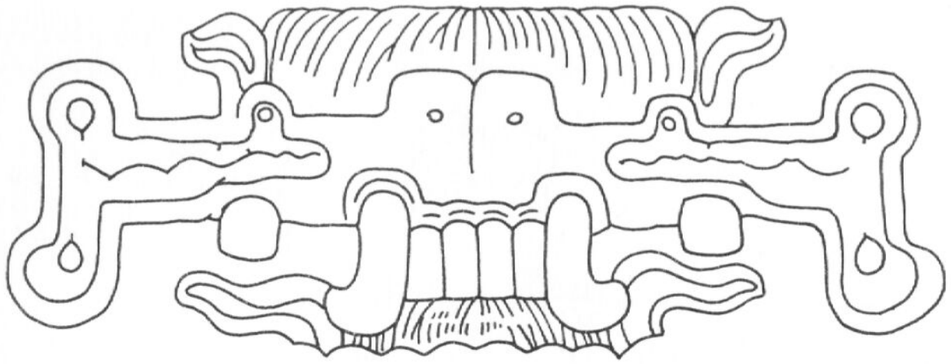


Figure 23 Tlaloc, god of celestial fire and rain

was the god Tonatiuh, shown as on the Aztec Calendar Stone with his tongue poking out, symbolizing that he gave life. One important difference was that unlike the Aztec Tonatiuh, who was shown with a full set of teeth in his open mouth, this god had most of his teeth missing. He seemed to have worn them away, implying the end of his age (*see* Figure 24).

Between the figures representing Chalchiuhtlicue and Ehecatl there was a shape on the Lid which at one level seemed to represent the Tree of Life or suckling tree. At the centre of it was a cross, however, and Cotterell was in no doubt that it signified the sun—as it does in many cultures throughout the world (*see* Figure 25).

By discerning meaning in the images of the gods inscribed on the Lid he had broken the first code. The Lid of Palenque, though

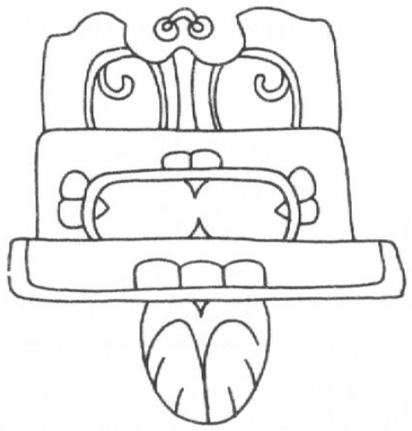


Figure 24 Tonatiuh, sun god

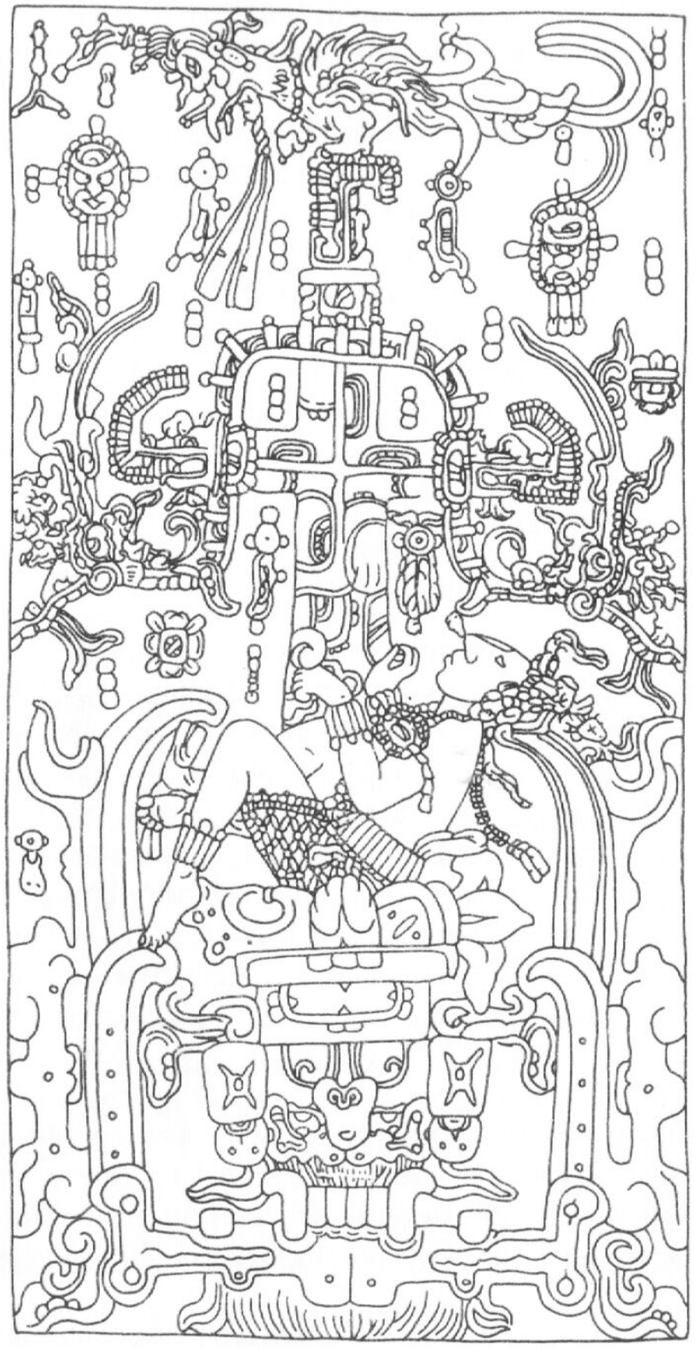


Figure 25 The sun-cross between Ehecatl and Chalchiuhtlicue

personal in that it acted as the cover for Pacal's tomb, was universal in its imagery. *It was a book of symbols that was intended to be, and indeed perhaps was, read.* Not only that, it was a cultural icon that recorded the passing of the ages, and was therefore similar in significance to the Maya as the Calendar Stone had been to the Aztecs. It recorded major events in world history that related to the mythology of the Maya and in a sense illustrated their holy book of Creation, the *Popol Vuh*. Cotterell had long known of the existence of this sacred book of the Quiché Maya, which as we have seen was first published in French by Brasseur de Bourbourg in 1861. Getting out his much-thumbed English translation, Cotterell read its first sentence:

> The *Popol Vuh*, as it is called, cannot be seen any more ... The original book, written long ago, once existed but is now hidden from the searcher and from the thinker ...

Pondering on these words it occurred to him that the author might have been talking quite literally. Perhaps there was a hidden version of the book, put where no one could find it, still less interpret what they had found. The name *Popol Vuh* means 'council book',[17] and among its fairytale-like stories of the birth of humanity, and the doings of heroes such as the twins Xbalanque and Hunahpu, there is a serious intent. Undoubtedly what we read about this book today, particularly in translation, is only a superficial interpretation of what is in reality a highly esoteric work of art. Hidden beneath the poetry is a deeper meaning, a subtext of catastrophism cloaked in mythology. Cotterell began to wonder if the Lid of Palenque was not itself the original *Popol Vuh*: the one that had vanished and was 'now hidden from the searcher and from the thinker'. He was convinced that there were deeper levels of code relating to the Lid which could, if one but had the key, be deciphered. To break this code was now his greatest desire.

The Overlays of Lord Pacal

It was the numbers of the sunspot cycle, particularly 1,366,040 days, that had brought Cotterell to Palenque, but his visit to that

ancient site had now turned his attention in another direction entirely. It was not the hieroglyphs for the Birth of Venus, 1,366,560, which filled his dreams on returning to England but Pacal's eerie tomb at the bottom of its staircase. His mind kept coming back to the Lid with its strange decorations. He felt sure there was some deeper meaning to all of this—a message, if you like—sealed up for future generations. He had, of course, already associated the principal figures on the Lid with the passage of solar ages, and that this interpretation was correct he was in no doubt. Still he had this nagging feeling that he was only at the beginning of the mystery, that there was a deeper, more esoteric explanation to the Lid. Almost in desperation he now turned his attention away from the central motifs to the surrounding border area, which also seemed to contain some sort of code.

Around the edges of the Lid is a curious border containing images, some of which are now recognized as representing the sun, moon, planets and constellations. Among these images are human faces, placed deliberately, it would appear, like characters in some well-known story. Cotterell was convinced that just as the main body of the Lid was carved with representations of the gods ruling over the ages, so the border had its own message. Looking at it, one thing immediately stood out: two of the corners were missing (*see* Figure 26). Now there was no record of the Lid's having been damaged since its first discovery by Alberto Ruz in 1952, and certainly not of the corners having been chipped. It seemed, therefore, that they had either been broken off at the time the Lid was being put into the chamber or that it had been designed in this way in the first place. In any event this seemed very strange, for everything else about the Lid seemed absolutely perfect. Would the Maya have covered the sarcophagus of their most important king with a lid that had been accidentally damaged? More to the point, is it likely that exactly the same accident could have happened to two corners? It seemed more likely to him that the breaking off of the corners was deliberate, and indeed part of the intended design. The question was, why?

Cotterell was already beginning to see that whoever it was who designed the Lid (probably Pacal himself) liked riddles and enjoyed playing with design elements in such a way that they

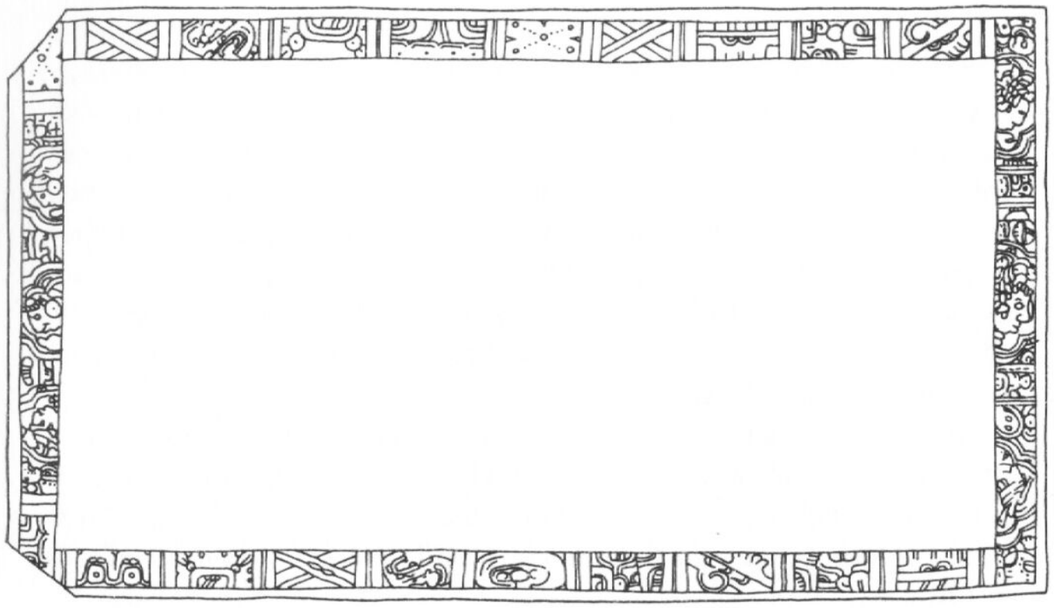


Figure 26 Borders of the Lid

interacted with one another. Could he have done the same with the border? Was the chipping of the corners done intentionally to draw attention to something? In short, was there a message to be read in this?

He reasoned that the Maya believed each part of the microcosm to be only one part of the macrocosmic universe, and each individual to be likewise a similar piece of Creation. This idea extended to the self, so that each individual could be apprehended as a tiny piece of oneness, which in turn led to the dualist perception of 'I am you' and 'You are me'. He could see that this was epitomized in their pantheon of gods representing the opposing forces of nature. Both the nature of the physical earth and of humanity were split into dualities that were really complementary, such as day

and night, birth and death. Yet these apparently dual natures had a habit of changing into their opposites, so that night would inexorably become day and day would become night. Similarly birth would lead to death and death to birth. Good would in time become bad (through excess) as surely as bad would become good (following aversion to pain and suffering).

This new insight he had into the psyche of the Maya provided the next key to the decoding process. For if I am you and you are me, if night becomes day and day becomes night, then perhaps the missing corners are not really missing at all. Maybe they are just not visible unless you look for them in the right way, to see how 'missing' can turn into 'found'. Looking at the problem in this way gave Cotterell a new perspective and led him into a different line of reasoning. Perhaps, put simply, there was indeed a message: 'Complete the corners and you will find something else.'

Looking at the right-hand border, the broken code at the top should have consisted of five large dots linked together in an X-shaped cross by smaller dots (*see* Figure 27). That this was so was indicated by the appearance of this same symbol halfway down the border. Very well then; the message seemed to be that this symbol needed to be completed—but this still left the question of how? Looking at a graphic representation of the Lid complete with its border, Cotterell surmised that if a copy of it were laid on top of it, with the borders overlapping, then the corner could, as it were, be made complete. The copy would, in effect, supply the

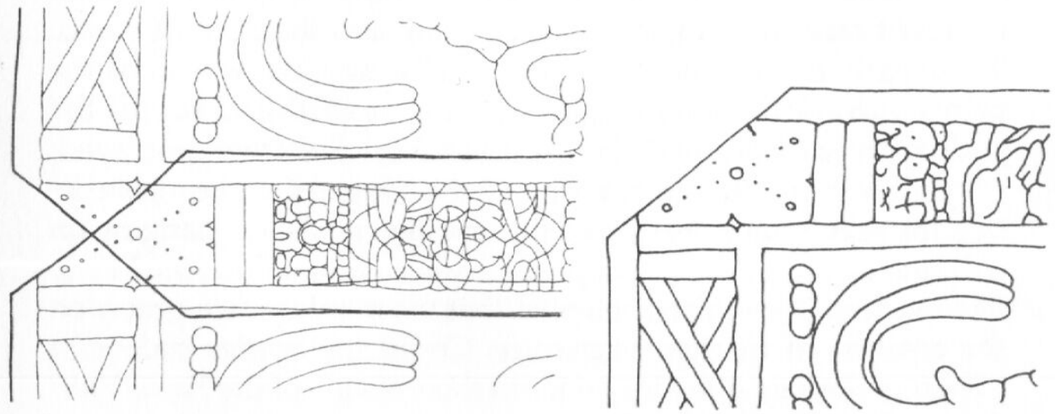


Figure 27 The broken corners can be overlapped

missing part of the puzzle. Accordingly, he made two acetate copies of the Lid and placed them one on top of the other. Sliding them around, he was able to make the corners match in such a way that the broken symbol resembled the one halfway down the right-hand side. He then examined the rest of the border and was amazed to see that it too now made sense. What had been seemingly chaotic images were now married up with their second halves and it was possible to see what they also were meant to represent.

Turning to the opposite border, he tried the same process of overlaying and again was surprised by what he found. What had been seemingly meaningless glyphs suddenly burst into life. Instead of half-figures, difficult to see and appreciate, he was now confronted with clearly symbolic designs that made sense in terms of Mayan religious mythology. The most obvious of these was a dragon figure, symbolic of fertility, that he could now clearly see in the left-hand border (*see* Figure 28). More subtly, the dragon also contained the face of a jaguar, the two seemingly fused together. Lower down the border was what looked like a monkey, its arms outstretched above its head as though hanging from a tree. Below the monkey there was a stylized snake's head—perhaps signifying the feathered serpent god Quetzalcoatl. In all, the whole pattern was curiously reminiscent of the story of Creation contained in the Mayan epic, the *Popul Vuh*.

Like the Aztecs, the Maya believed that there had been four other creations before our own. During these the gods fashioned different races of people first out of clay and then out of wood. These early races were incapable of fulfilling what was to be the prime purpose of humanity, to cultivate the earth and supply the gods with prayers and sacrifices. They were therefore destroyed, only a few individuals remaining. In the course of the last destruction the survivors were turned into monkeys, who by hanging on to branches were able to escape total annihilation. Thus the Maya, like modern Darwinists, believed that the monkey race preceded the creation of modern humanity. Could the border code of a hanging monkey somehow refer to this episode of the *Popul Vuh*? Cotterell was inclined to think so.

Turning his attention to the lower border of the Lid and carrying

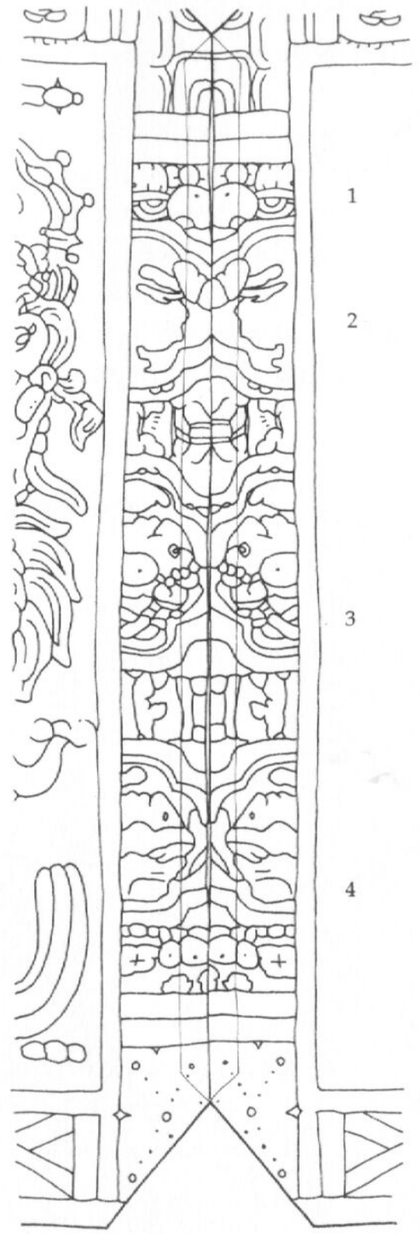


Figure 28 Revealing the secret glyphs in the border

out the same technique of building an image by overlapping, he found something else. In the middle of this border is a human face with a curious 'banana' on its nose. To remove the banana it was necessary to push the two noses together (*see* Figures 29 and 30).

Now, looking at the larger image of the Lid, it was clear that there is a similar banana on the nose of its central image (*see* Figure 31). What would happen if he pushed two of these images together in such a way that the bananas disappeared on these images too? Carefully juggling the images and twisting them round so that the two faced each other, he slid them together to remove the banana.

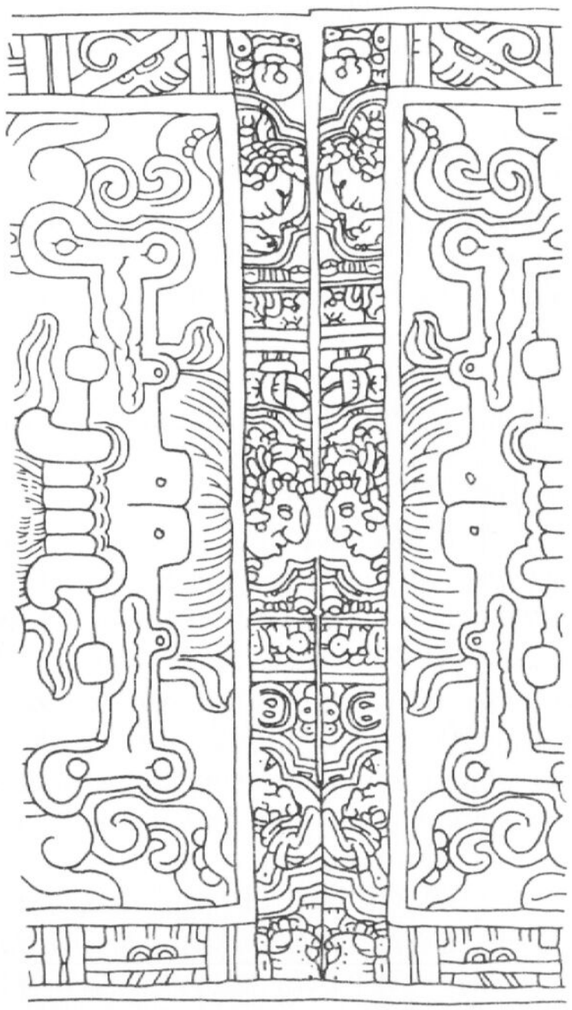


Figure 29 'Banana' nose border

Figure 30 'Banana' noses together

Incredible as it seems, this too produced a meaningful image. Suddenly he was able to see the looming image of a bat hovering where the two faces met (*see* Plate 23). In fact there were two bat images: one flying face-on towards the onlooker, and the other seen from the rear and flying away.

Figure 31 Figure from centre of Lid with 'banana' on nose

Cotterell knew that the bat god had figured prominently in the mythology of many different cultures of Mexico, including that at Monte Alban. When he had visited the Museum of Anthropology in Mexico City, he had been particularly struck by an image of this deity made out of 25 pieces of jade. It seemed that the bat, because of its association with the night and its silent flight, represented death. In the *Popul Vuh* two of the most important characters are a pair of hero twins called Hunahpu and Xbalanque, whose task it is to overthrow the evil lords of the underworld. In the course of the story a killer bat, Camazotz, snatches off the head of Hunahpu, which then has to be replaced with a gourd.[17] Later, through various trickery on the part of the brothers, the head is retrieved and magically fixed back on his body. It therefore seemed no accident to Cotterell that the image of a bat should appear, hidden as it were, on the Lid. It occupied an important place in the mythology of the Maya.

Another composite picture to come out of the Lid was that of a jaguar. This, it was said by the Maya, represented the fifth age of the creation. Cotterell found this by placing the five-dot central border code of one acetate over that of another. The jaguar features prominently in Mayan as well as Olmec art, and it was amazing to see this emblem of the fifth age brought out in this way through the five-dot patterns (*see* Plate 24). It had been puzzling him for some time why the Lid showed only four gods of previous ages whereas the Aztec Calendar Stone showed five. Now he knew why: the crafty Maya had hidden it from the prying eyes of the casual onlooker.

He now took a fresh look at the Lid itself, without the use of overlays. It was clear to him that the motif of a cross standing over the reclined figure somehow represented the sun. The use of a cross to symbolize the sun is almost universal across the world, pointing to the very great antiquity of this sign. However, this symbol also had a second meaning, that of the Ceiba Tree. The Mayan version of the universal Tree of Life had 400,000 nipples instead of fruits. It stands, in other words, as the tree of Creation from which all life draws its nourishment. Some of these nipples seemed to be represented on the cross-branch of the Lid tree as pegs. What was even more interesting, though, was that the

sun-cross had loops depicted on it. Could these be symbolic of the magnetic loops on the sun that give rise to sunspots? If so, then how could the Maya have possibly known about such phenomena? These were questions for which there were no answers.

Carrying on with his overlay technique, Cotterell was able to find over one hundred images and even stories on the lid that he could relate to Mayan mythology. Was this pure invention on his part or were they really there? He himself was in no doubt of their reality but he now wanted to consult with experts to see what they had to say.

An academic roasting

The Museum of Mankind is a building which few people—even Londoners—know exists. Tucked away in a back street behind Piccadilly, it looks more like an oldfashioned polytechnic or college hall than a department of the British Museum. Inside it is quite spacious, but what strikes the visitor most is its rather grand hall, as though the building were really designed to be a gentlemen's club or the London residence of some country grandee. Opposite the main entrance is a large staircase flanked by two massive plaster casts of Mayan sculptures.[18] It beckons the visitor upwards to where the main collections are housed. These include a wide range of ethnographic artefacts, from an Easter Island *Maui* with its pursed lips and sightless eyes, to African masks and Polynesian spears. Though the Museum's concern for multicultural values is all too clear, it is difficult to say just why some artefacts are deemed to belong in this building and not in its much more illustrious sister, the British Museum. Until recently, October 1994 to be precise, there was almost nothing from the Americas, bar an enormous totem pole, to be found in the British Museum itself. This deficiency has now been rectified with the opening of a new Mexican Gallery, but it used to be the case that American antiquities were absent from the British Museum and had to be sought in the much more politically correct Museum of Mankind. This had one advantage in that there are not the same

number of tourists thronging its rooms and galleries, but conversely there is the sense that one is intruding into a private world, like walking into a great house only nominally open to the public.

Each of the great museums in London has a twin function, to be both an institution with a duty to provide an opportunity for the public to view its collection and an academic body with responsibilities to care for the collection in its keeping and to carry out research. In addition to an army of yawning guards, standing or sitting in every room to which the public has access, the museums employ a large number of scholars. In the British Museum itself there are whole departments tucked away behind mahogany doors and occupying large segments of the building. The staff who man these departments have at their disposal libraries and research facilities that are not open to the general public, but they are required, under the terms of the Museum's charter, to offer assistance and advice when asked. Just as anyone is free to apply for a pass to the famous British Museum Reading Room, which is also closed to the public, so they can contact members of staff either by letter, phone or in person and ask for information. This is a very important right, for at the end of the day it is the taxpaying public who fund these institutions and support their work.

While writing *The Orion Mystery* I had quite a few dealings with the Egyptologists of the British Museum and found them always to be courteous and helpful. That is not to say that they agreed with everything we had to say, but they were at least willing to talk to us. I was therefore very surprised to hear how Maurice Cotterell had had enormous difficulties not just in having his ideas accepted but in even getting an appointment at The Museum of Mankind. In October 1992 he telephoned to arrange an appointment to discuss his work with an assistant keeper at the Museum. He had already tried by letter but not having received a reply he decided that the phone was the only way to get heard. When he eventually got through, he was refused point blank. Undeterred, he contacted the Mexican Embassy in London and got talking to their cultural attaché, Mr Ortez. He was very interested in the work and could see the value in it, but even he could not arrange an interview with the Museum because the staff were too busy.

Two months later Cotterell went to see Mr Ortez in person, and this time they had more luck with the Museum: an assistant reluctantly agreed to give him ten minutes of her time. He raced across London accordingly, feeling as if he had been granted an audience with the queen. As it turned out he was wasting his time, for she barely listened to what he had to say before turning on him and telling him in a scolding tone to get out and read some books by proper authorities on the matter.

As far as he could tell, her central criticism of his theories was that the Maya had no acetates at their disposal, so whatever he might have discovered using this method must therefore be invalid. On the face of it this was a valid point. Of course the Maya didn't have acetate copies of the Lid to play around with as he had, but did they really need them? There could be another explanation. If he had been given the time Cotterell could have pointed to the *Popol Vuh*, which said:

> … and the Kings knew if there would be a war, and everything was clear before their eyes; they saw if there would be death, and hunger, and if there would be strife …

For Cotterell, the *Popol Vuh* was the book of the past, the present, and the future. It also contained a revealing reference to the superior intelligence with which the founding fathers were endowed:

> … They saw, and could see instantly far, they succeeded in knowing all that there is in the World. When they looked, instantly they saw all around them and they contemplated in turn the arch of the heaven and the round face of the Earth. The things hidden (in the distance) they saw all, without first having to move; at once they saw the World … great was their wisdom.

As far as Cotterell was concerned, the Maya had no need of acetates. Their writings and their superior knowledge of astronomy, architecture and science were proof enough of this. Although he did not know precisely how they had acquired their highly developed spatial abilities, he felt he had the evidence for it in front of him in the images he had decoded from the Lid. The Maya were certainly far more advanced than their neighbours, being almost alone amongst the Indian tribes of North America in

having a written language. Uniquely they made use of the Long Count calendar, which in its complexity far surpassed that of the Aztecs, Toltecs, or any other pre-Columbian civilization. They built their cities and temples with the sort of artistic flair one associates with a high culture, and they—or at least their ancestors—are widely credited with the first cultivation of maize as a staple crop. All these notable achievements point to exceptional intelligence, at least among their rulers.

Reasoning in this way, Cotterell could see how they could have produced the complex design on the Lid without recourse to the modern invention of acetates. Western education has many strengths but also notable weaknesses. This is most apparent in the use we make of our minds. Whereas in the past people thought nothing of learning long epic poems and reciting them, today the average person is hard pressed to remember a few lines of Shakespeare. But although learning by rote has gone out of fashion in the West, it is still the way that knowledge is passed on in many developing countries. For example, in Islamic countries it is still considered normal for children to learn the entire Koran by heart. The ancient Romans took the development of memory a stage further by combining it with visualization. When an orator had a complex speech to give, he would not rely on mere inspiration to provide him with the words he needed in the right order. Instead he would organize his thoughts by visualizing a familiar place, perhaps a theatre, in his mind's eye. Then he would deliberately place thought symbols representative of the subjects he needed to discuss in various locations around the theatre. When he came to give the speech he would recall the image of the theatre and, as he mentally moved around it, he would recall the thought symbols and lecture on the points represented by each of them.

This method of thought training was very popular at the time of the Renaissance too, and is still used as a method of developing mindpower by professional magicians (among others). In order for it to work, it is necessary to develop the imagination—that is to say, to be able to think clearly in visual images. This is not as difficult as one might suppose, for it is a natural faculty of human beings. It does, however, require a certain amount of mental strength to hold an image clearly. It is therefore not inconceivable

that instead of having to rely on physical acetate overlays to see the complex designs hidden in the pattern embossed on the Lid, whoever constructed it was able to do this in his or her mind's eye.

Cotterell had no time to explain any of this at the Museum before he was unceremoniously shown the door. He was left absolutely dumbfounded by her attitude towards him, all the more so because she categorically refused to give him any letters of introduction to Mexican archaeologists when he told her he was planning to go back to Mexico. Far from being encouraged in his work, he felt like he was being obstructed. But why? What was it about this subject that had produced such a violent outburst? Were they always so rude to strangers, or was it just that he was an outsider proposing something new? Whatever the reason he was soon to find out that she was not alone in her attitude. Other archaeologists would turn out to be even more hostile. As it was now becoming clear that he was not going to get any help from this quarter, he decided he had better make his own arrangements and try to get some appointments once he was out there. The last time he had visited Mexico it was purely a learning trip, to find out more about the Maya and in particular about the pyramid tomb at Palenque. This time he would return with something of his own to show. Come what may, he intended to make known his discoveries concerning the Lid of Palenque in the country of its origin. It would prove to be a fascinating experience.

A Mexican Breakfast

It had begun as an ordinary February day in Mexico City. The traffic roared through the busy boulevards, the usual crowds of vendors, beggars and commuters began pouring out onto the streets. The thin air was heavy with pollution, making it difficult to breathe. In short, everything was normal in this the largest metropolis on Earth, the city which stands on the ruins of the Aztec capital, Tenochtitlan. In one of the wealthier suburbs of this great city, a close friend of the president's wife drew back the curtains and turned on her television set. In a studio on the other side of town, two presenters fidgeted, waiting to go on air as soon as the

commercial break ended. Both of them were women in their mid- to late twenties, as smartly dressed and made up as any European or American TV hostess. Yet written in their faces and behind the mask of modernity was the tortured history of their country. The one girl, the more senior, was clearly of Spanish stock. To her right and acting as interpreter was her assistant, equally pretty but with the unmistakable features of a Mayan Indian. Their guest that day, the focus of their attention, was Maurice Cotterell, and he was about to reveal his discoveries for their benefit.

Maurice had brought with him a large folder of notes and A4 acetate copies of the slab. Under the watchful eye of the camera and to the excitement of the two girls, he began to explain how it contained in condensed form an encyclopaedia of ancient Mayan knowledge. Laying the acetates side by side, he showed them how the borders of the slab contained hidden images, such as a tiger, the Mayan version of the Great Bear constellation and a stylized dog, the planet Venus as the evening star. Now putting the acetates one on top of the other, he revealed further images such as the bat god of death and Quetzalcoatl, the feathered serpent. He concluded his magic show by asserting that the Maya were a highly intelligent people and that they had evidently carved the slab in order to preserve their knowledge for posterity. He hoped that Mexican archaeologists would take this work further, for he believed that he had at last found the key to the mystery of the Maya and why they had disappeared.

Within minutes of the program going out on air, the switchboard at the television station was jammed. It seemed that half of Mexico City had been glued to their screens, learning for the first time about a theory British archaeologists had done their best to suppress. Among the callers was the First Lady's friend, herself the wife of a cabinet minister. Both she and the president's wife were members of the prestigious Voluntary Cultural Society of Mexico City, and it just so happened that they were about to hold one of their biannual meetings. Exhilarated, she asked if Maurice would be willing to come along and talk to the society about his discoveries. Thus it was that two days later he found himself in an official government building standing before an audience of about forty ladies, including the wives of other government ministers.

As they had no overhead projector, he had to hold up the acetates against a white background while he explained his theories. Although the room was crowded and it was impossible to see what was going on from the back, this didn't seem to matter for many of the ladies had already seen the TV interview. They were ecstatic over the very idea of such a discovery concerning one of their nation's most treasured relics from the past, and were quite uninhibited about saying so. Some of the ladies were in tears; others kissed him proclaiming him the reincarnation of Pacal. All wanted to shake his hand and were keen to offer whatever help they could to further his work. The First Lady, in a gesture that brought applause all round, awarded him a medal with a yellow ribbon—the highest honour bestowed by the society. She also promised to arrange meetings for him with some top Mexican archaeologists. Since this had been one of the chief reasons for his coming to Mexico in the first place, he was extremely grateful to her—but at the same time he was apprehensive after his bad experience at The Museum of Mankind. Would things be any different now? He hoped so, but casting his mind back to what had happened before he had to admit the omens were not good.

Meetings with the Inquisition

Following his disastrous appointment at The Museum of Mankind, Cotterell knew that in promoting his theories he could expect little or no help from professional archaeologists. Nevertheless it was important that he should discuss his findings with them, if only as a matter of courtesy. Not only that but he needed intelligent feedback on how his ideas fitted with the accepted consensus concerning the Maya. He was therefore keen to meet with the Mexican academics. When he had arrived in Mexico City he had attempted, without success, to see the Director of the Templo Mayor Museum, who was apparently out of the country. Following the TV program, however, and the publication of articles concerning Cotterell's work in the papers, he suddenly returned and an appointment was duly arranged.

If the meeting in The Museum of Mankind had been frosty, this

one was full of fire. The director turned out to be a man in his fifties, stocky, his Spanish appearance giving him the look of a conquistador. His English was not very good but it seemed that he didn't need to be told: he had already made up his mind that Cotterell's theories on the Lid of Palenque were heretical. Red in the face and foaming at the mouth, he took hold of one of the acetate overlays and began tearing at it, trying to pull it apart. When it wouldn't give way he became all the more angry and virtually tossed Cotterell out onto the street outside the Museum. It was a bravura performance intended to show the contempt felt by the establishment for an outsider who had dared to cross the Atlantic and challenge the home team on their own ground. Once more Cotterell had the feeling that he had unwittingly trodden on forbidden territory, and he now knew what the ancient Maya must have felt like when Bishop Landa took their holy books and turned them into a bonfire. It seemed that some things in Mexico just don't change.

On arriving in Mexico City, Cotterell had taken the precaution of hiring a guide to show him round the city and arrange for introductions. She was now able to secure him an appointment with two of the staff at the Anthropological Museum—the equivalent of London's Museum of Mankind. Here he met with two younger archaeologists in their thirties, one a man and the other a woman. They were very friendly, invited him to sit down, and listened attentively for about three hours as, stage by stage, he went through his unlocking of the Lid of Palenque and how it tied in with sunspot cycles. He couldn't help but wonder, however, if their more positive reaction might perhaps stem from a direct instruction to be nice, possibly by the First Lady herself.

That night he returned to his hotel room and was preparing to go to bed when something appeared under the door. It turned out to be a business card from a man with the forename Miguel who was the Director of a Mayan Agricultural College. There was something odd about the card and Cotterell suspected he was an impostor. For one thing, the telephone numbers on the card were crossed out and a fresh number written on the back. For another, why should such a card be delivered by hand in this curious manner? It would have been just as easy to have telephoned. The

scrawled message said that he, Miguel, had seen the program on television and was anxious to meet Maurice personally to discuss some of his ideas. They arranged a meeting for the following morning, which was a Saturday, but unfortunately it was necessary to make it brief because another interview had already been arranged through the local newspaper, *Nova Dadis*, with an archaeologist at the independent Museum del Carmen.

Miguel turned out to be a man in his sixties, dapper, and with penetrating eyes. He was accompanied by a young man in his twenties who he said was his son, though it seemed more likely that he was a grandson. Again Cotterell had the uneasy feeling that all was not as it seemed—that the man was an impostor or even a spy. It was hard to say why he had such a strange reaction, perhaps something to do with the strange manner in which he had made his acquaintance. Miguel seemed more like Carlos Castaneda's Don Juan than the director of an institute. Well, perhaps he was. At any event the meeting went along very amicably. Once more Cotterell explained his theories, but this time his listener was much more attentive to the details of what he was saying. At last he seemed to be speaking to someone who knew and understood what he was talking about when he mentioned time-cycles, and who was keen to find out more concerning the role of sunspots. He asked intelligent questions, not doubting the validity of the overlays but wanting to know whether Cotterell thought the cycles of the sun could have been linked to Mayan ideas on crop rotation.[19] Why did they use cycles of 144,000, 7,200 and 360 days for their crops? At that time Cotterell was unable to give him a positive answer on these points but promised he would look into the matter and contact him again in due course. The next day he phoned the numbers given on the card—but no one had heard of his visitor from the Mayan Agricultural College. Later he was to write to him care of the address he had been given, but again to no avail. It seemed that Miguel had vanished as mysteriously as he had first appeared.

Later that day he went to the Museum del Carmen and met up with Dr Yolotos Gonzales who, like the lady he had met in England, was of retirement age. Unlike the hostile gentleman at the Templo Mayor Museum she was interested in the material and

agreed that Maurice had definitely hit on something important with his decoding of the Lid. She was convinced that the work was worthy of further investigation but warned him that there would be obstacles. Not everyone would be in favour of what he was saying, if only because it was novel. He should expect opposition from the archaeological establishment, a body which from the time of the dictator Porfirio Diaz has had enormous influence on Mexican affairs. Not yet clear just what this warning meant, Cotterell carried on with his tour and went to visit two leading Mexican banks as well as several publishers who had expressed interest in his work as outlined in the press. Both groups were extremely supportive and assured him that publication of the work, whether for private distribution to esteemed clients of the bank or as a commercial proposition to the general public, was guaranteed. It would be a formality to put together a concrete proposal, and then it would be a matter of drawing up contracts.

Before returning to England Cotterell made another journey to the pyramids of Palenque. This time he noticed something else, something quite disturbing. On the occasion of his first visit he had been so overwhelmed by the general impressions of Mexico and the sheer mysteriousness of the site that he had not really paid much attention to the state of the monuments themselves. Now, walking around the site in a more objective and detached frame of mind, he could see how they were suffering from the effects not only of mass tourism but more damagingly from the Mexican oil boom. The once pristine, white limestone of the pyramids and palaces were now stained black by the oily soot produced by the refineries only a few miles to the north in the swampy margins of the Gulf of Mexico.

The oil boom of the 1970s following the OPEC embargo has had a devastating effect not only on the nature of the region of Tabasco but also on its archaeological heritage. Many Olmec remains such as basalt heads, sculptures and indeed a whole mosaic have been moved from their original site on the island of La Venta to a park of the same name in the provincial capital of Villahermosa. Here they are arranged in a sort of outdoor archaeological museum where visitors can walk around and look at the sculptures in a semi-jungle setting. Meanwhile the sites from which these

precious artefacts have been taken are exploited for their oil, all other archaeological traces being erased in the process.

The impact of the oil industry, probably the most powerful in the world and certainly of crucial importance to the Mexican economy, can scarcely be overestimated. While it has undeniably brought wealth to what were once malarial swamps, its side-effects have been quite catastrophic. The acid rain produced by Villahermosa and other cities is eating steadily into the limestone of Palenque, and already many inscriptions are becoming hard to read. It is, however, set to grow further—once oil has been found, history shows that nothing will be allowed to stand in the way of its extraction. Drilling has recently taken place at Palenque, within a hundred yards of the Pyramid of Inscriptions itself. Cotterell could only sigh and pray that things would go no further. Yet with so many hungry mouths to feed, it is not surprising that the Mexican government gives the oil industry a high priority. Revenues from tourism, though important for the economy, are tiny compared with that generated from black gold. As long as this continues, antiquities will remain under threat. With the collapse of the Mexican peso and the risk of political meltdown owing to high-level corruption, the threat to archaeological monuments can only become greater.

With fresh resolve to draw the attention of the world to the plight of Mayan monuments, Cotterell packed his bags and set off back to England. He condensed his ideas concerning the overlays and the Lid of Palenque into a two-volume work entitled *The Amazing Lid of Palenque*, which he published at his own expense, lodging a copy as required with the British Library. Now even if the academics didn't like his theories they would at least be available to future researchers. He also went over the heads of the establishment, directly contacting the *Mail on Sunday*. Like the staff on the Mexican breakfast program, they were enthusiastic about his ideas and printed a long piece with the heading THE MAN WHO BROKE THE CODE OF MAYA CARVING. It was this piece that brought him to my attention and which indirectly led to our collaboration on the present book. However, it was not the Lid of Palenque or Cotterell's discoveries using acetate overlays that really attracted me: it was his remarkable work relating sunspot

cycles to the Mayan calendar and human biology. He had by now taken this far beyond its early stages recorded in *Astrogenetics*, and it was this more than anything, I felt, that needed to be brought to public attention. With his solar-genetic theory he seemed to have rediscovered something which, if true, is of vital importance to everyone on planet Earth.

5

LAND OF THE RATTLESNAKE

In search of the Maya

Cotterell's theories concerning sun cycles and the Maya amazed me both in their simplicity and universality. Could it really be that the Maya, living under conditions that we would today equate with the Stone Age, had such precise knowledge concerning sunspots? Did they indeed remember and record in their myths some devastating tragedy that had all but wiped out humanity? Were they really able—through astrology, numerology, dreams or whatever—to make prognostications about the future? All these were questions that now occupied me and I realized that I would only find the answers if I went to Mexico myself. What I would be looking for was not just the more obvious and tangible remains of this vanished civilization but their cultural atmosphere and, if possible, some pointers towards the esoteric side of their religion. This, I was now beginning to understand, was closely linked to the teachings of the great god-human or avatar that the Aztecs called Quetzalcoatl and the Maya Kukulcan. Perhaps it was from him that they learnt about sunspot cycles or at least obtained their astronomical knowledge. I felt sure that

underneath the myths and superstitions there was a real human being, a wise teacher, who had once instigated a religion based upon self-transformation. I wanted now to know what this religion had been about, and if possible to identify this teacher and when he had lived.

In December 1994 I had the opportunity at last of following in Maurice's footsteps. By now I had read a great deal about the Maya, Aztecs, Toltecs and so forth, and looked forward to seeing the ruins of this amazing civilization for myself. My wife Dee, who is the photographer of the family, arranged to take time off work and come along as well. She had accompanied Robert Bauval and me on my first trip to see the pyramids of Egypt, and was keen to see how the Mexican ones would compare. Arriving in Mexico City, we were agreeably surprised by how attractive the centre still is and at how many old colonial buildings have survived the ravages of time. Though earthquakes[1] are an ever-present reality in this part of the world, the greater threat to buildings appears to be subsidence. I was amazed to see that many of the old churches have sunk by up to nine feet in the soft soil beneath them, and can now be reached only by bridges and stairs. Other buildings, such as colonial mansions, show great cracks in the walls as they too sink into the bed of Lake Texcoco. With the help of UNESCO, money is being poured in to save the architectural treasure that is old Mexico City, but it still seems to be too little too late. Perhaps no amount of money is sufficient to hold back the forces of nature forever.

At the *zocalo* there was a demonstration by Maya Indians angry about the appointment of a new governor for Chiapas region. Huddled in small groups under makeshift tents of coloured plastic, they looked tired and dejected. It seemed that the Zapotista rebellion of the previous spring was still rumbling on with little satisfaction for the Maya.[2] In front of the square was the great cathedral, which had apparently taken nearly 500 years to build and was now falling down. Incongruously for a Christian monument, it had a large plaque on its front emblazoned with the old Aztec symbol of Tenochtitlan: an eagle standing on a cactus and clutching a serpent in its beak. I was soon to discover that this symbol is now the coat-of-arms for the whole Mexican nation, and

is to be found everywhere from public buildings and T-shirts to the coinage (*see* Figure 32). With mixed emotions, for the Catholic Church still commands enormous respect at all levels of society, the Mexicans are reclaiming their past, and this Aztec emblem seems to represent for them all that was great about their country before the arrival of Cortes.

Behind the tumbling cathedral I came across the ruins of the Templo Mayor with its succession of building plans like tree-rings. I shuddered to think of the 20,000 souls who had had their hearts torn out in the dedication ceremonies for just one of these buildings, but then the Aztecs—like other Indians—believed in reincarnation and that the souls of those so sacrificed would go straight to heaven. It took an effort of imagination to see the blackened volcanic stones before me as the base of the glittering, brightly-painted, twin-towered pyramid illustrated in my guidebook. They looked more like the foundations of some bleak Lancashire cotton-mill. Then I called to mind the writings of Fray Bernardino Sahagun, the first missionary to befriend the Indians and to make a serious record of their traditions before they all

Figure 32 Eagle clutching a serpent from the outside of the Mexican Museum of Anthropology

disappeared. He wrote that at the end of each 52-year period the Indians were mortally afraid. On the last night of the old cycle, terrified that the world was about to end and the sun not rise again, they took to the hills. There they studied the sky, waiting for the Pleiades star-cluster to reach the southern meridian.[3] When it carried on moving (as of course it always did), there was great rejoicing, for then they knew the world wasn't going to end after all. A new fire was lit, like an Olympic torch, and brands sent all over the kingdom in celebration of the new cycle that had been granted by the sun god Tonatiuh. Meanwhile old crockery was smashed and the Templo Mayor was refurbished with a new skin. It seems that the Aztecs were keen on making fresh starts, even though it must have cost them much in terms of time and material possessions.

Looking at the ruins of the Templo Mayor I couldn't help but notice the many serpents' heads protruding from the base like so many gargoyles. I hadn't expected this, thinking that Mexican pyramids, though stepped, were smooth-sided. In fact, as I was to discover the next day, there was a precedent for this at the early site of Teotihuacan. In the Mexican Museum of Anthropology there was a large number of Aztec sculptures many of which depicted serpents. Some of these were so lifelike in their execution that it seemed they might almost slither away. The connection between the Aztecs and Teotihuacan became apparent when I went into the room where a few years before Maurice had examined the replica of the Quetzalcoatl Pyramid. Hanging on a wall was a representation of the sun god as executed by the Teotihuacanos. Like the later representation of Tonatiuh on the Aztec Calendar stone it had its tongue poking out. But this god did not have the round, fleshy face of Tonatiuh: it was shown as a skull. Clearly the Teotihuacanos were also concerned about the connection between the sun and death.

The next day we visited Teotihuacan itself and climbed to the top of the Sun Pyramid. It offered a marvellous panorama over the surrounding area and I could well understand the awe with which the Aztecs regarded this ancient site. I could also imagine what it must have been like when Cortes rallied his men there against the forces under the command of Snake Woman. At that

time the pyramids and temples were covered over with turf and brush, but even so—or perhaps more so—they would have provided cover and an elevated position for the beleaguered Spaniards to occupy. The death of Snake Woman and the flight of the remaining Aztecs was the day on which the Americas were lost as far as the Indians were concerned.[4] After that it was only a matter of time before other Europeans arrived to complete the job begun by Cortes. Standing on the Pyramid of the Sun and surveying the Avenue of the Dead before me, I wondered how much he knew about the myth of Quetzalcoatl. Did he know that the Aztecs believed that this god-man would not only avenge himself on those who had driven him from his kingdom but would one day return to Teotihuacan? Did Cortes lead his men there because he knew of this prophecy and the psychological advantage it gave him? Whatever the case, Cortes survived the battle to fight another day. A year later he fulfilled the prophecy almost to the letter by overthrowing the Aztecs and establishing Spanish rule.

Coming down from the Pyramid and braving the onslaughts not of wild Aztecs but of souvenir hawkers, I made my way to the Citadel and the Quetzalcoatl Pyramid. Unlike the replica frieze that I had already seen in the Museum of Anthropology, this has lost all of its colour. Even so, it was staggering to look at. Underneath a later rather plain-looking pyramid, archaeologists had found the remains of an earlier construction. This was altogether more lively, with alternating heads of what are believed to have been the two chief gods of the Teotihuacan pantheon, Quetzalcoatl and Tlaloc (*see* Plate 16). The sculptures of Quetzalcoatl, which are arranged one above the other in steps, seemed to amalgamate serpentine characteristics with those of a large-toothed predator, perhaps a jaguar, each head having a frilly ruff round its neck like the rays of the sun. What was also interesting about these heads was that they were remarkably similar to those I had seen the previous day on the sides of the Templo Mayor. Clearly, though buried under the later pyramid they were not forgotten by the Aztecs. I was not entirely convinced, however, that these heads did in fact represent Quetzalcoatl as the guide books suggested: they seemed rather too demonic and elemental to be symbolic of the wise teacher for whom I was searching.

The Tlaloc faces were altogether more abstract with round goggle-eyes and a snaky skin. If the 'Quetzalcoatls' were representations of a sky god associated with the sun, then Tlaloc was definitely earth-bound. It seemed to me that the pair formed a duality, like the Chinese *yang*-tiger and *yin*-dragon. Could it be that there was an oriental link here? In that Quetzalcoatl was supposed amongst other things to be a god associated with wind and Tlaloc was the god of rain, there seemed to be a curious parallelism.[5] Unable to pursue the matter further for the time being, I left it there.

Leaving the Mexico City area we passed on through Oaxaca and Monte Alban, before eventually arriving in Palenque itself. Here everything was pretty much as I had expected, having closely examined many pictures of the site. Seeing it all first-hand, however, was quite an experience. The overwhelming feeling was one of surprise at how such a place could have been built at all, given the intense heat and humidity; to work under those conditions must have been absolutely exhausting. I was also surprised by the scale of the site, only a part of which has been excavated. It stretches way into the surrounding jungle, which looms large and vibrant all around. Going into this was like entering the lungs of some primaeval beast, its hot, sauna-like breath all-pervasive. Here there were trees a hundred feet high that are recognizable to us in England as house-plants. Great roots stretched out like tentacles and a burbling brook rushed off down the hill, in part to fill an ancient Mayan watercourse, itself probably built during the reign of Pacal or his son Chan Bahlum.

As we walked through the ruins there was much evidence of the interest the Maya took in the sun and stars. Standing in front of Chan Bahlum's Temple of the Cross it was possible to see how it was aligned with his father's Temple of Inscriptions. This line, if continued, points towards the midsummer sunset. The implication was clear: the dead Pacal was like the setting sun, who in some way passed on responsibility and power to his son Chan Bahlum, the new ruler.[6] The sense of dynastic continuity was emphasized in the series of bas-reliefs, now sadly faded, that decorate the inner sanctuaries of the temples belonging to the Cross Group. Clearly the Pacal dynasty enjoyed a sort of Divine

Right of Kings, which as we have seen was linked to Mayan sacred numerology.[7]

Inside the largest building on the site, the so-called Palace, I was interested to see that one room is now thought to have been some sort of observatory because it has a frieze near the ceiling displaying representations of certain planets and stars. On one of the outer walls of this same building there are still to be seen the remains of some of the stucco reliefs drawn by Count Waldeck.[8] One of these shows a young king seated on a double-headed jaguar throne and receiving a crown from an attendant figure (*see* Figure 33). This brought to mind the very similar throne of Tutankhamen I had

Figure 33 Plaque showing the jaguar throne, 'Palace' of Palenque

seen in Egypt only a couple of years before. What was it about these spotted cats, I wondered, that so attracted kings that they wanted to make their thrones in imitation of them? How was it that such a similar design to the throne of Tutankhamen could have sprung up thousands of miles and centuries later on the other side of the Atlantic? It was a mystery.

Walking down from the Palace I came to a building known as the Count's House apparently because Waldeck had once used it as his living quarters. Here, protected by a thatched roof from the harsh glare of the sun, was an unusual stucco face (*see* Figure 34). It was executed in quite a different style from other stucco work present on the site and, perhaps because he looks as though he is wearing glasses, has been identified as the Mexican rain god, Tlaloc. This has been puzzling archaeologists greatly in recent years because it is considered to be in the Teotihuacan style. Evidence of pottery fragments and obsidian implements proves that the Teotihuacanos traded with the Maya, but this mask

Figure 34 Teotihuacan-style Tlaloc in Palenque

appears to indicate close cultural and religious links in addition between these very different Amerindian races.

Leaving Palenque we went north to see something of the Yucatan Peninsula, where the Maya survived the great catastrophe that seems to have engulfed so much of Central America in around the 8th century. It was here that in many ways Mayan art reached its pinnacle. Following Maurice's itinerary we proceeded first to Uxmal (pronounced *Oosh-mal*), artistically the finest of the Yucatan cities. The most eye-catching feature of the site was the Pyramid of the Sorcerer (*see* Plate 17), a tall building with rounded corners and very narrow steps. Climbing up this structure, and even more, going back down it, was something of an ordeal and not to be recommended to anyone who suffers from vertigo. Next to it was a small courtyard, and standing here looking back up the pyramid there was an extraordinary sight. What had seemed while we were up there to be a normal chamber, one that might be expected in a pyramid temple, had from ground level something of a surreal appearance. The entire chamber and its surrounding stonework made up one enormous face—that of the rain god Chaac (*see* Plate 18). One can only imagine what rituals were performed in this chamber but clearly they must have been concerned with rain. It was obvious from the huge number of sculpted masks of the rain god that were to be seen elsewhere throughout the ruins of Uxmal that Chaac was a very important god. The masks, mostly placed one above another on the corners of important buildings, reminded us of the Tlaloc faces on the Quetzalcoatl Pyramid at Teotihuacan, except that these ones seemed to have curious elephants' trunks (*see* Plate 19). The purpose of these has been a mystery for over 150 years: John Stephens in his 1843 travelogue remarks:

> ... The reader must suppose this stone projecting in order clearly to understand the character of the ornament last presented. It measures one foot seven inches in length from the stem by which it is fixed in the wall to the end of the curve, and resembles somewhat an elephant's trunk, which name has, perhaps not inaptly, been given to it by Waldeck, though it is not probable that as such the sculptor intended it, for the elephant was unknown on the continent of America.[9]

Below he includes a diagram of the object in question, a curious hook shape with 10 little roundels sculpted on it (*see* Figure 35). Looking at this I was immediately reminded not of an elephant's trunk (a fatuous suggestion but typical of Waldeck's romanticism) but rather of a constellation of stars—perhaps Ursa Major or Ursa Minor. Later I was to have further thoughts on this and see how this might not be so far from the truth.

Rain was of extreme concern to the inhabitants of Uxmal for there are no rivers in the area nor even *cenotes*, the natural wells that are a feature of the Yucatan. They were entirely dependent on artificial cisterns to get them through the dry months of the year and needed to store as much as possible of whatever rain fell. For this reason the floors of the temple courts were built with a slight gradient so that they would steer rainwater into the waiting cisterns. We had seen something like this before in Monte Alban where, because the temples were built on a hilltop, there was a similar water shortage. Here in Uxmal, however, the scale of the enterprise was staggering and was clearly meant to deal with monsoon conditions.

Another favourite symbol at Uxmal was the feathered serpent god Quetzalcoatl in all his various forms. There were serpents

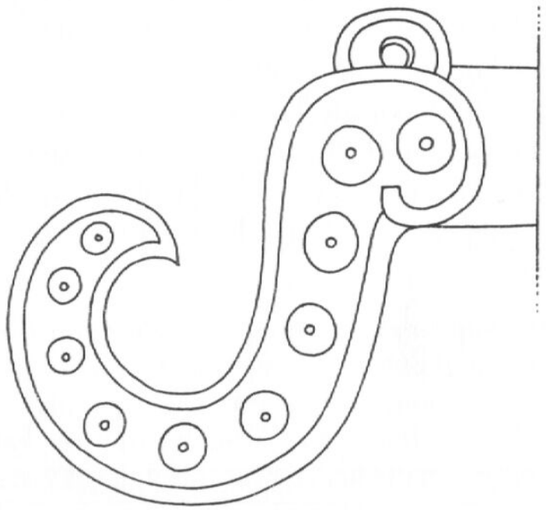
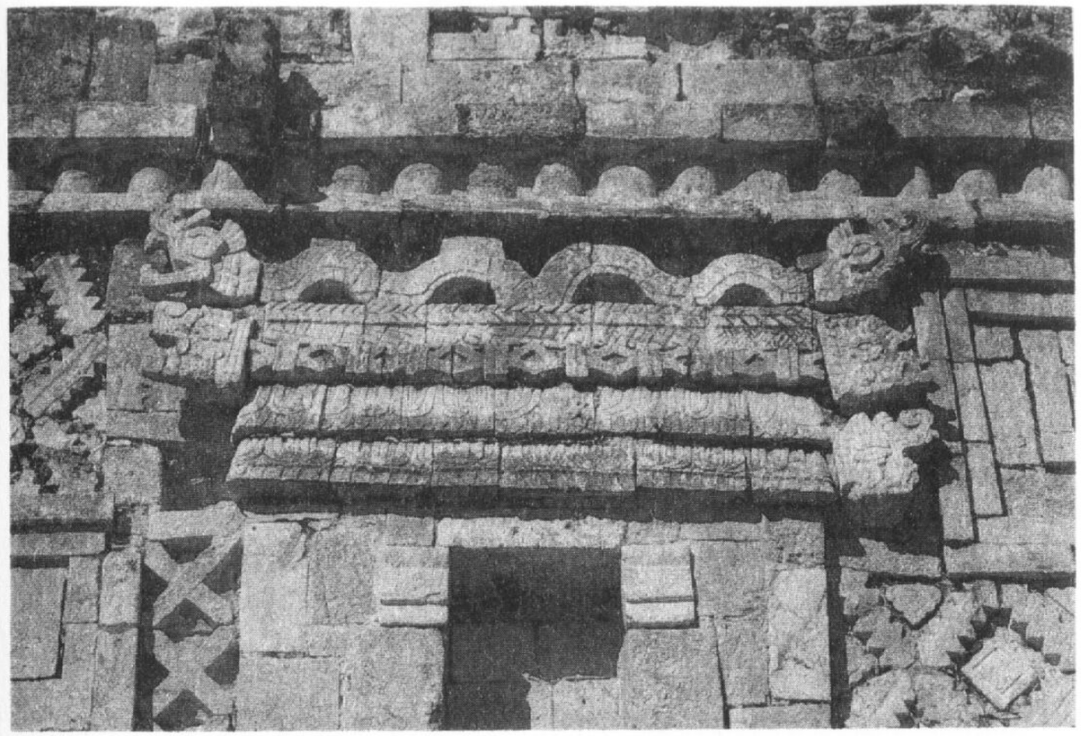
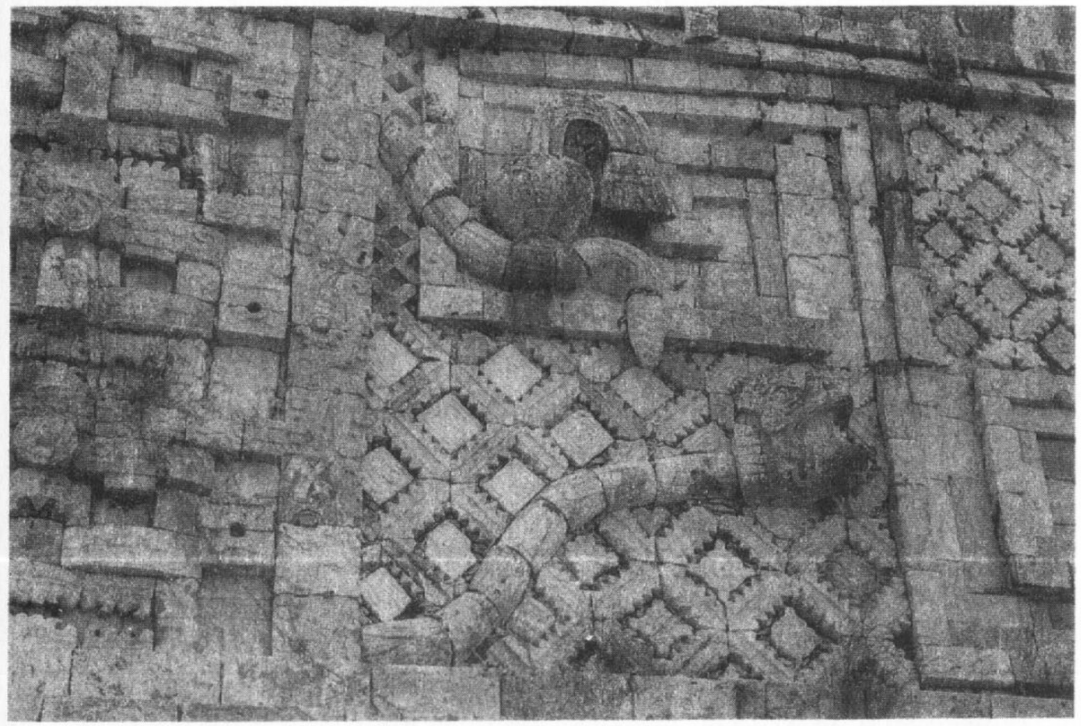


Figure 35 Waldeck's 'elephant's trunk'





Figures 36 & 37 Serpent friezes at Uxmal

everywhere on the temples, sometimes double-headed, at others single (see Figures 36 and 37). Feathered serpents formed what had been the balustrade of the ball-court, and sported along the fronts of friezes in a collection of buildings now known, rather imaginatively, as the Nunnery. It was clear from all of this that the twin cults of Quetzalcoatl-Kukulcan and Tlaloc-Chaac were as dominant here as they had been in Teotihuacan. I wondered whether there could have been some sort of connection between the two sites, and if so what relationship they might have had to one another. Textbook archaeology seemed to be rather light on this subject, referring only to vague trade links between Teotihuacan and the Maya, but I suspected there was something deeper here. Comparing the art at Uxmal with that of Teotihuacan, Tenochtitlan and Monte Alban it was clear that it was here, in the Yucatan, that what for want of a better term we might call the Quetzalcoatl school had its highest expression. The detail in the reliefs on the walls and the complexity of the symbolism involved spoke not of post-Classic decadence but of Renaissance. We seemed to be looking at the handiwork of a people who, far from retreating into oblivion, were filled with creative energy, vitality and strong beliefs. It seemed that we were getting closer to the origins of this strange religion.

The following day we went to Chichen Itza, the most famous of all the ancient sites in Yucatan. In the older part of the city, as at Uxmal, we saw the same images of serpents and rain gods repeated over and over again, the style of the buildings being very similar to those at Uxmal. However, the main areas of the city showed a markedly different, military flavour owing to its unusual history. For unlike Uxmal, which remained more or less purely Mayan right up until its abandonment, Chichen Itza was colonized by invaders from the west: the Toltecs. They brought with them military discipline but also an Aztec-sized appetite for human sacrifice. That this was so was attested by the many reliefs of jaguars and eagles feasting on the hearts of sacrificial victims, as well as whole walls covered with carved human skulls. When looking at these it was hard to feel any love or sympathy for the conquerors, still less to believe that their leader was a good and honourable man. Yet the traditions state that he too was a Quetzalcoatl. I needed now to investigate this connection further.

Chichen Itza and the legend of Quetzalcoatl

The Mayan city of Chichen Itza seems originally to have been built at roughly the same time as Uxmal, in the Terminal Classic period.[10] At some time in the 10th century, however, the Yucatan was invaded from the sea by Toltec warriors. According to legends told to the Spanish in the 16th century, they were led by a god-king called Topilzin-Ce-Acatl, who took the title Quetzalcoatl or Kukulcan. It seems that this was the same king mentioned in the legends of the Aztecs, who had once ruled over the Toltecs of Tula before being driven out by his rival Tezcatlipoca or 'Smoking Mirror'. The legends speak of him as a peaceable leader who, having left his home, arrived in the Yucatan and established a new capital at Chichen Itza. Friar Diego de Landa has this to say:

> The opinion of the Indians is that with the Itzas who settled Chichen Itza there ruled a great lord named Cuculcan [*sic*], as an evidence of which the principal building is called Cuculcan.
>
> They say that he came from the west, but are not agreed as to whether he came before or after the Itzas[11] or with them. They say that he was well disposed, that he had no wife or children, and that after his return he was regarded in Mexico as one of their gods, and called Cezalcohuati [Quetzalcoatl]. In Yucatan he was also reverenced as a god because of his great services to the state, as appeared in the order which he established in Yucatan after the death of the chiefs, to settle the discord caused in the land by their deaths.[12]

After telling us how Kukulcan went on to found another city called Mayapan, meaning 'standard of the Mayas', Landa goes on to say: 'Cuculcan lived for some years in this city [Mayapan] with the chiefs, and then leaving them in full peace and amity returned by the same road to Mexico.'[13]

Modern Mayanists point out that there is considerable ambiguity and confusion in Landa's account owing to the fact that there was clearly more than one migration into the Yucatan. The Quetzalcoatl or Kukulcan that is described must have been a Toltec leader. The Itzas, however, were a later much-despised people, who came to Chichen Itza sometime in the 13th century and gave their name to the formerly Toltec city of Chichen. In any case the coming of the first Quetzalcoatl cannot have been the

peaceful event that his later historians describe. The evidence from inscriptions at Chichen itself is of a violent invasion and the overthrowing of the local Maya dynasty. The murals in the Temple of the Warriors show in graphic detail how the Toltecs took control of the country, first winning a naval engagement against local Maya who came out on rafts to try to drive them away and then fighting another great battle in a city, which may have been Chichen itself. Having won the field of battle, they made slaves of their enemies, sacrificing the leaders to the sun god.

Looking at these scenes of warfare, it was difficult for me to square them with the image of the supposedly peaceable Quetzalcoatl as depicted by Landa. Nor, it seemed, was this just some aberration brought on by the necessities of war. It was clear from other buildings, such as the Temple of the Jaguars, that human sacrifice was as much part and parcel of Toltec culture as it was with the later Aztecs. Elsewhere, in the ball-court, it was clear that the game was played to the death, the winning (or perhaps losing) team's leader being beheaded so that his spurting blood could give sustenance to the sun. Heart-sacrifices were also a regular feature of their religion. At the Temple of the Warriors there was abundant evidence of this, with depictions of jaguars and eagles eating human hearts (*see* Figure 38). I felt disgusted by these images and could only feel sympathy for the Mayan slaves who must have supplied the raw material for this grisly sacrament. If this Quetzalcoatl really was the god-king whose return was prophesied to the Aztecs, then perhaps Cortes was indeed his reincarnation. For it seems that he showed as much ruthless disregard for life as Cortes in his desire to take dominion over a foreign people. I couldn't help but feel, however, that this was not the whole story. There seemed to be something missing—something that was only hinted at by Landa when he said that there was disagreement about whether Cuculcan came before, with, or after the Itzas.

It was clear to me by now, if it hadn't been before, that the cult of Quetzalcoatl–Kukulcan was something far bigger than this 'king' and very probably much older. As at Uxmal, the cult, in the form of the feathered serpent, was strongly in evidence in the way many of the buildings were ornamented. This form of decoration

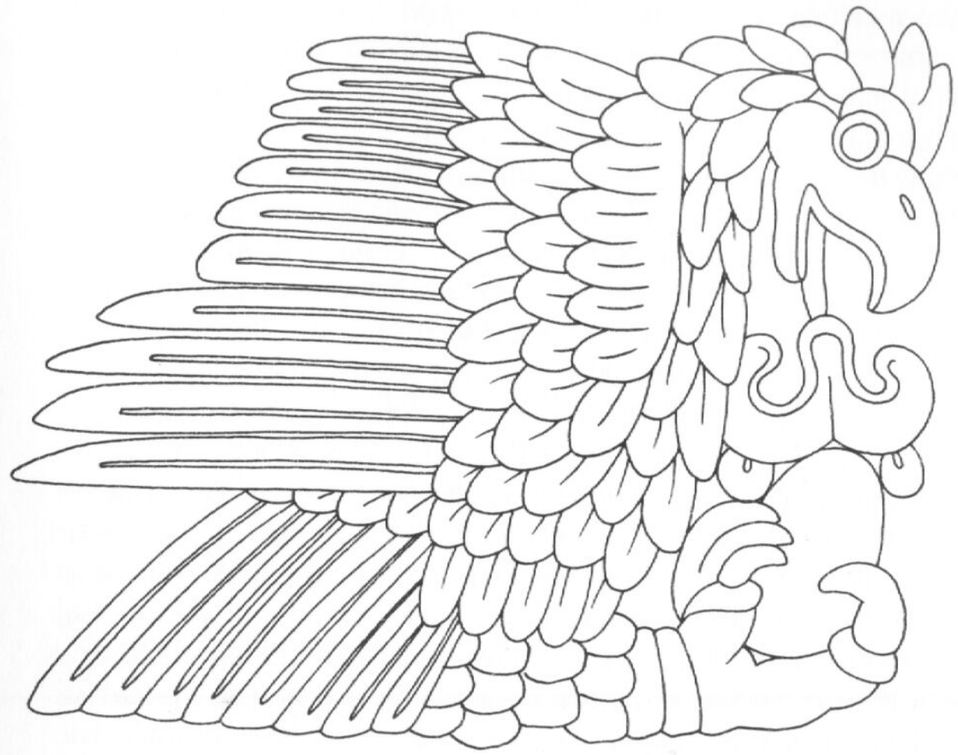


Figure 38 Eagle eating human heart, from the Temple of the Warriors, Chichen Itza

reached its climax with the extraordinary Pyramid of Kukulcan, the one referred to by Landa as the city's 'principal building'. He visited it himself and made the following observations:

> This structure has four stairways looking to the four directions of the world; they are 33 feet wide, with 91 steps to each that are killing to climb. The steps have the same rise and width as we give to ours …
>
> … When I saw it there was at the foot of each side of the stairways the fierce mouth of a serpent, curiously worked from a single stone.[14]

These magnificent heads are still to be seen and I was able to take a good look at them. They are far from unique, however, and are to be found at the foot of virtually every stairway of every building of any significance in Chichen Itza. Most often the serpents were paired and had rather short bodies serving as the

entrance pillars to a temple. These were always topped off with an L-shaped tail that included a stylized rattle. Elsewhere on the walls of temples there were feathered serpent's head masks from which human heads popped out (*see* Figure 39). I wondered if this implied the snakes were giving birth to these people, who were perhaps initiated priests. I had seen similar masks at Uxmal and somehow they seemed highly significant. Clearly there was something in this and it had to have a connection with the Quetzalcoatl religion, but as yet I didn't understand it.

Returning to the Pyramid of Kukulcan, it is now well established that it has, as Landa suggests, a cosmological significance. The choice of 91 steps to each side, with one extra at the top to reach the temple, is no accident: they clearly represent the 365 days of the year. Furthermore, the orienting of the Pyramid to the four cardinal directions was also for definite reasons. Landa tells us in his book that the Maya of the Yucatan used to carry out special New Year festivals that varied year by year. The 20 names for the days of their months were grouped into four sets of five. The initial one of each group was used to determine what he calls the

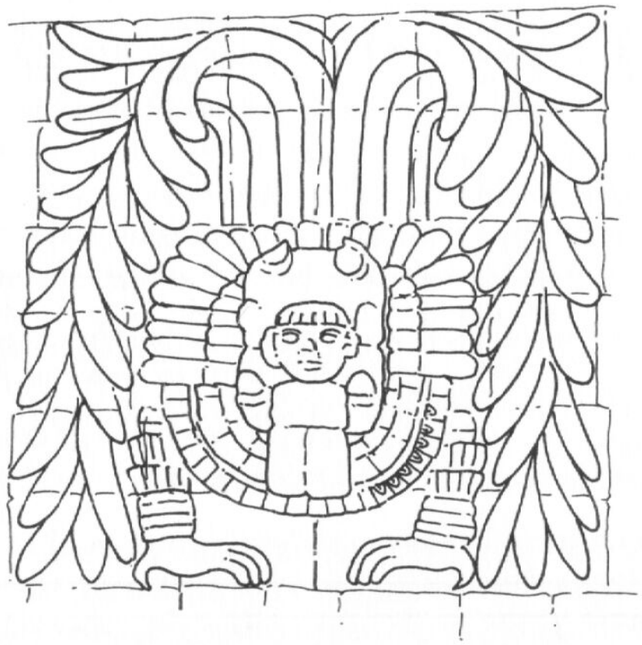


Figure 39 Feathered serpent with human head coming from its mouth

'Dominical letter' of the year and the directional god with which it was associated. He writes:

> Among the multitude of gods worshipped by these people were four whom they called by the name Bacab. These were, they say, four brothers placed by God when he created the world at its four corners to sustain the heavens lest they fall. They also say that these Bacabs escaped when the world was destroyed by the Deluge. To each of these they give other names, and they mark the four points of the world where God placed them holding up the sky, and also assign one of the four Dominical letters to each, and to the place he occupies; also they signalize the misfortunes or blessings that are to happen in the year belonging to each of these, and the accompanying letters.[15]

Later he tells us how it was the custom in each Yucatan town to have two heaps of stones at each of its four gates facing the cardinal directions. It was at these that ceremonies were carried out to drive away demons prior to ushering in the New Year. Given the calendrical significance of the steps on the Quetzalcoatl Pyramid and the orientation to the cardinal directions, it seems obvious that this building was meant to symbolize the central pivot or shaft of the world around which the universe turns. Yet it has another amazing feature that was never witnessed by Landa because it was discovered only after the building had been restored during the 20th century. Twice a year, at the equinoxes, the sun plays an amazing trick, which must have seemed like a miracle to anyone not initiated into its secrets. During the afternoon on these two days, shadows are cast on the balustrades which take the form of moving serpents gliding down the side of the pyramid. We can only speculate on what this symbolized, but perhaps it seemed to the onlooker as though some magical, ghostly Quetzalcoatl were in a sense coming back to life.

The serpent does not have the building entirely to himself, however. Just as in Teotihuacan the Pyramid of Quetzalcoatl was found to contain an inner structure complete with alternating heads of their two chief gods, so this pyramid also shows evidence of having been rebuilt on more than one occasion. Archaeological investigation has revealed a hidden staircase underneath the present outer skin that leads upwards to an internal chamber. Contained in this is a remarkable throne in the form of a red-painted

jaguar with spots made of green jade. Seeing him staring out through white, shell eyes there, I was reminded again of the plaque I had seen at Palenque depicting their king, Pacal, seated on his own jaguar throne. It seems that the Toltecs, who built the later pyramid, had borrowed this symbol of power from the Maya—but where had the Maya got it from?

Also at Chichen Itza is another interesting building which I visited: it is called the Caracol, a Spanish name meaning 'snail' (*see* Plate 26). This curious structure is circular in cross-section and has an inner spiral staircase leading to an upper chamber—hence its name. Here small windows point in various directions and it is now believed that these were used for observations of the planets, particularly Venus. Clearly the priests of Chichen Itza were interested not only in the sun and its equinoxes but in observing other stellar bodies as well.

Leaving the ruins and their stifling afternoon heat behind us, we proceeded to Merida, the provincial capital of Yucatan. It was here that Don Francisco de Montejo, formerly one of Cortes' officers, established a base in 1542. From humble beginnings Merida was to become a thriving Spanish town, with pleasant squares and colonial-style houses. The source of its wealth was an unpromising looking cactus called the *henequin*, which grows in abundance under the hot tropical sunshine. When the leaves of this plant are shredded, they produce the extremely tough fibrous material called sisal which is used in the making of string. Today the boom in sisal is over: it has been replaced for the most part by cheaper, stronger, synthetic materials. However, it is still used for making twine, baskets, shoes, hammocks and the Panama hats that are sold by street-traders on every Merida street-corner.

Walking around Merida it is still possible to feel something of the old colonial charm, but it is not easy. Over the last 20 years or so Montejo's city has been swollen by immigration to over a million inhabitants—all of whom seem to be constantly on the move. The narrow streets are packed with pedestrians and every imaginable kind of motorized vehicle, all competing for precious space. Although the city is laid out according to a grid system and the streets are all numbered—a boon to the traveller who doesn't know his way round—the incessant noise, pollution, and sheer

pressure of people makes shopping an occupation that is both stressful and dangerous.

We were staying in the aptly named Hotel Casa del Bahlam, which translates as 'House of the Jaguar', and wanting to obtain more information about the sites we had seen decided to look for a bookshop. We did not have to look very far, for there was one between the hotel and an Opera House, which, incongruously, was putting on a production of *The Nutcracker Suite*. Inside the shop, like everywhere else, there was a fine patina of black dust, largely deriving from leaded petrol. Fortunately, most of the books on sale were protected by plastic bags, though this gave them a rather second-hand feel. Finding a shelf of English-language books, and looking eagerly for anything that might help explain more about the Mayan sites and Quetzalcoatl, I came across a series of very curious booklets. These, it seemed, were all written by the same author, one José Diaz Bolio, and had titles such as *Why the Rattlesnake in Mayan Civilization*, *The Geometry of the Maya and their Rattlesnake Art*, and *The Rattlesnake School*. Suspecting that I might have unwittingly stumbled across something quite important, I bought several of the booklets and took them back to our room to read. I was to discover that they were not just curiosities but the key I had been looking for to explain why all the pre-Columbian civilizations, and not just the Maya, were seemingly so obsessed with serpents. Staying up half the night I read them all, and having discovered that Diaz Bolio lived in Merida, decided I would have to seek him out the next day.

Meetings with a Remarkable Man

Taking a taxi to the suburbs, I arrived just after sunset. I was greeted affably at the door by José Diaz Bolio himself, who turned out to be a man in his eighties (*see* Figure 40). No longer sprightly, he was nonetheless still sharp of mind and only too willing to talk to me about his theories concerning the origins of Mayan culture. It seemed that for some 50 years he had been studying Mayan art and architecture, but in an unorthodox fashion. He had in the course of his long life been a soldier, a poet and a musician, as well

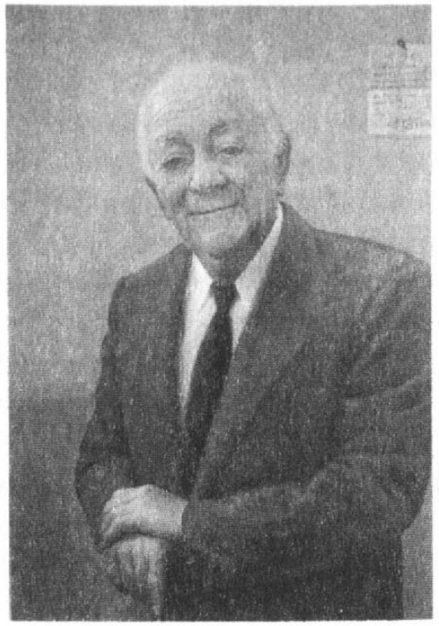


Figure 40 José Diaz Bolio

as an archaeologist. I could see all of these careers written into his craggy visage, and could imagine him as a young man fighting in the revolutions that convulsed Mexico for so many years. The steely determination that must have served him well through many painful years was still present, and I was aware that I was not talking to any ordinary old man. Like Carlos Castaneda's Don Juan he had a special presence. He was a man of knowledge, of wisdom, who had seen the world and who was not afraid now to face eternity.

Spread before us on the table were over 20 books and booklets, all written and published by him without any help from outside sources. Against all the odds he had forced his ideas onto the world, in spite of the opposition of not only the establishment—which believed him to be somehow dishonouring Mexico by telling the truth about Mayan civilization—but even of his friends. Now, sitting peaceably in his little cottage, he concentrated as he attempted to pass on to me something of the spirit of his ideas. The key concepts were very simple to grasp but their ramifications were vast. For according to Diaz Bolio the Maya, and indeed all

the other cultures of Central America worthy of the name civilization, were deeply involved in a rattlesnake cult. This, he assured me, was not a hypothesis but a fact, which he had proved over and over again in his work during the past 50 years. It was shocking to the authorities not because they hadn't realized how central the serpent is in Mayan art but because, as he saw it, the Maya quite literally derived their knowledge of the world 'from the mouth of a rattlesnake'.

By now spellbound I sat bolt upright in my chair as he told me about his thesis which, to give it a name, he calls the cultural ramifications of the rattlesnake. He explained how in the early years of his researches he used to keep rattlesnakes in the house and study their behaviour first-hand. It was not enough for him to read about them in encyclopaedias or to consult expert opinion, he wanted to see and feel them for himself. Next to us were two rattlesnake skins in a plastic bag and I began to feel uncomfortable, wondering whether there might be a live rattler hiding under the sofa or in some other inaccessible place. He assured me that these days he didn't keep live snakes, but there had been times in the past when pets of his had escaped, causing untold commotion with the neighbours. These days, however, things were calm, and he concentrated on writing, publishing, and giving a few private lectures to interested students. By now we had struck up a good rapport and information began to pour out of him, though not in a very ordered fashion. I tried my best to keep up with what he was saying, using a tape-recorder to make sure I did not miss anything important. My main task was to see to it that the conversation covered the ground I wanted, for I was convinced that his rattlesnake concept was the missing link in our understanding of Mayan chronology.

We carried on in this fashion for several hours, by which time he was becoming tired and I was feeling heavy with new information. I had a plane to catch the following afternoon but I promised to come and see him again in the morning to finalize certain arrangements concerning the distribution of his books in England. With that I returned to the Hotel Casa del Bahlam to set about putting these new ideas in some sort of order, and to ponder their relevance to Maurice's work on sunspot cycles.

The Teachings of Don José

At the start of our conversation, Don José, as I shall now call him, explained that at the root of the ancient Mayan religion lay the veneration of the rattlesnake. That this was at least in part true was evident from the many sculptures of serpents with rattlesnake tails seen in front of their temples and pyramids. However, it went very much deeper than this—and it was not just any old rattlesnake. It seems that the particular one that was important to them was *Crotalus durissus durissus* and its subspecies, which they called the *Ahau Can*—'Great, lordly serpent' (*see* Figure 41). This species of snake is only found in the Yucatan Peninsula and neighbouring

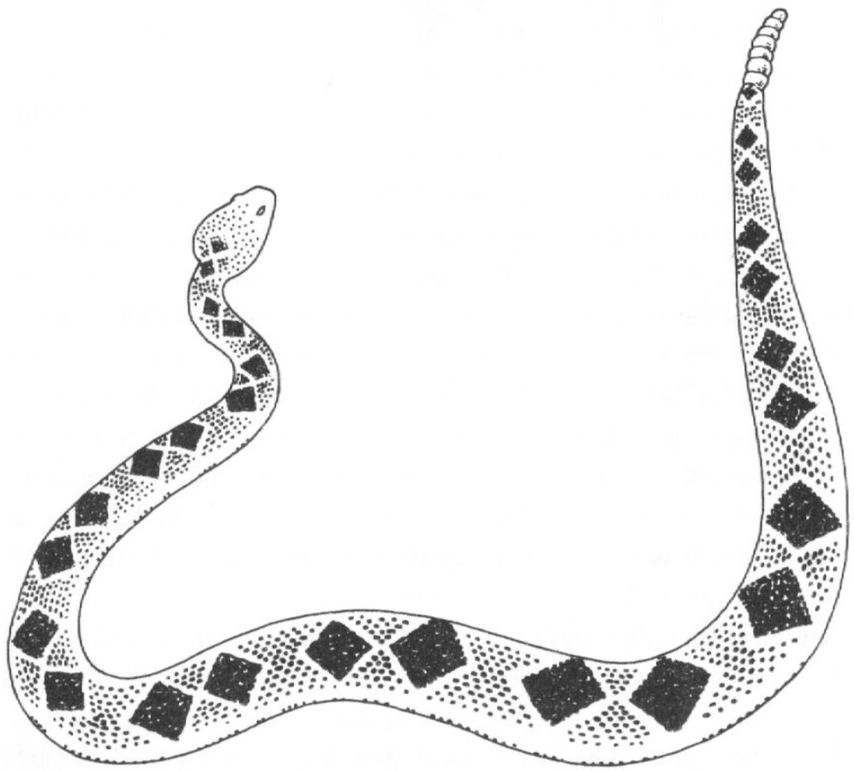


Figure 41 The Ahau Can, Crotalus durissus durissus

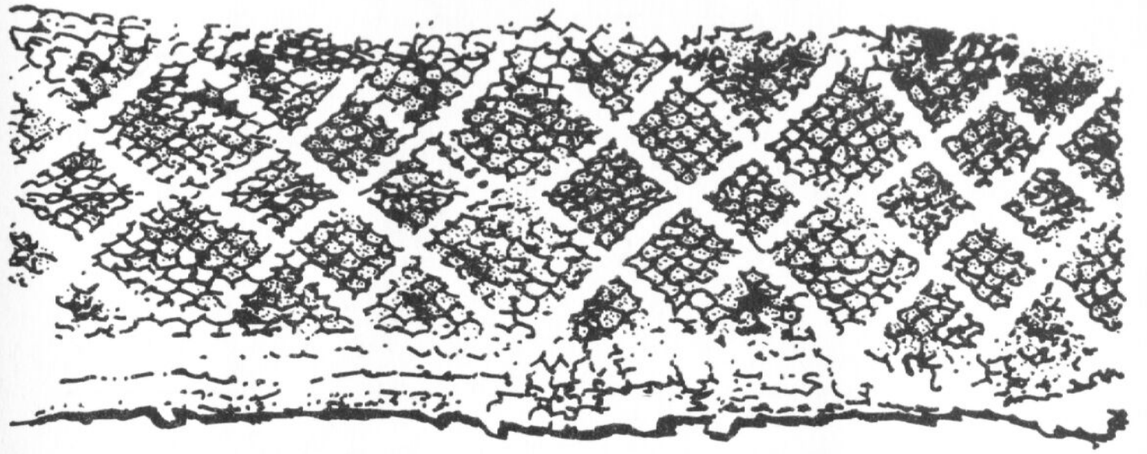


Figure 42 The back of a Crotalus *rattlesnake*

areas, yet its cultural significance seems to have stretched far and wide from the United States to Argentina in South America. He believed that the reason *Crotalus* was so important to the Maya was manifold but most significantly it had to do with the pattern on its back.

Many snakes have patterned skins. *Crotalus durissus durissus*, however, has a particular design along its back of interlocking squares and crosses (*see* Figure 42). According to Don José this pattern is reflected in a very large proportion of the art and architecture of Central and South America—so much so that one could call it the central inspiration of all Amerindian art. He showed me a picture from a temple at El Tajin, Veracruz, that exactly matched the pattern of *Crotalus* and it was quite clear that this was no accident (*see* Figure 43). I also remembered the mosaic-friezes from Mitla and how they were composed of zigzag lines made out of little stones. These too, I now realized, were based on the same snakeskin patterning. The tiny carved stones that made up the mosaics were just like the scales of a snake and matched the way in which its pattern was made out of regular diamonds of colour. The principle difference between the designs of the Zapotecs and the one I was now looking at from El Tajin was that whereas the latter was a like-for-like representation of a serpent's skin, the Mitla mosaics were more expressionistic. The Zapotecs had taken the basic design and produced variations on the theme

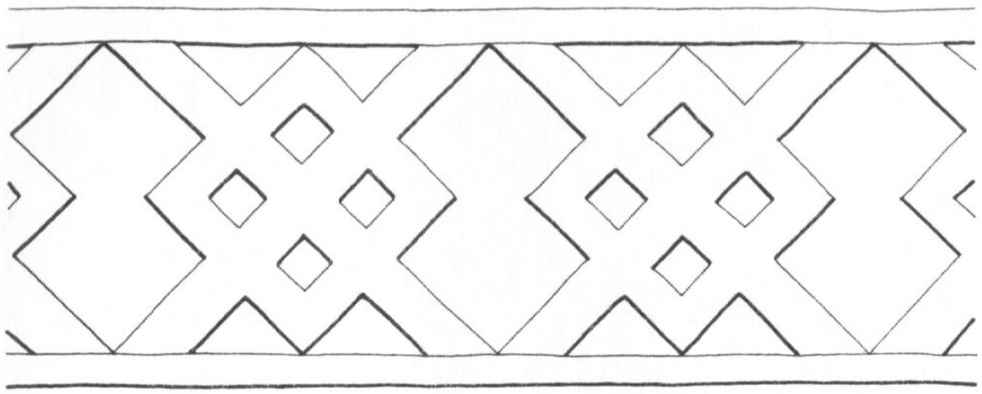


Figure 43 Architectural design based on Crotalus *at El Tajin*

in the way that a composer might write a symphony based on a simple melody (*see* Figure 44). Don José assured me that this was so, and that not only was this the case in architecture but in all the other arts too, including even the simple embroidery on the costumes of peasants. This explanation made sense to me, for the preponderance of zigzags in Indian design had to owe its origin to something important, and the inspiration for it had to be something in the environment: why not the skin of a rattlesnake?

This, however, was just the beginning. Don José proceeded to show me how the *Crotalus* pattern is in fact made up of interlocking individual squares, and that each of these contains a cross-shape. It was this simple design of the cross within the square—which he has named the *canamayte* pattern (*see* Figure 43)—that made this rattlesnake so sacred to the Maya. It was also the basis of their science, for it taught them geometry.

Studying the *canamayte* pattern, I could see how this might certainly have been an important inspiration behind the development of not just Mayan but all American Indian architecture. Laid flat, the most natural thing would be to orientate the square in such a way that its sides pointed towards the four cardinal points. This would mean that the cross would also be directed in this way. The natural way of expressing this in three dimensions would be as a pyramid, oriented to the points of the compass and with a staircase running down the centre of each of its three sides. This is exactly

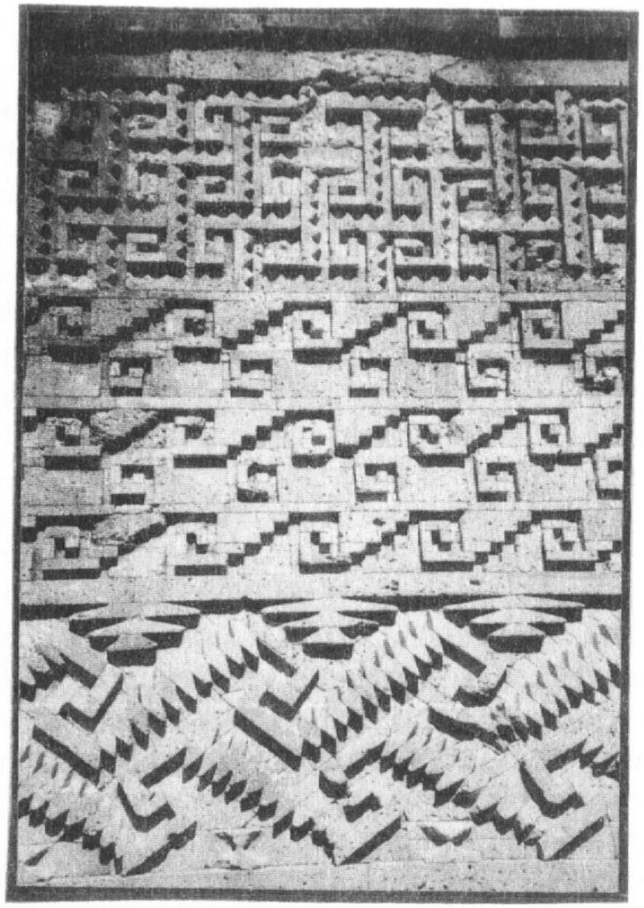


Figure 44 Zapotec mosaic from Mitla: clouds, rain and lightning

how many of the pyramids of the Maya and others were in fact built, the most obvious example being the Chichen Itza Temple of Quetzalcoatl itself, which I had visited only the previous day. More complicated sites, such as the hilltop of Monte Alban, were designed on *canamayte* principles, again involving orientation to the cardinal points but this time using multiple squares. In his books, and particularly in one called *The Geometry of the Maya and their Rattlesnake Art*, Don José supplies a series of diagrams showing how the *canamayte* was probably used to define not just the floor-plan of buildings but their elevations too. Turned on its side and on one corner, the profile of the *canamayte*, made out of the scales of a snake, closely resembles the steps of a pyramid in profile. Other architectural features, such as the cross-sections of

doorways and the placing of temple roofs, could also have been derived from the simple *canamayte*.

But according to Don José it was not only the laws of space that the Maya learnt from the *Ahau Can*, their lordly serpent: it taught them about time as well. One of the curious things about snakes is that they slough off their skins. For *Crotalus durissus durissus* this happens once a year, in mid-July, around the time in Yucatan when the sun reaches the highest point in the sky for the second time in the year.[16] There is therefore a natural correspondence between sun and serpent, that annually renew themselves together. This link between sun and serpent was further heightened for the Maya by the way the *Ahau Can* was believed to grow an extra rattle each time it moulted. According to local folklore, it is possible to tell the age of a snake by counting the number of rattles it carries on its tail. Because of this the heart-shaped rattles symbolize the year, and are still kept by the Maya for good luck.

Don José was to come up with even more startling information linking the rattlesnake cult with the Mayan calendar itself. According to him the *C. durissus* loses and replaces its fangs every 20 days. This period of time is, of course, the Mayan *uinal*. He pointed out that the standard glyph for this looks like the open jaws of a snake with two very obvious and prominent fangs. Could it be, he said, that the Maya counted their days in twenties because they recognized this as the basic cycle of renewal for their favourite serpent? Even if this were not the case, I had to agree that it was at the very least a remarkable coincidence that their calendar dovetails so neatly into the perceived cycle of the *Ahau Can*.

According to Don José the ancient Maya called themselves *chanes*—that is to say, serpents. They were extremely devout and had to perform certain initiation practices in the name of their religion. Just as a male Jew or Muslim child has to be circumcised, or a Christian baptised to be accepted as one of God's chosen, so Mayan babies—or at least those of the nobility—had to have their heads flattened. Because this was a very painful process that sometimes resulted in the baby's death, it cannot (as anthropologists are wont to suggest) have been done simply for reasons of fashion; no parent would subject a child to such pain unnecessarily. The only convincing reason for doing it was that it served a

religious purpose. Don José asserted that head-flattening was performed to give the child what he called a *polcan*, or serpent-head (*see* Plate 28). In this way the child was initiated into the family of *chanes*, the ones who were the people of the serpent: its children. For these people the *Ahau Can* and everything to do with it was as much of a religious and cultural emblem as the Cross is to a Christian. It filled their lives and they proclaimed their adherence to its values at every opportunity, whether it was the building of a temple or the embroidering of a smock. According to Don José there was another initiation that is still practised in some parts of the Yucatan involving a live rattlesnake. In this the right hand is passed over the snake nine times to the left and then the left nine times to the right. This is done to confer artistic talent, particularly in embroidery.

What then was this cult whose totem was the *Ahau Can*, and to whom does it owe its origins? Don José had two explanations, which perhaps are really one and the same. The first was that at some period in remote antiquity some native, more intelligent than the rest, noticed the pattern on the back of *Crotalus* and began imitating it in his art. From such simple beginnings perhaps a school, using the geometry of the *canamayte* pattern as its inspiration, developed practical techniques of architecture and pleasing patterns for their clothing. The snake would also, on account of its ability to shed its skin and emerge fresh each year, have symbolized resurrection and therefore immortality. As a solar animal whose life was closely geared to the annual cycle of the sun, it would have been a simple process of transference to believe that *Crotalus* was somehow endowed with solar intelligence. In this way, as in the Biblical story of Adam and Eve prior to the Fall, it was the snake itself who was the teacher of mankind. As the wisest of the animals it taught the Maya calendrics, mathematics and the basic patterns of their art. By virtue of its skin patterning and lifestyle it unwittingly put in place the basic elements of civilization. This, if you like, is the rationalist explanation, the one that could perhaps find some support amongst anthropologists. But there is another one.

It is a curious irony that the best analogy to the second explanation is the story of St Patrick, who, according to the legends,

*: AHAUCAN | NAOUAHA + ATL
NAHUATL (NAAC-AA)

banished all snakes from Ireland shortly after bringing the Christian Gospel to its shores. It is said that Patrick*, wishing to explain the doctrine of the Holy Trinity to the Irish, bent down and picked a three-leafed shamrock, its three-in-one design a suitable symbol for what he wished to convey. Thereafter the humble shamrock was revered as somehow holy and Irish, so that today it has come to symbolize not just the Trinity but Ireland herself. However, it was not really the shamrock which taught the Irish about Christianity but St Patrick who made use of it as a symbol. Looking at the snakeskin patterns I wondered, could not something similar have happened in the Yucatan long, long ago? Could there have been a 'St Patrick' washed up on the shores of Yucatan, who seeking to make himself understood, made use of a local snake to teach the people he met the elements of an advanced religion? Could the *canamayte* pattern, like the shamrock, have become a cultural icon on account of its association with such a wise man? This, I felt, was a more likely explanation than the simple one of cultural evolution. I was also beginning to suspect that this 'St Patrick' might be the real Quetzalcoatl, and I was now to find out his name: Zamna.

In his book *The Rattlesnake School*, Don José gives the name Zamnaism to the ancient religion of the Maya. Zamna (or Itzamna) was the head of the Mayan pantheon of gods and was, according to Don José, the prototype of the later Quetzalcoatl. He writes:

> Zamna, the main Mayan god-hero, appears to be the original pattern or model for the Quetzalcoatl Toltec deity. Being earlier than the Toltec invasion of Yucatan, he has the same attributes as the latter. Zamnaism was a non-bloody and non-violent religion. Human sacrifices were introduced into Yucatan by Tula's Quetzalcoatl-Topilzin-Ce-Acatl, who left here, as also among the Maya-Quiché of Guatemala the flourishing practice of beholding the tribes sacrificed in his presence. In his boyhood the author [Don José] saw at Izamal, Yucatan, a great stucco head of Zamna, destroyed later by disrespectful hands.[17]

Fortunately an etching of this great head of Zamna was made by Frederick Catherwood in 1844, so we are able to see what it looked like (*see* Figure 45). It is nothing like the later representations of Itzamna that one sees in the Mayan Codices, which portray him as an aged god. This sculpture—monolithic in

*: a Known satanist

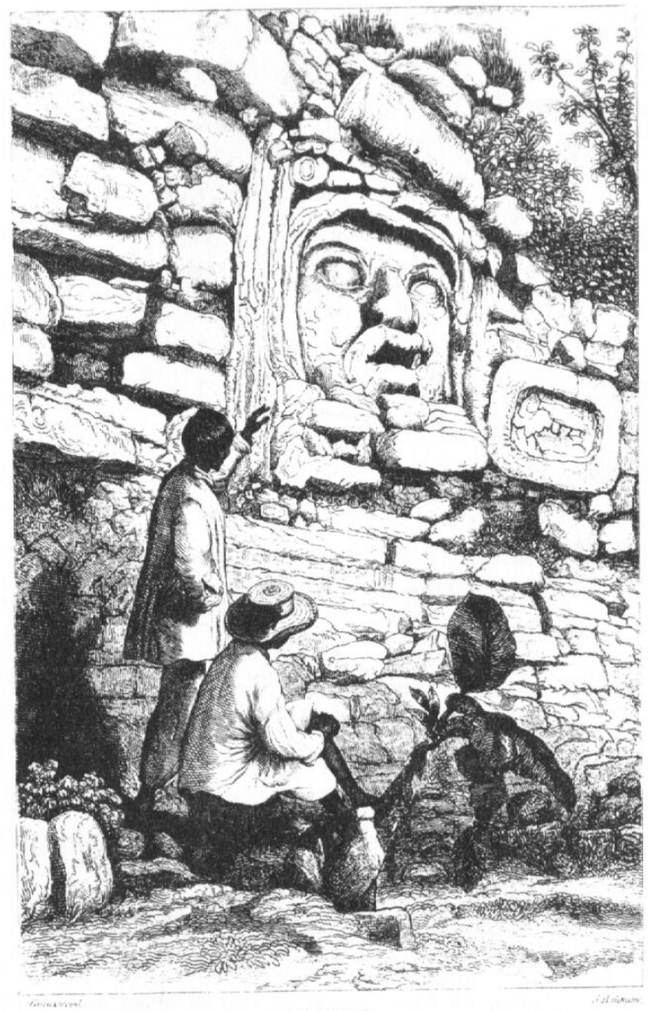


Figure 45 Catherwood's print of the giant head of Zamna at Izamal

scale—has its mouth open, implying that he is giving voice to some important teaching. Although, as Don José says, the head of Zamna at Izamal has long since fallen prey to vandals, I did see something similar to it among the ruins of Palenque. There at the foot of the Palace was another great stucco head. It wears a plumed headdress and stares out meditatively (*see* Figure 46). That a head of Zamna should be there is certainly no coincidence, for the religion practised at Palenque was certainly in some way related to the Quetzalcoatl–Kukulcan cult. The name Palenque is

Figure 46 Giant head, probably of Zamna, at Palenque

derived from Spanish and means 'place that is fenced off'—in other words a pallisade, which presumably the Spanish village was at one time. Nachan is possibly its original name: this is what it was called by its first Spanish visitor, Friar Ramon Aguilar, when he was taken there by his parishioners in 1773. In the book *A History of the Creation of Heaven and Earth* that he wrote afterwards, based he says on documents destroyed by Bishop Nuñez de la Vega of Chiapas, he refers to Palenque as the 'Great City of Serpents'.

Ordoñez's book concerns a legendary leader, Votan, who brought his people to Palenque and whose symbol was a serpent. Could this Votan, who is said to have come from the Atlantic, have been a prophet of Zamna, a Mayan equivalent of St Patrick? This, I was beginning to see, might be the real story behind the Maya serpent cult, so I now began to turn my mind to these possibilities.

Before leaving Merida and returning to England, I went round to see Don José again, this time taking my wife Dee with me. We found him sitting on his bed in his pyjamas because he had been ill during the night. He seemed somehow older and frailer than

* NACHAN
NAAC-HA-AN

the previous day, a stark reminder that at 88 years of age his body could no longer keep up with his mind. We discussed his major works, *La Serpiente Emplumada* and *Mi Descubrimiento del Culto Crotalico*, and the possibility of my getting them published in English. I promised I would do my best, for his sake hoping in my heart that this could be done quickly. Then to our great surprise, he suddenly burst into song. A strong, tenor voice filled the air as he sang extracts of Italian opera. Though perhaps straining a little on some of the high notes, his voice was still true and able to hold a tune without going flat—something that I, at half his age, would find impossible. 'It is a very strange thing,' he said, 'although my body is old and I am unable now to do much of what I would like, I still have my voice. It is because I trained as an opera singer!'

Dee and I felt overjoyed at the sheer exuberance of this human spirit that refused to give in to old age. Before we left he signed copies of his books for me and we promised to keep in touch. Then, in a gesture both meaningful and apt, he gave me two rattlesnake skins to take to England as souvenirs of our visit. When I got back I passed my hands over them nine times, in each direction. Perhaps now I would, at least in part, be initiated into the cult of *Crotalus durissus durissus* and with its help find out more about the esoteric side of Zamnaism.

6

THE NEW FIRE, THE CHACMOOLS, AND THE SKULL OF DOOM

The shaking of the rattle

Our trip to Mexico had been much more fruitful than I had expected. I now felt sure that I was on the track of a possible route of transmission for the extraordinary knowledge of the Maya. It was clear from what Don José had told me that the rattlesnake cult was an extremely important element in their belief. But I felt this was only part of the story. It seemed to me that he was looking at the subject from a rather earth-bound perspective; there was a more cosmic element to all of this than the reptilian *Crotalus*. Everything about the Maya pointed to their having been extremely good astronomers as well as numerologists, and their interest in the sky seemed to be at the root of whatever it was they wished to express by the term Quetzalcoatl or 'feathered serpent'. I was rather surprised when at Palenque our guide had pointed out that the Maya followed the movements of the constellation of Orion which, he said, was nearly always visible at night at that latitude.[1] The interest in Orion, though, seemed to be of secondary

importance compared with their fascination with the Pleiades star-cluster[2] (*see* Plate 37). This small cluster of stars is part of the constellation of Taurus and may be described as a miniature version of Ursa Major. It occurred to me that it might well have been what Catherwood's 'elephant's trunk'—as repeated over and over again on the temples of Yucatan—really represents. Without knowing in advance where it might lead, I decided to look into this matter further.

Back at home, in front of my computer, I began by investigating the mysterious events surrounding the Pleiades star-group and the Aztec New Year festival. The Maya called the Pleiades the *tzab*, meaning 'rattle'. It seems that they regarded them as having much the same function as a snake's rattle, which is shaken as a warning before it strikes. If Friar Bernardino Sahagun's report is to be believed, the Aztecs must have had a rather similar conception. In his books he prints a picture showing how the Aztecs depicted the Pleiades as nine stars contained in a sort of daisy chain of seventeen other stars (*see* Figure 47). English translations of his works are very hard to come by but fortunately Don José quotes the relevant passage in one of his booklets, *Why the Rattlesnake in Mayan Civilization*. Because it is important I will quote the passage in full.

> The measurement of all times that these Indians [the Mexicans] carried out was as follows: the largest measurement of time was of 104 years, and they called it a century; half of this period, which is 52 years, they called a sheaf of years. This number of years they have counted since ancient times; it is not known when it began, but they quite faithfully believed that the world would come to an end at the termination of one of these sheafs, and they had prophecies and oracles that

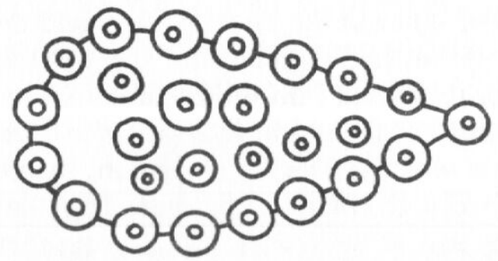


Figure 47 An Aztec illustration of the Pleiades; from Sahagun

the movements of heaven would cease then, and they took for a signal the movement of the *Cabrillas* (Pleiades) in relation to the night of this feast, which they called *Toxiuh molpilli*; for on that night the Cabrillas were in the middle of the sky at midnight, corresponding to this Mexican latitude.

On this night they lit the new fire, and before they lit it they put out the fires of all the provinces, towns and houses of all this New Spain, and all the satraps and ministers of the temples went in great procession and solemnity. They went from here, from the Temple of Mexico [Templo Mayor] early at night; they went to the summit of that hill near Ixtapalapa and which they call Uixachtecatl; and they climbed to the top at nearly midnight, to where there was a solemn *cu* [Mayan name meaning 'god and temple', a term that the conquistadores learnt when they landed in Yucatan] made for that ceremony; and if they were too early, they waited until they arrived; and when they saw that they [the Cabrillas or Pleiades] passed the zenith, they understood that the movement of the heavens was not to cease, and that it was not the end of the world, but that it would last another 52 years, and that the world surely would not come to an end. At this hour great multitudes were in the hills surrounding this province of Texcoco, Xochimilco and Quahtitlan, waiting to see the new fire, that was the signal that the world would continue on; and as the satraps brought out the fire with great ceremony in that hill's *cu* it then appeared all around the hills, and when those who were there saw it, they were so happy that they yelled and their yells reached up to heaven, for the world was not coming to an end and they undoubtedly had 52 more years.

The last new fire ceremony they held was in the year 1507; they held it with all solemnity because the Spanish had not yet arrived. In 1559 the next *gavilla* (sheaf) that they called *toxiuh molpilla* ended. On this occasion they did not hold a public celebration because the Spanish and their priests were in the land; by now in 1576 [the year in which Sahagun is writing], therefore, 17 years of the present *gavilla* have passed.

When they brought out the new fire and held the ceremony, they renewed the pact they had with the idol, that of serving him, and they renewed all the statues of him which they had in their homes and rejoiced, knowing that the world was safe. It is clear that this method of measurement was the Devil's invention, in order to renew the covenant they had with him every 52 years, frightening them with the approach of the end of the world, and making them believe that he extended time and granted it to them as his gift, moving the world forward.[3]

Clearly Bernardino Sahagun, good Franciscan that he was, was in no doubt that the festival of the New Fire, like almost everything else in the Indians' religion, was connected with idolatry and devil worship. This is hardly surprising, given the prevalence of so many strange-looking sculptures of Tlaloc, Coatlicue, and so on, not to mention serpent motifs—in Spanish eyes emblems of the Devil himself. Even so, he must have been impressed by something the Indians told him or he would not have taken the trouble to record the ceremony in such detail. It looks very much as though his strong protestations concerning the Devil were put in more for reasons of political expediency than anything else. He himself was obviously fascinated by the astronomical significance of the *Toxiuh molpilli* ceremony.

Looking at his account more closely, it is apparent that the Indians must have had some sophisticated, probably astronomical, system for telling the time. They clearly regarded as crucial the moment when the Pleiades cross the southern meridian at midnight. However, they would not have been able to detect that moment simply by observing these stars. The Pleiades rise and cross the meridian every day and, except when they are invisible in daylight, may be observed to do so. However, there is only one day in the year when they do so precisely at midnight, and the Mexicans must have had other means for calculating which day this was. I was now curious myself to find out what day it was, so taking Sahagun's date of 1507 for the last such ceremony, I tried working it out using the SKYGLOBE computer program. The results that I came up with were fascinating—but before going into this there are some other matters that need first to be covered.

In the *Rélacion*, Diego de Landa records that a similar fire ceremony was carried out by the Maya in the city of Mani. It seems that at one time this fire festival had been widely celebrated by all the Maya of Yucatan, but after the destruction of Mayapan[4] (around 1450 according to Landa) it was confined to Mani alone. He relates:

> In the twelfth chapter was related the departure of Kukulcan from Yucatan, after which some of the Indians said he had departed to heaven with the gods, wherefore they regarded him as a god and

appointed a time when they should celebrate a festival for him as such; this the whole country did until the destruction of Mayapan. After that destruction only the province of Mani kept this up, while the other provinces in recognition of what they owed to Kukulcan made presents, one each year, turn and turn about, of four or sometimes five magnificent banners of feathers, sent to Mani; with which they kept this festival in that manner, and not in the former ways.

On the 16th of Xul all the chiefs and priests assembled at Mani, and with them a great multitude from the towns, all of them after preparing themselves by fasts and abstinences. On the evening of that day they set out in a great procession, with many comedians [professional rejoicers], from the house of the chief where they had gathered, and marched slowly to the temple of Kukulcan, all duly decorated. On arriving, and offering their prayers, they set the banners on the top of the temple, and below in the court set each of them his idols on leaves of trees brought for this purpose; *then making the new fire* they began to burn their incense at many points, and to make offerings of viands cooked without salt or pepper, and drinks made from their beans and calabash seeds. There the chiefs and those who had fasted stayed for five days and nights, always burning copal and making their offerings, without returning to their homes, but continuing in prayers and certain sacred dances. Until the first day of Yaxkin the comedians frequented the principal houses, performing their turns and receiving presents bestowed on them and then taking all to the temple. Finally, when the five days were passed, they divided the gifts among the chiefs, priests and dancers, collected the banners and idols, returning them to the house of the chief, and thence each one to his home. They said and believed that Kukulcan descended on the last of those days from heaven and received their sacrifices, penances and offerings. This festival they called Chicc-kaban.[5]

There is a note from the translator of Landa's work, William Gates, that tells us more about this festival at Mani:

> We probably have here a survival from an earlier adjustment of the calendar, as shown both by the month names and the ceremonies. *Xul* means 'end', 'termination', and on the 16th they created new fire, and continued offerings and other ceremonies for the last five days of the month, paralleling those later carried on before the New Year beginning the 1st of Pop. *Kin* means 'sun', 'day', 'time', so that *Yaxkin* means 'new time'. And so even in the later changed arrangement they kept the month Yaxkin for the renewal of all utensils with preparation for the very sacred ceremonial carving of the new images in the following month Mol, and carried through into Ch'en.
>
> In Landa's time the 16th of Xul fell on Nov. 8th, Yaxkin beginning Nov. 13th, and Mol ending just at the winter solstice, Dec. 22nd.[6]

We know from earlier on in Landa's *Rélacion* that the Maya used the stars and planets to tell the time. He writes:

> To know the hour of the night the natives governed themselves by the planet Venus, the Pleiades and the Twins [Gemini]. During the day they had terms for 'midday', and for various sections from sunrise to sunset, according to which they recognized and regulated their hours for work.[7]

Now when, using the computer, I checked on what day in 1507 the Pleiades crossed the meridian at midnight, I was very

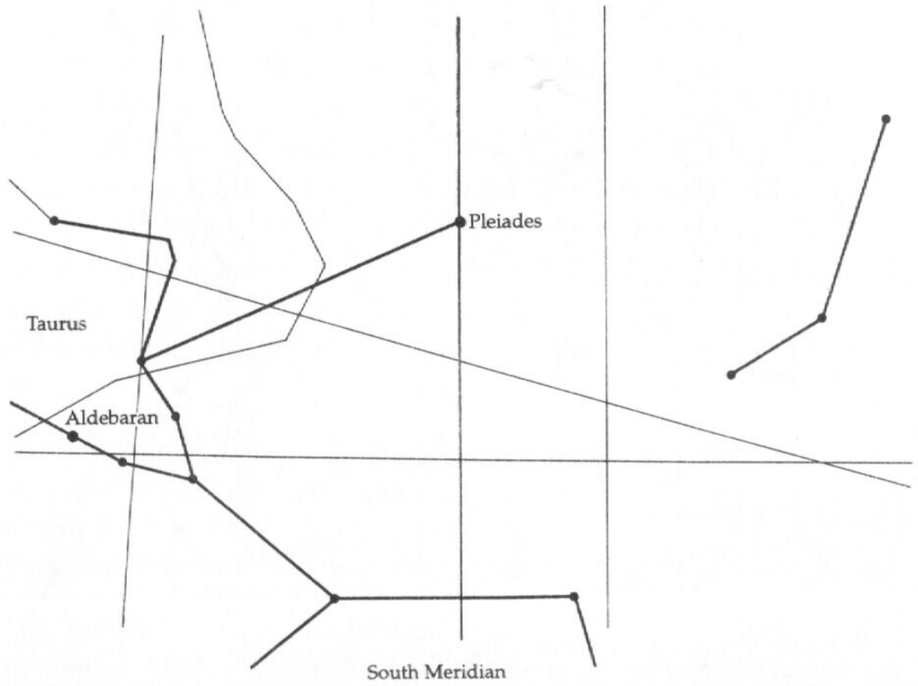


Figure 48 The Pleiades crossing the meridian at midnight on 11 November 1507

surprised to find that it was 11 November (*see* Figures 48 and 49). This lies right in between 16 Xul (8 November) and the start of Yaxkin (13 November). We know that the festival, with its fast, lasted for five days, so this must have been during the period when the Pleiades were crossing the meridian at midnight each day, the central day of this period having the closest timing. So it seems that for the Maya the New Fire ceremony was an annual event, though for the Aztecs it was only celebrated once every 52 years. It is probable that at the time it was widely celebrated outside of Mani it would also have been held at Chichen Itza. If this is so, the most likely place they would have performed the New Fire ritual would have been in the temple on the summit of the Kukulcan Pyramid—the place most sacred to that god. It is noteworthy that the sides of this pyramid resemble the scales of a rattlesnake and

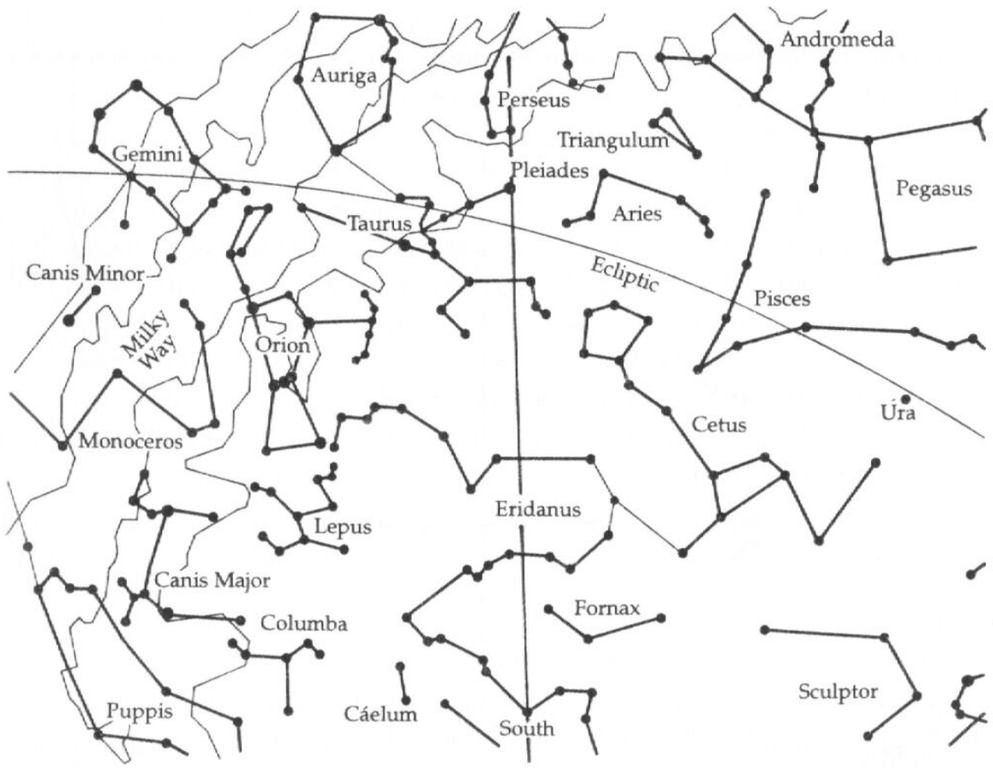


Figure 49 Southern and eastern sky at midnight on 11 November 1507

that its *ad quadratum* architecture is, as we have seen, probably based on the *canamayte* pattern. Once more, it appears, there is a link between the Mayan rattlesnake cult and later Mexican religions associated with Quetzalcoatl–Kukulcan. However, there is clearly an association older than all of this. The most important of the Mayan gods was Zamna, the father figure and teacher of all wisdom. He, it seems, was the prototype of the later Quetzalcoatl–Kukulcan and must originally have been invoked in the New Fire ceremony. Landa refers to Zamna as having been the Mayan equivalent to the Egyptian god Osiris.[8] It seems that just as Osiris was associated with the constellation of Orion,[9] so Zamna and his later incarnation (Quetzalcoatl–Kukulcan) was somehow linked with the Pleiades.

In his book *Aztec and Maya Myths*, Professor Karl Taube of the University of California writes that the New Fire festivals were closely connected with the idea of world renewal after the Flood. In effect they were annual celebrations of an event believed to have taken place when the world was recreated by the gods at the beginning of our own age. Rather as the Mass renews the contract Catholics feel they have with God on account of the events surrounding the death and resurrection of Christ, so the New Fire festival renewed the contract between the Maya and their gods, particularly Zamna. As we have seen, the Aztecs celebrated it at the start of each 'sheaf' of 52 years, but Karl Taube suggests that similar festivals were held by the Maya at the start of other important Long Count periods, such as the beginning of a new katun:

> The new year celebrations were annual re-enactments of the destruction and re-creation of the world. The graphic accounts of the Flood and the erection of world trees in the three books of Chilam Balam reveal that the ritual installation of the Katun and other Long Count periods were thought of in very similar terms.[10]

By now I was beginning to understand that the Pleiades star-group performed something of a similar function for the Indians of Central America as Orion and Sirius did for the ancient Egyptians. For the latter the dawn rising of Sirius heralded the flooding of the Nile and the beginning of their new year. It was on

this event more than any other that they organized their calendar, and the day itself was attended by great festivities. Similarly the Maya and others seemed to be watching for the culmination of the Pleiades at midnight before lighting the new fire and starting a new cycle, whether it was a year, Calendar Round or katun. The Aztecs watched for the culmination of the Pleiades at midnight, which would have happened around 11 November, but I wondered if this star-group might have been followed at other times of year as well. One other date crying out for investigation was 12 August, for it was on this day in 3114 BC that our present cycle was said to have started. This, after all, ought to be the date of the original Fire, when the gods gave birth to the sun and moon on funeral pyres at Teotihuacan. Accordingly I once more set up SKYGLOBE to run on the computer, entered in the appropriate data, and adjusted the time factor to when the Pleiades were on the meridian. Once more I was in for a surprise, for it turned out that on that day (and always around that time of year) they hit the meridian just before dawn. Not only that but the sun was preceded by Venus as the morning star (*see* Figure 50). In other words, on this day the Pleiades were performing the same function as Sirius had for the Egyptians in announcing the dawn, the 'Birth of Venus' and the start of a new time-cycle. What was even more telling, though, was that plastered across the southeastern sky were the familiar constellations of Taurus, Orion and Canis Major which played such a big role in the lives of the Egyptians. Could there be a connection, I wondered? Why had the Maya chosen to start their calendar at a time when these particular stars were so prominent? At this point I had no definite answers to these questions, so I turned my attention to other matters.

The Chac-Mools and the fire ceremony

In 1873 Augustus le Plongeon, the son of a French Naval commodore, came to Merida with his young English wife. From there, having learned to speak the local Mayan dialect, he set off for Chichen Itza. At that time the northern Yucatan around Merida was given over to large sisal plantations and the local people were

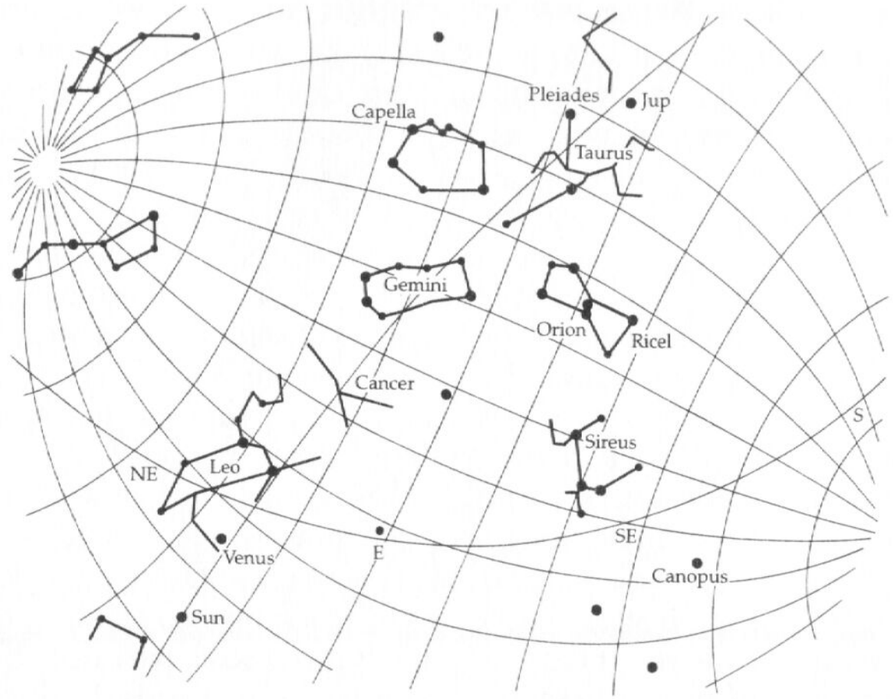


Figure 50 The Birth of Venus before dawn on 12 August 3114 BC

treated by the big landowners as little more than slaves in their own country. Because of his kind nature and the fact that he spoke to them in their own tongue, the local Mayans were prepared to take le Plongeon at least partly into their confidence concerning their traditions. Like Brasseur de Bourbourg before him, he was convinced that the Maya retained lost knowledge of a high order. This, he was given to understand, involved magic and divination. Searching around amongst the ruins of Chichen Itza, he found a glyph on the wall of what he called the Gymnasium, which apparently said 'Chac-Mool' and pinpointed the spot where he should dig to find an effigy of this being. Digging a hole which eventually went down 24 feet, he came across a curious statue of a reclining man looking to one side and holding a plate on his stomach. This, he decided, must be the Chac-Mool he was looking for (*see* Plate 36).

The statue found by le Plongeon and now residing in the Mexico City Museum of Anthropology has turned out to be one of several similar sculptures. All are modelled in the same uncomfortable-looking posture, straining up on their elbows from a reclining position and peering over their right shoulder as though looking at something in the distance. At Chichen Itza there is a reproduction of a Chacmool to be seen on top of the Temple of the Warriors, standing between two rattlesnake columns, and a smaller one by the red-jaguar throne inside the Kukulcan Pyramid. There are one or two more dotted around Chichen and yet another in the Merida Museum. But even though the Chacmools are some of the most readily recognizable statues in the whole of Mexico, and have become cultural icons for the whole Yucatan region, their true function remains a total mystery. Most guidebooks contain the same orthodox opinion that they were somehow connected with the Toltec practice of human sacrifice, perhaps as tables on which to throw the still-beating hearts of victims. However, there is no evidence for this and if they did have this purpose, why does the figure look away over his shoulder rather than towards the offering? Other ideas that they acted as chairs or loungers are equally unconvincing; they are uncomfortable to look at, let alone sit on. So what were they, then?

Don José has his own ideas about the Chacmools and is outraged by the accepted orthodoxy that they were simply used as receptacles for the hearts of victims. In his small guidebook to the ruins of Chichen Itza he writes concerning the one inside the Kukulcan Pyramid:

> So-called Chacmool. This name is scandalously false. The real one will perhaps never be known. The statue represents a priest or deity lying down on its back with bent knees. It holds a four-rattle-square with a solar disc in the centre. It expresses the idea of heaven with one rattlesnake in each corner.[11]

Further on in the same little book he describes the 'Tomb of the Chac-Mool', also known as the Platform of Venus.

> Here we have two wrong names for an unknown object. In it was discovered [by le Plongeon] the famous so-called Chac-Mool. The platform has beautiful rattlesnake symbols and, as a characteristic, the Pop sign that belongs to the first month of the Mayan calendar. The use of this platform is unknown, as is that of other temples.[12]

Elsewhere Don José says that the Aztec New Fire was brought out of a sacred wooden object placed on the chest of a sacrificial victim.[13] Reading this got me thinking: could the so-called Chacmools of Chichen Itza be substitutes for such a victim? If so, what was their purpose? My first guess was that they were gods of the New Fire, and that at the appropriate time a fire was lit on the small platform each of them holds on his stomach. In Friar Bernardino Sahagun's account, reproduced above, it was said that the Aztecs also brought with them for the New Fire ceremony something called a *cu*, which was both a god and a temple. Could it be that this was their equivalent of a Chacmool, a statue of a fire-god which also acted as an altar?

Another question that posed itself was, how was this fire lit? Sahagun's account tells us that the Aztecs lit their New Fire soon after midnight, when the Pleiades had crossed the meridian. He does not tell us how they did this but we can presume it was done either by striking flints or rubbing together wooden sticks. However, this need not have been so in the case of the Mayan festival for the new year; this continued over five days and there is no suggestion that the fires were lit at midnight. Landa tells us that the idols brought along on these occasions were laid on a bed of leaves. Why, I asked myself, did they do that? Because he then tells us that once the New Fire was lit, incense was kept burning throughout the rest of the five-day ceremony, I began to suspect that this was connected with the 'idols' and their leaves. It seemed likely that the incense-burners were placed near the idols and replenished as needed from piles of fragrant leaves. However, looking at the symbolism of the ritual it seems to me likely that the Maya obtained their New Fire not from flints or sticks but directly from the sun itself. They could easily have done this using some sort of burning-glass to refract the dawn rays of the sun so as to set fire to a bonfire placed near the Chacmool 'idol' or *cu*.

The Skull of Doom

An at first sight unrelated yet most extraordinary discovery was made in 1927 in what was then called British Honduras and is now Belize. A few years earlier an eminent archaeologist, Dr Thomas Gann—Reader on Central American Archaeology at Liverpool University—had announced the discovery of an ancient city on the Rio Grande river not far from the Guatemala border. This is a most curious site for it seems to predate the Maya and who its builders were is not known. In an article contained in *The Illustrated London News* and dated 26 July 1924 he writes:

> The buildings consist of great stone-faced, terraced pyramids, approached on one side by broad stone stairways. The first structure cleared of bush and humus was a truncated pyramid 90 feet in length by 75 feet in breadth at the base, and 30 feet high. . . . The whole pyramid was completely faced with nicely cut blocks of sandstone and limestone, to the lower surfaces of many of the latter of which a layer of chert ¾ inch in thickness adhered. No mortar of any similar material was used in binding these stones together. . . .
>
> Before leaving, we christened the city Lubaantun—literally 'the place of fallen stones' in the Maya language. This city differs from all other known Maya cities in that there are no stone palaces and temples standing upon the great pyramidal substructures, and in the entire absence of stone sculptures and of the great monoliths upon which were inscribed the dates of their erection, put up at 20-year intervals, and later at five-year intervals by the Maya throughout Central America and Yucatan.

Gann finishes his article:

> In the Rio Grande (Lubaantun) ruins we have one of the earliest Maya sites, going back to a period prior to any of the ruined cities at present known in Central America.

It was in this place, hardly accessible even today, that in 1927 a rather sinister artefact was discovered by the 17-year-old daughter of a colourful figure named F A Mitchell-Hedges: a perfectly-made crystal skull. Now we know that the Indians of Central America were extremely skilled in working obsidian or

volcanic glass; numerous obsidian tools, weapons and ritual instruments have been found throughout Mexico and into the Maya regions. This skull is different, however, in that it is made of rock crystal and is so perfectly crafted that even the jaw moves. Yet no one, to my knowledge, has been able to put forward a plausible explanation as to how the skull was made in the days before iron tools. It is reckoned that it would have taken 150 years of solid work to smooth down the almost diamond-hard crystal using sand abrasives. The fact remains, though, that the skull exists and was evidently made during or before the time of the lost city of Lubaantun, which is said to predate all other Maya ruins. I concluded, therefore, that if the ancestors of the Maya had the technology to smooth crystal into rounded shapes, then it is likely their descendants did too. It is therefore not inconceivable that the Maya were able to make convex lenses that were at least sufficiently well made to act as burning-glasses. Reading further what Mitchell-Hedges himself had to say, I began to wonder whether the skull was in fact itself intended to be such a burning-glass.

> The Skull of Doom is made of pure rock crystal, and according to scientists it must have taken over 150 years, generation after generation working all the days of their lives, patiently rubbing down with sand an immense block of rock crystal until finally the perfect skull emerged.
>
> It is at least 3,600 years old and according to legend was used by the High Priest of the Maya when performing esoteric rites. It is said that when he willed death with the help of the skull, death invariably followed. It has been described as the embodiment of all evil. I do not wish to try and explain this phenomenon.[14]

Without dwelling on the supposed macabre possibilities of such a crystal skull, I was interested to note that he says there was a legend associating them with Mayan high priests and their esoteric rituals. Could one of these rituals, I thought, have been the bringing of the New Fire? Without testing it out for its efficacy in this respect it is difficult to say with any certainty that it could have performed this function, but the rounded cranium would surely have had lens-like properties. If so, I believe it could have been used to focus the rays of the sun to start a fire.

While in the Mexico City Museum of Anthropology I had seen, in the Teotihuacan Gallery, a representation of the sun as a skull inside a disc of rays. This skull pokes out its tongue in a gesture that is said to be giving life, a curiously contradictory symbol. Meditating on this I realized that the way the sun actually gives life to the world is through its radiations. Moderate amounts of radiation bring about plant growth, but too much and it kills the very vegetation that once fed upon it. It therefore seemed to me that the Teotihuacan skull symbolized these dual attributes of the sun itself as bringer of both life and death; the 'tongue' being rays of sunlight (perhaps also the solar wind) directed towards the Earth. I now wanted to see what further connection this might have with the concept of solar ages, so I began looking deeper into Aztec mythology.

As it turned out, I did not have to look very far, for in the Aztec myth associated with Teotihuacan there is an old diseased god, Nanahuatzin, who has to die on the funeral pyre so that he can be reborn as Tonatiuh, the sun god of the present age. In another myth, this same Nanahuatzin is responsible for splitting open rocks and bringing maize to the surface of the Earth so that it can provide sustenance for humanity.[15] Taking these two myths together, I could see that Nanahuatzin must on the one hand represent the power of vegetation to bring forth sustenance, and on the other the dead, woody material left over at the end of the harvest. By burning this material (especially old corn plants) energy is freed, which the Aztecs believed would then be recycled as sunlight. Viewed in this way, their bonfires assumed a ceremonial importance, for they were the means of returning life to the sun and thereby ensuring future crops. This was as true for the Maya as it was for the Aztecs, for they too associated fertility with fire. They operated a slash-and-burn system of farming, knowing that freshly cleared land was the most fertile for crops.

Returning to the crystal skull it seemed to me that we were dealing with much the same symbolism of death and life. Unlike the skull from Teotihuacan it has no tongue but it is transparent to light. Indeed, it is this quality that must have motivated its makers to carve it out of crystal. I reasoned that the crystal skull did not need to have a tongue because it was the means of focusing

the power itself—the light of the sun. Mitchell-Hedges, who seemed to know more about the subject than he was prepared to admit,[16] asserted that the skull was used for esoteric rituals. Whatever these rituals may have been, it seems fair to suggest, given what we know of Maya–Aztec symbolism, that these involved the sun. The most obvious way of making use of the properties of a rounded crystal is the refraction of light, which suggests that the high priest would have held the skull in such a way that it refracted a 'tongue' of sunlight through the open mouth. In short, the 'skull of doom' was no such thing but an elaborate burning-glass used in the ceremony of the New Fire.

A further article by Dr Thomas Gann in *The Illustrated London News* on 1 November 1924, just a few months after his announcement concerning Lubaantun, was to lead me to further insights concerning this ceremony. In this second piece he describes his investigations around the Mayan city of Tulum, and then his finding of a new site, which he names 'Chacmool':

> The ruined city of Chacmool is situated on a peninsula dividing the San Espiritu from Ascension Bay. It had never before been visited by Europeans, and the Indian who guided us to it had come across it accidentally when in pursuit of a wounded deer. The architecture is similar to the other east coast sites—stucco-covered stone buildings standing upon stone-faced pyramids. Here, within a small insignificant temple, we discovered an image of the Chacmool, a gigantic human figure 8 feet high, made of extremely hard cement, reclining upon its back and elbows, the heels drawn up to the buttocks, the forearms and hands extended along the side of the thighs, and the head raised and turned to the right.
>
> It was by the merest accident that we discovered this statue, for it was completely buried in the accumulated dirt and rubbish of centuries, through which the tops of the knees projected for a few inches. On removing the debris from round about it, we came upon a shell gorget, two greenstone beads, an earplug, fragments of the bones of a tapir, and a small pottery incense-burner. This was an extremely important discovery, because these Chacmool figures are purely of Toltec origin, and are found at only one other Maya site—namely Chichen Itza, where, after its conquest by the Toltecs, their religious and artistic influences were strongly developed. We named the city Chacmool after its tutelary deity.

The pictures accompanying the article show a typical Chacmool figure, just like the ones to be found at Chichen Itza, as well as the incense-burner shaped like a man with his tongue poking out. The assumption implicit in Gann's article is that this newly discovered Chacmool must have been a copy of those at Chichen Itza. If, as he says, it is 8 feet high, however, then it is certainly the largest yet discovered. Why, I asked myself, should the Toltecs (or whoever) have chosen to cast a huge Chacmool statue at a remote site on the coast when they were satisfied with near-human-sized ones at home in Chichen Itza? This just didn't make sense. It seemed to me much more likely that this was the original Chacmool, and that le Plongeon's at Chichen Itza was the copy. Unfortunately Dr Gann does not tell us whether the Chacmool faced the sea, but in any case the fact that it was a coastal town seemed important and started me thinking again about Maya origins. Don José had been insistent that the rattlesnake cult had its origins in the Yucatan; the crystal skull (which I was now convinced was intended to be used as a burning-glass) had been found in the Yucatan; the Chacmool figures all belonged in the Yucatan. Could it be that all of these things had a common origin; that, as le Plongeon, Brasseur de Bourbourg and others had asserted, the Mayan civilization was brought from elsewhere by ship to the Yucatan? The importance of these coastal sites seemed to point in that direction, and I was now keen to investigate further the theory that the Maya of Yucatan, and indeed Palenque, might have been influenced in their cultural development by contacts with overseas traders.

7

TRANSATLANTIC TRADITIONS

Ancient Mariners and the Origins of the Maya

Ever since the ruins of Palenque were first discovered by Bishop Nuñes de la Vega in 1691, there has been speculation about who the builders of the city might have been. Today archaeologists have no doubt that Palenque was the work of local Maya Indians living in the Classic era between the 7th and 9th centuries AD. Yet there have always been others who have thought that pyramid-building was something that was brought to the Americas from outside, that even if the actual pyramids and temples of such Mayan cities as Palenque were built by locals, the inspiration, and probably the technology, came from outside. According to Father Ordoñez, the first to write about Palenque, it was founded in remote antiquity by a people from across the Atlantic led by a man called Votan, whose symbol was a serpent. He claimed to have read in an old Quiché Mayan book, subsequently destroyed by Bishop de la Vega, that Votan and his people came by sea from a land called Chivim. They stopped off on the way at the 'Dwelling of the thirteen' (perhaps the Canaries) and another greater island, presumably either Cuba or Hispaniola. Arriving on the east coast

of Mexico, they sailed up the Usumacinta River and made their way to Palenque. Votan and his followers are said to have worn long robes and to have exchanged ideas with the natives, who, it seems, were quite friendly towards them and gave their daughters in marriage. Thus it was that Palenque was founded. Votan himself was said to have been the author of the original book found by the bishop, and he evidently made four subsequent voyages back home to Valum Chivim, which Ordoñez identified as the Lebanese city of Tripoli. During one of these journeys Votan is said to have visited another great city in which a temple was under construction that was intended to reach to heaven. Bishop Nuñes, in a publication of his own entitled *Constituciones Diocesianos de Chiapas*, suggests this city must have been Babylon.

Needless to say, academic archaeologists are less than impressed with the story of Votan, which is regarded as purely fictional. However, his association with jade caused a bit of a stir when the tomb of Pacal was opened and the face was found to be covered by a jade mask. Looking at the stucco reliefs of Pacal and his son Chan Bahlum, which depict them as having Middle Eastern noses and generous lips, it is not hard to see why Ordoñez believed the dynasty was of African descent. Not only that but it seems that Pacal was exceptionally tall compared with the average Mayan, as was the man whose skeleton is contained in another recently opened tomb.[1] Given this evidence, one has to ask could there be some substance after all to the story of Votan? Indeed, could Pacal himself have been descended from Votan? It is a curious fact that whereas academic opinion among archaeologists is today rock-solid behind the 'no interference' hypothesis for Indian civilization—ie that the civilizations of the Americas prior to Columbus was entirely self-sufficient—this theory is currently under attack from specialists in other disciplines.

The idea that the inspiration and motivation behind the building of New World pyramids comes from outside the Americas was also the conclusion of such early chroniclers and explorers as Carlos de Sigüenza and his friend the Italian traveller and writer Giovanni Careri. Though Sigüenza accepted that the majority of Indians were descended from tribes who came from the northwest and probably from Asia before that, he was convinced

1 Lithograph by Frederick Catherwood of the Temple-Pyramid of Inscriptions at Palenque

2 Contemporary photograph of the Pyramid of Inscriptions

Above: 7 Door leading to tomb of Pacal

Left: 8 Stairway inside Pyramid of Inscriptions

Below: 9 Meeting of Maya nobles (from a mural by Diego Rivera in Mexico City)

4 Temple of the Cross group at Palenque

Above: 23 Bat god overlay with corresponding border code.

Below: 24 Jaguar god overlay

25 Aurorae Borealis (photo © Jim Henderson)

26 The 'Caracol' observatory, Chichen Itza